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**JAN. 28-
FEB. 3,
2005**

• 75 CENTS •

LAKELIFE • SECTION B



Service with a smile
Uptown Cafe serves more than just tasty sandwiches

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Cinderella story
She finds her prince in current CYT production



Candidates file
Lake County gears up for massive local election slate

SPORTS • SECTION D



Road to recovery
Injured athletes look to get back in the game

CLASSICAL STRINGS



Classical guitarist, Steven Suvada, amazed the audience with his concert, presented by the Greater Lindenhurst/Lake Villa Area Fine Arts Council.

'Banking on your support'

Lindenhurst kicks off 'Tsunami Aid' campaign; other local efforts continue

By Brenda Balin
Staff Reporter

Inspired by the collaborative efforts of performing artists in creating the Tsunami Aid telethon, Lindenhurst Mayor Jim Betustak has initiated a local "Tsunami Aid" program, with the theme "Banking on Your Support."

The effort, announced at a press conference on Jan. 24, involves the participation of all six banking institutions located in Lindenhurst.

"Hopefully, everyone banks at one of our banks here in Lindenhurst," Betustak said. "It would be a neat thing to see six banks come together for this cause."

Each of the six, Charter One Bank located in the Butera Market, at 1500 E. Grand Ave., First American Bank 1906 Grand Ave., First Midwest Bank 2975 Sand Lake Road, North Shore Trust & Savings 3060 Sand Lake Road, State Bank of the Lakes 2031 Grand Ave. and State Financial Bank 1914 Grand Ave. will be accepting dona-

'It would be a neat thing to see six banks come together for this cause.'

Jim Betustak
Lindenhurst Mayor

tions until Feb. 28.

Donations received by Jan. 31 may be deducted on 2004 tax returns.

The donations will be sent to the American Red Cross, which, Betustak said, has pledged to send 94 percent of the money raised directly to victims; retaining only 6 percent for administrative costs.

Each of the six village trustees adopted a bank, kicking off the campaign with a personal donation. Betustak matched each donation with up to \$50 per bank.

The banks also made initial contributions.

Betustak also announced that the village employees decided to donate the cost of their annual holiday party to

the cause, adding \$2,000 to the fund, and raising the total seed money to over \$3,100.

Trustee Mary McCarthy, who adopted First American Bank, which employs her at its Lake Villa office, issued a challenge to the other banks to see which could raise the most money.

All over town, other fundraising efforts continue.

Perhaps the biggest is the joint effort by Lake Villa, Antioch and Grant townships and the villages of Lake Villa, Lindenhurst, Fox Lake and Round Lake Beach.

This coalition plans to target its efforts at helping a specific project in the affected area such as a school or orphanage. Funds allocation will be handled through The United Way.

The kick-off event will be a dance and auction to be held at the American Aid Society for German Descendants, on Grand Avenue west of Route 83, on Saturday, Feb. 19, from 7 p.m.-midnight.

Please see AID / A4

Police surprise sexual predator

By Brenda Balin
Staff Reporter

An alleged 42-year-old sexual predator had a surprise on Jan. 19, when he paid a visit to his 15-year-old victim.

Expecting a date with the underage girl, he was greeted, instead, by two Antioch Police detectives.



James F. Luptak

James F. Luptak, of 121 Antares Lane, Round Lake, first began conversing online with a 15-year-old Antioch girl last year, according to police.

Luptak and the girl agreed to meet, and he drove to her home twice in mid-December. The visits reportedly took place between midnight and 2 a.m.

Cmdr. Craig Somerville said the girl slipped out of her house and went with Luptak to an Antioch motel, where they engaged in intercourse.

On three other occasions, Luptak went to the girl's home and had sex with her in the basement family room while her parents were out, according to Somerville.

When her mother questioned unfamiliar numbers on the girl's cell phone, she

Please see PREDATOR / A5

Gofron: PWT to impact Chain for years

By Steve Peterson
Staff Reporter

Mike Gofron's career as a professional fishermen started right in his own back yard of the Chain O' Lakes.

"It was 1988 and I finished in second place at a Northern Illinois Conservation Club meet," Gofron recalled.

Gofron, 40, will be the host professional as profes-

sional walleye fishermen from all over the country visit the Chain O' Lakes April 20-22 and compete. The tourney kicks off the In-Fisherman Professional Walleye Trail, something that Gofron has been hoping for years.

Fox Lake Chamber of Commerce and Industry members learned of tournament details during a luncheon meeting at YMCA.

"We have been meeting

for a year and a half now on the possibility of bringing the PWT to the Chain O' Lakes. This is huge. It will mean one and one-quarter million for the Chain O' Lakes, as there will be 120 professional walleye fishermen and 120 amateurs. It is tremendous for the economy, with national TV and radio coverage. Mike was born and raised in the area. Fox Lake at one time was a tourism capital. It is coming

back as a great place to have fun and recreate," said Fox Lake Community Relations Director Claude LeMere.

Gofron said that the impact of the tournament will go far beyond April, as the Chain O' Lakes will be associated with the PWT. Since turning pro, he is one of the most recognizable faces on the tour.

Exciting things are going on in the town, with the two new hotels and a new auto-

mobile dealership, LeMere said.

There was one bit of negative news, though, as Gofron lamented the closing of the Spring Grove Fish Hatchery by the Illinois Department of Natural Resources.

"It will not affect us right away, but it will in five years go downhill," Gofron said.

Please see GOFRON / A4

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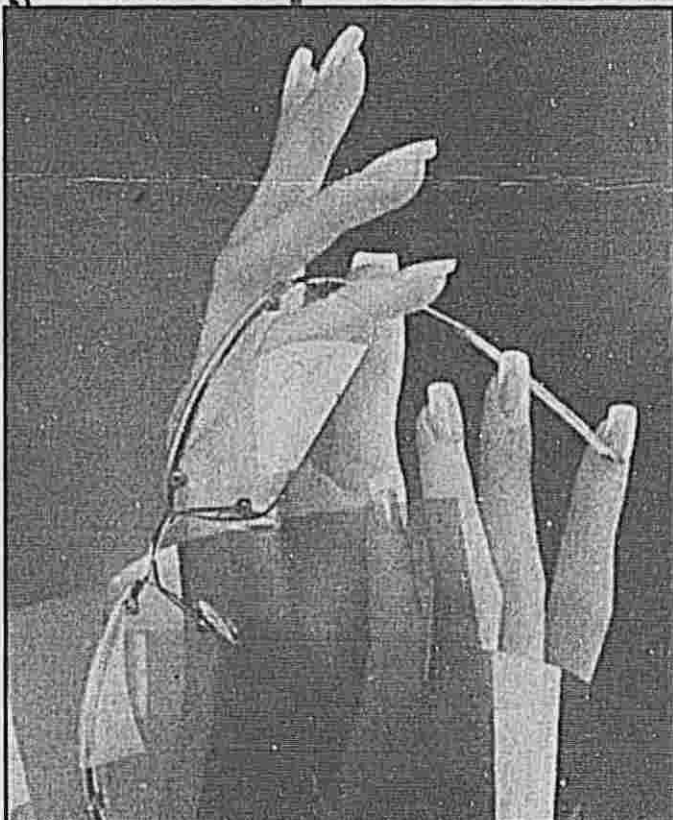
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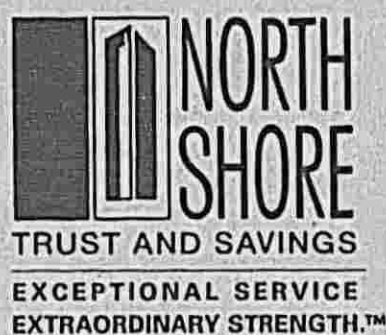
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Grand Opening!

Senator awards Antioch

State Senator Adeline Geo-Karis (R-Zion) recently announced that the Village of Antioch was awarded an Illinois Tomorrow Corridor Planning Grant of \$100,000 to develop a plan for the preservation of the Antioch downtown area and the Route 83 Corridor.

The funding is designated for a study to modernize planning documents that were produced in the early 1990's. An update of these documents will require examination of the area's transportation infrastructure, land-use, redevelopment, the downtown, the Metra train depot and commercial area, Antioch's historic neighborhood and manufacturing districts.

"This funding offers the Village of Antioch the opportunity to preserve the community's historic areas while allowing the district to remain functional," Geo-Karis said. "By preparing for the future now, the village will be able to develop plans that will preserve the community's history and improve the residents quality of life."

The Illinois Tomorrow Corridor Planning Grants are administered through the Illinois Department of Transportation. The program encourages private and public entities to work together to preserve the interests of community members who live in areas that will be impacted by future growth.

HEAD OVER HEALS

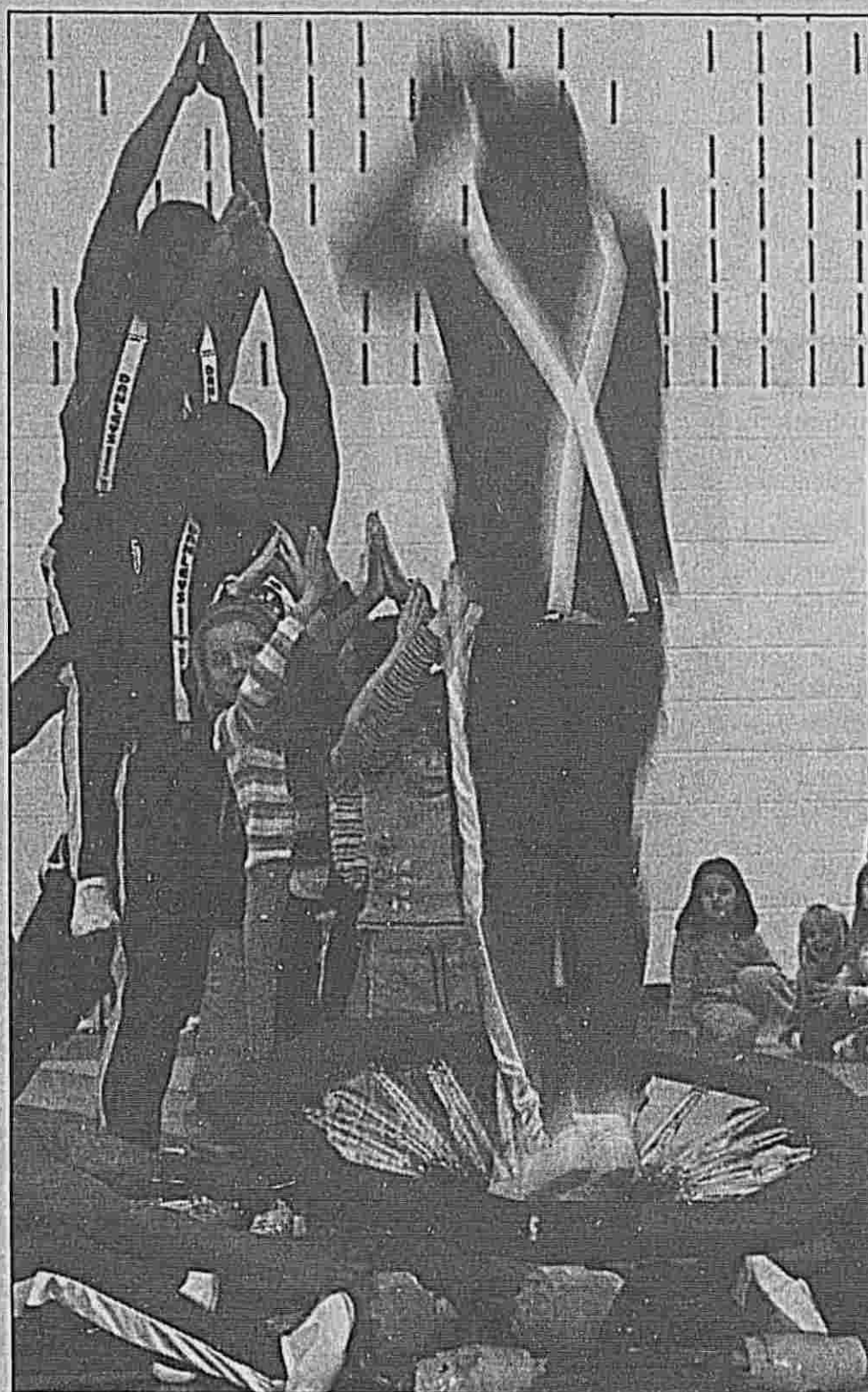


Photo by John Dickson

Student volunteers at Hillcrest Elementary school in Antioch, timidly hold their hands over their heads, as a member of the Jesse White Tumblers leaps over their heads.

Oakland students show they CARE

It has been called one of the worst crises in human history. On Dec. 26, a devastating 9.0 earthquake and subsequent series of tsunamis slammed into the South Asian countries of Indonesia, Sri Lanka, Thailand and India and many others as far away as East Africa.

In an instant, over 150,000 people were drowned or killed by debris. Millions of people in several countries have lost everything they owned and are crowded into any remaining buildings. The number of lives lost will escalate due to disease, hunger and lack of clean drinking water.

In response to this devastating event, Oakland Elementary School, 22018 West Grass Lake Rd., Antioch, would like to partner up with the organization, CARE, and actively participate in helping rebuild lives.

To help raise funds for the victims of the tsunami, Oakland is asking its students to create beautiful works of art in order to sell them at a silent auction. There is no size limit on the pictures and crafts are accepted as well. All pictures should be framed and signed and dated by the children.

All proceeds will go to care, which has operated in the countries most affected by the tsunami for decades. The organization is in a unique position to provide rapid response and long-term relief on a personal level.

CARE responded to the disaster immediately by providing clean water (the risk of water-borne dis-

eases threatens to kill more people than the actual disaster) food, water purification tablets, soaps, shelter materials, basic medical supplies and cooking supplies.

CARE's staff in the region, which number more than 4,000, was able to save lives within hours. CARE is predicting that the relief effort alone will cost the organization \$100 million and the rebuilding phase is estimated to be at \$100 billion.

CARE has worked in India since 1950, Sri Lanka since 1956, Thailand since 1979 and Indonesia since 1967.

Today CARE stands ready to continue to save lives not only during the immediate disaster response, but also in the difficult rehabilitation and reconstruction that will follow.

Because of CARE's extensive networks, the organization is able to help the survivors not just cope, but also rebuild their lives.

Oakland's silent art auction will be held on Feb. 9 in the school's library from 6 p.m. to 7:30 p.m. It is open to the public.

A representative from CARE will be present at the auction to answer any questions. The deadline for children to hand in artwork is Feb. 4. All art can be handed in at the Oakland office.

For more information on the auction, call school social worker Christine Yu at (847) 838-8644 or via email at cyu@antioch34.com. For more information on CARE visit the organizations Web site at www.careusa.com.

Organization raising funds for Indian orphanage

By Matt Pera

Staff Reporter

When Rev. Saji Lukos, of Round Lake, was attending Trinity International University in Deerfield he had a map of India, his native country, hanging in his bedroom. Each morning he would wake up and put his hands on every state in the nation—Andhra Pradesh, Kerala, Tamil Nadu and Pondi Cherry among them.

"Slowly the burden of my country was growing within me," he said. "The more I read about every state, the more information; it challenged me and excited me. It was burning within me."

Upon graduation, Lukos

returned to India and spent six months touring every state he had laid his hands on for four years. Although he had grown up in the country, he said the return trip deeply affected him.

"I saw India before, I didn't cry," he said. "I saw poverty, people begging. But this time, with all the inner study and passion and all that prayer, seeing India I wept like a child wherever I went."

The desire to help Indian people led him to create the not-for-

profit organization Reaching Indians Ministries International (RIMI) in Round Lake Beach in 1993, less than a year after graduating from Trinity.

The organization was built based on three goals: build Christian churches throughout India, develop leaders for those churches, and commit to "compassion services," such as the construction of orphanages, in the most impoverished areas of the country.

SORTING FOR TSUNAMI



Photo by John Dickson

Sarah Mueller, a fourth grade teacher at Lotus School, helps students from her class sort money that was gathered in an all school effort to raise money for victims of the Tsunami in Asia.

Police charge employee with \$250K theft

By Brenda Balin

Staff Reporter

An Antioch business owner unwittingly may have made a bad decision three years ago, when he hired Michele R. McFarlane, 42, of 26502 104th St., Trevor, Wis.

The woman, employed as a bookkeeper by Janis Plastics, faces charges that she took over \$250,000 through the fraudulent use of credit cards.

Antioch Police issued a warrant for her arrest, and she was picked up by Kenosha County deputies on Jan. 21, at 11:30 a.m.

Antioch demanded a \$900,000 bond, and as of Jan. 26, she remained in custody, pending extradition to Lake County, Illinois.

Her employer first became aware of the thefts when a bank notified him of excessive cash advances on an account he did not know existed.

According to Antioch Police Comdr. Craig Somerville, the woman allegedly opened a company credit card account about six months after she was hired. She did this without the knowledge of her employer.

Somerville said it is believed she then began taking cash advances of anywhere from \$7,500 to \$15,000 monthly.

Over two-and-a-half years, the advances added up to about \$254,000.

To cover her tracks, McFarlane reportedly paid off the credit card statements with company checks, making false entries in the checkbook to indicate the payments were to vendors.

Additionally, she falsified accounting journals to cover about \$900,000 in unpaid invoices.

'For three years, everything was running smoothly there was nothing like this.'

Manu Graditor
Owner Janis Plastics

Her position in the company, handling payables, receivables, payroll and general office duties, gave her ample opportunity to manipulate records.

Police are also investigating the possibility of charges for forgery.

This was not McFarlane's first brush with the law. In 1987, McFarlane, working under her maiden name, was convicted of taking \$16,000 in gold from a jewelry store where she worked. She also was accused of doctoring invoices in that case. She was then released on probation.

Owner Manu Graditor said he was shocked when the theft was first discovered.

"For three years, everything was running smoothly," he said. He noted that, in the past, there had been minor incidents, but in the company's 61-year history, "There was nothing like this."

Graditor said the company had not made a decision about revising its pre-employment screening process.

"For now, we are doing our own bookkeeping," he said. "We have not hired anyone else."

As for the loss, the business owner said, "We're already recovering. It hurt us, but we'll survive."

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ANTIOCH NEWS

Founded 1886 Vol. 119 No. 4
Member of Illinois Press Assoc. (USPS 027-080)

A Lakeland Newspaper

Editorial Office:

30 South Whitney St., Grayslake, IL 60030

Main Office 847-223-8161

Home Delivery 847-245-7500

Look for us on the Internet at

WWW.LAKELANDMEDIA.COM

Office of Publication: 30 South Whitney St.,

Grayslake, IL 60030. Phone 847-223-8161.

Published weekly, periodic mail postage

paid at Grayslake, IL 60030

Home Delivery Rates: \$24.50 per year in

Lake, Cook, Kane, and McHenry Counties;

elsewhere \$40.00 per year by mail paid in advance.

Postmaster: Send address changes to Antioch News,

30 South Whitney Street, P.O. Box 268, Grayslake, Illinois 60030

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Students 'make every move count'

By Matt Pera

Staff Reporter

Students at Antioch Upper Grade School have a chance this week to win their school new fitness equipment while becoming more conscientious of their health in the process.

Channel One News, the daily national news program for kids that broadcasts to middle schools nationwide, announced recently that Antioch Upper Grade had been selected to compete in the Make Every Move Count initiative, which is part of the VERB program.

The U.S. Department of Health and Human Services Center for Disease Control and Prevention (CDC) developed the program to curtail the obesity rate in American youth and encourage them to become more physically active.

At the beginning of the week, students at Antioch Upper Grade were provided with pedometers that have been counting their steps each day. The total steps are tallied each morning and, at the end of the week, the grand total will be announced.

Larry Tsironis, spokesperson for Channel One News, said idea behind the program was to get kids motivated to be active and fit in their everyday lives. "The hardest thing is to go to the gym that first day," he said. "This (program) reminds students that being physically active is important and can be fun as well."

If the students' total at Antioch Upper Grade is the highest of the five other schools they are competing against this week, Channel One will reward them with an "Action Pack" containing new athletic equipment.

Students in the homeroom with the most

steps at each participating school will also receive a \$10 gift certificate to a local sporting goods store as well.

Eric Skoog, principal at Antioch Upper Grade, said the students' goal for the school is to reach 10,000 steps each day. "This is a four day push to get the kids thinking about being fit for life," he said. "It's something fun and active and the kids are really into it. They thought about how neat it would be for pictures of our kids to be on Channel One and for a small little town in Northern Lake County to be recognized." Skoog added that the physical education department at Antioch Upper Grade had taken the initiative to motivate the kids to think about leading an active life.

Make Every Move Count started last September and will run through March, with 20 schools participating each month, totaling 120 schools overall for the six-month program. An estimated total of 90,000 students in grades six through eight will participate nationwide.

The program began last year with sixty participating schools. Mike Greenwell, director of communications for CDC's Chronic Disease Center, said he was excited to see the VERB program expand this year.

"Partnering with Channel One News last year gave the CDC the opportunity to pave a road for students to increase their activity levels, and we're excited to ramp up the program this year to mobilize another 90,000 young Americans," he said in a statement. "We're also happy to report that after last year's VERB competition many of the participating schools initiated after-school exercise programs, providing new opportunities for the children to stay active."

mpera@lakelandmedia.com



Photo by John Dickson

Students at Antioch Upper Grade School are using pedometers to count their steps while they participate in the "Make Every Move Count" program.

FROM PAGE A1

GOFRON

Organizers have described the sign-up as "phenomominal," he said.

Halings Resort will be the headquarters of the event. Professionals and amateurs will spend three to ten days. Amateurs gain much from the experience, there fishing with a different professional each day. Benefits include: learning tactics from the pro anglers; learn more about the body of water fished; get to know more about tournament angling; learn about boat control; learn more about spots to fish; take a mini-vacation close to home.

Gofron said family support is key to a successful fishermen, thanking his wife, Tami.

"The hard part is the traveling," he said, as the couple has two girls.

Gofron, 40, last year won the Arkansas tourney site at Bull Shoals Lake.

Events during the week include a "meet the fishermen day" and a "rules day."

The Chain O' Lakes walleyes, however, do not like much of a cold front, even in April. "It is right after spawning season," Gofron said.

For some, it is the first time to break out new boats, too.

"The world of professional walleye fishing offers many venues for aspiring and veteran anglers. The PWT will work hard to maintain its reputation as the best walleye tour in North America," according to a vision statement.

speterson@lakelandmedia.com

AID

Several local school districts have formed a partnership with the Antioch Rotary Club to raise money for UNICEF to distribute materials and supplies to students in disaster areas.

Students from Community High School District 117, Lake Villa C.C. District 41, Antioch District 34, Emmons District 33, Millburn District 24 and Grass Lake District 36 are participating in the program.

Students have held dances, coin drives, movie nights and sold Tsunami Relief bracelets to bring in contributions.

So far, Thompson School students have collected \$5,258. Palombi students raised

\$1,007 at their dance. Their goal is \$2,000. Contributions are still being taken.

(Those wishing to make donations may send checks payable to "Tsunami Relief Fund," Antioch Rotary Club, P.O. Box 35, Antioch, IL 60002. Fund-raising ends Jan. 28.)

Oakland Elementary School (District 34) is also raising money for tsunami relief through CARE. The school is holding a silent auction on Feb. 9, in the Oakland School Library, from 6-7:30 p.m. Children's artwork will be sold at the auction.

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POLICEBEAT

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ANTIOCH

Driving with a suspended license

Richard J. Buege, 23, of 700 Grass Lake Road, Fox Lake, was arrested by Antioch Police on Jan. 24, at 6:54 p.m., while driving a purple 1999 Nissan Sentra northbound on McMillan, north of Route 173. He was observed going 42 mph in a 25-mph zone. His license was suspended for financial reasons. He was charged with driving with a suspended license and speeding. He was released on an I-bond, pending an appearance in Grayslake Branch III court, on Feb. 23, at 10:30 a.m.

Bruce R. Oldenburg, 32, of 1524 Hainesville Road, Round Lake Beach, was arrested by Antioch Police on Jan. 21, at 3:50 p.m., while driving a blue 1992 Chevrolet southbound on Deep Lake Road near Depot. The driver was seen going 61 mph in a 45-mph zone. He was charged with speeding, driving with a suspended license and driving an uninsured motor vehicle. He was booked at the Route 173 (Wal-Mart) substation, and was released on an I-bond, pending an appearance in Grayslake Branch III court, on Feb. 9, at 9 a.m.

Toni Terez, 29, of 707 Lake St., Antioch, was arrested by Antioch Police on Jan. 21, at 12:28 a.m., while driving a white 1990 Ford Mustang southbound on Lake Street at Tiffany Road. The driver was seen crossing the centerline. He was charged with improper lane usage, driving without a rear registration light and having no valid driver's license. He was released on an I-bond, pending an appearance in Grayslake Branch III court, on March 9, at 10:30 a.m.

Craig S. Strauss, 43, of 8240 Crawford Ave., Skokie, was arrested by Antioch Police on Jan. 20, at 3:30 p.m., while driving a blue 1993 Plymouth van southbound on Anita Avenue

near North Avenue. He was stopped when police observed him turn onto Anita without signaling. He was reportedly wearing his seat-belt draped across himself, but not fastened. Vehicle inventory turned up a 200,000-watt stun gun. During the arrest process, the driver argued with police, allegedly called them "Nazis" and claiming that he was one of "God's elite," and that police would be "punished on judgement day." The State's Attorney declined charges for the stun gun, but Strauss was charged with failure to signal, driving with a suspended license and failure to wear a seat belt. He was released on an I-bond, pending an appearance in Grayslake Branch III court, on Feb. 23, at 9 a.m.

James G. Russell, 20, of 26300 103rd St., Trevor, Wis., was arrested by Antioch Police on Jan. 19, at 3:35 p.m., while driving a white 1988 Chevrolet Nova southbound on Main Street at Park Avenue. The driver was issued a written warning for failure to wear a seat belt, and cited for driving with a suspended license. He was released on an I-bond, pending an appearance in Grayslake Branch III court, on Feb. 23, at 9 a.m.

LAKE VILLA

Battery, assault

James R. Sanato, 26, of 2101 Galilee, Zion, was arrested by Lake Villa Police on Jan. 19, at 6:33 p.m. Police had been called to the parking lot of Great Looks Hair Salon at 101 S. Milwaukee Ave. for a disturbance in progress. Witnesses reported Sanato was fighting with his 23-year-old wife. While police were on the way, it was reported Sanato had left the parking lot, heading northbound in a white 2000 Ford Mustang. Police located him at Route 132 and 83, and he was stopped in front of 103 N. Milwaukee Ave. His wife was driving the car. Sanato left the car, began to turn away, and reportedly fell to the ground, where police restrained him. He was accused of fighting with a 32-year-old Round Lake Beach

male, and threatening two women: one a 29-year-old from Bristol, Wis., and the other, a 32-year-old from Antioch. He admitted drinking, and the part alcohol may have played in the events leading to his arrest, but refused a breath test and did not want to complete a written statement. He was charged with three counts of disorderly conduct, and one count each of battery and assault. He was released on a \$75 bond, pending an appearance in Grayslake Branch III court, on Feb. 9, at 3 p.m.

Warrant arrest

Lewis F. Ping III, 22, of 1305 Shetland Drive, Mundelein, was arrested by Lake Villa Police on Jan. 15, at 10:36 p.m., at the Caboose Crossing Bar, at 151 E. Grand Ave. He was wanted by Chicago police on a \$1,000 bond, and by the Bridgeview Police Department on a \$5,000 bond, for failure to appear for driving with a revoked license. While in custody, he admitted he had some "weed." Police found Ping carrying a plastic bag containing .5 grams of a substance that field-tested positive as cannabis. He was charged with possession of cannabis, and served a notice to appear in Grayslake Branch III court, on Feb. 9, at 3 p.m. He was turned over to Lake County Jail on the warrants.

LINDENHURST

Obstruction of justice

Christopher E. Carlson, 27, of 2018 Woodlane, Lindenhurst, was arrested by Lindenhurst Police on Jan. 21, at 2:10 a.m., at RJ's Eatery, 1913 E. Grand Ave. Police were called to the restaurant on a report of a fight in progress. Police instructed a group of five people to leave. Carlson stayed. He was told if he did not leave, he would be arrested. When he then resisted officers trying to handcuff him, pepper spray was used to subdue him. He was charged with obstruction of justice. He was released on a \$75 I-bond, pending an appearance in Grayslake Branch III court, on March 2, at 10:30 a.m.

DUI ARRESTS

The following people have been arrested for driving under the influence of alcohol or drugs

Geraldo A. Infusino, 37, of 1673 32nd Ave., Kenosha, Wis., was arrested by Antioch Police on Jan. 22, at 3:07 a.m., while driving a white 2001 Jeep westbound on North Avenue at Trevor Road. He was driving in the eastbound lane. He failed field sobriety tests, and a breath test yielded a result of .225 BAC. He was charged with improper lane usage, improper display of registration, DUI and DUI over .08 BAC. He was released on an I-bond, pending an appearance in Waukegan courtroom C-402, on Feb. 15, at 9 a.m.

Phillip A. Mathis, 21, of 5323 Oakview Lane, Gurnee, was arrested by Lindenhurst Police on Jan. 20, at 1:06 a.m., while driving a red 1997 Dodge Dakota pick-up truck on Route 132 north of Grass Lake Road. He was seen driving 60 mph in a 41-mph zone and weaving. He failed field sobriety tests, and a breath test yielded a result of .130 BAC. He was charged with speeding, improper lane usage, driving with a suspended license, unlawful use of a suspended license, DUI and DUI over .08 BAC. He was released on a \$3,000 I-bond, pending an appearance in Waukegan courtroom C-402, on Feb. 8, at 9 a.m.

Scott A. Leonora, 44, of 927 Paddock, Palatine, was arrested by Lake Villa Police on Jan. 13, at 12:42 a.m., while driving a black 1992 Nissan SE pick-up truck westbound on Route 132 near McKinley Avenue. He was seen driving 40 mph in a 30-mph zone, and drifting. He failed field sobriety tests and refused breath tests. He was charged with lane, speeding, driving an uninsured motor vehicle and DUI. He was released on a \$1,000 I-bond, pending an appearance in Waukegan courtroom C-402, on Feb. 4, at 9 a.m.

SUBSCRIBE TODAY! 847-245-7500

FROM PAGE A1

PREDATOR

told her parents about Luptak.

"He made over 100 calls to her in a short time," Somerville said.

While police were questioning her, at home, Luptak left a voice mail message on her cell phone. Police instructed her to call Luptak back and invite him to her home. He arrived in less than 30 minutes.

"He called when he was five minutes away and told her to be undressed and leave the door open," Somerville said. "Like clockwork,

he walked in and was arrested."

Somerville said the look on Luptak's face was unforgettable.

Luptak is charged with five counts of criminal sexual abuse, a Class 1 felony. Currently unemployed, the accused offender has a history of convictions for alcohol-related infractions, battery and aggravated obstruction of justice.

bbalin@lakelandmedia.com



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Petite Miss	5-6	Miss	18-24
Little Miss	7-8	Ms.	25-34
Jr. Miss	9-11	Mrs. (Married)	20-34
Young Miss	12-14	Classic	35 and up

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Debbie Hudson, President

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Founder's ClubTM requires opening a Founder Checking or Now Account and a \$2,500 companion CD, Savings or Money Market companion account. 1. Checking account can be opened with any initial deposit. Fees, such as overdraft charges and fees for special services may apply. 2. Now account has a \$750 minimum daily or \$1500 average daily balance to avoid a service charge. Monthly service charge without minimum balance requirement is \$10. Now account interest rates are variable and may change at any time. Fees may reduce earnings. 3. Free 3x5 safe deposit box for the first year, thereafter a 50% discount on a 3 x 5 box. Limited number of boxes available. 4. Please call the bank for disclosure on home equity line of credit. Subject to credit approval. The Annual Percentage Rate (APR) is variable based on the highest Prime Rate reported in the Money Rates section of the Wall Street Journal (the "WSJ Prime"). Based on the 1/4/05 Prime Rate of 5.25%, the following rates would apply: APR of 4.75% (Prime - .50) for credit lines of \$250,000 and above; APR of 5.00% (Prime - .25) for credit lines of \$100,000 - \$249,999.99; APR of 5.25% (Prime) for credit lines between \$25,000.00 - \$99,999.99 and APR of 5.75% (Prime plus .50) for credit lines between \$10,000.00 and \$24,999.99. Founders are entitled to APR of 5.25% (Prime Rate) for credit lines between \$10,000.00 and \$99,999.99. Minimum amount for a home equity line of credit is \$10,000. The maximum APR is 21%. Consult a tax advisor regarding the deductibility of interest. Purchase of property insurance is required. Offer applies to lines secured by owner-occupied, 1-to-4 family residences located in the state of Illinois. If you close your home equity line within one year from opening the line, you will need to reimburse us for all third party fees, which are between \$100 and \$750. Normal underwriting guidelines apply. 4. Minimum opening deposit of \$1,000 for this CD; offer valid with new Founder account only. (APY for non-Founders CD is .25 below Founders CD APY). The annual percentage yield (APY) is calculated on simple interest rates with interest compounded and paid monthly and assumes interest remains on deposit for one year. APY is accurate as of 1/4/05. Offer may change, be adjusted, or withdrawn at any time. Substantial penalty may be charged for early withdrawal, penalty may reduce earnings. Founder AccountTM must remain open and active to be eligible for Founder benefits.



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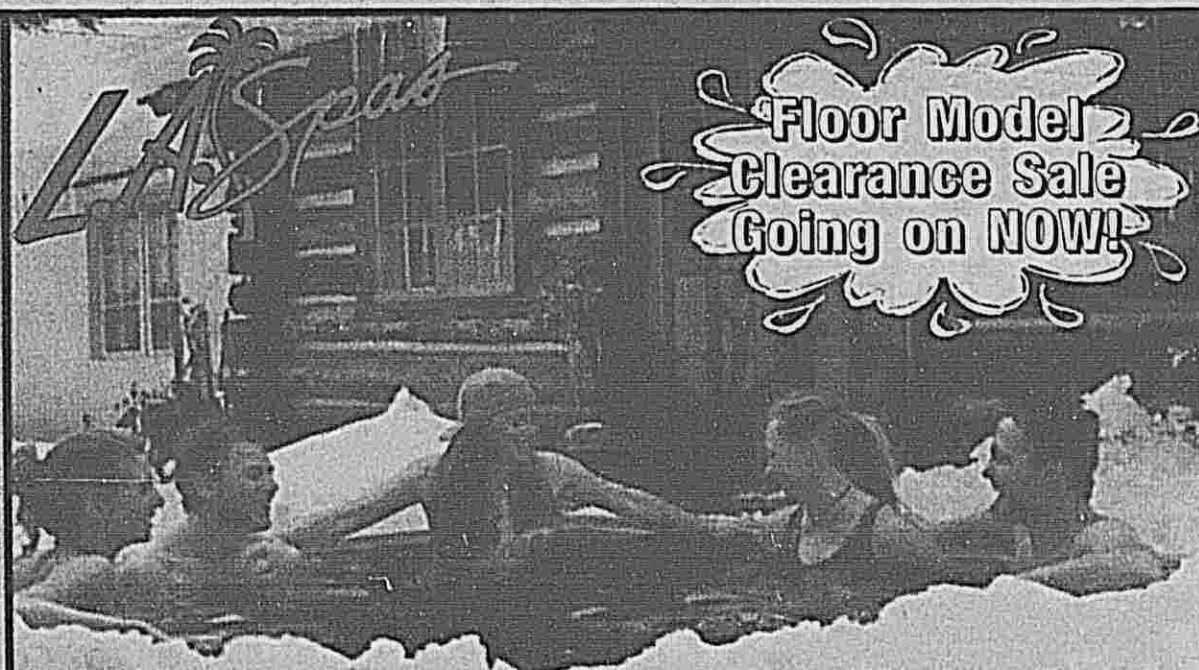
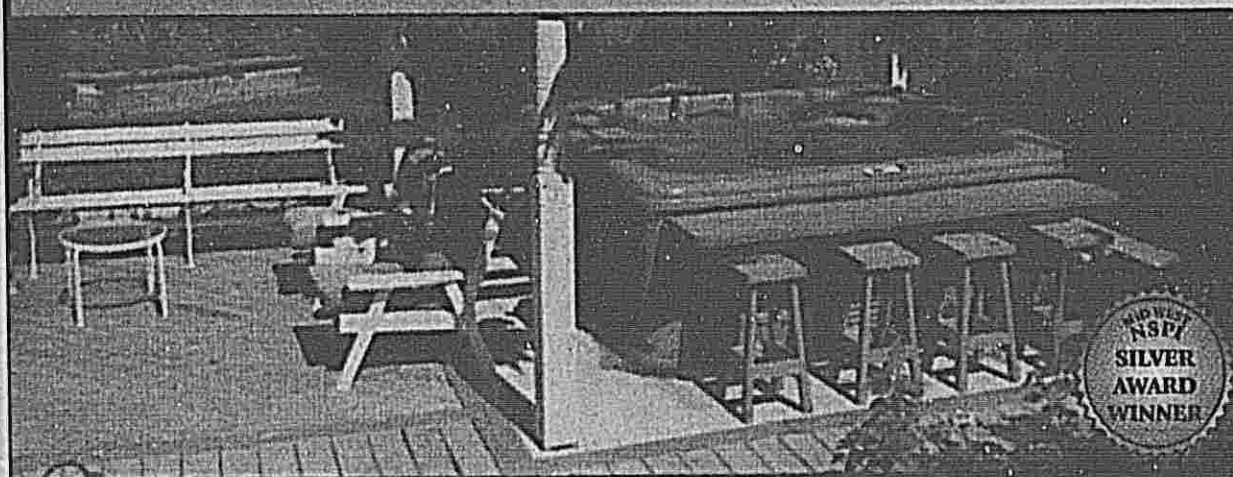
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Focus on Health

Community Calendar • February 2005



LEARN FROM THE PROFESSIONALS AT OUR FREE! SEMINARS

Call 1-800-843-2464 to register for any of the following free seminars.

• Diabetic Eyes

Presented by Dr. Steven Reinglass, independent, board-certified ophthalmologist. Learn how diabetes can affect your vision and what you can do about it. Tuesday, February 1 • 7 p.m. at the Vista Surgery and Treatment Center

• Common Hand Disorders

Presented by Dr. Sanfin DeLeon, independent orthopaedic surgeon and hand surgery specialist. Learn about symptoms and treatment for some common hand disorders. Tuesday, February 8 • 7 p.m. at Saint Therese Medical Center

• Managing Successful Relationships

Valentine's Day is coming! Learn strategies to improve communications and intimacy with your partner. Wednesday, February 9 • 7 p.m. at Saint Therese Medical Center

• The Eyes Have It

Presented by the office of Dr. Mitchell Jackson, independent board-certified ophthalmologist. Learn about options to reduce/eliminate need for reading glasses. Monday, February 14 • 6:30 p.m. at the Vista Surgery and Treatment Center

• Diabetic Neuropathy

Presented by Dr. Kent DiNucci, independent board-certified podiatrist. Diabetic Neuropathy can cause loss of sensation and, in some cases, ulceration and amputation. Learn about the latest procedures to detect and treat this disease. Monday, February 21 • 6:30 p.m. at the Vista Surgery and Treatment Center

• What's New - Hemorrhoid Surgery

Presented by Dr. Laurence Gibson, independent, board-certified surgeon. Hemorrhoids are one of the most common ailments for men and women alike. Learn about the latest advances in hemorrhoid surgery. Tuesday, February 22 • 7 p.m. at Victory Memorial Hospital or Monday, February 28 • 7 p.m. at the Vista Surgery and Treatment Center

• Building Self-Esteem

Learn to feel proud and confident! Here are practical steps to improve your self-esteem. Wednesday, February 23 • 7 p.m. at Saint Therese Medical Center

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senior spirit

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Vista Health's Senior Spirit Program is designed for people age 55 and older. It provides assistance with healthcare bill problems, free and low-cost health screenings, informational seminars, day trips and social events. The low annual membership fee is just \$20 per person (\$35 per couple).

Call 847-360-2172 today for more information.

HEALTH SCREENINGS

• Blood Pressure, Blood Sugar and Cholesterol Screenings

Blood pressure, blood sugar and cholesterol screenings are available by appointment only as listed on the following dates and locations. There is no charge for blood pressure or blood sugar screenings. There is a \$25 fee for the cholesterol screening which includes total cholesterol, HDL/LDL levels and triglycerides. For best results, fast 12 hours prior to blood sugar or cholesterol screening. Call 1-800-843-2464 for appointment.



Monday, February 14 • 8-11 a.m. by appointment at Victory Memorial Hospital

Tuesday, February 15 • 8-11 a.m. by appointment at the Vista Surgery and Treatment Center

Wednesday, February 16 • 8-11 a.m. by appointment at Saint Therese Medical Center

Thursday, February 17 • 8-11 a.m. by appointment at the Vista Imaging Center

CHILDBIRTH CLASSES

Call 847-360-4297, ext. 5218, for information or to register for any of the classes listed below. Call 847-360-4297, ext. 5316 for information on Spanish classes. To assure a place in class, register during your first trimester.

• Prepared Childbirth

Expectant parents learn about the labor and delivery experience as well as breathing and relaxation techniques. Classes are available in Waukegan and Lindenhurst. Call for dates, times and cost.

• FREE! Baby Care Basics

Information about caring for your new baby—bathing, behavior, feeding, safety. Call for dates and times.



• FREE! Sibling Class

Helps children ages 3 to 10 understand how special it is to become an older brother or sister. Call for dates and times.

• FREE! Breastfeeding Basics

Information on methods and techniques available for feeding newborns. Call for dates and times.

FREE! Diabetes Education Classes

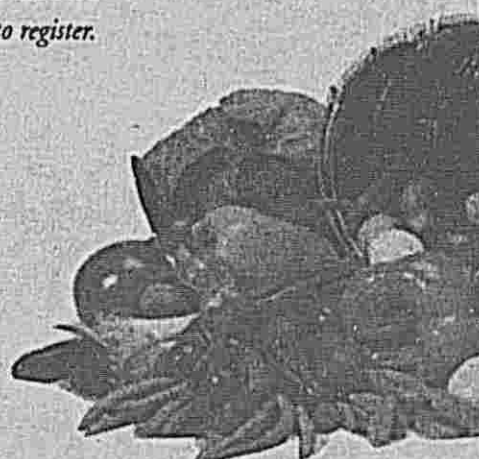
Call 847-360-4148 for information or to register.

• Ins and Outs of Exercise

Thursday, February 24 • 6:30 p.m. at Victory Memorial Hospital Register by February 22.

• Handling Sick Days, Stress Management and Exercise

Tuesday, February 15 • 1:30 p.m. at Victory Memorial Hospital Register by February 13.



Great People Taking Your Health to Heart...



You're invited to our Cardiac Services Open House!

Friday, February 11 • 9 a.m.-3 p.m. Victory Memorial Hospital

- See our NEW dedicated cardiac catheterization lab •
- Tour our cardiopulmonary rehabilitation area •
- Meet our staff • Light refreshments available •

Call 1-800-843-2464 for more information.

Where to find us...

Saint Therese Medical Center
2615 Washington Street
Waukegan

Victory Memorial Hospital
1324 North Sheridan Road
Waukegan

Vista Surgery and Treatment Center
1050 Red Oak Lane
Lindenhurst
(on the Victory Lakes Campus, near the intersection of Deep Lake Road and Grand Avenue.)

Vista Imaging Center
A Department of Victory Memorial Hospital
95 North Greenleaf Street, Suite B
Gurnee
(on the northeast corner of Greenleaf and Washington Streets)

For more information, call 1-800-843-2464 or visit our web site at www.vistabealth.com.

Those physically challenged and/or in need of an ASL interpreter may contact us up to one week before a community program to determine how we can facilitate their attendance. Tenemos disponibles los servicios de traducción al Español.

Chamber offers Yurs scholarships for 12th year

In memory of Paul Yurs, a former vice president of first American Bank in Lake Villa and one of the founding directors of the Lindenhurst-Lake Villa Chamber of Commerce, the chamber has offered a scholarship in his name for the past 12 years.

Every year, the Lindenhurst-Lake Villa Chamber of Commerce offers Paul Yurs Scholarships to three high school seniors who live in Lake Villa Township. Each scholarship is worth \$1,000.

The scholarships are paid directly to the students' college, university or post-high school vocational school.

In addition, each year, the recipients' names are added to a plaque on display at the Lake Villa District Library.

Qualified candidates are high school seniors graduating in 2005. Students at all high schools are eligible, including those who attend public, private or parochial schools, as long as they reside in Lake Villa Township.

Guidance counselors are notified at Antioch Community High School, Carmel High School, Grant Community High School, Grayslake Community High School, Shoreland Lutheran High School and the Illinois Math and Science Academy.

Applicants must submit a resume, detailing their school performance, including GPAs, as well as work and community experience, extracurricular activities, awards won and the name of the college they plan to attend.

They are required to write a 500-word essay on their goals and how they plan to achieve them.

This year's deadline for applications is April 6. Forms and information packets can be obtained from school guidance counselors, or by calling the Chamber office at 847-356-8446.

Last year's scholarship recipients were (in alphabetical order) Claire Earll, a Lindenhurst resident, graduating from Carmel High School; Jason Jager, a Lake Villa resident, graduating from Grant Community High School and Christine Kenner, a Lindenhurst resident, graduating from Antioch Community High School.

LETTERS TO THE EDITOR

Kudos to Antioch Village road crew

Having experienced our largest winter storm of the past few years, I feel that it is necessary to commend Antioch Township Highway Commissioner Mark Ring and the entire Antioch Township road crew for the magnificent job they have done in keeping our roads clear of the snow from this multi-day storm. I have received many compliments from officials of law enforcement, emergency agencies and even the postal department, but the most important are from our private citizens who appreciate the work that was done over many tiring hours.

Public Works Superintendent Bill Smith of the Village of Antioch and his entire crew also did a fine job over the weekend to keep Village roads clear during this storm event.

If you see any of these hard working individuals, please thank them for their efforts. They deserve the credit for doing a fine job for our community while operating on budgets that are far smaller than many other townships and villages in our area.

Steve Smouse
Antioch Township Supervisor

Letters WELCOME

The editor reserves the right to edit all letters.

Topics of general interest, approximately 250 words or less. All letters must be signed and contain a home address and telephone number.

Send letters to:
Lakeland Newspapers

Attn: Letters to the Editor
30 S. Whitney St.
Grayslake, IL 60030

NEIGHBORS

Paul Vanderspool
of Antioch

I'm originally from:
Millburn

Family:
My wife, Mickey, son Mark

Occupation:
Shop owner of Van-Nies Artisans and Antiques

I graduated from:
Libertyville High School

Community involvement:
Chamber of Commerce

What I like most about my town:
small town atmosphere

Hobbies:
Antiquing

Best local restaurant:
DiMarco's

Favorite home-cooked meal:
Meatloaf

Person I admire most:
Gandhi

If I had \$1 million, I would:
Rescue all the animals I could.

If I had a plane ticket to anywhere, I'd go to:
Rocky Mountains

People who knew me as a kid would say:
I'm a comedian

My pet peeve is:
Meanness

If I had one wish, it would be:
Feed the world

My dream job would be:
Doing it now

If you have a "Neighbor" that you would like to see profiled in this column, call Lakeland Newspapers at 847-223-8161.

BIRTHS

Keith T. Daniels Jr., a son, was born Jan. 15 at Victory Memorial Hospital in Waukegan to Katie Petersen and Keith Daniels Sr. His sister is Latavia Adams, age 5. Grandparents are Betty and Jimmy Daniels, Paul Petersen Jr. and Barb Heathman.

DaShaun Lévell Clark, a son, was born Jan. 13 at Victory Memorial Hospital in Waukegan to Lisa Clark. His siblings are Darnell 13, Daryle Jr. 12, Darrick 10 and Lyric 9. Grandparents are Kathy and Larry Clark of Beach Park.

Taylor-Anne Marie Stewart, a daughter, was born Jan. 15 at Centegra Northern Illinois Medical Center in McHenry, to Kelly Tapper and Brandon Stewart of Johnsburg. Grandparents are Bob and Patti Tapper of Johnsburg and Tim and April Stewart of Johnsburg.

Carter Dean Vincent, a son, was born Jan. 8, at Lake Forest Hospital to Johnny and Rachel Vincent. His brother is Cooper, age 1. Grandparents are Kim Denny of Grayslake; Ruth Denny of Round Lake Beach; John and Marlys Vincent of Lake Preston, SD.

Gabriel La'Carlo Copo, a son, was born Jan. 7 at Lake Forest Hospital to Marquia and Eric Copo of Waukegan. Grandparents are Nelida and Ocario Copo of Waukegan and Lottie and Marshall McDaniel of North Chicago.

St. Peter offers
open house

Parents who have considered sending their children to a Catholic school are invited to attend the New Family Open House at St. Peter School, 900 St. Peter Street, Antioch, on Sunday, Jan. 30, from 1:00 p.m. - 2:30 p.m. Families are welcome to tour the school, meet its Kindergarten teachers and talk with students and parents who are excited about their parish school.

The task of choosing the best education for your child is an enormous responsibility. The faculty and staff at St. Peter School believe that a well-rounded, family oriented and Catholic faith centered education will give children the best foundation for a successful academic career while helping them develop a value system that they can carry with them throughout life.

Interested families are welcome to pick-up Curriculum and Registration information at the New Family Open House. The following Sunday, February 6, 2005 will be registration for the 2005-2006 school year from 9:00 a.m. - Noon.

P.M.&L Theatre
offers auditions

Auditions for the delightful comedy Mornings at Seven, by Paul Osborn, will be held on Monday and Tuesday Feb. 7 and 8 at 7 p.m., at the P.M.&L Theatre, 877 Main St. in Antioch. Director Dean Jones of Round Lake needs three men and three women who play ages 60-70 and an additional couple who are 30-40. Dates of production are the weekends of April 1-17.

Anyone interested in tech work is also welcome. Call 847 546-1889 for further information.

Local student
makes Dean's List

Shanna M. Casey, a sophomore majoring in English at Augustana College in Rock Island, was recently named to the Dean's List for the fall term. She is the daughter of Thomas and Mary Ellen Casey of Antioch.

For the fall term, 840 students were named to the Dean's List. Students receiving the honor have earned a minimum grade point average of 3.5 on a 4.0 scale.

Founded in 1860, Augustana is an independent selective college of the liberal arts and sciences. Recognized nationally for academic excellence, Augustana is related to the Evangelical Lutheran Church in America.

CALENDAR

Friday, January 28

Now-Jan. 31, AMPS Fruit Sale of Antioch Community High School's fine art parent group. To purchase fruit or ask questions, please call Sharon Bock at 847-395-7211.

Saturday, January 29

8 a.m. - 2:30 p.m., free, one-day collection of household electronics for Lake County residents at the Lake County Public Works Dept., 650 W. Winchester Rd., Libertyville. A variety of products, including computers, household electronics and home office equipment will be accepted. Call SWALCO's office at 847-336-9340 or go to www.swalco.org.

Sunday, January 30

7-9 p.m., Open gym Sundays at Antioch Community High School, cost \$2, adults only.

Monday, January 31

7:30 p.m., Antioch Jaycees meets last Mondays at Regency Inn, call 847-395-8035.

12:45 p.m., Bingo held Mondays at The Antioch Senior Center. Call 847-395-7120 for details.

7-9 p.m., Lakes Area Community Band rehearses Mondays at ACHS. Call Debbie Davis at 847-395-0272 to learn more.

Tuesday, February 1

Noon, Kiwanis Club of Antioch meets Tuesdays at the Double Eagle Restaurant. Kiwanis is about "Serving the Children in Our Community." The public is welcome to join and share experience, knowledge and service project ideas. Please call Melissa at 847-489-8044 or e-mail her at mjrigoni@hotmail.com for more information.

6-8 p.m., Bariatric Treatment Centers (BTC) hosts a dance & exercise class Tuesdays (all but 2nd) at Antioch Senior Center (downstairs), 817 Holbeck Dr (behind fire station). Call Karen at 847-395-6244 to learn more.

6:45 p.m., Bingo Tuesdays, Antioch VFW, doors open 4:30 p.m. Call 847-395-5393 for more info.

7-8 p.m., Weigh to Win program held Tuesdays at Calvary Christian Center, Monaville Rd., west of Rt. 83 in Lake Villa. Call 847-356-6181.

7-9 p.m., Stepmoms Offering Support to Stepmoms meets Tuesdays in the Grayslake area. Call Tina at 847-543-4768 for details.

7:30 p.m., Lake County Coin Club meets first Tuesdays at Jester's Lounge, 1500 Lewis Ave. in Waukegan. For info., call Les at 847-662-1955.

Wednesday, February 2

6:30 p.m., Take Off Pounds Sensibly weigh-in, 7 p.m. meeting at Antioch Senior Center, 817 Holbeck, Wednesdays. Call Dorothy Stark at 847-395-7407 or Betty Muller at 847-838-3907.

7-8:30 p.m., A Safe Place/Lake County Crisis offers free support groups for women who are victims of physical, emotional or psychological abuse. Meetings held Wednesdays in Round Lake area. Call 847-249-4450 to learn more.

7 p.m., Northern Lake County Quilter's Guild meets first Wednesdays at Millburn Congregational Church, Rt. 45 & Grass Lake Rd. Call Madelyn at 847-587-4599 for more information.

7 p.m., NAMI of Lake County general meeting held first Wednesdays at State Bank of the Lakes, 50 Commerce Drive, Grayslake. Free, open to the public. Families, friends, consumers and those interested in learning more about mental illness, treatment and recovery are welcome to attend.

Thursday, February 3

11 a.m., LV Twp. AARP Chapter #3978 board meets first Thursdays at Twp. Offices Community Room.

7:15 a.m., Business Network International meets Thursdays at Hillside Restaurant, Grayslake. BNI, a coalition of businesses. Members share referrals. Call Craig Henderson at 847-840-6464 for details.

7:45 a.m. Lake County Networkers group meets first and third Thursdays at Grandma V's Restaurant (Hwy 45 & 176) in Mundelein. Call Jeanne Silver 847-367-1500 or Mike Steinberger 847-367-5475.

7 p.m., The Lakes Area Artisans chapter of the Stencil Artisans League meets first Thursdays. For more information, call Carol 847-223-5155.

7 p.m., American Sewing Guild group, "Running in Stitches," meets first Thursdays. Please call Janet at 265-7932 or Chris at 847-548-8223.

Friday, February 4

Feb. 4-20, "Macbeth" at PM&L Theatre at 877 N. Main St. 8 p.m. Fri.-Sat; 2:30 p.m. Sun. For tickets call 847-395-3055 or go to www.pmltheatre.com.

Saturday, February 5

8:30 a.m., Singles (ages 55+) Breakfast Group meets weekly in Gurnee. Call Chuck 847-362-5458.

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HASTINGS LAKE STINGRAYS ROUNDUP

The Stingrays finished 1st out of 10 teams at the Iguana Invite earlier this month. The following are some of the top swimmers.

Girls 8 and under

Theresa Gray: 50 Free (4th, 36.94); 25 Breast (1st, 21.82); 100 IM (7th, 1:39.6).
Danielle Kolz: 25 Breast (2nd, 21.92); 25 Fly (2nd, 18.67); 100 IM (2nd, 1:32.35).
Lisa Buehler: 25 Breast (6th, 27.22).
Kristin Littlejohn: 25 Breast (9th, 27.89).

Girls 9-10

Jennifer Wisbey: 50 Free (2nd, 32.48); 100 Free (2nd, 1:13.04); 50 Back (2nd, 38.70).
Michele Hartmann: 50 Free (7th, 34.85); 50 Breast (7th, 44.55); 50 Fly (5th, 40.53).
Devon Brown: 100 Free (9th, 1:23.86); 50 Breast (2nd, 40.98).
Allie Kolz: 50 Back (6th, 40.29); 50 Fly (3rd, 39.53); 100 IM (5th, 1:26.46).
Maggie Majewski: 50 Breast (5th, 43.87); 100 IM (11th, 1:36.78).

Girls 11-12

Michelle Garland: 50 Free (2nd, 28.12); 50 Breast (1st, 34.25); 50 Fly (1st, 29.68).
Sam Myers: 50 Free (4th, 28.77); 100 Free (3rd, 1:02.24); 200 Free (3rd, 2:18.62).
Mesa Schmidt: 100 Free (1st, 1:00.66); 200 Free (1st, 2:09.41); 50 Back (6th, 34.01).
Shannon Zalewski: 100 Free (2nd, 1:01.48); 50 Back (5th, 33.63); 200 IM (1st, 2:29.99).
Stephanie Kramer: 200 Free (4th, 2:21.11); 50 Back (10th, 36.32).
Rachele Hartmann: 200 Free (9th, 2:41.72).
Taylor Aerne: 200 Free (10th, 2:47.89); 50 Fly (6th, 33.64).
Dominique Bessette: 50 Back (1st, 31.37); 50 Fly (3rd, 30.60).
Rachel Burg: 50 Breast (9th, 40.02); 50 Fly (8th, 35.46).
Katharine Majewski: 50 Breast (2nd, 35.32); 50 Fly (4th, 32.11); 200 IM (2nd, 2:33.22).

Girls 13-14

Danielle Lindquist: 50 Free (4th, 28.17); 100 Free (9th, 1:02.63); 100 Back (6th, 1:14.61).
Kelly Garland: 50 Free (5th, 28.21); 100 Free (11th, 1:04.53); 200 Free (5th, 2:15.93).
Melissa Buehler: 200 Free (9th, 2:33.74); 100 Breast (8th, 1:31.96).
Yasmine Bessette: 100 Back (7th, 1:15.03); 100 Breast (6th, 1:26.99).
Emma Regnier: 100 Breast (1st, 1:13.91); 100 Fly (4th, 1:12.31); 200 IM (3rd, 2:30.06).
Alyson Craig: 100 Breast (10th, 1:33.31); 200 IM (10th, 2:54.04).

Girls 15 and over

Emily Meyer: 50 Free (9th, 27.86); 100 Free (11th, 1:00.77); 200 Free (10th, 2:14.90).
Lauren Foerster: 50 Free (11th, 29.73); 200 Free (12th, 2:26.05).
Kelsey Whitaker: 50 Free (16th, 32.08); 100 Back (6th, 1:14.13); 200 IM (11th, 2:47.84).
Bethany Brooker: 100 Breast (4th, 1:16.80); 100 Fly (9th, 1:14.68); 200 IM (6th, 2:29.03).

Boys 6 and under

George Bessette: 25 Free (2nd, 20.76); 25 Back (4th, 27.61); 25 Breast (6th, 26.82).

Boys 7-8

Brenden Bolman: 25 Free (10th, 20.28); 50 Free (9th, 44.49); 25 Back (6th, 22.30).
John Zalewski: 25 Breast (1st, 21.96); 25 Fly (3rd, 18.48); 100 IM (1st, 1:24.62).

Boys 9-10

John Garland: 50 Free (7th, 35.20); 100 Free (6th, 1:18.82); 50 Back (11th, 42.50).
Andrew Lindquist: 50 Free (11th, 36.63); 50 Back (7th, 41.55); 100 IM (11th, 1:35.78).
Tony Diaz: 100 Free (1:08.03); 50 Breast (2nd, 39.05); 100 IM (1st, 1:15.68).
Kyle Aerne: 100 Free (3rd, 1:11.90); 50 Fly (2nd, 32.60); 100 IM (3rd, 1:21.24).

Boys 11-12

Jamie Landry: 50 Free (4th, 30.51); 50 Back (1st, 33.21); 200 IM (1st, 2:39.82).
Tyler Craig: 50 Free (6th, 31.41); 200 Free (3rd, 2:25.50); 50 Back (4th, 36.80).

Zach Revell: 50 Free (7th, 31.45); 100 Free (4th, 1:08.07); 200 Free (2nd, 2:24.18).
Ricky Diaz: 100 Free (2nd, 1:06.21); 50 Fly (2nd, 33.30); 200 IM (3rd, 2:24.10).

Boys 13-14

Damian Brown: 50 Free (5th, 27.46); 100 Free (3rd, 1:01.32); 100 Breast (3rd, 1:19.29).
Chris Thayer: 50 Free (14th, 31.67); 100 Free (9th, 1:12.84); 200 Free (8th, 2:41.94).

Boys 15 and over

Matt Revell: 50 Free (3rd, 23.45); 100 Free (2nd, 50.90); 200 Free (1st, 1:53.96).
Zack Johnson: 200 Free (2nd, 1:55.57); 100 Back (4th, 1:02.54); 500 Free (1st, 5:07.44).
Nick Johnson: 100 Breast (3rd, 1:14.30); 100 Fly (6th, 1:03.96); 200 IM (4th, 2:22.54).

The Stingrays next swim Jan. 29-30 at the Blue Devil Blizzard at Warren Township High School.

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Level 5

Child A section

Ally Hoyer: Vault (1st, 8.60); Uneven Bars (1st, 9.075); Beam (2nd, 8.575); Floor (3rd, 8.90); All-Around (1st, 35.15).

Michelle Quero: Vault (2nd, 8.45); Uneven Bars (2nd, 8.60); Beam (3rd, 8.55); Floor (8.60); All-Around (2nd, 34.20).

Junior A section

Joni Daley: Vault (7.75); Uneven Bars (6.80); Beam (1st, 8.25); Floor (3rd, 8.10); All-Around (30.90).

Level 6

Child section

Lauren Feely: Vault (1st, 9.25); Uneven Bars (2nd, 9.175); Beam (8.325); Floor (8.35); All-Around (3rd, 35.10).

Elizabeth Hoyer: Vault (2nd, 9.175); Uneven Bars (3rd, 8.80); Beam (3rd, 8.525); Floor (2nd, 9.25); All-around (2nd, 35.75).

Junior A section

Stephanie Luebke: Vault (2nd, 8.60); Uneven Bars (6.70); Beam (2nd, 8.60) Floor (3rd, 8.25); All-Around 32.15.

Level 7

Kaley Braun: Vault (1st, 9.05); Uneven Bars (1st, 9.10); Beam (2nd, 9.0); Floor (2nd, 9.1); All-Around (1st, 36.25).

Daniella Clement: Vault (2nd, 9.0); Uneven Bars (7.85); Beam (7.025); Floor (6th, 8.825); All-Around (32.60).

Kelci Schulz: Vault (8.55); Uneven Bars (2nd, 8.9); Beam (1st, 9.025); Floor (1st, 9.125); All-Around (2nd, 35.60).

Level 8

Junior A section

Kayla Weintraub: Vault (8.525); Uneven Bars (6th, 8.525); Beam (6th, 9.05); Floor (3rd, 9.25); All-Around (5th, 35.35).

Junior B section

Amber Begley: Vault (4th, 9.15); Uneven Bars (7th, 8.6); Beam (6th, 8.7); Floor (T-4th, 9.1); All-Around (T-5th, 35.55).

Ann-Marie Kick: Vault (8.15); Uneven Bars (T-8th, 8.4); Beam (T-7th, 8.575); Floor (8.6); All-Around (33.725).

Amy McNamee: Uneven Bars (T-8th, 8.4).

Katie Vovolka: Vault (T-1st, 9.25); Uneven Bars (T-2nd, 9.15); Beam (T-3rd, 9.05); Floor (6th, 8.975); All-Around (2nd, 36.425).

Level 8

Kally Best: Vault (2nd, 8.75); Uneven Bars (1st, 8.55); Beam (4th, 8.175); Floor (1st, 9.0); All-Around (1st, 34.47).

Level 9

Kristin Cashman: Vault (3rd, 8.5); Uneven Bars (4th, 8.1); Beam (3rd, 8.375); Floor (3rd, 8.8); All-Around (3rd, 33.775).

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February 13, 2005, Sunday, 2 p.m. Adult Board Game and Cards Afternoon. Are you tired of being cooped up in the house this winter? Bring your favorite board game or deck of cards and play with friends of make new ones. Adults only. Refreshments served. Reservations recommended. Please call 847-395-0874.

February 17, 2005, Thursday, 7 p.m. "Water Features." Don Guzman, Landscape Advisor

and Answerman, will discuss how to build, maintain, light, and plant for waterfalls, streams, pondless waterfalls, ponds and dry creekbeds. Reservations recommended. Please call 847-395-0874.

February 27, 2005, Sunday, 2 p.m. Learn to Play Chess. Zack Simonini, local chess enthusiast. Bring a chess set if you have one. Reservations recommended. Please call 847-395-0874.

For more information on these events, you can also call 847-395-0874 Monday 12-9, Tuesday 9-5 and Thursday 5-9.

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AJWC looking for a few good men

The Antioch Junior Woman's Club is looking for a few good men with a heart of gold who would be willing to participate in a contest to see who will take the title of Mr. AJWC (Antioch Junior Woman's Club) on March 5 at St. Peter's School in Antioch. The contest will be part of the traditional Comedy Night the club hosts each year on the first Saturday in March. Comedy Night is the club's only fundraiser for the year. All money raised goes to local community organizations and philanthropic causes in the area. The male volunteers will help the AJWC raise funds by being good sports and modeling their favorite out-

fits, showing their talent and giving the ladies in the community something to get excited about. In order to be eligible, the gentlemen must be members of a local area organization—the Lion's Club, the Rotary Club, the Police Department, the Fire Department, the Jaycees, the Rescue Squad, a member of School District 34 or 117. Any men who have a sense of adventure and have a willingness to be a part of the excitement, call Sandy Jacobs at (847) 395-6073, Peg Kudingo at (847) 395-7276 or Laurie Stahl at (847) 395-2958. The ladies of the Antioch community are looking forward to the event March 5. Mark your calendars gentlemen.

St. Bede 7th Annual Casino Night

A full night of entertainment is fast approaching. Consider Saturday, February 5, 2005 booked on your calendars from 6 p.m. until midnight.

The Casino is located in the school gym. More room, more tables, more fun. By request, Craps and Pull-Tabs are back. They'll join the ever-popular games of Poker, Blackjack, Bang, the Big 6 Wheel, and the much anticipated 50/50 Raffle.

Live music will be provided by The Affects from 9 p.m. until 1 a.m. in the Parish Center (below the gym). Hit the dance floor or just listen, relax and enjoy...even after the Casino has

closed. Food will be for sale and a cash bar available throughout the night.

Admission is a \$6 donation per person, or a \$10 donation per couple. All proceeds from Casino Night benefit St. Bede School. The St. Bede Parish Center is located at Route 59 and Wilson Road in Ingleside.

Looking to show your support, as well as gain new customers in the process? Advertise at Casino Night 2005. Local businesses have the opportunity to sponsor a table. For sponsorship or general Casino Night information, please contact Jacqui Hebein at (847) 587-3290.



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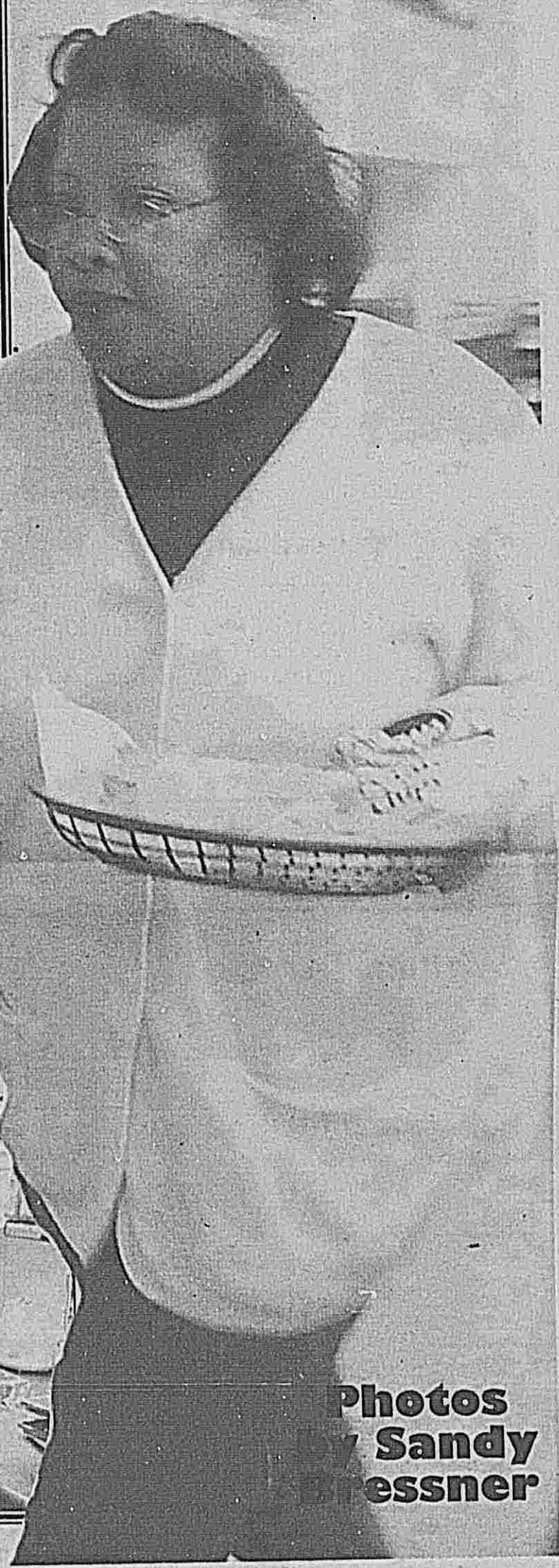
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Photos
by Sandy
Messner

(Clockwise from top)

1. The Uptown Café in downtown Waukegan offers an opportunity for individuals with mental illness to learn job skills, which includes food preparation, using a cash register and working with customers.. The café, along with the Uptown Carts program, is operated by Lake County Enterprises and Thresholds Psychiatric Rehabilitation Centers.
2. Cheryl Runnels delivers sandwiches to waiting customers.
3. Robert Morahan, who trained at the Cooking and Hospitality Institute in Chicago, prepares a pan of bacon to be cooked in preparation for the lunch rush.
4. Leonard Beshel cleans out one of the refrigerators in the kitchen area of the Uptown Café in Waukegan. The café has been in its current location at 300 Grand Ave. for three years.

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Pets & People

Share your favorite pet stories, tips, events and pictures with us and we'll print them here! E-mail items to: pets@lakelandmedia.com or mail to: **Pets & People, Lakeland Newspapers, 30 S. Whitney St., Grayslake, IL 60030. Call 847-223-8161, Ext. 148**

PETS CORNER



Domino

Domino

Domino is a six-year-old domestic black and white shorthair, who originally came to Save-A-Pet as a stray. She's very sweet and cuddly and likes to lounge and bask in the sun.



Li'l Josie

Li'l Josie

Li'l Josie, a black-and-tan shepard and possible Rottweiler mix, doesn't like to be with any other animals. She was returned once for fighting with a dog and again for a fight with a cat. But she'll love your personal attention and is great with kids six and up and would love a fenced-in yard to play in.



Viola

Viola

Viola, 3, doesn't like to be with other cats but she's good with dogs. She loves head and chin scratches as well as baby food. A little TLC and Viola will be a companion for you for a very long time.



Jonathan

Jonathan

Jonathan is a nine-year-old stray, who came to the shelter two months ago. He is a shepard mix and is black with tan and gray. Although he has two microchips, his original owner could not be found. He was about to be put down before being rescued and would love your home.

Save-A-Pet is located at 31664 N. Fairfield Road, Grayslake. It's closed on Tuesday, open 1-5 p.m. on Monday, Wednesday and Friday, 1-8 p.m. on Thursday and 11 a.m.-6 p.m. on Saturday and Sunday. For more information, call 847-740-7788 or go to www.save-a-pet-il.org.

Break for animals

On Saturday, Feb. 5, the Crystal Lake Country Club will be the setting for "Mardi Gras Madness," the third annual benefit held on this date by the area's Assisi Animal Foundation.

The evening is a prelude to Mardi Gras festivities and a break in the winter doldrums. Dinner, dancing and a festive New Orleans flavor will entertain guests, starting at 6:30 p.m. Proceeds benefit the operation and programs of the Assisi Animal Foundation's no-kill animal shelter in Crystal Lake.

Besides sheltering homeless pets awaiting new adoptive homes, the Assisi Animal Foundation conducts a dynamic animal-assisted therapy program, which it introduced to the area back in 1987.

Reservations for tickets must be in by Feb. 1, as there will be no tickets available that evening and space is limited.

For information and reservations, call 815-455-9411.

Where did your exotic pet come from?

In many circles, an exotic pet is any small companion animal that isn't a dog or cat. With people keeping sugar gliders and prairie dogs as pets these days, however, hamsters and guinea pigs don't seem so "exotic." Most people purchase exotic pets at their local pet store, but where does the pet store acquire these critters? And can these pets pose a health threat to people?

"Many of the small mammals people keep as pets are domestically bred and pose little disease risk. However, there are surprisingly few restrictions on importation of most animal species, and problems can arise with them," said Dr. Julia Whittington, an exotic animal veterinarian at the University of Illinois College of Veterinary Medicine in Urbana.

Hamsters, gerbils, rabbits, and guinea pigs are all domestically bred. (Interestingly, nearly all pet ferrets come from New York state. Most hedgehogs come from breeders as well.) These small mammals have become so common that species-specific rescue organizations exist to find new homes for unwanted pets.

"Prairie dogs are not imported. They come from wild populations inhabiting the western U.S.," Whittington said. "Out west prairie dogs are considered a pest, and many exterminators make their living eradicating these wild animals. Prairie dogs do not make very appropriate pets because their natural habitat cannot be replicated in the home."

"Public health and animal disease problems are most often encountered with importation of reptiles and amphibians, which is not strongly regulated," Whittington said.

In contrast, stringent laws exist regarding importation of parrots. In the 1970s importing and exporting parrots was banned because wild parrot populations were being depleted. Now all parrots in the pet trade are captive bred, although very old parrots likely originated in the wild.

Often wild-caught animals can have ectoparasites-ticks, for example-that can affect people and other animals. They are a means of spreading zoonotic diseases, i.e., diseases that can be transmitted from animals to people. Two zoonotic diseases that recently received a lot of media attention are those caused by the West Nile virus and the monkeypox virus.

How exotic pets are transported and housed in the marketplace is another concern. They may be transported with or near imported animals from different countries. Since there are few health regulations for imported pets, the animals may be carrying parasites or diseases. Buying a pet at a swap meet can be risky. Often dealers cannot tell you where the animals have been.

Contact your local veterinarian for more information about the world of exotic pets.

William Luce's

The Belle of Amherst

Performed by
Paddy Lynn



Theater in the Great Hall of
The Cuneo Museum

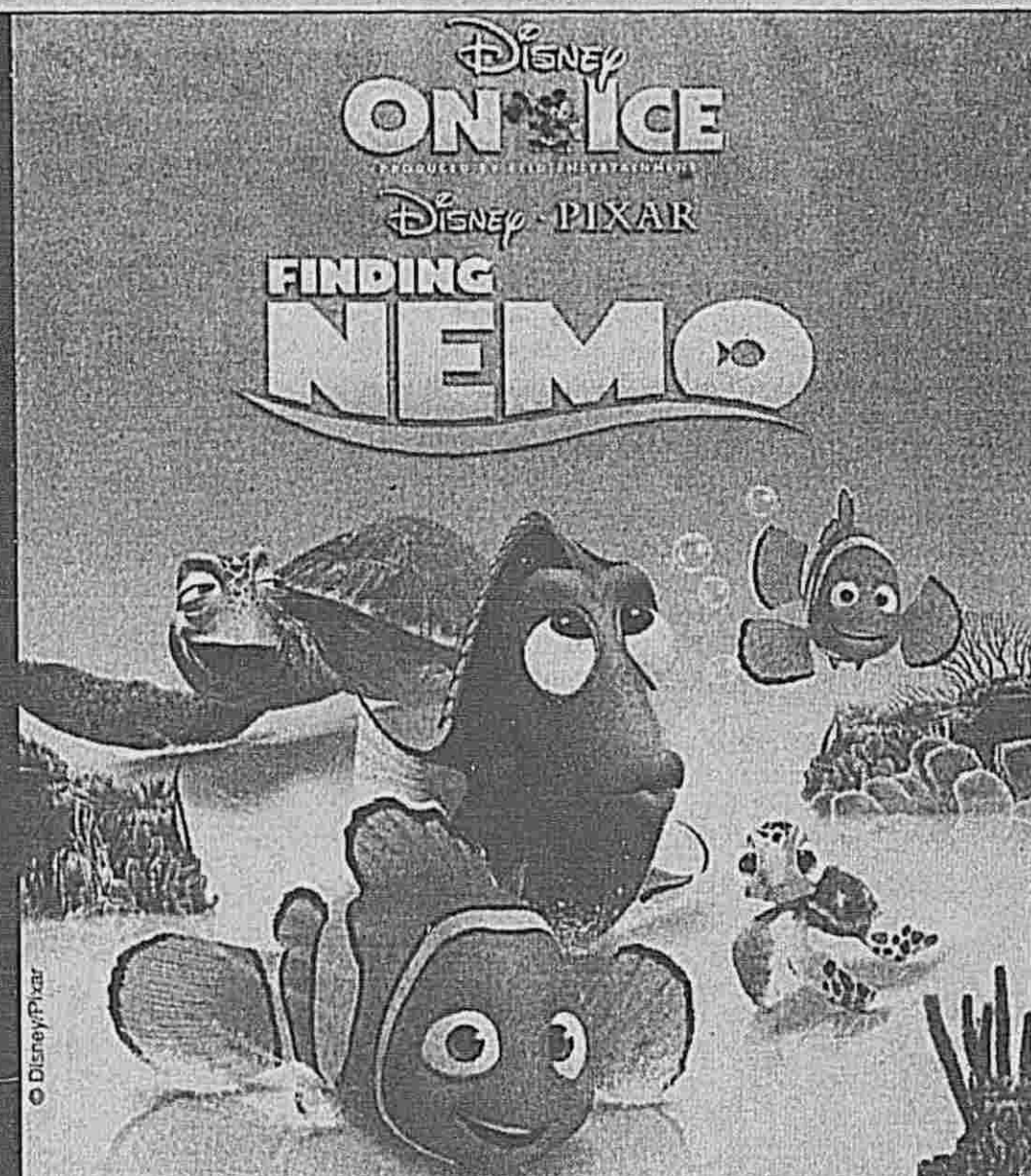


Courtesy of Amherst College

We invite you to a performance of the Tony award winning one-woman play about the life of the great American poet, Emily Dickinson. William Luce draws on her diaries, letters and poetry to give the playgoer "a glimpse into the private world of a great poet and an astounding mind." (from a review by Lara M. Johnson)

Morning Shows 10:00am	Saturday Matinee 4:00pm	Evening Shows 7:30pm
Weds. Feb. 9, 16, 23	Feb. 12, 19, 26	Fri. Feb. 18
Thurs. Feb. 10, 17, 24		Sat. Feb. 19

Tickets: \$10 Adults; \$9 Seniors & Museum Members;
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Reservations: 847 362-3042



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The Buckinghams to play 'retro' rock 'n' roll romance

Begin your Valentine's Day celebration with an intimate evening of rock 'n' roll tunes from Chicago's own '60s sensation, the Buckinghams, who will appear at 7 p.m. on Sunday, Feb. 13 at the College of Lake County in Grayslake.

"Kind of a Drag" and "Hey, Baby, They're Playing Our Song" are only two of the many hit songs that led the band to be named "the most listened-to band in America." Natives of Chicago, the Buckinghams have a loyal following from the '60s and are appealing to a new generation of fans today.

The band features two of its original members, Carl Giammarese, lead singer and guitar, and Nick Fortuna, bass player and background vocals. Although "Kind of a Drag" was the group's biggest hit, "Mercy, Mercy, Mercy," "Hey Baby, They're Playing Our Song," "Don't You Care," and "Susan" all hit the Top 20 on the music charts nationally, with some reaching the top five.

Tickets for the concert are \$22 for the general public and \$20 for flex series participants, CLC students/staff/Alumni Association members, and seniors 65 and over.

For tickets, call 847-543-2300 or stop by the CLC Box Office, located in the James Lumber Center for the Performing Arts.

For more information, visit www.clcillinois.edu/events.



Dickinson comes to life in 'The Belle of Amherst'

Patrons of theater productions at the Cuneo Museum and Gardens, 1350 N. Milwaukee Ave. in Vernon Hills, will experience the insight and inspiration of the words and writings of American poet Emily Dickinson. "The Belle of Amherst," by William Luce, will be performed on selected February dates in the majestic Great Hall.

Paddy Lynn, whose theatrical expertise encompasses writing, performing and directing endeavors, creates a moving and memorable performance as Dickinson. Lynn performs with a sense of her character's trials and triumphs, which relate to the soul and spirit of Dickinson's words, thoughts and emotions.

Morning performances are at 10 a.m. Feb. 9, 10, 16, 17, 23 and 24. Matinees are at 4 p.m. on Feb. 12, 19 and 26. Evening performances are at 7:30 p.m. on Feb. 18 and 19.

Tickets are \$10 for adults, seniors and museum members \$9 and students \$5.

For reservations, call 847-362-3042.



Members of the Mundelein High School Lights show choir rehearse the song "Fever" at the school. — Photo by Sandy Bressner

Choirs hit high note at invitational

By Kyle Schmitt
Staff Reporter

They started earlier than usual, but the Mundelein High School show choirs hit a coda and returned to their winning ways at the Monona (Wis.) Grove High School Silver Stage Invitational.

The all-female Mundelein Lights started their competitive season strongly on Jan. 15, winning the Class A show choir division championship and earning judges' praise for possessing the best vocal sound of any group that performed that morning. Comprised of girls and boys, the Mundelein Sound performed that afternoon and took second runner-up in a tough open division.

"I think they performed great no matter what time of year it was," said John Neubauer, who directs the 120 students that make up the Mundelein Sound and Lights Show Choirs. "For us to perform that well in January was great, it was an exceptional effort."

More than just a collection of talented voices, the group encompasses the 16 to 18 instrumentalists, and crew of around 15 students who control the sound, lighting and backdrop for live performances. This year's group displays extraordinary discipline and leadership, Neubauer said, leaving him to concentrate on honing his vocalists' talent by helping them sharpen their crescendos and musicality.

This year's shows demonstrate the choirs' range, as both groups tackle Broadway and pop songs, with some gospel thrown into the mix. The teenagers enjoy performing songs by Madonna and Jewel, while older numbers such as "Sisters" and "Slow Boat to China" provide "something their parents and grandparents will remember," Neubauer said.

"You want to do a show where everyone greatly enjoys their moment, and or a song they like to hear," he said.

Neubauer said that both choirs would probably perform six or seven more times this semester, including during a trip to Orlando, Fla. for the Fame Nationals in March. Lights placed second in a separate nationals competition last year, while Sound took the runner-up prize in 2003. Though their male singing section was depleted by graduations, Neubauer said he charged experienced singers with the task of recruiting additional help, and they responded

by bringing 15 new members into the group.

Their collective time commitments and work ethic mean that only the most talented and dedicated stick with the show choirs. Having participated in Lights every year she's been in high school, senior Mary Hurtenbach said that she originally joined to meet people, and discovered that the choirs were far more talented than she expected.

"They were an amazing group my first year, and they've just improved every year since," Hurtenbach said.

She's kept the friends she's made through choir, and Hurtenbach is stepping out on a high note by singing in both choirs during her final year in high school. The Lights performance is a "really fun show for the girls," Hurtenbach said. "It gives me a lot of energy by the end because the numbers keep getting better. And Sound is just like a rock show, it's amazing."

Neil Stratman gets to play rock star on Sound's final number, when he belts out the opening strains of Bon Jovi's "Livin' on a Prayer" solo. Telling the story of Tommy and Gina served as a big honor for the junior, who first joined show choir because his older sister "kept telling me about how many chicks I could pick up."

The assembly of great voices makes Stratman proud to perform in the Sound, and the selection of well-known material makes the group's audience just as enthusiastic.

"Those are songs that a lot of people know, so it's really easy for them to get into it," he said.

Both Hurtenbach and Stratman stress the importance of having fun and coming together as a competitive group. When pushed, Stratman concedes that a victory in competition would make the 2005 season even sweeter. "I want to win. I want to get the big trophy and put it on our shelf with all the other ones."

While refusing to take judges' scoring as the ultimate test of the choirs' talents, Neubauer said he hopes that the performances in Orlando "are as close to perfect as you can create."

The show choirs' next performance will be the Davenport Great River Show Choir Invitational on Feb. 19. They will also perform at Mundelein High School's Winter Choral Concert, held at 7 p.m. Feb. 23 in the high school auditorium. All choirs will be featured, as well as vocalists from Carl Sandburg Middle School and West Oak Middle School.

kschmitt@lakelandmedia.com

The Hair of the Dog

New Year's Day is a time to demonstrate our newfound resolve—to recover from the night before. Some folks swear by the medicinal value of "the hair of the dog" by breakfasting on the booze that bit them the night before. This seemed to be the case when I ducked into Mike's Port Pub on the shores of Lake Michigan in Jacksonport, Wis. At 10:30 a.m. the place was packed with locals toasting "Fido" while watching the Wisconsin Badgers butt heads with Georgia Tech.

Worse yet, these patrons planned to nurse their hangovers with more than just beer and football. Apparently drinks were to be followed with one heck of a chaser—jumping into the icy waters of Lake Michigan at high noon.

The Jacksonport Polar Bear Club advises against drinking before taking their annual New Year's Day "Plunge"—probably because nothing smells worse than a wet dog.

Nevertheless, among the 700 participants this year, swimmers wearing coconut shell bras, hula skirts, Packer uniforms or "cheesehead" hats must have been fortified with more than just high spirits.



Leslie Glazier-Werner
LES ON LIFE

J.R. Jarosh, founder of the Jacksonport club, said this venerable tradition started 19 years ago when he dove into the lake on a reckless, teenage whim one New Year's. Word of his antics spread among adults who thought this might also be a neat thing for them to do. As one spectator put it, "before we knew it, 'nut balls' of all ages were coming out of the woodwork."

Although I was sorely tempted to join my brethren, I decided to sit this one out. Sure enough, when the clock struck 12 a.m., hundreds of half-naked half-wits ran whooping into the frigid undertow, only to scramble madly back to shore—and Mike's Port Pub—like a scene from "Jaws."

Still, the shivering survivors I managed to stop claimed the annual "Plunge" was a sure-fire antidote to excesses of the prior year. This got me thinking about starting my own New Year's customs to relieve the media binge that was 2004:

Had it "up to here" with biased media?

While hung-over, Romans were partial to fried canaries, fried crow might ease a queasy stomach full of Dan Rather, Rush Limbaugh and Bill O'Reilly.

Exposed to too much "R" rated hype?

Hung-over Brits rub half a lemon under each armpit. Try rubbing lemon on any body part that's been exposed by celebrities over the past year, all the while screaming the "F" word: FCC.

Retching on reality shows?

Greeks bake a New Year's cake with a "lucky" coin in it destined for someone's bridge-work. How about replacing that coin with one of Trump's bankrupt casino chips? Whoever finds the chip then clicks his heels three times while first repeating, "Donald you're fired." THEN chanting, "Waukegan, you're hired!"

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Flavors

Chicago, suburban chefs share the wealth in new cookbook



Tom Witom

**COOKING
BY THE BOOK**

"Secrets of Chicago Chefs Cookbook" (Tobe Publishing) by Nancy Miller is a compendium of 300 recipes and, yes, "secrets," of 102 Chicago and suburban restaurants.

As such, the collection includes a broad-ranging and, at times, repetitious number of recipes (i.e., creme brulee variations on a theme). Alas, no pictures to speak of.

Chef Luis Quiroz of Barrington Country Bistro, for example, points out that the most home cooks

commonly err when it comes to searing: they don't use a hot enough pan. Meanwhile, Christina Hernandez, chef owner of Sabor in Schaumburg says it's most important for home cooks to learn to use recipes as a guide. "They don't have to always be followed exactly."

There are recipes from Bank Lane Bistro in Lake Forest, Tapas Barcelona in Evanston and Froggy's French Café in Highwood. The one we tried for Braised Beef Short Ribs is from Le Francois in Wheeling. Don't attempt it unless you have a two-to-three-hour window for the slow cooking that's required.

Slowly Braised Beef Short Ribs "Grand Mere" Style

6 to 8 oz. portions beef short ribs
1 750 ml bottle high quality red table wine
1/4 cup all-purpose flour
Kosher salt and freshly ground black pepper, to taste
1 large carrot (split lengthwise)
2 large onions (split in half)
1 stalk celery
1 small bunch (12 oz.) thyme
1 six-inch sprig rosemary
6 whole shallots, peeled
12 gallon veal stock

1 Tbl. roasted tomato paste
4 oz. unsalted butter

For garnish:

4 oz. button mushrooms (no stems)
4 oz. pearl onions, cleaned
3 oz. bacon (sliced 1/8 in. thick and cut into 1/4-in. pieces), rendered
4 oz. red wine
Kosher salt and freshly ground black pepper, to taste
4 oz. unsalted butter

Dry and season beef portions with salt and pepper and lightly dredge them in flour. Melt butter in a heavy shallow pan. When butter is light brown, add beef to pan and brown on all sides. Remove beef from pan and in same pan add all vegetables and aromatics.

Thin the tomato paste with red wine and deglaze pan with wine and tomato mixture. Add beef back into pan and reduce wine to 1/3 of its original volume. Add veal stock. Bring to a simmer and place entire pan in oven at 325 degrees to maintain a slow simmer while covered for about 2 to 3 hours or until beef is very tender. Remove beef from pan and set aside, covered loosely.

Strain away all vegetables and aromatics and reduce cooking liquid to 1/3 its original volume, while skimming constantly as it reduces in order to clean the sauce.

To finish dish: Place mushrooms, onions and rendered bacon in a sauce pot; cover with wine. Season with salt and pepper and reduce until dry. Add mixture to beef and sauce. Bring to a simmer. Remove from heat and add 4 ounces butter. Serve.

* Rendered means to slowly dissipate thick fat through the constant application of steady heat.

Suggested wine: Pauillac.

Joe Montana tackles healthier eating, offers 5 big game recipes

Four-time Super Bowl champion Joe Montana is offering five heart-healthy recipes to make eating right during this year's Big Game a success. The dishes were designed as alternatives to notoriously high-fat, high-salt party foods and are part of Montana's latest team effort against high blood pressure.

Legendary quarterback Joe Montana is one of a kind, but when it comes to high blood pressure he is just one of 65 million Americans. Montana is battling against a family history of heart disease and has worked hard to get his blood pressure controlled. Now he motivates others to get their blood pressure to goal as part of the educational campaign Take Action for Healthy BP sponsored by Novartis Pharmaceuticals Corporation.

Montana encourages people to work with their doctors to set a blood pressure goal and a game plan to get it there. Approximately 70 percent of people with high blood pressure do not have the condition under control, which puts them at greater risk of having a major event like a heart attack or stroke. Half of people who are on a treatment plan still do not have the condition under control.

Each of Joe's favorite recipes incorporates a healthy cooking tip and shows food can still be flavorful without the added salt and fat.

Joe's Favorite Heart-Healthy Dishes

A variety of dishes can help people eat healthy from the start to the end of the game:

- Kick-Off Chicken Kabobs
- Post Season Pizza
- Half-Time Meatball Hoagie
- Touchdown Tortilla Chips with Salsa
- Overtime Oatmeal Cookies

The recipes are available on the Web site www.healthyp.com, along with helpful high blood pressure information. More information on the campaign is available toll-free at 877-556-3866.

Kick-Off Chicken Kabobs

Chicken Kabobs
8 small boneless-skinless chicken breast halves (about 2 1/2 lbs.)
1/2 cup unsweetened pineapple juice
1 tsp. low-sodium soy sauce
2 Tbsp. hot sauce
3 cloves garlic, minced
1 Tbsp. minced fresh ginger
1 tsp. toasted sesame oil
40 6-inch bamboo skewers

Veggies and Dip

1 3/4 cup nonfat plain yogurt
1/4 cup crumbled blue cheese
1 small clove garlic, minced
3 large carrots, peeled and cut into sticks (about 40)*
4 large celery stalks, cut into sticks (about 40)*
*Store carrots and celery in a large bowl of ice water

Cut each chicken breast into 5 lengthwise strips. In a large bowl mix pineapple juice, soy sauce, hot sauce, garlic, ginger and sesame oil. Add the chicken and marinate overnight or at least 1 hour.

Preheat broiler on high. Wear gloves while skewering one piece of chicken per skewer. Line a broiler pan with foil and spray with non stick cooking spray, place chicken on skewers. Broil 4 inches from heat, 3 minutes per side.

To make the blue cheese dip, mix yogurt, garlic and blue cheese until smooth. Serve with chicken and veggies.

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First Row- left to right: Brooke Elbrecht (Cinderella) of Gurnee, Elliott Dawson (Prince) of Gurnee
Second Row- left to right: Christiana Caronti (Portia) of Lindenhurst, Amber Gellig (Joy) of Gurnee and Toni Gonzalez (Stepmother) of Zion. Photo by Vicki Elbrecht

Lost & found: One glass slipper

CYT students of Lake County will present "Cinderella," the Rogers and Hammerstein musical, at the College of Lake County, 19351 W. Washington St. in Grayslake.

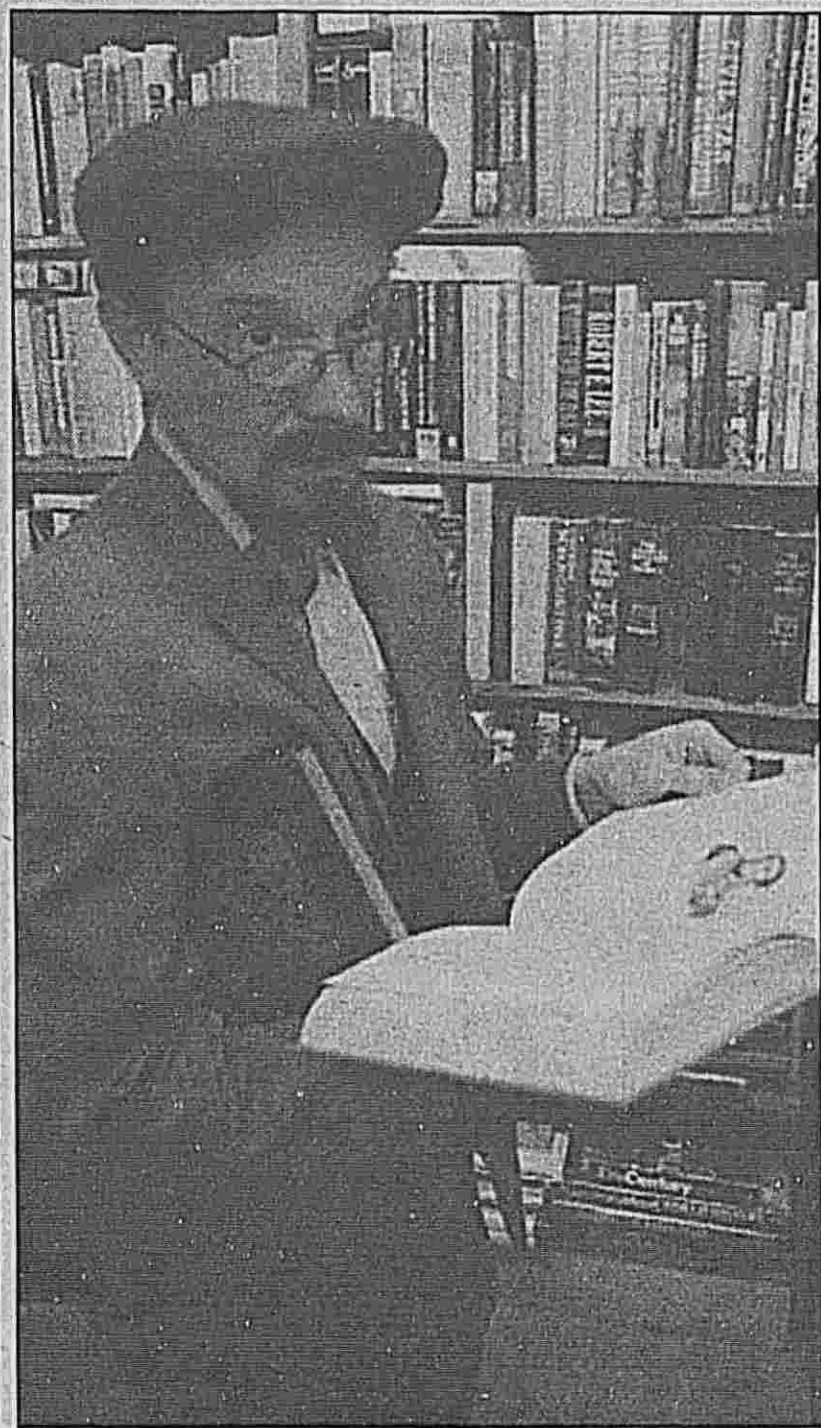
"Cinderella" is the magical story of an over-worked step-daughter whose fairy god-mother fulfills her wish to attend the Prince's ball. It's the magic of Cinderella's charm, however, that sends the Prince searching for the owner of the glass slipper.

Public performances are scheduled for Thursday, Feb. 3, 7 p.m. (Family Show); Friday, Feb. 4, 7 p.m.; Saturday, Feb. 5, and Sunday, Feb. 6 at 2 and 6 p.m. School day performances are Feb. 2 and 3 at 9:30 and 11:45 a.m.

Ticket prices are \$10 for adults, \$8 for children 2-12 and seniors over 62, and \$7 for groups of 15 or more. All seats are \$7 for the Family Show on Feb. 3. For tickets, phone 847-516-2298.

CYT offers students an opportunity to develop their talents, interact with friends, and learn to be positive members of their community. Voice, dance, drama, makeup, set construction, comedy, and improv are just some of the subjects offered in three 10-week terms each year. Christian Youth Theater is non-discriminatory on the basis of race or religion and is a non-profit, educational corporation.

Neumann wrings cosmic truths from 'Underneath the Lintel'



Larry Neumann Jr. plays a librarian in "Underneath the Lintel," a one-man show by Glen Berger presented by Noble Fool Theatricals at Pheasant Run Resort.

CRITIC'S CHOICE
By TOM WITOM

The sudden return of a travel book that's remarkably 113 years overdue has unexpected consequences for the nebbishy Dutch librarian who checks it in and becomes obsessive about tracking down the callous borrower.

That event forms the basis of Glen Berger's intelligent one-man play, "Underneath the Lintel," now presented by Noble Fool Theatricals at Pheasant Run Resort and directed by John Gawlik.

A mystery laced with comedy, "Lintel" features an earnest Larry Neumann Jr. in an engaging 90-minute performance as the determinedly inquisitive librarian. Working from a stage made to resemble a cluttered attic, he presents the story as a lecture (complete with slides) titled "An Impressive Presentation of Lovely Evidences." He outlines how he became swept up with the investigation behind the hitherto missing guidebook, explaining, "You prove one life and justify another."

Finding within the book's pages a 1913 claim check for a pair of pants left at a London laundry ("Evidence No. 2") so intrigues the librarian, a man who has barely set foot outside of his hometown, takes personal time to travel to England. To his surprise, the cleaners still exists and turns over the trousers, whose pockets yield yet another clue to their owner.

The game is afoot. And the librarian finds himself damning the consequences and traveling to various European countries, to China, New York and even Australia as he follows the slimmest leads, including a few red herrings. Even though his vacation time is exhausted, he continues the quest, visiting cities he only dreamed about, experiencing their restaurants, enjoying himself at their theaters and concert halls and relentlessly researching various scraps of "evidence" he believes may prove useful.

"Underneath the Lintel" relates to a legend of a man who refused to aid Jesus when he fell in his doorway and was condemned to wander nonstop - without pausing to sit and forbidden from disclosing his identity - until the Second Coming. The librarian comes to see himself following the trail of the so-called Wandering Jew as he himself searches for meaning to his life.

More than once he refers with regret to Rosa, the lost love of his life. "How was I to know she was the one?"

Neumann conveys a hunger of cosmic proportions as he hunts for the elusive truth behind all of those "I am here" inscriptions that he runs into on his world tour. He, too, is determined to make his mark on the world. Holding the adjustable date stamper he once used to check in books, the librarian notes, "I have lost my job but I have the history of man in my hand."



"Underneath the Lintel"

Pheasant Run,
4052 E. Main St., St. Charles
Through April 2
Ticket information:
(630) 584-6342

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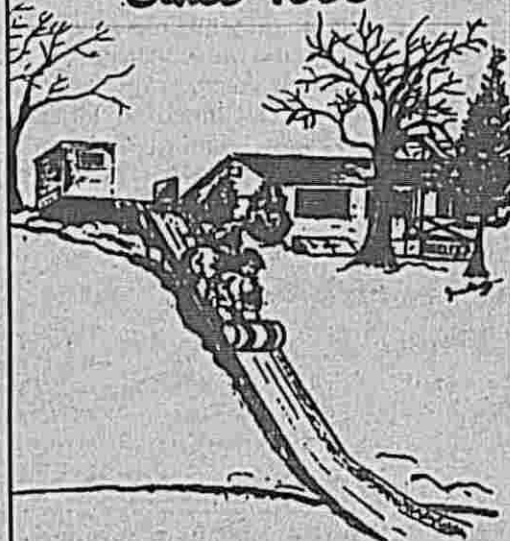
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To Do:

Pageant

Search for Mrs. Illinois

Marcie Aceto, the Illinois Director for the Mrs. Illinois America Pageant system is announcing that the search is still on for Mrs. Illinois. Once selected, the community representative will then advance on to compete in the Mrs. Illinois America Pageant held this year in the beautiful Hemmens Theatre in Elgin on April 30-May 1. Contestants will compete to win thousands in prizes, one of which includes paid trip for 15 days to Palm Springs, Cal., to compete for Mrs. America at the Magnificent Riviera Resort.

Interested applicants must live or work in the Illinois area, must be married during the time of competition, a resident of the state for at least six months, a U.S. Citizen and be at least 18 years old. There is no age limit or performing talent.

Prospective contestants can request and receive free entry information by contacting Karen at 630-325-5509.

Resource Event

'Rediscover. Reinvent. Renew.'

Five businesses will be hosting a traveling resource event throughout Lake County in January, to help make those resolutions reality in 2005.

Edward Jones, financial fitness; Trager Touch, massage; Arbonne International, skin care; Miss Fit Complete, wellness coach; and Few Chore Forms, Inc., life and business coach, all will offer methods and products to help you lose weight, gain financial success, reduce stress and look great.

The final date is Saturday, Jan. 29, 9 a.m.-1 p.m. at Victory Memorial Hospital in Waukegan.

Call for reservations, 847-543-1537.

Theater

NYC theater tour

The University of Wisconsin-Parkside Theatre Arts Department invites area residents to experience theatre as it was meant to be experienced: on Broadway! The department is offering its New York Professional Theatre Trip March 12-19.

Along with round-trip airfare from Milwaukee

to New York and round-trip ground transportation to and from the tour hotel, the package includes excellent seats to four major New York productions. Participants also have the opportunity to hear from a series of guest speakers including actors, directors, and designers.

Space for the UW-Parkside New York Professional Theatre Trip is limited and will be filled on a first-come, first-served basis. For more information, call the Theatre Arts Office at 262-595-2702 or 262-595-2581.

Meeting

Adoption meeting

Lifeline's international adoption program is hosting a free information meeting at 7 p.m. on Tuesday, Feb. 1, at its regional office at 331 South York Road, in Bensenville. For more information, please call 630-521-8281, or visit Lifeline's Web site at www.lifelineadoption.org.

Concert

Thula Sizwe in concert

The South African singing group Thula Sizwe is coming to Messiah Lutheran Church in Waukegan. Thula Sizwe (which means "Hush and Listen") is an exciting high energy 10-man "a capella" group from South Africa on their third U.S. tour. Born out of love of country, family and traditional African harmony and dance, Thula Sizwe celebrates their love of God and humanity with their voices, dance and percussive rhythms.

They will present this concert at Messiah on Saturday, Jan. 29 at 7 p.m. and on Sunday Jan. 30 at the 9 a.m. and 10:30 a.m. services. The church is located at 25225 W. Ivanhoe Rd. in Waukegan (east of Rt. 12).

There is no charge for the concert but a free-will donation will be taken.

For more information call the church office at 847-526-7161.

Doll Show

Doll Show

Dealers from several states will be selling antique & collectible dolls, toys, bears, doll furniture and other doll accessories at the Orphans in the Attic show Sunday, Jan. 30, at Serb Hall, 5101 W. Oklahoma Ave. in Milwaukee, Wis. Show hours are 10 a.m.-3 p.m., and admission is \$4 with children 6-12 \$1.50. New this show is a \$2 doll appraisal opportunity.

For more information, call 920-563-0046, fax 920-563-0047 or email dollbear@sbglobal.net



Sculptors competing

Snow sculptures like this will be the attraction at the U.S. National Snow Sculpture Championships Wednesday, Feb. 2, through Sunday, Feb. 6, at Riviera Park in Lake Geneva, Wis. Fifteen three-member teams from as far away as Alaska will be competing. The competition is held in conjunction with Lake Geneva's annual Winterfest, featuring a variety of outdoor and indoor events.

Campus

Small Business Fair Feb. 9

If you are thinking of starting your own business or are looking for independent distributors for an existing business, check out the Small Business Opportunity Fair on Wednesday, Feb. 9 from 4-7 p.m. in rooms C002-C003 at the College of Lake County's Grayslake campus.

Companies seeking to attract independent distributors or franchisees to represent their business can interact with potential candidates by registering for a table. Contact Kent Korth, 847-543-2059 for a registration form. A table costs \$100, with proceeds used for a drawing for attendees to receive grants to attend courses offered by CLC's Small Business Development Center. Registration forms and payment must be received no later than Jan. 26.

Franchise representatives from companies such as Nationwide Floor and Windows, Fantastic Sams, Money Mailer and Action International will be present at the fair. Information about independent employment opportunities from companies such as Mary Kay Cosmetics, AFLAC and The Pampered Chef will also be available. In addition, information on financing sources such as National City Bank and Lake County Partners and educational resources from the College of Lake County's Small Business Development Center (SBDC) will also be provided.

For more information, contact Kent Korth, CLC Career and Placement Services Center, 847-543-2059.

UW-Parkside Alumni Association seeks award nominations

The University of Wisconsin-Parkside Alumni Association seeks nominations to honor its distinguished alumni. The association annually recognizes outstanding professional and/or volunteer service by its graduates.

The association's Distinguished Alumni Achievement Award is given to a graduate who has excelled in his or her profession. The Distinguished Service Award is presented to an individual who demonstrates outstanding contributions to his or her local community and/or the university. Nominees must hold a bachelor's or master's degree from UW-Parkside.

To nominate a graduate, call the UW-Parkside Alumni Office at 262-595-2443 or access university.advancement@uwp.edu via email.

The nomination deadline is Tuesday, Feb. 1.

Free financial aid services for college-bound students

Students enrolling for the 2004-2005 academic year are presently closing in on their selection of a college and will soon begin the financial aid process. In Illinois, for the 15th consecutive year, February will be celebrated as Financial Aid/Admission Awareness Month (FAAM) and the second year of College Goal Sunday Illinois (CGSIL) as recognized by the State's financial aid community. Across the state, students and their families will be taking advantage of services offered to them through numerous FAAM/CGSIL activities. All activities sponsored by FAAM/CGSIL are free and open to the general public.

College Goal Sunday, a Free Application for Federal Student Aid (FAFSA) completion workshop, will be held Sunday, Jan. 30, at the Donnelly and Lee Library, second floor, at Lake Forest College, 555 N. Sheridan Rd. The purpose of this workshop is to help new students or incoming college freshmen to complete the federal application form to apply for

need-based financial aid. Professional financial aid administrators will be available to assist applicants.

The U.S. Department of Education provides the FAFSA, free of charge, on the Internet at www.fafsa.ed.gov and in the paper form to high schools, colleges, and libraries. Completing the FAFSA accurately and on time is the first and most important step to obtaining state and federal financial aid.

Although planning for college is year-round process, families attending these workshops in February will receive information on many hot topics. Those hot topics include:

- Electronic filing of the FAFSA.
- Information on financial aid, such as searching for scholarships, applying for grants & educational loans.
- Early awareness issues such as academic preparation and planning for college costs
- College Illinois!, the Illinois 529 prepaid tuition program
- General information about federal tax credits and benefits for higher education.

The FAAM/CGSIL Web site, www.faam.org, is available online to provide up-to-the-minute, detailed information on each of the over 50 FAAM/CGSIL Events. The site offers a checklist of what to bring to the event, list of the events, and other helpful information for both the new and returning college student.

CLC to offer entrepreneurial training program

The Small Business Development Center at the College of Lake County will offer an intensive business training program for entrepreneurs from 6:30-9:30 p.m. on Thursdays, Feb. 10 to May 12, in Room T328 on the Grayslake campus.

The 12-session course, titled "NxLevel@ for Entrepreneurs: Reach the Next Level of Success," is intended to help business owners and managers enhance their entrepreneurial skills and better understand the business planning process. The course is sponsored by LaSalle Bank.

Course materials will provide information on best business practices and how to develop a comprehensive plan to guide business decisions, actions and expansions. The cost is \$350, which includes books, or \$430, which includes books and Business Plan Pro software. For information and registration, call 847-543-2033.

CLC students hope to raise \$10,000 for tsunami relief

Two student groups at the College of Lake County, the International Club and Phi Theta Kappa Honor Society, have teamed up to raise funds for the Tsunami disaster relief efforts. The students' goal is to raise \$10,000 from the CLC community by the end of February.

Donations will be collected on campus and sent to the American Red Cross, UNICEF and the Chinmaya Missions of India, Sri Lanka and Indonesia. Donations are being collected at administrative offices at all three CLC campuses - Grayslake, Southlake and Lakeshore - or at the Student Activities Office, room C101, College of Lake County, 19351 W. Washington St., Grayslake, IL 60030. For those wishing to make their donations tax deductible, checks should be made out to the College of Lake County Foundation (add Tsunami Relief Fund in the memo line).

"The students here at CLC really care about the community and the world in which they live," said Felicia Ganther, student activities director. "Their goal of raising \$10,000 by the end of February is an awesome but attainable one. I am confident that their efforts to raise funds to help with the rebuilding efforts in the devastated areas will be well worth the time and energy put forth. Please help our students make their fundraising goal a true reality," she said. For more information, call the Student Activities Office, 847-543-2287.

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Thursday 4pm-9pm • Friday & Saturday 4pm-10pm • Sunday 4pm-8pm



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Saturday
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Sunday
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Chicken
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Friday, February 11th, Saturday, February 12th & Monday, February 14th
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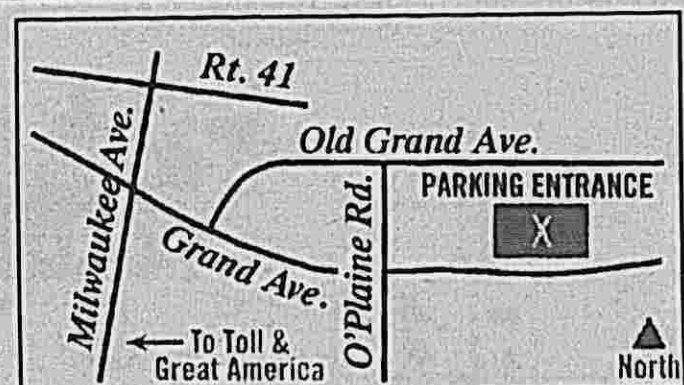
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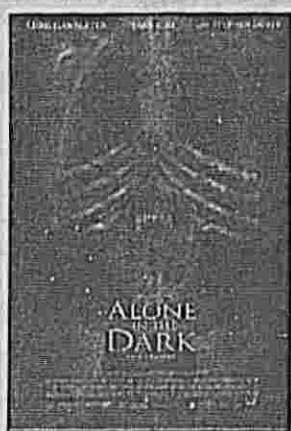
MOVIE REVIEW KEY

5 = Don't miss this movie!
4 = Wow! I'm impressed
3 = Worth seeing but could've been better
2 = Wait until this movie comes out on video
1 = Someone should be fired for making this movie

NEW RELEASES

These films are currently playing at local theaters. An average of six new reviews a week as well as recent releases can be found under Now Playing at www.reelmoviecritic.com.

opening this week



Alone in the Dark: Based on the video game, Christian Slater is a detective of the paranormal, who slowly unravels mysterious events with

deadly results. Also stars Tara Reid. (R)

Hide and Seek: After a widower tries to reassemble his life in the wake of his wife's suicide, his daughter finds solace in an imaginary friend. This thriller has an extremely talented cast including Robert De Niro, Dakota Fanning, Famke Janssen and Elisabeth Shue. (R)

still playing

Hotel Rwanda (PG-13) 5
Stars Don Cheadle. This is #1 on both George and Pam's Top 10 for 2004

Million Dollar Baby (PG-13) 5
Best Director (Clint Eastwood) as selected by the Chicago Film Critics Association and winner of Golden Globe.

A Very Long Engagement (R) 5
Best Foreign Language Film as selected by the Chicago Film Critics Association

Assault on Precinct 13 (R) 4

Ocean's Twelve (PG-13) 4

Beyond the Sea (PG-13) 3

Racing Stripes (PG) 3

Are We There Yet? (PG) 2



The Scottish play

PM&L opens Shakespeare's "Macbeth" at the PM&L Theatre, 877 Main St. in Antioch, on Feb. 4 at 8 p.m. Production dates are Feb. 5, 11, 12, 18 and 19 at 8 p.m. and Feb. 6, 13 and 20 at 2:30 p.m. Tickets are \$12 for adults and \$10 for students and seniors. Call 847-395-3055 for reservations.

Pictured are (front row, left to right) Chris Brouton of Round Lake Beach as Ross and Tom Quigley of Lake Villa as Macduff. Back row, left to right, Josh Armstrong of Antioch as Angus, Justin Bell of Kenosha as Malcolm and Adam Armstrong of Antioch as Lennox.



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ALONE IN THE DARK (R) - ID REQ'D	(1205 235 505) 740
FINDING NEVERLAND (PG) DIG	(115 405) 640 925
HIDE AND SEEK (R) - ID REQ'D	(1210 105 310 425) 645
MILLION DOLLAR BABY (PG-13) DIG	(1255 400) 705 1010
RAY (PG-13) DIG	(1225 345) 650 940
SIDEWAYS (R) - ID REQ'D	(1200 1230 220 250 440 510)
ARE WE THERE YET? (PG) DIG	700 730 920 950
PHANTOM OF THE OPERA (PG-13) DIG	(1220 335) 655 1000
ASSAULT ON PRECINCT 13 (R) - ID REQ'D	(1200 340) 720 1030
COACH CARTER (PG-13) DIG	(1225 330) 630 930
ELEKTRA (PG-13) DIG	935 PM
IN GOOD COMPANY (PG-13) DIG	(110 410) 710 955
RACING STRIPES (PG) DIG	(1215 245 515) 745 1015
WHITE NOISE (PG-13) DIG	(1200 230 500) 735 1010
FAT ALBERT (PG-13) DIG	(1205)
THE AVIATOR (PG-13) DIG	(1245 420) 755
MEET THE FOCKERS (PG-13) DIG	(1100 415) 725 1025
LEMONY SNICKET'S SERIES OF UNFORTUNATE EVENTS (PG) DIG	(1250 350) 635

Video Rental Guide for 2005

Save this list as a rental guide to be used throughout the year. Some films will be released on video in the coming months, but quite a few are available now. Most are found at any well-stocked video store. You can find the smaller independent and/or foreign language films at Facets by clicking on the Videotheque link at www.facets.org/asticat. Their phone and email is 773-281-9075 and sales@facets.org.

Full reviews are found on our Web site by clicking on "Best Films of 2004" at www.reelmoviecritic.com.

2004 was a fine year for films in every genre. Enjoy!—By George Singleton

George's Top 10 Films of 2004

1. Hotel Rwanda
2. Sideways
3. Young Adam
4. Before Sunset
5. Door in the Floor
6. Ray
7. Vera Drake
8. The House of Flying Daggers
9. Baadasssss!
10. Tokyo Godfathers

Rounding out the Top 20

11. A Very Long Engagement
12. Million Dollar Baby
13. The Woodsman
14. The Sea Inside
15. We Don't Live Here Anymore
16. The Fog of War
17. Kill Bill Vol. 2
18. Touching the Void
19. The Agronomist
20. Aviator

Honorable Mentions (alphabetically)

- The Assassination of Richard Nixon
- Bon voyage
- Carandiru
- Collateral
- Control room
- The Corporation
- The Dreamers
- Eternal Sunshine of the Spotless Mind
- Fahrenheit 9/11
- Finding Neverland
- Kinsey
- Ladder 49
- The Machinist
- Maria Full of grace
- The Merchant of Venice
- Moolaade
- The Motorcycle Diaries
- On the Run
- Open Water
- Osama
- Passion of the Christ
- Red Lights
- Sky Captain and the World of Tomorrow
- Spider Man 2
- Spring, Summer, Autumn, Winter...and Spring
- Twilight Samurai

Best Kid Films: (about kids, for kids and fun-loving adults)

1. Tokyo Godfathers
2. Monsieur Ibrahim
3. Shark Tale
4. Shrek 2
5. Spider Man 2
6. Harry Potter and the Prisoner of Azkaban
7. The Incredibles
8. The Polar Express
9. Fat Albert
10. Lemony Snicket's A Series of Unfortunate Events

Best Foreign Language

1. House of Flying Daggers
2. Tokyo Godfathers
3. A Very Long Engagement
4. On the Run
5. Red Lights
6. Carandiru
7. Spring, Summer, Fall, Autumn...and Spring
8. The Motorcycle Diaries
9. Monsieur Ibrahim
10. The Blind Swordsman Zatoichi

Best Documentaries

1. Baadasssss!
2. Touching the Void
3. The Agronomist
4. Going Upriver: The Long War of John Kerry
5. Bush's Brain
6. Fahrenheit 9/11
7. The Corporation
8. The Fog of War
9. Control room
10. My Architect

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Showtimes for January 28-February 3

ALONE IN THE DARK (R)
4:30 7:15 9:45
Sat/Sun Matinee 1:30
WHITE NOISE (PG-13)
9:15 DAILY ONLY
PHANTOM OF THE OPERA (PG-13)
3:30 6:45 10:00
Sat/Sun Matinee 12:15
SIDEWAYS (R)
4:00 7:00 10:10
Sat/Sun Matinee 1:15
HOTEL RWANDA (PG-13)
3:15 6:30 9:30
Sat/Sun Matinee 12:30
IN GOOD COMPANY (PG-13)
4:45 7:30 10:20
Sat/Sun Matinee 1:45
ASSAULT ON PRECINCT 13 (R)
3:45 6:15
Sat/Sun Matinee 1:00
AVIATOR (PG-13)
4:15 6:00
Sat/Sun Matinee 12:45
FINDING NEVERLAND (PG)
5:00 7:45 10:30
Sat/Sun Matinee 2:00

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Showtimes for January 28-February 3

HIDE AND SEEK (R)
3:45 4:30 6:45 7:30 9:15 10:00
Sat/Sun Matinee 1:00 1:45
MILLION DOLLAR BABY (PG13)
3:30 6:30 9:40
Sat/Sun Matinee 12:30
ARE WE THERE YET? (PG)
4:15 7:00 9:50
Sat/Sun Matinee 1:15
RACING STRIPES (PG)
5:00 7:45 10:10
Sat/Sun Matinee 12:00 2:30
COACH CARTER (PG-13)
4:00 7:15 10:20
Sat/Sun Matinee 12:45
MEET THE FOCKERS (PG-13)
4:45 8:00 10:30
Sat/Sun Matinee 2:00
NATIONAL TREASURE (PG)
3:15 6:15 9:30
Sat/Sun Matinee 12:15

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SHOWTIMES FOR FRI 1/28/05 THRU THU 2/3/05

Hide and Seek (R) ✓ 12:25, 2:50, 5:15, 7:40, 10:05
Alone in the Dark (R) ✓ 1:40, 4:25, 7:00, 9:20
Million Dollar Baby (PG13) 12:55, 3:55, 6:55, 9:55
Sideways (R) 1:05, 4:10, 7:10, 10:00
Finding Neverland (PG) 1:30, 4:00, 6:40, 9:05
Hotel Rwanda (PG13) 12:45, 3:45, 6:55, 9:55
Are We There Yet? (PG) ✓ 12:35, 2:45, 5:00, 7:20, 9:35
Are We There Yet? (PG) ✓ 1:15, 3:30, 5:45, 8:05
Assault on Precinct 13 (R) ✓ 12:45, 3:15, 6:00, 8:30
Assault on Precinct 13 (R) ✓ 2:10, 4:40, 7:15, 9:50
Electra (PG13) 12:30, 2:50, 5:10, 7:30, 9:50
Coach Carter (PG13) 1:05, 4:05, 7:05, 10:05
Racing Stripes (PG) 12:40, 3:05, 5:30, 8:00
In Good Company (PG13) 1:20, 4:10, 7:15, 9:45
House of Flying Daggers (PG13) 3:15, 8:45
White Noise (PG13) 12:40, 3:00, 5:20, 7:40, 10:00
Aviator (PG13) 12:30, 4:00, 7:30
Meet the Fockers (PG13) 1:00, 3:50, 6:45, 9:25
National Treasure (PG) 2:00, 5:10, 8:20
Phantom of the Opera (PG13) 12:30, 6:00
Ocean's Twelve (PG13) 12:35, 3:10, 6:00
Lemony Snicket's (PG) 12:35, 3:10, 6:00
White Noise (PG13)

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THRU THURSDAY, FEBRUARY 3

HIDE AND SEEK (R)
Fri/Sat 12:30 2:45 5:00 7:15 9:30
Sun-Thu 12:30 2:45 5:00 7:15

ALONE IN THE DARK (R)
Fri/Sat 1:05 3:15 5:25 7:35 9:45
Sun-Thu 1:05 3:15 5:25 7:35

SIDEWAYS (R)
Fri/Sat 1:00 3:45 6:35 9:20
Sun-Thu 1:00 3:45 6:35

MILLION DOLLAR BABY (PG-13)
Fri/Sat 1:30 4:20 7:10 9:55
Sun-Thu 1:30 4:20 7:10

ARE WE THERE YET? (PG)
Fri/Sat 12:05 2:25 4:40 6:55 9:05
Sun-Thu 12:05 2:25 4:40 6:55

ASSAULT ON PRECINCT 13 (R)
Fri/Sat 7:15 9:40 Sun-Thu 7:15

RACING STRIPES (PG)
Fri/Sat 12:00 2:10 4:25 6:40 8:55
Sun-Thu 12:00 2:10 4:25 6:40

IN GOOD COMPANY (PG-13)
Fri/Sat 12:10 2:30 4:45 7:05 9:25
Sun-Thu 12:10 2:30 4:45 7:05

COACH CARTER (PG-13)
Fri/Sat 1:05 3:55 6:45 9:35
Sun-Thu 1:05 3:55 6:45

MEET THE FOCKERS (PG-13)
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Top 10 Movies of 2004

1. Hotel Rwanda

A film that left me speechless at its end. This true story tells of one human being's selfless guile that saved nearly 1,300 lives in war ravaged Rwanda in 1994. Paul Rusesabagina and his family faced certain, cruel death as he called in every favor owed him by friends and enemies alike, and he sheltered these children, women and men in the luxury hotel he managed. Living in a society where tribal distinctions can be deadly, Paul had to think on his feet, as he faced down a marauding Hutu military committed to the annihilation of all Tutsi and Tutsi sympathizers. Paul was Hutu but his wife Tatiana, and therefore their children, were Tutsi.

Hope, in the face of overwhelming terror and complete abandonment by governments and institutions, including the UN, is the prevailing theme I was left with. Though I still have to question our humanity as I watch the bloodshed continue in the Sudan. "Hotel Rwanda" delivers the body blows that will take you out of yourself, at least for a while; then you are reminded that the human spirit is powerful.

Don Cheadle and Sophie Okonedo deliver startling portrayals.

2. Sideways

Wine, women...and men! This tour through wine country in California reveals a glimpse at the inner workings of the minds of two fortyish guys out for a good time. I can't resist the temptation to say that those machinations are not too different from what you observe with twentyish males. It's what's at



stake that is different. Miles wants to give his best friend Jack, who's about to get married, a week of fine wine, savory food and some great golf. Jack just wants to bed as many women as possible. And Miles has been in a funk for two years, since his wife divorced him. Enter Maya and Stephanie, and the seriously funny games begin. A look at modern relationships, from the hook-up to the let down. A great ensemble cast.

3. Before Sunset

Man, woman...and Paris! With a couple of hours left in Paris before he has to catch a plane Jesse comes face to face with Celine, his former lover. The story of their first encounter is the film "Before Sunrise," available on DVD. They promised to meet each other in six months. That was nine years ago. Their real time conversation carries the two through the streets of Paris, as they rediscover each other. The most romantic picture of the year.



4. The Aviator

Howard Hughes was an enigmatic figure that dominated headlines as much for his romantic escapades and eccentricities as for his business ventures. Leonardo DiCaprio captures the nuances of this complex screenplay directed by



Martin Scorsese.

5. The Sea Inside

True story of paralyzed Spanish writer Ramon Sampedro (remarkably portrayed by Javier Bardem) and his 30 year court battle for the right to die.

6. Kinsey

The story of the study by the famous sex researcher who revolutionized, and in some quarters scandalized society's notion and nature of sexuality.



7. Ray

A brilliant performance by Jamie Foxx as Ray Charles, in a revealing and swinging look at the musical genius. Our pick as the best actor for 2004.



8. Vera Drake

Mike Leigh, the sort of quintessential English filmmaker, presents a sensitive and sober portrait of a woman who performed illegal abortions in 1950s England. Imelda Staunton disappears into her role with the best perfor-



By Pam Singleton

mance by an actress in 2004.

9. A Very Long Engagement

The very best anti-war film is this story about war and the devastation it visits on everyone. Audrey Tautou stars as a young woman searching for her presumed dead fiancée during World War I.



10. The House of Flying Daggers

A most glorious cinematic display. And the love story is all consuming as well. The vibrancy of color is as exciting as the martial arts techniques. It's worth the price of admission just to see the performance of the Echo Game. From Yimou Zhang, the director of "Hero."



To round out my top 25 choices for 2004...

11. Finding Neverland
12. Million Dollar Baby
13. Fahrenheit 9/11
14. Control Room
15. Maria Full of Grace
16. Moolaade
17. The Motorcycle Diaries
18. The Door in the Floor
19. Carandiru
20. Dogville
21. Red Lights
22. Harry Potter and the Prisoner of Azkaban
23. Undertow
24. We Don't Live Here Anymore
25. Woman Thou Art Loosed

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Leahy brings Celtic music and stepdance to CLC Jan. 30

Leahy, the Canadian Celtic music and stepdance sensation, will bring their high-energy fiddle playing, vocals and dance to the College of Lake County on Sunday, Jan. 30. Leahy will perform at the Mainstage Theatre in the James Lumber Center for the Performing Arts on the Grayslake campus at 7 p.m.

The Leahy family was thrust into fame several years ago when they were hand-picked by pop/country superstar Shania Twain to join her two-year worldwide tour. The Leahy family has been performing in Canada since the 1980s and consists of four brothers and five sisters ages 23 to 36, all of whom play a variety of instruments and stepdance.

All nine Leahy siblings—Denise, Siobheann, Donnell, Maria, Agnes, Doug, Erin, Angus and Frank—will be performing at CLC.

Leahy is currently on an extensive 70-date U.S. tour through February. Leahy's award-winning music can be found on the albums "Leahy," "Lakefield" and "In All Things." They are currently preparing their first DVD for release early this year. At the center of Leahy is fiddling dynamo, Donnell, ranked among the best in the world. Leahy has received positive reviews from major newspapers.

Tickets for the performance are \$30 for the general public; \$28 for CLC staff, students, current Alumni Association members and seniors 65-plus; and \$15 for children under 12.

To purchase tickets, call the CLC Box Office at 847-543-2300. For more information, call the Box Office or visit www.clcillinois.edu/events. The Box Office opens 90 minutes before the performance begins.

Local bands helping out local radio

Organizers of a six hour music fundraiser showcasing local bands are hoping it will raise both funds and awareness of a new community radio station.

The all-ages benefit will take place on Saturday, Jan. 29 from 4-10 p.m. at the Royal Banquets, 916 W. Rollins Road in Round Lake Heights. Doors open at 3 p.m.

Donation at the door is \$6. WRLR T-shirts will be available (sizes Large and X-Large) for \$10 each.

Seven bands will play help raise money to build the station's studio and its 100-foot transmitting tower. Performing will be Minus One, Refill, Help Me Help Me I Can't Breathe, Bleeding Martyr, The Paxills, Musket Arm and Sleepy Hed.

The event is organized by JStreetzine.com and 'RadioActive' WRLR 98.3 FM.

JStreet's founder and local band scene expert Jesse Mendoza sees working together with WRLR as a common goal effort.

"Local bands have a tough time getting exposure beyond that of playing a clubs and other venues," says Mendoza. "Radio at this level provides the opportunity for local bands to share their sounds with a much larger audience."

WRLR is the new low power Round Lake community radio station which will soon be broadcasting to western Lake County. Its studios will be located in Round Lake Heights.

"It won't be long before our home grown musicians get the chance on WRLR to share their talents with the rest of us. Our programming will include a show that will feature these groups by playing their music and interviewing band members," said WRLR president Bish Krywko.

Krywko added that Lake County has a very large and active local band scene and Round Lake Radio is committed to getting their sound out to its listeners.

Additional fundraiser concerts are planned to take place throughout 2005 and will be announced as details become available.

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- 2) Shrimp & Filet
- 3) 10oz Filet Mignon
- 4) 6oz Lobster Tail

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January 28th.....White Flight
February 4th...Mardis Gras Party (see above)
February 11th.....Wind Gypsies

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BRIDAL SHOWCASE

ENGAGEMENTS

Lorraine Barr & Jason Flade

The engagement of Lorraine Barr and Jason Flade has been announced.

The wedding is planned for November, 2005, with a reception at the Stratford Banquets in Grayslake.

The bride-to-be is the daughter of Mr. Barr of Park Rapids, Minn. and Ms. Barr of Salem, Wis.

The future groom is the son of (the late) Mr. Flade and Mrs. Flade of Wonder Lake.



Lorraine Barr & Jason Flade

WEDDINGS



Trevor & Denise Crivello

Trevor & Denise Crivello

Denise Bosk and Trevor Crivello, both of Antioch were united in marriage in a 4 p.m. ceremony, Nov. 13 on the sandy beaches of Ft. Lauderdale, Fla.

The bride is the daughter of Al and Kathy Bosk of Sister Bay, Wis. and the groom is the son of Donna and Steve Crivello of Lindenhurst.

Sherri Bosk was the maid-of-honor and Jeff Crivello was the best man. Completing the wedding party were bridesmaids Stacey Yukna, Jody Crivello and Colleen Conarchy. Groomsmen were Jacob Yukna, Jerrad Richard and Kevin Fielder. Isabella Yukna was the flower girl and Jeanna Rickard was a reader.

Following the ceremony, the couple invited their immediate family and close friends to the Holiday Inn in Ft. Lauderdale, Fla. for a dinner and reception.

Both bride and groom are graduates of Antioch Community High School. The bride is a regional coding supervisor at Aurora Health Care of Kenosha, Wis. and the groom is a paramedic/firefighter for the communities of Round Lake and Antioch.

Following a honeymoon cruise through the Caribbean, the couple are making their home in Antioch.

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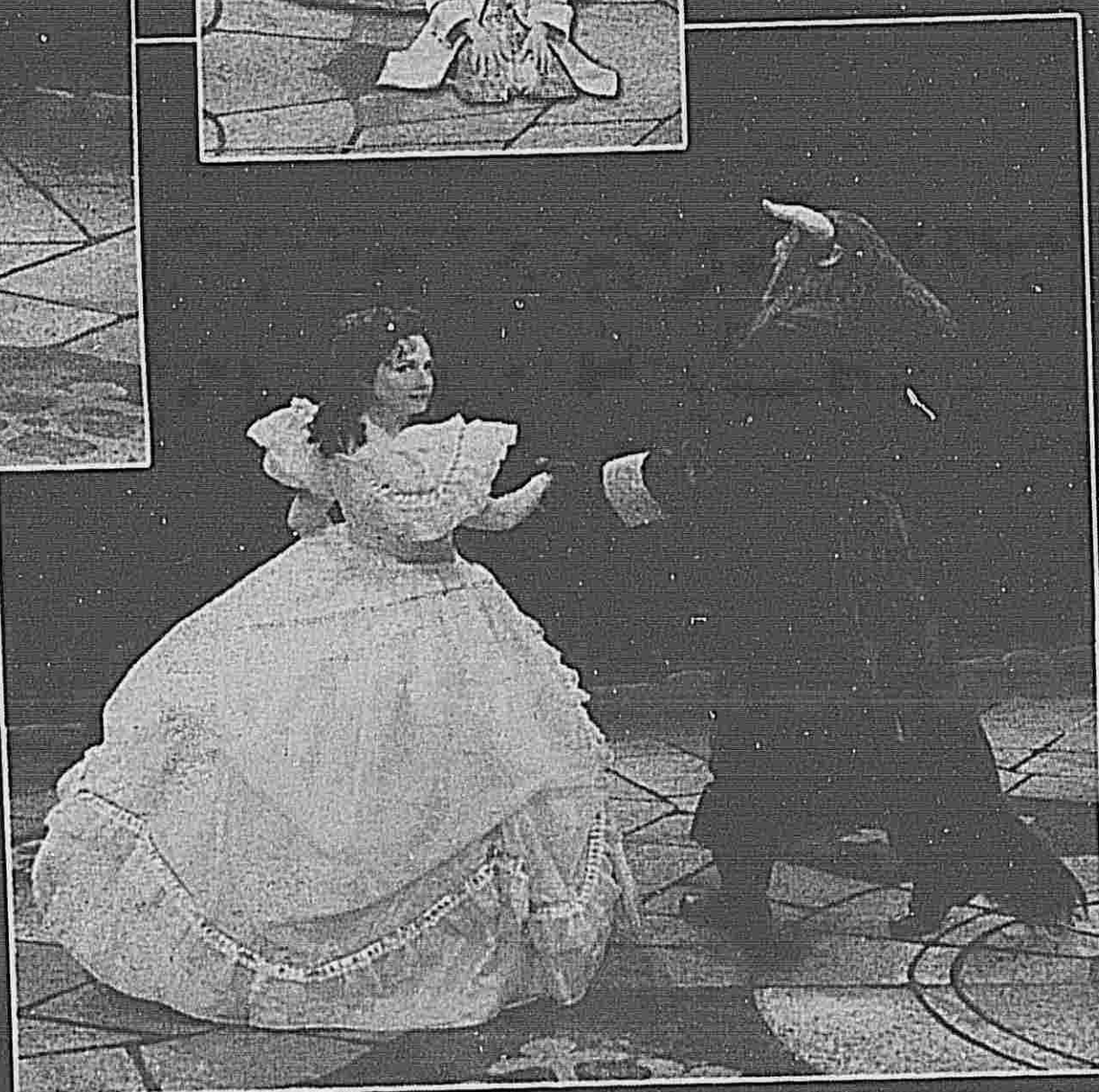
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1PM 8PM	8PM	8PM	Sold Out Sold Out	Sold Out 5PM			1PM 8PM	8PM*	8PM	5PM 8:30PM	Sold Out 5PM			1PM 8PM*	8PM*	8PM	5PM 8:30PM	1PM

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JANUARY 28-FEBRUARY 3, 2005

ELECTION 2005

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VIEWPOINT

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LAKE COUNTY NEWSPAPERS

SNAP SHOTS

Your thoughts on this week's hot topic

Q: "What do you think should be done about steroid use in professional sports?"

By Sandy Bressner and John Dickson



Marvin Bombray
Lake Villa

"I think that it has to be regulated to the extent of exclusion."



Joni Berg
Wauconda

"I think it should be banned. Endorsing whoever is using it should be banned."



John Daugherty
Waukegan

"I think that since it is illegal, that the leagues should have stiffer penalties."



Sheryl Dempsey
Ingelside

"Personally I think it should be totally banned, with heavy consequences."



Eric Nielsen
Volo

"If they use it, ban 'em!"

MAKE YOUR MOVE



Photo by Sandy Bressner

Wauconda Grade School fifth-grader Leah Froats makes her move during a match with other members of the school's chess club.

CLC goes hi-tech

Technology building offers students new skills

By Kyle Schmitt
Staff Reporter

As classes proceeded inside the new building's rooms, College of Lake County (CLC) officials dedicated the school's Technology Building in Grayslake on Jan. 24.

The 14-year project reached its fruition this week, as the dedication ceremony occurred while students roamed the halls and utilized the equipment raved about by instructors. Many of the programs were consolidated from temporary buildings and leased space, and now provide students a base for their courses and hands-on work.

CLC President Dr. Gretchen Naff called the dedication a "great day in the history of the college."

"Through the efforts of so many people, we've brought this building



Photo by Sandy Bressner

College of Lake County refrigeration and air conditioning program coordinator Allan Levandowski helps students Jonathan Burton of North Chicago, Luis Vazquez of Zion and David Muma of Zion some of the new teaching tools available at the school's new technology building in Grayslake.

into becoming a facility that will help our students be well-prepared to enter a variety of jobs," she said. "It's a facility that has very nicely combined education and training."

Seeing the finished product after years of planning made the occasion

"really exciting," said Dr. Carole Bulakowski, interim vice president for educational affairs.

"It's such a fitting day; sunny,

Please see **HI-TECH** / C24

Combat cuisine

CLC professor shows sailors how to spice up ship's meals

By Nicholas Alajakis
Staff Reporter

As the ship carrying more than 350 U.S. sailors left port in West Virginia on their way to a mission, Cliff Wener was able to take a step back and know he trained them well.

While his training didn't concern weapons, or other fancy military techniques, it will prove to be just as important on those long sea voyages. Especially if the sailors get hungry.

Wener, 59, a College of Lake County associate professor and coordinator of the school's food

service management program recently spent six days aboard the USS Normandy, where he taught young cooks unique ways to spice up meals served on board.

The idea of his visit, Wener said, was to help the Naval cooks to "kick it up a little bit."

He spent nearly the entire six days aboard the guided missile cruiser, living and sleeping with sailors while helping the ship's 15 cooks prepare better food during the four meals they served a day.

The cooks on board were a lot more fortunate that Wener expected. The ingredients and supplies used were more modern than he expected, which is good, because it allowed for more freedom in the kitchen. But first, he had to get the cooks back to the basics.

"(The cooks) receive limited training," Wener said. "Their budget isn't as big and they always need continuing education."

Wener joined the ship as part of the American Culinary Federation's Adopt-A-Ship program, where volunteer sailors spent time on military ships.

An educator for more than 18



Cliff Wener

Please see **CUISINE** / C2

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Lake County woman honored with 'Friend of Illinois County Fair' award

The Illinois Association of Agricultural Fairs (IAAF) presented its "Friend of Illinois County Fair" award to Gail Gloede for her 48 years of service and dedication to the Lake County Fair.

The IAAF recognizes individuals who are outstanding Illinois county fair workers, innovators, county fair supporters or innovators each year during their 95th annual convention at the Crowne Plaza Hotel in Springfield.

"It takes special volunteers like Gail Gloede to make county fairs what they are today," said IAAF president Tom Ostermeier. "Gloede has been volunteering for more than half of the life of the IAAF existence. It is members like Gloede that made a difference at the Lake County Fair and ultimately the Illinois State Fair."

Gloede started volunteering in 1957 on the Lake County Fair Board. Born and raised as a big city girl, she soon realized that she was destined to take on the spirit of the country when her folks' roots in Lake County encompassed the Lake County Fair. Her family entered all the fair departments except livestock. Especially active in horticulture and 4-H the Gloede family earned over 500 ribbons.

In 1978 Gloede was asked to be superintendent of the ceramics department. Her enthusiasm continues today; with Gloede taking on more and more responsibility, she's now known as "Superwoman Superintendent." Committing to the people of Lake County Fair she entertains 1,000 exhibits from judging to displaying. Gloede says she is blessed with dedicated help from her Mom, Aunt and two dear friends. "Get involved and just stay with it and you'll be glad you did!"

Gloede divides each year into two categories - Christmas and the Fair. To her they are the best times of each year. The Lake County Fair says they are much better off from Gloede's involvement and dedication. Gloede herself plans on making at least 50 years of fair service.

Her dedication has made her a worthy recipient of the "Friend of Illinois County Fairs" Award sponsored by Jeff Blomsness of Thebault-Blomsness, Inc. of Grayslake. See the fruits of her labor and many other volunteers at the Lake County Fair on July 26-31 in Grayslake.

Over 4,300 county fair association members and friends spent this past weekend selecting their entertainment and service needs for the 2005 county fair season.



Gail Gloede holds the "Friend of Illinois County Fair" award presented to her for 48 years of service and dedication to the Lake County Fair.

County U.S. Marine veterans host potluck dinner

U.S. Marines have shown their tenacity on the battlefield for over 225 years, but with the exception of their "Toys for Tots" efforts, they are not that well known for their compassion. One notable exception is their core belief in never leaving a brother Marine behind or in distress.

The Greater Chicagoland area is home to the 24th Marine Regiment. Its battalions and rifle companies fan out in over a hundred-mile radius that includes Madison and Milwaukee in Wisconsin, and all over Illinois. The 24th Marines are the ones who raised our flag over Mt. Suribachi on Iwo Jima.

The 24th Marines are currently deployed in Iraq, and have had many casualties. Those wounded are being sent to Naval Hospitals on both the east and west coast. They arrive with little or no funds, very few personal effects, and hardly any appropriate clothing. Their pay records are slow to catch up with them.

On Jan. 29, many U.S. Marine veterans, including the Lake County Detachment 801 of the Marine Corps League, will host a Potluck Dinner at the Lake Villa VFW Post on Grand Avenue. All attending are requested to bring a dish to pass. Cocktails at the cash bar will begin at 6:30 p.m. with dinner following.

All proceeds will go to the relief of our brother Marines. For more information, call Ken Grosevor at 847-223-2468 or e-mail him at ginroc1965@aol.com.

FROM PAGE C1 CUISINE

years, Wener taught cooks the same lesson he teaches many of his students. Sailors on board will first eat with their eyes and nose before putting food in their mouth. For that reason the food had to look and smell appetizing.

One example Wener showed the cooks was how to transform ordinary rice into more appetizing alternatives. Sailors normally ate white rice with meals, Wener said. In a few steps he taught the kitchen crew how to easily prepare Spanish rice, fried rice and New Orleans dirty rice.

Little tricks like those done with the rice are necessary, Wener said. The ship is only allocated \$6.50 per day per soldier for food, so creativity had to be used. That's not to say sailors ate lightly. In addition to having different meat and non-meat options, many of the meals were all-you-can-eat, Wener said. And there were days when steak was offered too.

By the time the left the ship left for a three-week mission in early January, Wener said he was happy with all he was able to teach. He also gave some of the cooks on board tips on how to transfer their culinary skills to the civilian sector.

And he would have even liked to spend more time on board, but with his teaching schedule and the confidential nature of the ship's mission it would have been impossible. But Wener wasn't without his own reward. Having never served in the military himself, Wener said he saw the opportunity as a way to give back to soldiers who protect the country.

He also had the opportunity to tour the more than 100-year-old base in Norfolk and see famous ships like the USS Cole in person.

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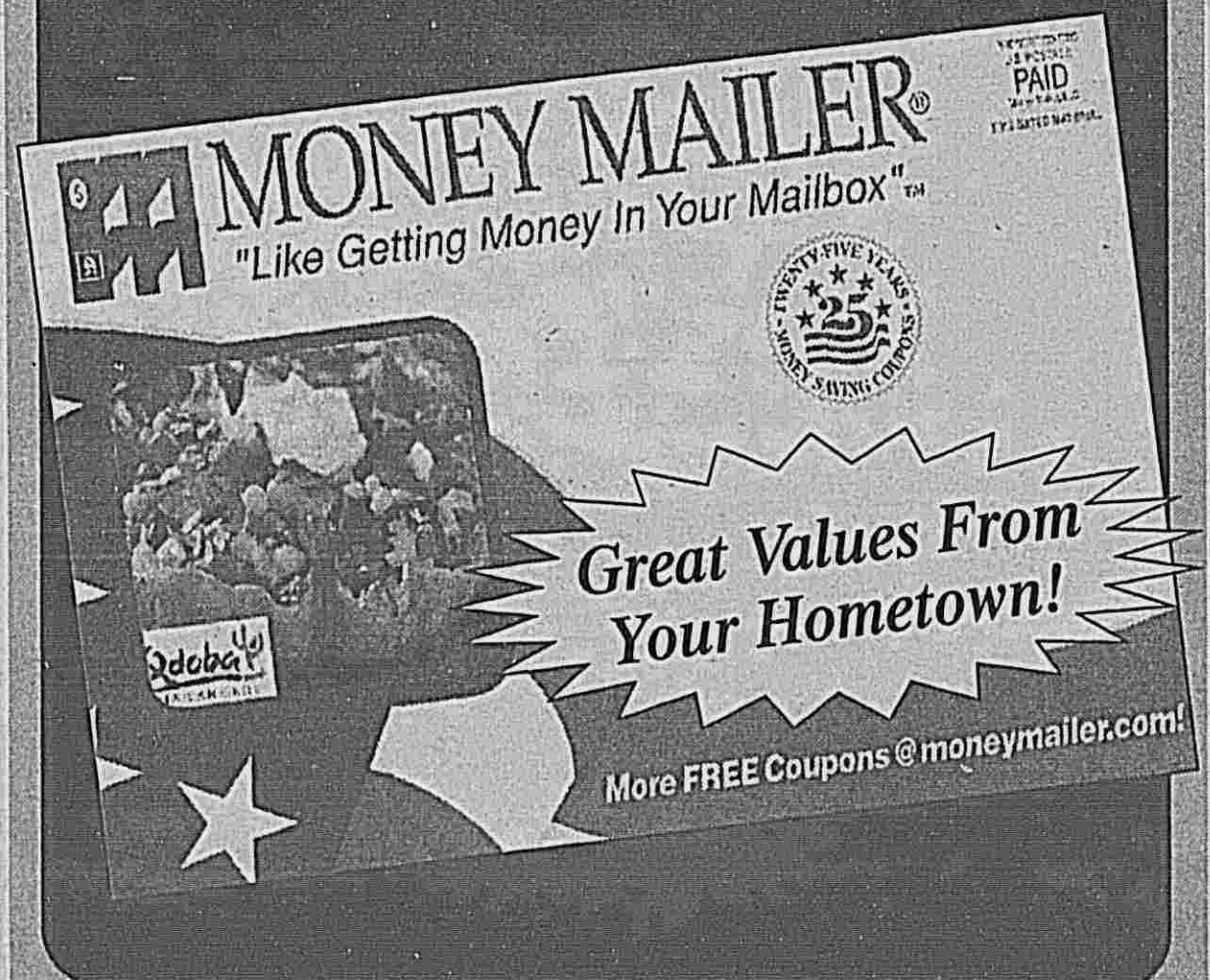
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ALOOKBACK

Lake County history from
the Lakeland Archives

20 YEARS AGO • 1985

The village of Gurnee agreed to purchase hazardous waste safety equipment. Different communities in Lake County would use the equipment, which came with a \$50,000 price tag. As part of the agreement, any village that would be served by the Gurnee fire department would pay a \$2,000 fee.

15 YEARS AGO • 1990

Condell Hospital in Libertyville scrapped plans for a 136-patient nursing home as part of a \$7 million expansion scheduled for the springtime. A conference center and day care center were still in the works.

Mundelein officials indefinitely postponed a consideration that would have turned the old Jewel-Osco in a mini-mall. Trustees said they felt the developers were asking for too many favors.

The YMCA of Lake County in Waukegan was awarded \$180,500 for the delivery of a childcare center. The award came from the Illinois Department of Children and Family Services.

10 YEARS AGO • 1995

Former Waukegan mayor, Haig Paravonain died at age 65. Paravonain served the city for 26 years as an alderman and mayor. He was mayor from 1989 to 1993.

Mundelein officials were proud to announce that crime in the village was down 41 percent. Officials attributed the decrease to a number of factors, including having a "proactive community."

A family pet in Antioch, which the week prior had brought home a severed human leg, brought home another leg to its owners. Sheriff's officers were continuing to look for clues into the possible homicide. They had yet to identify an entire body.

Compiled by Nicholas Alajakis

Looking to make a difference?

LaCASA needs volunteers

The Lake County Council Against Sexual Assault (LaCASA) is currently accepting applications for its 40-hour Winter Volunteer Training Session. The training runs Jan. 27-Feb. 17, and will take place at LaCASA (4275 Grand Ave., Gurnee) on Tuesday and Thursday nights between 6-10 p.m., and on Saturdays beginning at 9 a.m.

LaCASA needs volunteers (age 18 and over) from all across Lake County to provide crisis intervention services over the telephone, in Lake County emergency rooms for survivors of sexual assault, as Court Advocates, and to assist with prevention education in Lake County schools. The training addresses many topics designed to prepare participants to deal with sexual assault crisis intervention and advocacy, including:

- Dealing with adult sexual assault and child sexual abuse
- Assisting the Survivor Statement
- Coping with Rape Trauma Syndrome
- Pregnancy issues and STDs
- Confidentiality
- Working with law enforcement and court officers



Fred Leatherman cruises down Hart Hill on his snowboard. After a short break from the snowy, winter weather, Lake County was hit again with another winter storm receiving some of the highest accumulation in the Chicagoland area.

Local Families in Need Off to a Happy New Year Thanks to LaCASA Holiday Giving Program

The Lake County Council Against Sexual Assault (LaCASA) wishes to thank all those who supported its annual Holiday Giving Program, which brought hope and joy to local families in need. Each year LaCASA selects a number of families impacted by sexual assault or abuse, and sets out to care for their holiday needs...with the help of generous benefactors who are associated with the non-profit service provider.

"We selected seven families to receive a 'full holiday package' including gifts for their children, food and gift cards to purchase necessities and seasonal items to brighten

their home," said Cecy Wren, LaCASA's director of client services. Gift cards were also distributed to several other LaCASA client families to help them through the holidays.

"The holidays can be a particularly hard time for our clients," Wren explained, "just being able to go to the store with their kids to pick out something nice for their home means a lot to them."

The LaCASA/Zacharias Center is a non-profit organization that advocates on behalf of sexual assault survivors. Among LaCASA's advocacy services that benefit area residents are: medical and legal advocacy, emergency room and police training, and a 24-hour hotline for crisis intervention. In the past year, LaCASA has aided over 30,000 individuals. Call 847-244-1187 for details about LaCASA's programs, or to find out how you can make a donation or become a volunteer advocate.

- Medical Collection and ER procedures

"Our training is designed for people who have never been involved in sexual assault services, but who want to make a difference by being a caring, dedicated advocate for rape and incest survivors," explained Wendy Ivy, LaCASA's coordinator of volunteers and

training. "Women of color and bi-lingual women are especially needed as volunteers."

For details or to fill out an application to attend LaCASA Volunteer Training, call Wendy Ivy Coordinator of Volunteers and Training at 847-244-1187.

Deferral plan possible for senior taxpayers

Lake County Senior Citizens, who are having trouble paying their real estate taxes, may defer all or part of their taxes on their personal residence if they qualify under a 1984 law.

Lake County Treasurer Robert Skidmore explained, "the deferral is a loan by the state with a 6 percent interest rate to be repaid after the death of the taxpayer or at the time the property is sold."

To qualify a person must be 65 years old or older by June 1, 2006; have a total income of \$40,000 or less; have owned a home in Illinois for at least three years; and must own the prop-

erty which must be used exclusively for residential purposes.

Also, all previous years' real estate taxes must be paid and the property may not be income property. The total amount of the deferred tax may not exceed 80 percent of the taxpayer's equity in the property.

Forms for applications for the deferred tax program are available at Robert Skidmore's office in the Lake County Administration Building in Waukegan. Deadline for filing for the tax deferral is March 1. For more information contact Karla Mertes or Kathy Jansen at 847-377-2323.

Refinancing news...

Refinancing news...

Refinancing news...

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New management makes a difference

For every school district beset with financial problems—and that takes in a lot of territory—the news that Round Lake District 116 has been taken off the state's probation list comes as a ray of sunshine and a trumpet of hope. With proper management, financial equilibrium can be attained.

District 16's financial problems became known throughout the state four years ago when authorities in Springfield took the unprecedented step of taking over management of the system with 6,000 students. At the time, a variety of draconian options were considered, including dissolution of the district and parceling out the student body to neighboring communities.

At the time of its darkest hours, the district had an income of \$45 million per year. The then administration and board of education couldn't make ends meet. So the state stepped in to supply new leadership and the board of education assumed a sort of advisory role. Although it wasn't planned that way, the outside professionals brought in to run the school provided what amounted to a "quick fix." Full recognition by the state was granted after only a two-year probation.

Were the state representatives magicians? Hardly, they were seasoned educators who knew how to manage public education with the ability to make difficult decisions. In short, they knew how to handle money and spend wisely. If there is a common denominator for all the schools in Lake County facing rough financial sledding it is lack of business acumen at the administrative and board level. Taxpayers are shoveling boatloads of money into public education. Too often they're not getting a decent return on their investment.

An accompanying benefit of the Round Lake turn-around was that one of its elementary schools made a national recognition list in federal No Child Left Behind—Blue Ribbon Schools competition. Indian Hill School was cited for closing the achievement gap between Hispanic and white pupils. The Hispanic pupils improved in almost every test category and almost every grade. What a wonderful story of progress!

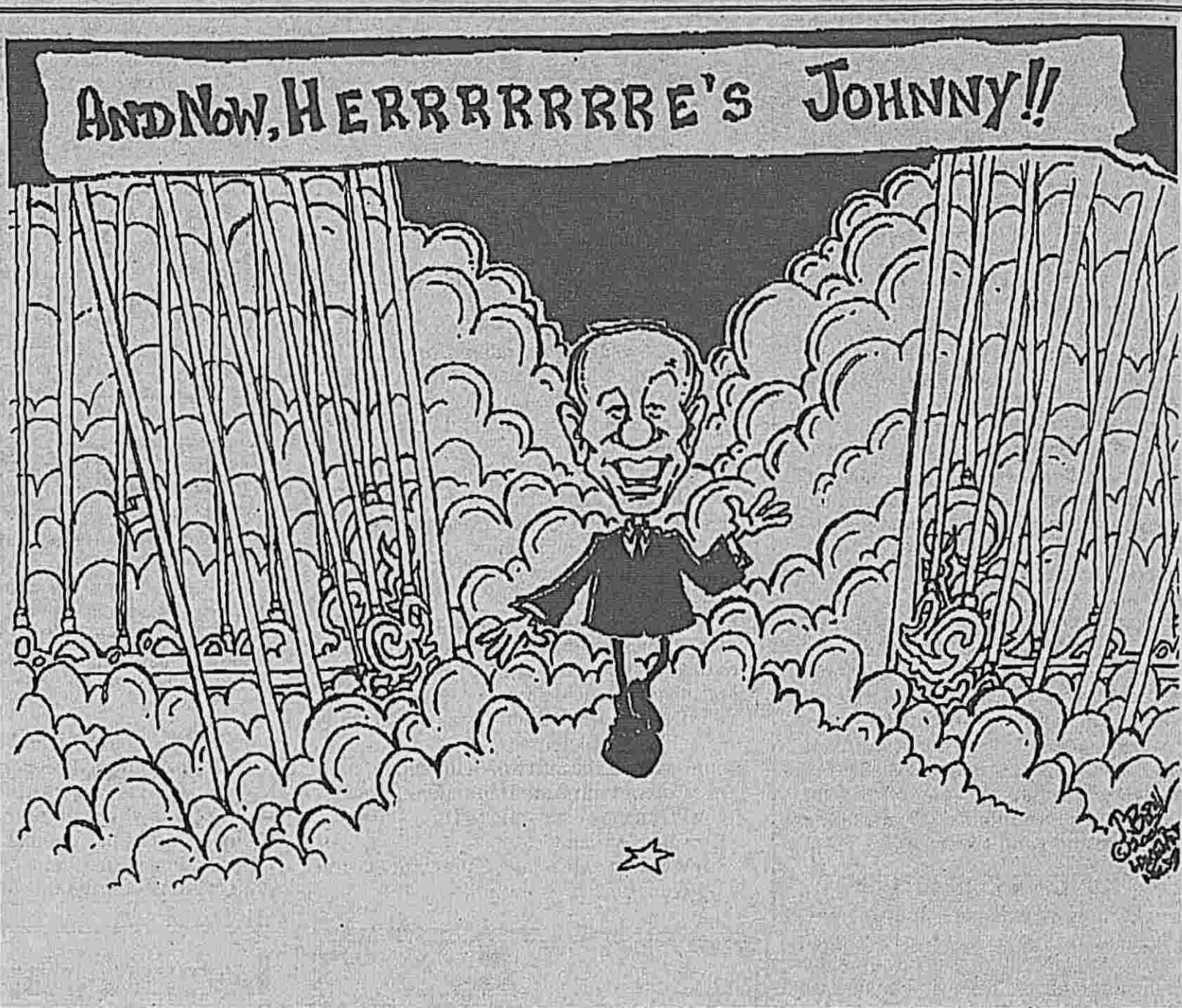
Frustrated taxpayers and parents dissatisfied with the education and leadership of their own districts might well turn to Springfield to "bring in the pros." The evidence shows that management makes a difference.

LETTERS TO THE EDITOR

Size matters

The average third and eighth grade class sizes in Grayslake are over 30 and 26 students respectively. The National Education Association, the U.S. Department of Education, and the Carnegie Foundation, among others, recommend a ratio of 1 teacher to 15 students. Research agrees: "students attending small classes in grades K-3 outperformed their counterparts on standardized tests in grades four, six and eight; continued to outperform classmates at the high school level; took more advanced classes; were less likely to be retained a grade or drop out of high school; and were more likely to prepare for college by taking college entrance exams," according to Tennessee's Project STAR study. Common sense dictates that students who receive the individualized instruction characteristic of smaller classes will learn more. Passing the April 5 referendum will reduce irresponsibly large class sizes. Passing this referendum will bring art, music and gym back to our youngest students. Passing this referendum will bring band and chorus back to our middle schools. Those who value basic literacy will embrace the opportunity to resume adequate education by voting "yes" on April 5.

Kristy Miller
Grayslake



VIEWPOINT

Opponents of reform don't trust America



Bill Schroeder

Publisher

Bush bashers and partisan Democrats either are in a state of denial or they don't get it. That it's the right thing and the right time to revamp the U.S. Social Security system.

No one argues that the system adopted in 1935 has not served the nation well. Social Security checks continue to provide a welcome retirement stipend for all but the wealthiest Americans. But the system is wearing out actuarially, as George Melloan pointed out in the Wall Street Journal the other day.

Never intended to be insurance, the Depression Era framers of the Social Security Act of 1935 took a tax transfer idea and turned it into a workable "rainy day" program based purely on the government's promise to pay. Basically, Social Security has worked well for so many years because it involved taking from a lot of

people to benefit a few.

But times are a'changing, maybe more in recent years than past. Today one of the major arguments is not that the system is not going to fail, but when. That's one of the basic arguments today between Democrats and Republicans. Democrats insist Social Security is not in trouble. Many Republicans, not all, recognize that a day of reckoning is approaching when there will be a greater number receiving benefits than paying in. We know how to stave off the day of reckoning. Simply raise the Social Security payroll tax. Workable yes. But hardly popular. This has worked like charm in the past and is an appealing strategy for buck passers in Congress.

Leave it to the "Pre-emptive" President to say, "Let's roll up our sleeves now and improve Social Security." Sort of like George W. Bush saying "Let's attack the terrorists on their own ground

before they hit us again like 9-11."

What makes Social Security reform proposals work is privatization or putting some of the tax money in the hands of workers to self-direct their future. What Bush opponents don't know or don't care to recognize is that a lot of younger Americans know how this works. The ones with 401k's, Roths, investments in equities and funds. The Bush administration understands. The media is calling this "the ownership society." Voters like it. As a transition to implement reform, age 55 has been established as a cut-off point. Older Americans will continue to receive their monthly checks. Younger Americans will be able to invest in conservative, safe investment instruments. Let the magic of compound interest kick in. For those arguing that creation of private Social Security investment

accounts handled by the nation's investment industry would be dangerous and foolhardy probably bury extra greenbacks in backyard fruit jars or sock money under the mattress. Melloan of the WSJ mentioned that the value of a retirement fund returning less than the amount put in hasn't happened for 89 consecutive years from 1911 to 1999. This is without insurance support that would be part and parcel of the "new look" Social Security.

What probably rankles Democrats, Bush Bashers and various elements of the American Left the most is that the reforms will work and that the dreaded Republicans will be getting credit for "saving" Social Security for the next 70 years, just like all the years liberals have been telling voters how they are responsible for a secure retirement income while reaping rewards at the polls.



SEEING IT THROUGH

John Matijevich

Recently, I've read headlines like, "Madigan champions state's war on Meth drugs," "Madigan warns seniors on scams," "Madigan pushes for stronger Sex Offender laws," "Madigan improves Open Meeting Act," and similar headlines. Now, it wasn't too long ago when you read headlines like that, you just naturally assumed that the Madigan referred to in bold print was the politically powerful Michael J. Madigan, longtime Speaker of the Illinois House of Representatives. No more. Earning her own headlines for her diligent service is the Illinois Attorney General

Atty. Gen. Lisa Madigan—creates public access counselor

Lisa Madigan.

Every time I see her name mentioned, mostly for some position or action in the realm of public advocacy, I am reminded how many voters questioned me when she was up for election whether she would be a tool or puppet of her step-father. I always answered in words to the effect that "you can put it in the bank; Lisa Madigan will be motivated by one goal, and that's public service." Even staunch Republicans have told me that I was right, and they have been surprised by her independence and effectiveness.

All of the above is a preface to one of the most recent headlines about Lisa Madigan, and about a subject, if you have read this column, I emphasize and repeat often because of its importance...openness in government. Lisa Madigan made good on a pledge she made when she ran for attorney general, and that was that she would give the highest priority to enforcing and making stronger the "sunshine laws" in Illinois.

Please see COMMENTARY / C5

COMMENTARY

PARTY LINES

THIS COLUMN OF POLITICAL OPINION
IS PREPARED FROM STAFF REPORTS

Plan April 1 dinner, celebrate Crane years

Friends of former Congressman **Phil Crane** have reserved Concord Banquets, Lake Zurich, for a celebration Friday, April 1, of the veteran Republican's 35 years in Congress.

"We can't leave Congressman Crane drift away without an opportunity to express our appreciation for all the wonderful work he did for our district and the nation," declared **Venita McConnell**, past president of the 8th District Republican Club.

McConnell, now a resident of Carroll County in western Illinois, chuckled when she related that a few "stern words" were necessary to impress Crane that his past supporters be given an opportunity to communicate in person their allegiance to a leader who stood for years as a major voice of conservatism in a Democrat-dominated House.

"Congressman Crane understands our wishes. He's fine and looking forward to seeing old friends at the Concord where so many of our important meetings were held," added McConnell, who is drawing support for arrangements from Bob Neal, former Lake County GOP chairman, and Dee Beaubien, wife of State Rep. Mark Beaubien (R-Barrington).

A ticket price of \$12.50 has been established for the event. Invitations will be



Crane:

Coming for breakfast, leaving for dinner. Meals mark changing of congressional guard



Bean:

mailed beginning March 1.

Crane recently was honored by members of the Quentin Road Bible Church of which he and his wife, Arlene, have been members for many years. Principal speaker was Congressman Donald Manzullo.

Congressman Crane has related to close supporters that he will continue to be involved in politics as a speaker and commentator on public affairs. The Heritage Foundation, a conservative think tank in Washington, is providing office facilities. Crane said he might consider teaching as he plans for the future.

Bean for breakfast

Congressman **Melissa Bean** (D-8th) will be the headline speaker at the third annual Power Breakfast sponsored by Lake County Democratic Women. Bean will speak at noon at Crown Plaza, Mundelein. Bean is an original member of the issues and candidate support organization.

Avowed commuter

Because of his wife's career commitments, newly appointed Forest Preserve director **Tom Hahn** will remain a commuter to his office in Libertyville. The Hahns are residents of Mokena on the far south side of Chicago. Hahn is no newcomer to the Forest Preserve district. He joined the system five years ago after being executive director of Core Lands, a private land preservation organization.

Political pedigree

Nancy Rogers, making her first run for public office as a candidate for village clerk of Fox Lake, has a rich family background in public service. Her father, Stu Hoehne, is a former village fire marshal and public works superintendent. Her mother, Dorothy, was a Republican activist and tireless civic worker.

Rogers has a business background in restaurant/lounge ownership and management.

Back for more

Curtis Gentry, who once played in the National Football League as a member of the Chicago Bears, is seeking re-election to his seat on the Round Lake Area Library board of trustees. Gentry frequently is mentioned as a candidate for other offices, but he says he is content to focus on library business. He is employed at College of Lake County.

Autograph star

Newly elected U.S. Sen. **Barack Obama** (D-IL) still is exuding what the entertainment industry describes as "star quality." At a recent event at Waukegan City Hall billed as a "town meeting," many in the audience were more interested in getting Obama's autograph than hearing what he had to say about current issues. Obama obliged fans, Republicans and Democrats alike, by signing anything and everything thrust before him. Obama obtained a generous amount of television exposure during the Senate hearings on the confirmation of Condoleezza Rice as Sec. of State. Attendance was estimated at in excess of 200, including some GOP office holders.

LETTERS TO THE EDITOR

Merit issues override 'double dipping'

Still months away and we are already being treated to first strike, negative campaigning. County Board Member **Judy Martini** is running for township supervisor and some of her opponents claim that holding two office ("double dipping") is unethical and illustrates greed and arrogance.

The "double dipping" charge is unwarranted and best explained in context of "term limits." At one point, term limits was a hot political issue that sought to break up political machines that had entrenched themselves. This initiative eventually lost favor as many reformers found they would also force out the few good representatives that they campaigned for. Reformers realized that they had to keep the good ones and vote out the bad ones.

The simple fact is that we, as citizens, have a direct vote to decide who sits in these two positions. The real "double dipping" situation that aggravates most citizens are those people who are embedded in the political/governmental landscape and hold various jobs with their costly pensions in tow. These are often careerists who are not exposed to a direct vote by the general public.

The best campaigns are those who expose the real issues that really effect the day in and day out life of average citizens and have solid goals to accomplish them. Current Township Supervisor **Steve Smouse** will run on his past record. **Judy Martini** will run on her involvement with local issues and her record. **Reed Ano**, I assume, will give us his vision of what a township supervisor should be.

Since I live in a community that is basically surrounded by the Village of Antioch, I will vote for the one that will protect and defend me from the aggressive and potentially damaging development promoted by the current village board.

James M. Sheehan
Antioch

Morals questioned

This is a rebuttal to Grant D. Noble's "Coddling Muslims" in letters to the editor. Please explain to me how losing a general election by 2 percentage points is "losing badly?" It means that 49 percent of us don't agree with you, Bush, or his policies. Bush was re-elected with the lowest margin of any incumbent president since Woodrow Wilson.

"Fellow Americans who voted for John Kerry—blah, blah, blah, it is because millions of people like me fear making America like Holland, a politically correct society that cares more about coddling murderous Muslims than it does about the basic moral standards that built Western civilization."

Well, I don't want America to be like Holland. And I don't want it to be like Nazi Germany, either.

What is meant by "basic moral stan-

dards?" The ones that enabled slavery? The same ones that gave us the wholesale slaughter of Native American men, women and children? The firebombing of Dresden? How about these murderous, very coddled white men. The "basic moral standards" that caused syphilis to be diagnosed but not treated in Americans in the "Tuskegee Syphilis Experiment" with direct government approval under the guise of "research?" The same standards that moved Ronald Reagan to close dozens and dozens of mental institutions and put thousands of the patients out on the streets to fend for themselves?

I don't believe abortion on demand can be paid for out of taxpayer dollars anymore. If you don't want abortion—don't have one. Unless it is to save the life of the mother.

"Heather has Two Mommies" is valuable because, rightly or wrongly, sometimes Heather DOES have two mommies. Or two daddies. Are you saying that intolerance and ridicule directed toward "Heather" is okay because of the lifestyle her parents chose? I thought you people loved children and wanted to protect them from the moment of conception. See the last sentence of the above paragraph.

And this makes people like me absolutely salivate: "If such laws are passed, we expect our pastors to be arrested, as they are in Europe, for merely pointing out what the Bible says about homosexuality and other sins like abortion."

April A. Hughes
Wauconda

Terrible idea

Fellow taxpayers this is Illinois and the topic is always money in politics. We will have another opportunity to show taxing bodies where we stand on April 5; I have the greatest faith in the vast majority of us will again turn out and defeat the myriad of tax increase initiatives. The Lake County Board will undoubtedly try again to go for a sales tax increase for transportation work.

Since the first time they propagated such a terrible idea the Lake County budget will have gone up \$45,000,000. This is considerably more than the \$18,000,000 the sales tax would have brought in. The present county board has no one with the will power to actually do what needs to be done. Continuing to reelect board members not responsive to the taxpayers just encourages them to less responsive, less dynamic, and to be greater spendthrifts. The unilateral, abstract, and unjust raising of property values every year teaches few public servants the need to consider the plight of the taxpayers when creating these extravagant budgets.

There is one bright spot on the next property tax bill; the Cook Library District will

have lowered taxes with no reduction in services. This miracle can be attributed to the hard work and tenacity of Tom Forester and Jack Martin. Their position convinced a slim majority to keep the next budget reasonable by adhering to proper rules. We now have an example of public servants who serve the taxpayers instead of serving the taxing district. Does it hurt? Occasionally we make good choices at the voting booth.

Four years ago I began stating we need to eliminate pensions for elected officials. It is good to read some editors are catching on. What occurred first pensions or obstructionist ballot access laws?

John H. Nickels
Libertyville

Big Band seeks help

My name is Elizabeth Anne Shorts. I am a senior at Waukegan High School. I have played the clarinet for almost nine years. I am a member of the Wind Ensemble, Pep Band, Marching Band and the Bulldog Big Band (Jazz Band). Like so many other students at Waukegan High School, band is a huge part of my life. I plan to continue with my music when I attend Illinois State University next fall.

The reason I am writing to you today, is to invite the public to attend our upcoming Jazz Concert. The Jazz Band decided to perform a fundraiser for the Marching Band and that is where we need your help. The Marching Band recently won several first place trophies in our division at competition and last year we per-

formed at Disney World in Florida, and participated in the Thanksgiving Day Parade in Chicago. We are continuing to grow and our needs are changing. The percussion instruments that we are using are quite old and need to be replaced. It takes a lot of money to do that.

We would love nothing better than to have everyone attend all of our concerts so we can show off our talents to more people than just our parents. Most of our concerts are free, but we are asking for a \$20 donation for this one so we can give the money to the Marching Band to help with the purchase of new equipment. Can we count on your help? Even if you can not attend this concert, we would still be delighted to accept your donation and hope you will attend future concerts.

The Bulldog Big Band Concert (Jazz Band) will be held in Trapp Auditorium at Waukegan High School on Thursday, Feb. 10 at 7 p.m. There will be a reception immediately following the concert. We are admitting students free of charge, so please bring them with you so they may also enjoy this wonderful concert. You may contact any band student, or me at 1-847-662-3753, for tickets or more information. In closing, let me say how important this concert is and how much we appreciate your support.

Elizabeth A. Shorts
Class of 2005
Vice-President of Band Council
Waukegan

FROM PAGE C4

COMMENTARY

Just before the end of the year, Madigan created the position of public access counselor and named Terry Mutchler, a lawyer on her staff for two years as well as being a former investigative journalist with the Associated Press to head the office. Now, ordinary citizens who have concerns about their access to government, whether it be secret meetings that should be open to the public, inability or difficulty to obtain public documents, or other access problems relating to government, they can call the attorney general's office and seek assistance from the public access counselor.

The reason that I believe that the creation of the office of public access counselor is so important is that the likelihood of the citizen problems being answered are so much better than getting help from the state's attorneys' offices around the state. My experience has led to the conclusion that state's attorneys are loathe to get deeply involved with some of the violations of public access at local levels because of their political loyalties or friend-

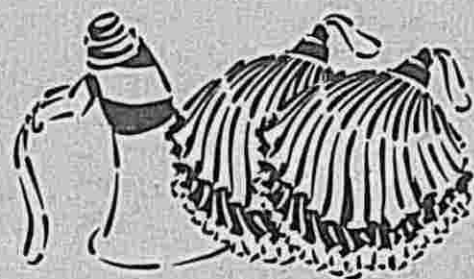
ships.

When the public access counselor was appointed, he said, "We will answer questions and investigate complaints from elected officials, the news media, private citizens, anyone in the state of Illinois who has a question about the Open Meetings Act or the Freedom of Information Act." That is welcome news to everyone.

The state of Indiana has had a public access counselor in effect, and it has received a good deal of action. Here in Illinois, we have not been known as a leader in sunshine laws, rather quite the opposite. Under Lisa Madigan's leadership, that will change.

On the day Terry Mutchler assumed the position of public access counselor, it was mid-December on the shortest day of the year with the least amount of sunshine. As far as openness in government, it was a day when "the sun shined brighter than ever!" Thanks, Lisa Madigan, and, good Luck, Terry Mutchler.

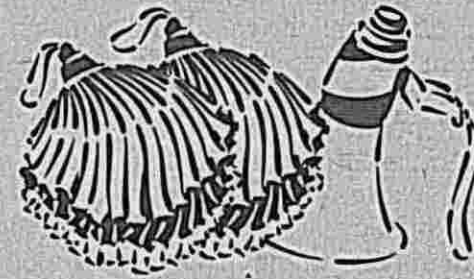
Lakeland Cardinal Cheer Camp 2005!



February 12th 9-2 grades K-2

February 12th 9-5 grades 3-8

February 13th 10-5 grades 3-8



Shake off the snow and cold and get ready to warm up, cheer and dance at the *Lakeland Cardinal Cheer Camp*! Children currently in grades K-8 are welcome to join us for a fun packed weekend of non-stop cheer and dance! Camp will be held at Stanton School in Fox Lake and will include:

- Lunch, Drink & Snack • Cheer/Dance Basics • Proper Mounting Skills
- Safety • 1 Cheer/Dance Routine • Camp T-Shirt & Shorts

(t-shirts & shorts ONLY available in sizes 6/8-adult 2x)

We will raffle 1 cheer registration for the 2005 cheer season! Register your child for the 2005 cheer season at our camp and receive \$10 off the regular registration fee! Please fill out the entire bottom portion of this form and mail along with a \$35 check to:

Lakeland Cardinal Cheerleading
21 Rose Ave., Fox Lake, IL 60020

Make checks payable to Lakeland Cheerleading

Cheerleading Vendors!

Door Prizes!

50/50 Raffle!

Child's Name _____ Grade _____

Shirt Size 6/8 10/12 14/16 AS AM AL AXL A2XL

Short Size 6/8 10/12 14/16 AS AM AL AXL A2XL

Parent Name _____ Phone _____ Cell _____

Emergency Contact _____ Phone _____

Hold Harmless Agreement

I, _____ release the Lakeland Cardinals booster club, its officers, directors, coaches and representatives from any claims for medical, hospital, surgical and nursing care incurred by us as a result of the participation by _____ (child) at the cheerleading camp.

Dated this _____ Day of _____, 2005.

Parent/Guardian signature _____

OBITUARIES

To submit an obituary, please call
Nancy Thielsen at 847-223-8161, Ext. 143
or e-mail: obits@lakelandmedia.com

Edward Joseph Bradac

Age 89 passed away Saturday Jan. 22, 2005 at Condell Medical Center in Libertyville. He was born in Chicago to the late Joseph and Annastacia Bradac. Edward was a veteran of the Navy serving during World War II. He worked as a pharmacist until the age of 82.

Edward is survived by his wife of 64 years Pauline Bradac; his children, Joan (Melvin) Bodenlos of Gurnee, Lynn (Richard) McDowell of Jackson Hole, WY, and Edward Bradac Jr. of Las Vegas, Nev.; his grandchildren and his great-grandchildren. He is preceded in death by his parents and two sisters.

A Funeral Service was held Jan. 27, at 10:30 a.m., at the Wildwood Presbyterian Church in Grayslake. Interment was held at 12:15 p.m., at the Bohemian National Cemetery in Chicago. Friends of the family visited Jan. 26, from 4-8 p.m. at Strang Funeral Chapel and Crematorium in Grayslake, and a half hour prior to the service at church. In lieu of flowers memorials may be given to the Wildwood Presbyterian Church Building Fund, 33428 N. Sears Blvd., Grayslake, IL 60030 or the Grayslake Fire Dept. 160 Hawley St. Grayslake.

Henry J. Grantschnig

Age 91 passed away Saturday, Jan. 21, 2005, at St. Paul Home and Healthcare in Chicago. He was born in Chicago. Henry served in the Army from 1942-1948 in the Pacific for Unit 955-TH as a Topographical Engineer Unit.

Henry is survived by his nieces and nephews Gail Grantschnig of Chicago, Janice (Robert) Lass of Green Bay, Wis., and Gabriel (Angie) Grantschnig of Lawrenceville, Ga., two great-nieces; and three great-nephews. He is preceded in death by his wife Lillian (nee: Stedronsky); and his brother Gabriel (Marion) Grantschnig. A Funeral Mass will be held on Friday, Jan. 28, at 10 a.m., at St. Gilbert Catholic Church, 301 E. Belvidere Rd. Grayslake. Interment was held immediately after the service at Ascension Cemetery in Libertyville. Friends of the family visited on Jan. 27, from 4-8 p.m., at Strang Funeral Chapel and Crematorium in Grayslake.

Henry M. Cooke

Age 80 of Grayslake, died Saturday, Jan. 22, 2005 at the VA Hospital in North Chicago. He was born May 16, 1924 in Barabourville, W. Va., to Berry and Yanci Cooke. Henry was a resident of Chicago until moving to the western Lake County area in 1967. During this time he was employed by Brake Parts in McHenry. He later worked as

a foreman machinist for several other manufacturing plants. In 1978 he moved back to Chicago until 2004, when he moved to Grayslake to be near his daughters. He was a veteran of the U.S. Army serving during WWII in the Military Police. Henry was an avid Cubs fan and enjoyed country music.

Survivors include his four children, Jim Cooke of Cocoa, Fla., Lynn Tomblin of Round Lake Park, John (Gabby) Cooke of Winter Park, Fla., Vicki (Todd) Kennedy of Trevor, Wis.; six grandchildren, Jamie, Jason, Nicole, Jenny, Tyler, James; and three great-grandchildren, Skyler, Savanna and Evan. He is preceded in death by his parents; and his brothers and sisters.

A Celebration of Life gathering was held on Jan. 24 for family and friends. Arrangements were entrusted to Justen's Round Lake Funeral Home in Round Lake. Interment was in West Virginia.

Floyd C. Matthews Sr.

Age 77 of Round Lake Beach, died Friday, Jan. 21, 2005 at his home. He was born in Volo to Fount and Anna Orha (Kinery) Matthews. On Aug. 28, 1948, he married the former Dorothy Tippet in the Little Church in the Valley in Peoria. His most recent employment was with LaidLaw as a bus driver, on the Abbott Route.

Survivors include his beloved wife of 56 years, Dorothy; nine children, Cherry Scheuring of Ingleside, Marcia Perez of Round Lake Heights, Brenda (Dave) Walters of Ft. Atkinson, Wis., Michael (Denise) Matthews of Gold Hill, Ore., Donna (Danny) Wimmer of Metropolis, Gary Matthews of McHenry, Janice (Ken) Bieschke of Fox Lake, Michelle Jacobo of Round Lake and Mel Matthews of Plainfield, La.; a daughter-in-law, Leandra Matthews of McHenry; 30 grandchildren; 17 great-grandchildren and his special companion, Mazy, the dog. He is preceded in death by his son, Floyd C. "Sonny" Matthews Jr. on Oct. 29, 2002; a grandson and a great-grandson.

Visitation was held Jan. 25 from 3-8 p.m. at Justen's Round Lake Funeral Home in Round Lake. The Funeral Service was at 11 a.m., Jan. 26 at the funeral home. Interment was in Grant Cemetery in Ingleside. Memorials to the family would be appreciated.

Pauline 'Polly' Heinen (nee Fritz)

Age 101, a longtime resident of Fox Lake, formerly of Chicago, died on Friday, Jan. 21, 2005 at her home. She was born in Landeck, Austria to Anton and Rosina (nee Hann) Fritz. She had been employed with the Fox Lake Globe Dept. store for 25 years in the Domestics Dept. before

her retirement.

Survivors include, her daughters, Polly (Robert) Schmarje of Ingleside and Nancy Brothers of Ingleside with whom she made her home for the past several months; her daughter-in-law, Rolla Heinen of Highland Park; her grandchildren; her great-grandchildren; her niece and numerous other relatives and friends. She is preceded in death by her parents; her husband, Walter in 1966; and by her son, Walter Joseph Heinen in 2001; her great-grandson; a son-in-law and by her sisters and a brother.

Visitation was held on Jan. 23 from 3-8 p.m. at K. K. Hamsher Funeral Home, Fox Lake (The Chapel on the Lake) Funeral Service was held Jan. 24 at the funeral home. Burial followed at the East Fox Lake Cemetery. In lieu of flowers, memorials for Ingleside United Methodist Church will be appreciated.

Forrest O. Berg

Age 87, of Spring Grove, died Wednesday, Jan. 19, 2005 at his home surrounded by his family. He was born July 20, 1917 in Sagola, Mich., to Arthur T. and Eva (Hoganson) Berg. He graduated from Bensenville High School and attended the University of Illinois as an engineering major. He wed June L. Petersen, Aug. 19, 1939 and they were married for 64 years. He was on the steering committee that began All Saints Lutheran Church in Fox Lake, and at the time of his death was an active member of Grace Lutheran Church in Richmond. He was vice president, senior loan officer and on the board of directors of Deerfield Savings and Loan Association, at the time Lake County's largest savings and loan for 25 years.

Survivors include four children, Forrest O. (Carol) Berg Jr. of Leesburg, Fla., Carol (Richard) Aird of Spring Grove, Kendall Berg of McHenry and Kevin Berg of Round Lake; 11 grandchildren, Jeffrey Berg of Miami, Fla., Cynthia (Paul) Caruso of Eustis, Fla., Adam (Katherine) Riff of St. Helens, Ore., Amanda (Tim) Holian of Richmond, Kevin (Sandra) Ruff of Barrington, Kendall Ruff of Chicago, Kendall (Jo) Berg of McHenry, Michael Berg of Fox Lake, Tiffany Berg of Long Lake, Tanya Martinez of McHenry and Brandon Berg of Hebron. He had eight brothers and sisters, Veryl (the late Michael) Zavoskey, Glenn W. Berg, Wilma Berg, the late Calvin (late Laverne) Berg, E. Dale (Vivian) Berg, Karen (Warren) Leyde, Claudine (the late Paul) Vollmer and the late Pat (Martha) Little and 11 great-grandchildren. Besides his wife, parents and brothers, he is preceded in death by a son-in-law, Kendall James Ruff.

There will be a Memorial Service on Friday, Jan. 28, at 10:30 a.m. at Grace Lutheran Church, 6000 Broadway, Richmond, with the Reverend Terry Dufur officiating. Interment will be private. In lieu of flowers, memorials may be made to the church. Arrangements were handled by the Spring Grove Funeral Chapel.

Robert L. 'Bob' Gabbard

Age 73 of Libertyville, passed away Tuesday, Jan. 18, 2005 at the Condell Medical Center in Libertyville. Not finding retirement to his liking, Bob was currently a greeter at Sam's Club in Vernon Hills. He was also a U.S. Army Veteran, having served in Korea.

Surviving are his wife, Donna (nee Handy) Gabbard; four children, Michael Hash and Donald Hash, both of Goreville, Charlotte (Dennis) Osland of Libertyville and Jeffrey Gabbard of Mundelein; three grandchildren; and two sisters. He is preceded in death by his brother, Harvey Gabbard.

Private service was held at the Burnett-Dane Funeral Home in Libertyville. Memorial contributions can be made to Big Brothers and Big Sisters in his memory.

Janice M. Bryan

Age 86, a recent resident of Libertyville, passed away Wednesday, Jan. 19, 2005 at the home of her daughter in Libertyville.

Surviving are three children, John (Donna) Bryan Jr. of Ramsey, Minn., Barbara (Robert) Hutchens of Libertyville and Bruce (Barbara) Bryan of Raleigh, NC.; and six grandchildren. She is preceded in death by her parents, Alfred and Sadie Petersen; her husband, John W. Bryan in 2002; by a son, Barry Bryan; her sister and two brothers.

Funeral Service was held at 11 a.m., Jan. 22 at St. Lawrence Episcopal Church in Libertyville. Interment was in Fort Sam Houston National Cemetery in San Antonio, Tex. Memorial contributions can be made to the St. Lawrence Church Building Fund in her memory. Arrangements were handled by the Burnett-Dane Funeral Home in Libertyville.

Kerry Nelson Rhoades

Age 57 of Salem, Wis., passed away Wednesday, Jan. 19, 2005 at his home. He was born in Libertyville, the son of Jack and Anne (Nelson) Rhoades. He had lived in Lake Villa and graduated from Antioch Community High School and attended the University of Wisconsin at Parkside, Kenosha, Wis. On June 3, 1972, he married Mary Jean McNeely in Lindenhurst. Survivors include his wife, Mary

Jean; five children, Robert Rhoades of Zion, Jennifer (Joe) Bongratz of Twin Lakes, Wis., Cynthia Poppe of Brighton, Wis., Rebecca (Shaun) Hiemstra of Burlington, Wis. and Mary Lou (Hoss) Jager of Paddock Lake, Wis.; his mother, Anne Rhoades of Lake Villa; and four grandchildren. He is preceded in death by his father, Jack Rhoades.

Funeral Service with Mass of Christian Burial was held at 10 a.m., Jan. 25 at St. Francis Xavier Church in Kansasville, Wis. Interment was in the parish cemetery. Visitation was from 4-8 p.m., Jan. 24 at the Strang Funeral Home in Antioch.

Jeanette J. Samec

Age 86 of Grayslake, passed away at her home, Jan. 19, 2005. She was born in Fox Lake, the daughter of the late Joseph and Dorothy (nee Langbein) Saupe. She owned Grayslake Bait Shop since 1948.

She is survived by her children, William (Dianne) Samec of Round Lake Beach, Sharon (the late Donald) Sauber of Antioch and Joseph Samec of Grayslake; her nine grandchildren; a sister; 28 great-grandchildren and many nieces and nephews. She is preceded in death by her husband, Joseph Samec in 1979; and her daughter, Jeanette Jane Horst in 1997.

Funeral Service was held at 3 p.m., Jan. 23 at Strang Funeral Chapel and Crematorium Ltd., in Grayslake. Visitation was from 1-3 p.m. prior to the services. Interment was private. In lieu of flowers, memorial donations are requested to be made to Condell Hospice, 111 W. Church St., Libertyville, IL 60048.

Albert J. Fox

Age 83 of Grayslake, passed away Friday, Jan. 21, 2005 at Condell Medical Center in Libertyville. He was a member of the Grayslake American Legion Post.

Surviving are a son, Russell Fox of Grayslake and a grandson, Nick Fox of Glenview. He is preceded in death by his wife, Virginia "Toots" Fox on Nov. 10, 2003 and an infant son, Frank.

Funeral Service was held at 7 p.m., Jan. 24 at the Burnett-Dane Funeral Home in Libertyville. Interment was at Acacia Park Cemetery. Visitation was from 4-8 p.m., Jan. 24.

Christopher J. Davellis

Age 46 of Libertyville, passed away Wednesday, Jan. 19, 2005 at his home. He was a 1976 graduate of Libertyville High School and was employed at Abbott Laboratories for the past eight years.

He was the loving father of Anna

Continued on next page

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and
Death
Notices
must be
received
by
Tuesday
at 12 p.m.

Continued from previous page

"Missy" Davellis and Cristina "Cristy" Davellis, both of Libertyville; best friend and former husband of Victoria Dely Davellis; beloved son of John and Lillian Davellis of Lake Forest; dear brother to six siblings. Many other relatives and friends also survive.

Funeral Service was held at 4 p.m., Jan. 23 at the Burnett-Dane Funeral Home in Libertyville. Visitation was from 1 p.m., until the time of service on Jan. 23.

Dorothy Isaacson Cameron (nee Miller)

Passed away peacefully on Wednesday, Jan. 19, 2005 surrounded by her family. Born Dorothy M. Miller in Chicago on Oct. 25, 1916, she spent 88 years loving to learn and making many friends on this earth. She is preceded in death by her parents, Emily and Edward Miller and by her brother Robert Z. Miller. She attended Carl Schurz High School and then attended North Park College and Northwestern University where she earned a degree in Statistics.

In 1941, she married Howard G. Isaacson and had three sons, all of whom survive her. Gregg E. (Nancy) Isaacson of Minneapolis, Minn., Glenn A. (Kimberly) Isaacson of Ingleside and Keith H. (Karen) Isaacson of Blaine, Minn. In 1977 Dorothy became a widow and subsequently married Donald Cameron, who also preceded her in death in 2000.

She was fortunate throughout her life to travel to the far corners of the world, motivated by an immense curiosity and a love for learning about other cultures. She enjoyed spending time volunteering with the Maori group at the Field Museum. Music was also a love in her life. She gave piano lessons to children in the neighborhood and was an ardent fan of the opera. She was a volunteer at Condell Hospital in Libertyville for many years, taught Sunday School at the United Methodist church in Libertyville and was a Cub Scout den mother. She was also a longtime member of the Town and Country Women in Libertyville. Her ashes will be spread at her beloved summer home on Pistakee Bay.

A Memorial visitation will be held from 4-7 p.m., Friday, Feb. 4 at the Burnett-Dane Funeral Home, 120 W. Park Ave. (Route 176), Libertyville. In lieu of flowers, memorials are preferred to the Field Museum of Chicago or Condell Auxiliary in Libertyville.

Paul A. Snyder

Age 94, of Vernon Hills, passed away Friday, Jan. 21, 2005 at ManorCare Health Services in Libertyville.

Surviving are two sons, Kenneth (Barbara) Snyder of Concord, Calif., and Richard Snyder of Chicago; three grandchildren; a great-grandson; two sisters and many other dear relatives. He is preceded in death by his parents, Nickalas and Catherine (nee Reiger) Snyder; by his wife Lauretta on March 25, 2003; by a son, Larry and a daughter, Karen.

Prayers began at 10:15 a.m., Jan. 25 at the Burnett-Dane Funeral Home in Libertyville and services continued to St. Mary of Vernon Church for the Funeral Mass at 11 a.m. Interment followed at Ascension Cemetery in Libertyville. Visitation began at 9:30 a.m., Jan. 25 at the funeral home.

Gloria L. Carrick

Age 83 of Antioch, passed away Friday, Jan. 21, 2005 at her home. She was born in Highland Park, the daughter of the late William C. and Ida (Clavey) Scheskie. Gloria was a member and past officer of the Women of the Moose Chapter 725, member of the VFW Auxiliary of Post 4551, also active in scouting, the Antioch High School Hand the PTA and was an avid gardener and homemaker. On Nov. 8, 1941, she

married William R. Carrick in Des Plaines and he preceded her in death on July 16, 1984.

Survivors include two sons, William R. (Terry) Carrick of Johnsburg and Daniel P. (Paula) Carrick of Antioch; a daughter, Lucille (Robert) Giebelhaus of Lake Orion, Mich.; one sister, Florence (Gene) Girard of Ft. Myers, Fla., 19 grandchildren and four great-grandchildren. In addition to her husband, she is preceded in death by a grandson, Brian Carrick on Dec. 20, 2002; two brothers, Harold and Vern Scheskie and two sisters, Irene Duncan and Dorothy Linneweh.

Funeral Service was held at 1 p.m., Jan. 25 at the Strang Funeral Home of Antioch. Interment was in North Shore Garden of Memories, North Chicago. Visitation was from 4-8 p.m., Jan. 24 with Women of the Moose Services and the VFW Auxiliary services beginning at 7 p.m. Friends desiring may make contributions in her name to Mooseheart or your favorite charity.

Irene H. Males

Age 85 of Trevor, Wis., passed away Thursday, Jan. 20, 2005 at Mt. Carmel Nursing Home in Burlington, Wis. She was born in Chicago, the daughter of the late Anthony and Anna (Pruske) Wagner. She was a member of St. Peter Church in Antioch. On Oct. 2, 1943 she married Frank A. Males in Chicago and he preceded her in death on Feb. 11, 1987.

Survivors include her children Frank Males Jr. of Lake in the Hills, Mary Anne (Jim) Lazowski of Geneva, Janice Parker of Trevor, Wis., Susan (Mark) Frankel of Fond du Lac, Wis. and Charles (Mariann) Males of Chicago; a sister; 12 grandchildren and 14 great-grandchildren. In addition to her husband, she is preceded in death by a brother and three sisters.

Funeral Service with Mass of Christian Burial was held at 10 a.m., Jan. 24 at St. Peter Church in Antioch. Interment was private. Visitation was from 2-6 p.m., Jan. 23 at the Strang Funeral Home in Antioch. In lieu of flowers, donations may be made to the Alzheimer's Association, in her memory.

Charles W. Recktenwald

Age 65 of Lake Villa, Beloved husband of Mary (nee Henaghan); cherished father of Mary (Thomas) Jozsi, Katherine (Martin) Ives and Charles (Lynne); grandfather of Marianne, Thomas and Jacob, Calvin, Jonathan, Celeste, Charlotte, Otto and Bailey and Nathan.

Funeral Service began at 10:45 a.m., Jan. 24 at Ringa Funeral Home in Lake Villa, transferring to St. Peter Catholic Church in Antioch for an 11:15 a.m., Funeral Mass. Interment was at Ascension Cemetery in Libertyville. Visitation was on Jan. 23 from 2-6 p.m.

Linda L. Gillespie

Age 57, passed away on Friday, Jan. 21, 2005 at home, after losing her battle with cancer. She was employed by the City of Waukegan for 20 years.

She leaves behind her beloved husband, Dick; loving mother of Tina (Eliseo) Gutierrez, Tracy Gillespie and Becky Gillespie; brothers and sister; grandchildren and many other relatives and friends.

Visitation was from 5-8 p.m., Jan. 25 at Marsh Funeral Home of Waukegan. A Funeral Service was held Jan. 26 at 11 a.m. at Marsh Funeral Home. Interment was private. Memorials may be made to the American Cancer Society.

Dolores J. Dau (nee Swander)

Of Island Lake, passed away at Northern Illinois Medical Center in McHenry

She was very active at Messiah Lutheran Church; was an election judge for Lake County for 20 years. Dolores retired from Good Shepherd Hospital in the medical records department and became a

volunteer at the hospital.

Surviving are her children, Daniel L. Jr., Steven C. and Cynthia (Carl) Herzog; five grandchildren and her loving companion, Hogan. She is preceded in death by her husband, Daniel L. Dau Sr.

Visitation was held Jan. 24 at Messiah Lutheran Church in Wauconda from 9 a.m. until the time of service at 11 a.m. Funeral Service was held at 11 a.m. at Messiah Lutheran Church. Interment was at Windridge Memorial Park in Cary. Memorial donations can be made to the Messiah Lutheran Church, 25225 E. Ivanhoe Rd., Wauconda, IL 60084 or the Wauconda Fire Department Paramedic Fund.

Terence J. Phelan

Age 55 of Trevor, Wis., passed away suddenly at his home, Sunday, Jan. 23, 2005. He was born in Chicago, the son of John D. and Phyllis (Rezula) Phelan. Terry worked as a cost accountant for Dominicks in Round Lake.

Survivors include his parents, John and Phyllis Phelan of Trevor, Wis., two sisters and six nieces and nephews. He is preceded in death by a brother and a sister.

Funeral Service was private. In lieu of flowers donations may be made to the Alzheimer's Association in his memory. Arrangements were handled by the Strang Funeral Home of Antioch.

Veronica Calamia

Age 95 of Waukegan, passed away on Friday, Jan. 21, 2005 at Pebblebrook Nursing Home in Lake Bluff.

Surviving are her children, Charlotte Mortensen, Charles (Arlene) Calamia and Joann Rompella; her grandchildren; great-grandchildren and many other relatives and friends. She outlived most of her friends, but Harriet Bardosy and Lucille Mello were still dear to her, as was her guardian angel, Helen Roach. She is preceded in death by her husband, Charles Calamia; her parents, William and Veronica Radl and two brothers.

Visitation was on Jan. 23 from 6-8 p.m. and Jan. 24 from 9-10 a.m. with the Funeral Service following at Marsh Funeral Home in Waukegan. Burial was at Ascension Cemetery. Memorial donations may be made to the Parkinson's Disease Foundation, or the Arthritis Foundation.

Kelsie Leigh Foss

Age 4 of Gurnee, passed away on Wednesday, Jan. 19, 2005 at St.

Therese Medical Center in Waukegan.

She is survived by her father, Shelby W. Foss IV; a brother, Hunter; and a sister, Mackenzie both at home; her paternal grandparents, Shelby and Chester Stanfield of Stockton, Mo. and her paternal great grandparents, Shelby and Ruth Foss of Rock Island; and two uncles. She is preceded in death by her mother, Deborah on Jan. 19, 2005 as well as her maternal grandparents, Robert and Donna Lievens.

Funeral Service was held Jan. 24 at 10:30 a.m. from the Gurnee Community Church with Rev. Stuart Merkle officiating. Friends called at the Salata-Gurnee Funeral Home from 12-3 p.m., Jan. 23 and 10 a.m. until the time of service at the church, Jan. 24. Interment was at Highland Memorial Park in Libertyville.

Nemencia Rangel

Age 68 of Waukegan, passed away Sunday, Jan. 23, 2005 at Gottlieb Hospital in Melrose Park.

She is survived by her children, Rosemary Moreno of Waukegan, Eusebio (Julie) Rangel of Park City, Jose Rangel of Zion, Patricia (Jessica) Rangel of Round Lake, Juan Rangel of Waukegan, Lucia Rangel of Waukegan and Juanita (Joventino) Aladana of Round Lake Beach; 13 grandchildren and two sisters. She is preceded in death by her husband, Juan Rangel Sr.; and her parents, Eusebio and Eladia (nee Espinosa) Rodriguez.

Friends called at Peterson and Patch Funeral Home in Waukegan, on Jan. 25 from 11 a.m.-noon. Graveside services followed at 1:30 p.m. at Holy Cross Cemetery in Racine, Wis. Donations in Nemencia Rangel's memory may be made to the family c/o Peterson & Patch Funeral Home, 408 N. Sheridan Rd., Waukegan, IL 60085.

Edward A. Ross

Age 53 of Milwaukee, Wis., died Friday, Jan. 21, 2005. He was born and raised in Waukegan and was the former owner of the Pourhouse in Waukegan.

Ed is survived by his wife, Karyn Ross of Milwaukee, Wis.; his daughters from his previous marriage to Kathleen; Maggie and Halley; mother, Lois (nee Worack), (Everett) Burkett of Leesburg, Fla.; brother; niece and many other relatives and friends. He is preceded in death by his father, Marvin Ross.

Visitation was on Jan. 26 from 5-8 p.m. at the Peterson and Patch Funeral Home in Waukegan. Interment was private.

RECENT DEATHS

Kenneth E. Phillips, 70, of Lindenhurst, Jan. 11, 2005. Arr: Strang Funeral Chapel & Crematorium Ltd., Grayslake

Robert D. Portzen, 67 of Round Lake, Jan. 10, 2005. Arr: Strang Funeral Chapel & Crematorium Ltd., Grayslake

Lawrence Jack Ladner, 75 of Fox Lake, Jan. 15, 2005. Arr: Strang Funeral Chapel & Crematorium Ltd., Grayslake

Albert A. Kane, 62 of Grayslake, Jan. 15, 2005. Arr: Strang Funeral Chapel & Crematorium Ltd., Grayslake

Eva T. Hellstern, 89 of Fox Lake, Jan. 15, 2005. Arr: Strang Funeral Home of Antioch

Robert B. Bob Adams, 48 of Vernon Hills, Jan. 11, 2005. Arr: Burnett-Dane Funeral Home, Libertyville

Beatrice A. Rocks, 82 of Chicago, Jan. 12, 2005. Arr: Strang Funeral Home of Antioch

Irene L. Eichelberg, 77 of Bristol, Wis., Jan. 16, 2005. Arr: Strang Funeral home of Antioch

Joseph W. 'Joey' Shoop, 27, of Round Lake, Jan. 14, 2005. Arr: Burnett-Dane Funeral Home, Libertyville

James V. 'Jim' Miller, 65 of Cody, Wyo., Jan. 9, 2005. Arr: Burnett-Dane Funeral Home, Libertyville

Jeffrey L. Henderson, 65 of Gurnee, Jan. 15, 2005. Arr: Burnett-Dane Funeral Home, Libertyville

Alma I. Griffin, 89 of Zion, Jan. 16, 2005. Arr: Congdon Funeral Home, Zion

Stella M. Bleda, 94 of Waukegan, Jan. 16, 2005. Arr: Salata-Gurnee Funeral Home

Patricia Ann Hampton, 61 of Gurnee, Jan. 15, 2005. Arr: Marsh Funeral Home of Gurnee

Fritz C. Krause, 90, of North Chicago, Jan. 16, 2005. Arr: Salata-Gurnee Funeral Home, Gurnee

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BUSINESS

FASTTRACK

IAAP meeting

Join the Lake County Chapter of IAAP on Feb. 8, at Weekenders USA, 1011 Woodlands Parkway, in Vernon Hills. Special guest speakers for the evening will be Bridgett O'Connell and Jodi Schulman of Ajilon Office presenting ideas for Reducing Stress. If you are an Administrative Assistant, Office Manager, or other office support specialist you are welcome to attend. A great opportunity for networking and learning.

The evening begins with a light dinner at 6 p.m. followed by guest speakers and chapter business. Meeting costs are \$10 for members and \$15 for nonmembers. RSVP to Fran Puchli at 847-535-2034 or fran_puchli@grainger.com by Feb. 4.

Get Checking Program

Get Checking, a program designed for people who have never had a bank account and those who have had trouble with their bank account, announces classes in February.

Participants take an important step toward safe and effective management of their money. They learn how to choose a financial institution and an appropriate account, how to manage a checking account effectively and avoid costly fees, and how to establish good credit and access other financial services. Upon completion, participants receive a certificate which they can bring to a participating financial institution to open an account if they have been forcibly closed in the past.

The six-hour class is available in two three hour sessions on Tuesday and Wednesday, Feb. 8 and 9 from 6-9 p.m., at the Habitat for Humanity office, 315 N. Martin Luther King Jr. Ave. in Waukegan.

Pre-registration and a fee of \$20 for individuals and \$30 for couples is required. To register for a class in English call 847-623-1020. For a class in Spanish call 847-263-5486.

Participating financial institutions include: Bank of Waukegan, Baxter Credit Union, First Midwest, Guaranty Bank, Harris Bank, National City, North Shore Trust and Savings, TGF and Waukegan Savings and Loan SB.

Free educational seminar

Financial planning and managing your money can be an intimidating experience. Couple that with low interest rates and an unsteady Stock Market, and a healthy financial future looks challenging, even to the strongest investor. With this in mind, Consumers Cooperative Credit Union is hosting a FREE seminar to provide information to wade through the daunting task of financial planning.

The seminar is set for Feb. 23, at 6:30 p.m., at the Ramada Inn in Waukegan, at 200 N. Green Bay Road.

"Planning for your financial future, retirement and kid's education can take a toll on any pocketbook. If you have the tools and savvy you need to make informed, smart decisions, it can make planning that much easier," commented Sean Rathjen, President of CCCU.

This special seminar, produced by Mike Gibbons of Consumers Financial Services, will address investing in a rising interest rate environment and discuss important investment strategies for today's economic conditions. Mike and his seminar team will help those in attendance sort through a number of investment choices and avoid the pitfalls that could affect your financial future.

Please register today: "Investing in a Rising Interest Rate Environment" is a popular seminar and the night promises to be interesting.

RSVP to Ilona Castillo at 847-623-3636, ext. 8831 or ilona@myconsumers.org. For more information, contact Ilona Castillo at 847-623-3636 ext. 8831.

Machine eliminates patients' painful choice

By Kyle Schmitt

Staff Reporter

Since bringing the machine to Vernon Hills Chiropractic Clinic last month, Dr. Michael Duzey has saved a great deal of frustration due to the DRX9000, and his patients have saved even more time and physical pain.

The "great difficulty" that Duzey experienced in treating lower back injuries significantly decreased after he began utilizing the treatment to combat disc injuries. His office carries the county's only DRX9000 machine, which Duzey said has enjoyed an 86-percent success rate in treating disc injuries throughout the country.

"This is wonderful. We're able to offer patients not only a safe alternative to surgery, but a successful alternative to surgery," Duzey said.

Utilized initially by NASA to determine how discs are affected in space, the disc decompression system causes a negative pressure within the disc itself, causing the nucleus poposus to move back into place. Pre and post-MRIs have confirmed the machine's success in treating disc bulges, herniations and degeneration.

The DRX9000 works by producing pelvic stabilization; the pelvis and lumbar spine are stretched out through a logarithmic curve, which brings about disc decompression. Treatment involves four visits for the first two weeks of treatment, then three sessions per week for a month.

So far, patients have given the treatment positive feedback. "The machine is large and it's a little intimidating, so they're very pleased that it's pain-free," Duzey said.

Prior to the machine's purchase, machines with herniated discs often found themselves choosing between injections that often proved ineffective and the removal of the disc or part of the vertebra. Duzey said he would now send patients to get an MRI and other tests to determine the nature of the hernia before treating them with the machine, which has proven effective working on even multiple herniations.



Photo by Sandy Bressner

Dr. Michael Duzey shows off the DRX 9000 disc decompression machine now available to his patients at Vernon Hills Chiropractic.

The machine's success in treating patients is determined through a series of reassessment visits. Less than five percent of patients deemed to have experienced "successful" treatment suffer recurring problems after two years.

His business would likely acquire a machine that provides the same treatment for cervical spine injuries in May, Duzey said.

Treatments involving the DRX9000 costs approximately \$155 per session, expenses which most insurance carriers would cover. For more information, call 847-566-8777.

kschmitt@lakelandmedia.com

Midlane introduces 'hotelminium' concept

Midlane Golf Resort announced plans for its unique "hotelminium" concept. The comprehensive development will include an indoor water park replete with a rooftop waterfall, a full-service restaurant and "hotelminiums," a new dimension in accommodation and housing.

"Midlane Golf Resort is extremely enthusiastic about the prospects for this new project," said Lenny Khayat, partner in the proposed \$20 million development. "The hotelminium concept brings an exciting new twist to the concept of shared ownership. At the same time, our project also includes the time-tested formula of combining food, lodging, entertainment and recreation, all in one facility. This unique blend of the old and the new is destined for success." According to the Khayat, the hotelminium concept is substantially similar to condominium ownership. Investors purchase living quarters, with occupancy privileges for up to three-months per year. The remaining nine months would be rented as suites to short-term resort guests, with owners receiving 60 percent of revenue from such renters.

Each suite will have its own fireplace, a spacious kitchen area, a full bath with whirlpool and an office with high-speed Internet access. Each room will have a private balcony that will face either the new water park or Midlane's beautiful golf course. Khayat expects prices to range from \$190,000 up to \$250,000 for the 700 to 900 square foot, one-bedroom units.

The hotelminium structure is expected to have three levels, each one featuring different elements designed to transform Midlane into a full-service resort. Proposed amenities include a day spa, fitness center and game room with pool tables and ping-pong, in addition to the water park and restaurant. The development will also have a roof-top sun deck, whirlpool, tennis courts and volleyball courts with real sand. Midlane Golf Resort already has a challenging 18-hole golf course.

The hotelminium concept is the concept of Midlane Partners, headed by Khayat, Cary Glenner and Tom Rosenquist. Glenner is an attorney, while Rosenquist has several other local business ventures, including Lake County Grading. Plans include expansion of the existing resort, featuring a 25,000-square-foot indoor water park and 80 new hotelminiums.

Waukegan Mayor Dick Hyde said his city would likely look favorably on the project as long as it meets current zoning requirements. When asked about the Mayor's comments, Khayat said, "The plans will not just meet the city's expectations... they will exceed them." The partnership intends to submit their initial version of the proposal within the next few weeks. Assuming that timetable, construction could start as early as this spring, with completion expected by mid-2006.

For more information about the hotelminium project at Midlane Golf Resort, contact Lenny Khayat at 847-360-0550 or visit Midlane on the web at www.midlaneresort.com.

Aqua wins award for excellence

Winners of the 2004 National Spa & Pool Institute Midwest Chapter Awards of Excellence included Aqua Pool & Spa Pros of Lindenhurst, which received three gold awards and three silver awards for their in-ground pools and spas that they sold in 2004. They also won a gold award in the service company category.

In order to qualify companies were required to be a member of the Midwest Chapter of the NSPI. The entries were judged on the installation itself and the adjacent deck area as to the quality of workmanship, soundness of design, beauty, and practicality. Attention was given to the surrounding landscaped area with regard to how well it harmonized with the installation.

Michael Dare co-owner of Aqua Pool & Spa Pros is the Chapters past President and now sits on the Chapters Board of Directors as well as the Regional NSPI Board of Directors.

NEWBUSINESSES

Assumed business names

Carus Cleaners, 34751 N. Linden Ave., Grayslake, 847-366-6464. Owner: Sean Carus. Purpose: Small office cleaning and floor maintenance.

R.B. Enterprises, 709 Bonaparte Ave., Lake Bluff, 847-785-0579. Owner: Ralph Berg. Purpose: Carpentry Contractor

Sport Clips, 701 N. Milwaukee Ave., Suite 120, Vernon Hills, 847-855-1416. Owner: Dan Klemack and Jeff Reimer. Purpose: Haircuts for Men.

Mike's Pizza II, 34491 Old Walnut Circle, Gurnee, 847-548-9200. Owner: David J. LoBue. Purpose: Pizza carryout and delivery

Curtain Climbers' Daycare, 453 Colony Dr., Round Lake Park, 847-740-7279. Owner: Margaret A. Walker. Purpose: Child care/in-home daycare

American Beauty Productions, 296 Eagle Creek Dr., P.O. Box 751, Round Lake Beach, 847-740-8895. Owner: Bridget R. King-Soderdahl. Purpose: National Pageant and Pageant related services.

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LAKE LIVING

THIS WEEK'S SPOTLIGHT HOMES OF LAKE COUNTY



592 Foxridge - Unit #28
Fox Lake
\$158,900

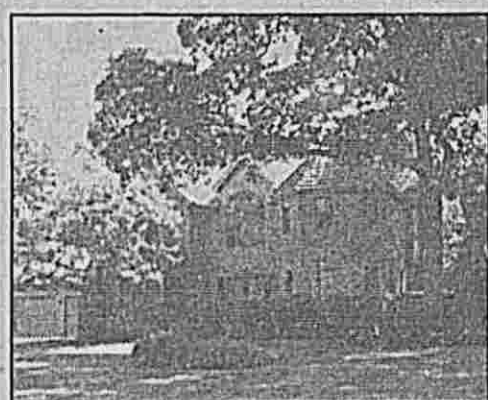
Great end-unit townhome. Three bedrooms and 1.1 baths. Nice floor plan. Includes basement and central air. Ready for you. Close to Route 12.

Home details

Year built: 2001 Rooms: 6
 LR: 16X12 Baths: 1.1
 DR: 10X9
 KIT: 11X9
 MBR: 13X12
 BR 2: 12X10
 BR 3: 12X9

2003 taxes: \$3,003

For more information on this home, visit www.LakeCountyListings.com.



507 Apache Trail
Lake Villa
\$499,900

Custom-built home on 1+ wooded acres. Backs to forest preserve. 14x9 two-story entrance foyer. Second-floor volume ceiling. Master bedroom sitting area and fireplace. Garden master bath with whirlpool. Finished basement features full bath with steam shower. Professional landscaping and two-tier deck. Crown molding throughout. Beautiful kitchen with center island. Home is in mint condition inside and out. Seller's pride and joy.

Home details

Year built: 1990 BR 2: 14X13
 LR: 21X14 BR 3: 12X12
 DR: 16X14 LAU: 10X8
 KIT: 17X13 FP: 2
 FR: 14X14 Rooms: 7
 MBR: 17X15 Baths: 3.1

2003 taxes: \$7,269

For more information on this home, visit www.LakeCountyListings.com.



1020 Ashley
Libertyville
\$1,850,000

Highest-quality craftsmanship combined with exquisitely-appointed details make this silver key, award-winning home elegant, truly extraordinary, a league above the norm, appealing to the discriminating buyer wanting only the best. 6,000 sq. ft. with 5,000 sq. ft. lower level. Oak trim and hardwood floors. Sunroom with spa and sauna. Dual staircase. In-ground pool, deck, gazebo. Extra-large driveway.

Home details

Year built: 1987 BR 5: 13X11
 LR: 14X20 REC: 13X17
 DR: 19X15 SUN: 20X20
 KIT: 17X13 EAS: 15X12
 FR: 24X19 OFF: 15X12
 MBR: 21X15 FP: 2
 BR 2: 17X15 Rooms: 14
 BR 3: 16X13 Baths: 4.1
 BR 4: 17X15

2003 taxes: \$22,144

For more information on this home, visit www.LakeCountyListings.com.

Remove allergy triggers in your home

When most people think of allergies, they automatically think their home is a safe haven from sniffing, sneezing and watery eyes. Although you might have the cleanest home on the block, allergy triggers could still be lurking inside.

"In the cooler months, as people make their homes warm and well-sealed against cold air, the atmosphere becomes a haven for dust mites, pet dander and molds," said Dr. Anna Marie, The Weather Channel's health specialist and host of the syndicated better-living show, "Your Life With Dr. Anna Marie." "These can all cause sneezing, itching and watery eyes, congestion, and a runny nose."

Recent reports state that it may be irritants, not germs, that cause chronic colds.

When the furnace kicks on, dust that has settled into the carpet, atop bookshelves and beneath furniture gets stirred up and cycled through the air. According to the Environmental Protection Agency, indoor levels of many air pollutants may be two to five times, and in some cases more than 100 times, higher than outdoor levels.

According to Marie, here are some suggestions to help reduce indoor allergens and help you stay snifle-free.

- To get rid of mold, clean the areas with bleach. Try a solution of 5 percent bleach and a small amount of detergent to 95 percent water.

- Keep a humidity level of 30 percent or 40 percent in the house to make conditions for mold growth less optimal. This can be achieved through the use of an automatic whole-home humidifier.

- Add a whole-house air filter to your furnace. A typical throwaway furnace filter traps only about 15 percent of indoor air pollutants. Laboratory tests show that whole-house electronic air cleaners, can eliminate up to 99.5 percent of pollen, spores and ragweed. According to Aprilaire, the technological advancement of its filter combined with electronic components allows it to be one of the most efficient air cleaners on the market. It also requires the filter to be changed only once a year.

- To control animal dander, keep animals out of your bedroom and have them groomed weekly.

- To control dust mites, clean and dust more frequently. Use an airtight, allergy-proof plastic cover on all mattresses, pillows and box springs.

- Shampoo or replace your carpet or remove the carpet altogether.

By taking these simple steps to improve indoor air quality, your home will once again be a safe haven for you and your family.

Do you have TYPE 2 DIABETES?

More than 150 million people worldwide suffer from Type 2 Diabetes and cutting-edge **clinical research** offers real hope of more effective treatments. Such research is being conducted nearby at the Clinics at Rosalind Franklin University in North Chicago, IL.

If you are over 18, **you may be eligible to join a study program called GALLANT**, investigating a treatment for Type 2 Diabetes. If you qualify, all of your diabetes care and medication will be **FREE**.

For more information, or to find out if you qualify, Call **Mary, Clinical Research Coordinator**, at **847-578-8546**. Diabetes is a serious condition that you **can** help manage.

Take the first step by calling.

ROSALIND FRANKLIN UNIVERSITY
 OF MEDICINE AND SCIENCE

The Clinics at Rosalind Franklin University
 3471 Green Bay Road, North Chicago, IL 60064



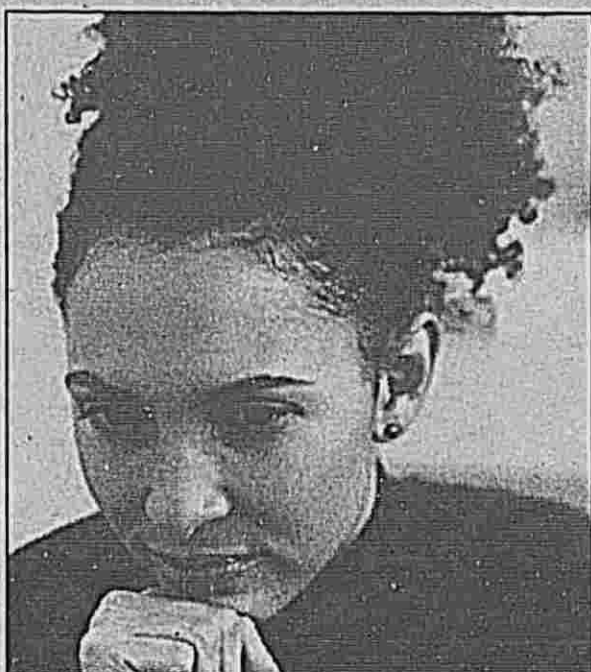
Shortening your path to a college degree in an uncertain economy

It's the higher education equivalent of the "perfect storm" - students of all ages are seeking more education to help them weather the rocky economy at the same time tight state budgets are forcing colleges to increase tuition and cut back on financial aid. But help is available, according to the College Board, through CLEP, the College-Level Examination Program that saves students both time and money.

CLEP provides thousands of students of all ages with a unique opportunity to demonstrate academic achievement through a program of rigorous exams in introductory college-level subjects. The 35 CLEP exams range in subject from English Composition to U.S. History, and include Biology and Spanish, among others. The exams are 90 minutes and are made up primarily of multiple choice questions.

James Ownby, 34, is a victim of the high-tech bust who used CLEP to advance himself. For years, Ownby enjoyed a successful career with a Fortune 500 company even though he had never earned an undergraduate degree. But when tough times hit, his employer cited his lack of a degree as the reason he was chosen for termination. "Time was of the essence in getting a degree because in the computer industry, it's crucial that you don't stay away for any length of time so your skills don't become outdated," Ownby earned 35 credits and estimates he saved \$16,000 through CLEP. As a result of CLEP, he was able to finish a four-year degree program in 18 months. "The CLEP exams are rigorous and challenging, but I recommend them to other professionals who may find themselves in my situation."

CLEP exams are offered at 1,300 college and university test centers at universities throughout the United States. Because the



Taking a CLEP exam can provide the boost needed to graduate from college.

exams are computer-based, students obtain instant score reports upon completion of the exam. The exams cost \$55 each and test centers usually charge a small test administration fee. Passing a CLEP exam can save students hundreds or thousands of dollars on college tuition and fees.

CLEP gave 27-year-old Jackie Kim the boost she needed to graduate from college. Kim recently returned to school because she felt her job chances were being hurt by her lack of an undergraduate degree. "My goals were to get a degree as quickly and economically as possible and CLEP helped me do that. I earned 44 credit hours and saved \$33,000 in tuition costs through CLEP. Because I finished early, I was able to start my job search that



much sooner."

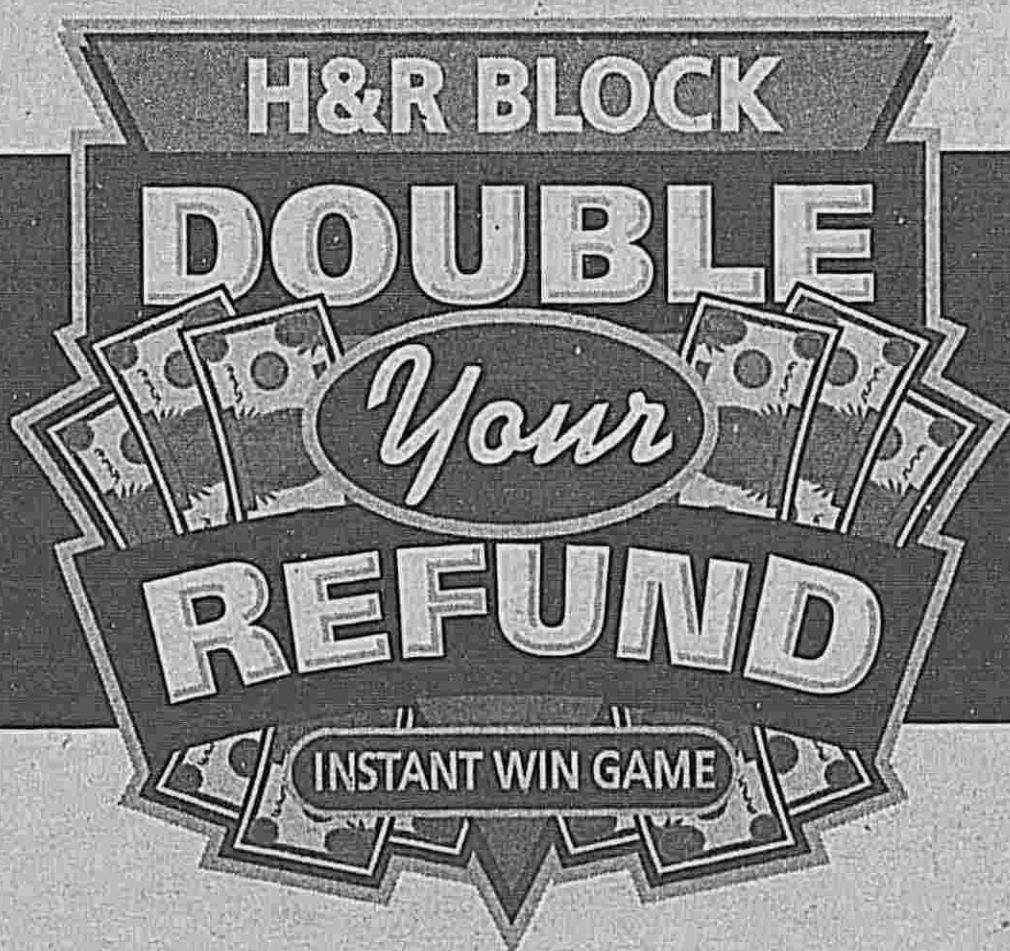
CLEP also appeals to students who are beginning second careers. Olga Karlatos Rankin was a Broadway actor when she decided, at age 55, to return to the classroom for her bachelor's degree. She passed five CLEP exams that she says saved her nearly \$25,000 in tuition costs. "I always wanted to return to school but never had the chance. CLEP gave me the opportunity to earn credit for all the things I had learned throughout my life so I could spend time concentrating on the essentials I needed from higher education."

There are 2,900 colleges that grant credit for CLEP exams. A student considering taking a CLEP exam should first check with the col-

lege to learn more about its CLEP policy and how much credit a student can earn through CLEP. However, it is not necessary to be enrolled in college in order to take a CLEP test.

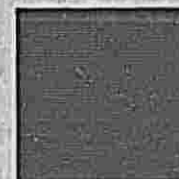
CLEP is administered by the College Board, a not-for-profit membership organization whose mission is to connect students to college success and opportunity with a commitment to excellence and equity in education.

For more information about CLEP, including exam descriptions and the colleges and universities that accept and/or administer CLEP exams, visit the College Board's Web site which is located at www.collegeboard.com/clep.



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7-DAY WEATHER



Day/Date	FRI • 28	SAT • 29	SUN • 30	MON • 31	TUE • 1	WED • 2	THU • 3
Hi	25	31	34	33	34	32	34
Lo	17	24	27	26	27	19	25
Forecast	Partly Cloudy	Partly Cloudy	Snow	Snow	Snow	Partly Cloudy	Rain
Record High	48 • 1990	49 • 1968	48 • 1989	64 • 1989	51 • 1968	47 • 1987	48 • 1987
Record Low	-16 • 1963	-21 • 1966	-23 • 1951	-14 • 1996	-18 • 1996	-22 • 1996	-15 • 1996
Sunrise	7:09 A.M.	7:08 A.M.	7:07 A.M.	7:06 A.M.	7:05 A.M.	7:04 A.M.	7:03 A.M.
Sunset	5:01 P.M.	5:02 P.M.	5:03 P.M.	5:05 P.M.	5:06 P.M.	5:07 P.M.	5:09 P.M.
Moonrise	8:21 P.M.	9:25 P.M.	10:30 P.M.	11:38 P.M.	No rise	12:49 A.M.	2:04 A.M.
Moonset	9:01 A.M.	9:20 A.M.	9:39 A.M.	9:59 A.M.	10:22 A.M.	10:48 A.M.	11:22 A.M.

Source: National Weather Service

LOTTERY RESULTS

Source: www.illinoislottery.com



	Jan. 19	Jan. 20	Jan. 21	Jan. 22	Jan. 23	Jan. 24	Jan. 25
Pick 3 Midday	128	119	678	536	N/A	990	370
Pick 3 Nighttime	232	734	907	690	618	964	523
Pick 4 Midday	0645	6459	7258	3408	N/A	5812	9970
Pick 4 Nighttime	8560	8608	7423	2652	8342	4500	1531
Little Lotto	05-15-17-21-30	01-02-04-09-33	05-08-18-23-37	02-04-13-14-39	11-13-20-24-38	10-23-29-35-36	10-12-13-24-32
Lotto	10-13-21-25-34-47	No drawing	No drawing	03-07-15-34-35-50	No drawing	No drawing	No drawing
Mega Millions	No drawing	No drawing	17-27-39-40-41-21	No drawing	No drawing	No drawing	02-10-21-25-45-22



A simple reminder about insurance discounts.

A Saturday morning ritual kind of reminder.

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SPORTS

SECTION
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January 28-February 3, 2005



Sequoia gaining
some confidence

D3



Corsairs dominant
in meet

D3



Behm, Bulldogs
top Cougars

D4



Rams hope for strong
FVC tourney

D4



Defense keys
Cats' win

D5



Mustangs fall to
Lake Forest

D5



Panthers prepare
for NSC meet

D6



Grant too much
for Cougars

D6



Devils win despite
poor play

D7



Ryan, Haldake key
Wauconda win

D7



5 Bulldogs place
in conference

D8



Lancers handed worst
loss of season

D8

ATHLETES OF THE WEEK



**SAMIE
BALMES**
LIBERTYVILLE

Senior guard Samie Balmes came up big in last week's action, leading Libertyville to a pair of wins over Stevenson and Mundelein. Balmes scored 12 points in the win over the Pats then poured in a team-high 13 as the Cats upset the Mustangs 47-44.



**MARCUS
LEWIS**
WARREN

For three quarters last Friday night against Mundelein, Marcus Lewis was simply unstoppable. He scored 41 points on 17 of 23 shooting and grabbed 12 rebounds in 21 minutes. He didn't play the entire fourth quarter as Warren won going away 84-38.

GAME OF THE WEEK

WRESTLING

In what will go down as a "Battle of the Titans," Libertyville and Grant will compete for North Suburban Conference supremacy at the NSC wrestling meet on Jan. 29, at Vernon Hills High School. The Cats and Bulldogs are among the hopefuls for a state title in February.

SUPER 17

Lakeland Newspapers Sports Editor
Rob Backus's rankings of area high school teams

BASKETBALL

1. Warren
2. Lake Zurich
3. Waukegan
4. Johnsburg
5. Zion-Benton
6. Stevenson
7. Grayslake
8. Lake Forest
9. North Chicago

10. Grant
11. Libertyville
12. Wauconda
13. Antioch
14. Vernon Hills
15. Round Lake
16. Mundelein
17. Carmel

BASKETBALL

1. Carmel
2. Warren
3. Lake Forest
4. Zion-Benton
5. Mundelein
6. Johnsburg
7. Grant
8. Lake Zurich
9. Stevenson

10. Libertyville
11. Antioch
12. Wauconda
13. Grayslake
14. Vernon Hills
15. Waukegan
16. North Chicago
17. Round Lake

WRESTLING

1. Grant
2. Libertyville
3. Warren
4. Carmel
5. Stevenson
6. Grayslake
7. Wauconda
8. Waukegan
9. Lake Forest

10. Mundelein
11. Vernon Hills
12. Round Lake
13. Lake Zurich
14. Johnsburg
15. Antioch
16. North Chicago
17. Zion-Benton

Comeback kids

Local athletes working hard to get back on field

By Rob Backus
Sports Editor

With the eyes of the sporting world on Philadelphia Eagles wide receiver Terrell Owens and his injured ankle, the main question leading into Super Bowl XXXIX is sure to be, "Will he or won't he play?"

It would seem that local athletes aren't immune to the question, either.

"Everyone's always asking me when I'll be back," said Warren junior Giuleana Lopez, a two-sport athlete who viciously injured her right knee in a basketball game against Buffalo Grove in November.

She finally has an answer for the question, though.

"I'll be back April 16," Lopez said. "That exactly four months after the surgery. I'll be strong enough after three months, but the grafts in my knee won't be completely healed until April 16."

Given the horrific damage to her knee, it's amazing that she'll even take the field again in her high school career, let alone just five months after the injury.

"I was going up for the ball on defense and I got pushed inadvertently by another player and came down and tried to balance on my right leg," Lopez said. "But my body went one way and my knee went the other way."

The damage was extensive as Lopez tore the ACL, MCL and meniscus in her knee, with ACL reconstructive surgery coming three weeks later. And it wasn't her first battle with knee problems, as she tore her ACL and meniscus in her left knee as a freshman.

"When I got hurt I thought, 'Oh no, not again,'" Lopez said. "I was supposed to be in a huge soccer tournament the next weekend. I was real upset because I knew how much work it was going to take to get back."

According to Lopez, a lot of her rehab work is done to strengthen her quadriceps, a leg muscle that weakens with lack of activity.

"You lose a lot of muscle going through surgery so now I'm working to strengthen it again," Lopez said. "Rehab is so tough, but you have to do it or you won't get back."

There are also other physical

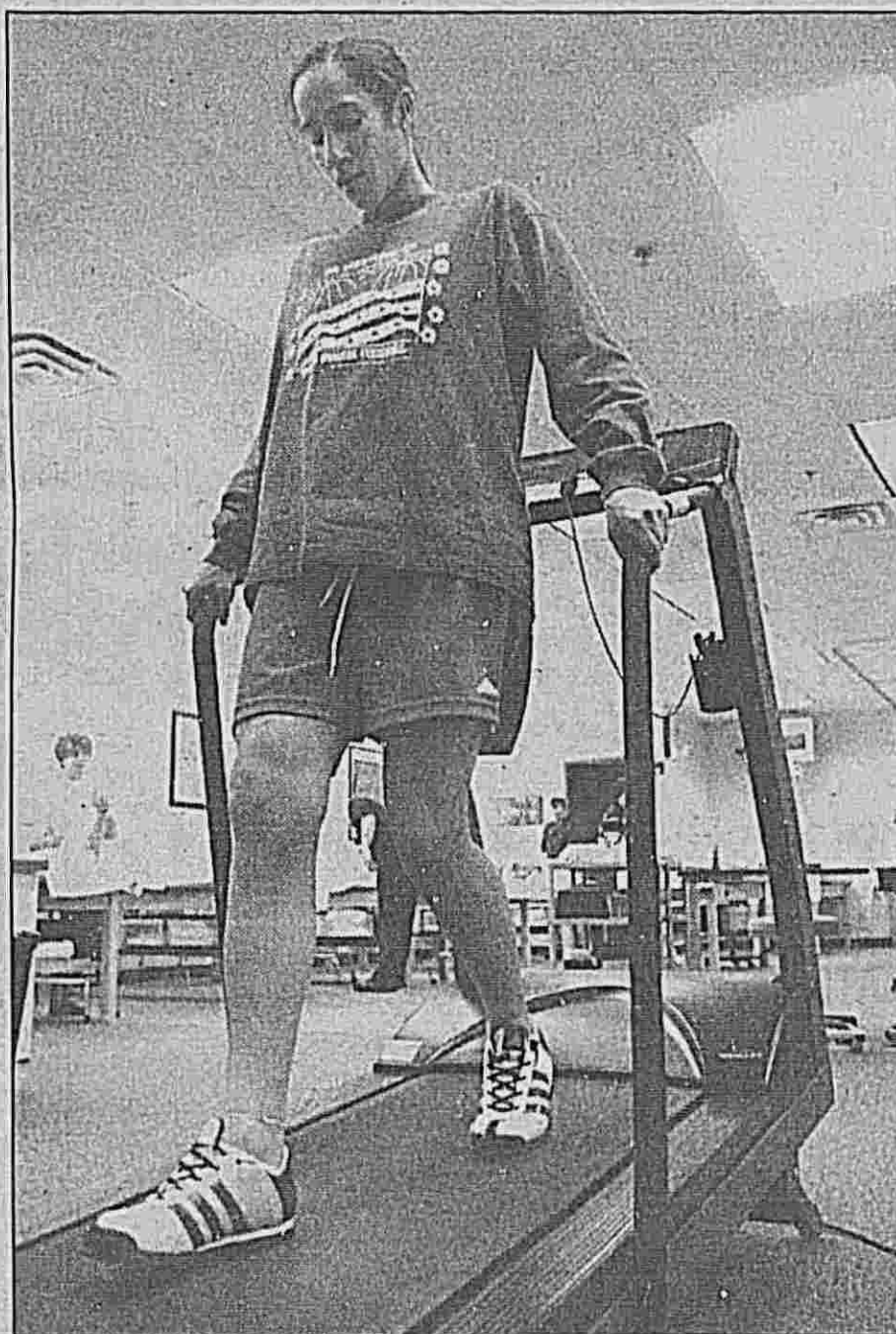


Photo by Sandy Bressner

Warren Township High School junior Giuleana Lopez works on a treadmill at the Illinois Bone and Joint Institute in Gurnee to rehabilitate after a horrific knee injury suffered during a game earlier this season against Buffalo Grove. Lopez hopes to be playing with the school's varsity soccer team in the spring.

'It came out twice in five minutes. There was so much pain. At the end, I could feel the ball of the bone pushing against my skin. Needless to say, I lost the match.'

David Moosman
Libertyville senior

complications for Lopez, who has lost 22 pounds since the surgery.

"I just haven't felt like eating much," Lopez said. "I'm used to burning off so much energy that I need food, but now I haven't been burning it off."

That, perhaps, is the biggest complication for Lopez—the

mental one. For people like Lopez, an avid athlete, taking away sports is akin to taking away one of the loves of their life. All that's left behind is emptiness.

"My life has ground to a halt," she said. "There's just so much down time. It's really tough."

But she credits several factors with helping her get through the turmoil.

"I'm always praying to God to give me the strength to go on," Lopez said. "And I'm getting a lot of encouragement from my family, especially my little sister. And my teammates, friends, teachers and coaches have all been real supportive."

ON THE SIDELINES

Dan Patrick • Sports Reporter

On the clock

After a hard-fought battle, the Bellow Free Academy-Fairfax pulled out a 5-2 nail-biter win against Milton in Vermont. While 5-2 would have made for a great soccer game, the aforementioned final score came from an ill-fated high school basketball score.

The ridiculously low score was the result of deliberate stalling by a Milton team who felt their only chance to compete was to simply hold onto the ball. While the strategy did not work, the game has been used by some groups as evidence shot clocks are needed in high school basketball. Libertyville boys basketball coach Scott Bogumil said he would welcome such an addition to the high school game.

"I'm all for it," Bogumil said. "Not many teams are that quick where they can deny all the passes to the wing, so then you have to start fouling."

While Bogumil and other coaches might be for the implementation of shot clocks, I'm not. High school sports remain as one of the final vestiges of American athletics whose landscape is still relatively pristine despite the ever-growing power of the sports business scene. That is certainly not to say that commercialization has not reared its ugly head within prep sports as more and more schools are being sponsored by private vendors and the more spectacular players win and dined by self-serving NBA and college scouts like cheap prom dates.

Shot clocks have been used as nothing more than simple moneymaking machines. Their sole purpose is not to heighten any sort of competitive spirit, but rather to speed up the game in order for more "entertaining" run-and-gun basketball games. However, this speed and entertainment typically comes at the cost of the smaller, less competitive schools.

I guarantee that for every Milton-esque debacle there are 10 to 20 absolutely lopsided games where Goliath caught David's stone, chewed it up and spit it back at him.

Please see **SIDELINES** / D2
dpatrik@lakelandmedia.com

Please see **COMEBACK** / D2

FROM PAGE D1

COMEBACK

Like Lopez, Carmel senior Steve Hironimus has had to come to grips with a startling fact as he battles back from a knee injury—he could have died.

During football practice in mid-October Hironimus was making a cut and felt something pop in his right knee. He knew immediately something was wrong.

"I played five or six plays after that and it didn't feel right," Hironimus said. "I found out later that it was a torn ACL."

Opting for surgery, Hironimus should have been on the road to recovery. But a potentially life-threatening staph infection set in, keeping him in the hospital for eight days.

"I was terrified," Hironimus said. "I thought I would never play again."

Although the infection healed after six weeks, he remains on antibiotics just to be safe.

"I was relieved to have the surgery behind me, but I was still mad because the season was taken away from me," he said. "I never got to play in my last high school game."

While he'll likely never play football again, he is holding out hope to return to Carmel's baseball team this spring. With that in mind, he's undergoing extensive rehab to get his knee back to full strength.

"Rehab is the hardest thing I've ever been through," Hironimus said. "It's a lot harder than football practice. The stretches are the hardest. When the knee can't bend and the physical therapist makes it bend, it breaks the

scar tissue and it's really painful."

Despite the adversity, Hironimus is just happy to see a light at the end of the tunnel.

"Everything's moving in a positive direction right now," he said. "I'm just working hard to get back on the field."

Although Libertyville senior David Moosman may arguably have an easier road to recovery, he also has a lot to lose, namely a football scholarship to the University of Michigan.

Last February, Moosman was competing in the state wrestling semifinals when his shoulder separated—twice.

"It came out twice in five minutes," Moosman said. "There was so much pain. At the end, I could feel the ball of the bone pushing against my skin. Needless to say, I lost the match."

Although Moosman knew once the injury had occurred, he faced the probability of repeat occurrences, he decided against surgery. He managed to make it through most of the football season without incident, until attempting a tackle in the team's playoff opener.

"I had a brace but I didn't use it because I needed the mobility," Moosman said. "The third time wasn't as bad. I was still able to play effectively."

Still, after leading the Wildcats to the Class 7A state title, Moosman underwent arthroscopic surgery on his shoulder, an event he commemorated with a DVD.

"I have my surgery on tape," he said. "It



Photo by Sandy Bressner

Libertyville's David Moosman chases down a North Chicago player during a win for the Wildcats last September. The University of Michigan-bound Moosman separated his shoulder in the playoff opener against Mundelein last October.

was interesting to watch."

At first, Moosman's shoulder was completely immobilized. On Tuesday, he had his first rehab appointment.

"I need to loosen up the shoulder to get my mobility back," Moosman said. "Then I can start strengthening it."

Although he was faced with the disappointment of missing the wrestling season,

he's already looking forward to summer football practice at Michigan, even joking that he now has something in common with a few of his teammates-to-be.

"Two of the Michigan offensive linemen had the same surgery," he said. "Now I guess I'm in good company. But I'm glad I did it. It's going to make my shoulder stronger in the long run."

SIDELINES

with the force of an AK-47 machine gun.

High school athletics is the last stop in the hierarchy of sport where there are still some players who "have it" and other players who don't. Strategies such as burning the clock, as boring as they may be, are sometimes a lesser team's only hope at making a competitive contest and a shot clock would negate this defense.

Everybody's favorite former prep player LeBron James once scored 21 points in a 101-40 blowout when he was in high school.

Imagine what a bitter pill a 61-point defeat was to swallow for the young men on the other team, but with a shot clock, the damage could have been worse.

However, teams who preserve their lead by simply sitting on the ball are of a particularly despicable and boring ilk. But the players are not the ones to blame and their game should remain unchanged. It is instead the coach who is so cowardly as to hide from the game in order to ensure victory. There are pros and cons to every decision and the occa-

sional outmatched school taking victory away from the overpowering opponent by slowing the pace is worth the occasional gutless coach.

As a former high school basketball player who experienced manhandling on both sides of the fence myself, I know what it's like to crush and be crushed. Shot clock or not, some schools will win by 30 and other schools will lose by 50. High school basketball is still high school basketball and it should be left alone.

Longtime Warren boys hoops coach Chuck Ramsey agrees, saying: "I don't think it's necessary. I think we already have a beautiful game here—one that doesn't need a shot clock."

In the end, the better team will win regardless of what rules, clocks or lines on the floor the officials might throw at the game. After all, the ball is still round, the floors are still wood and the rim is still at 10 feet. Oh wait, wasn't that about to change too?



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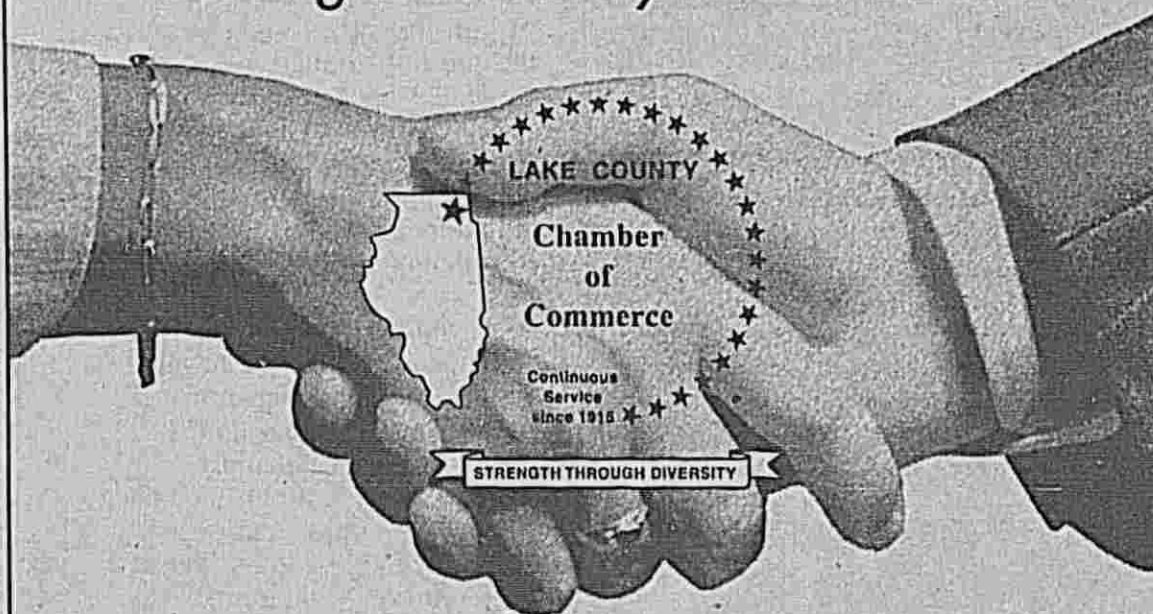
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ANTIOCH



Sequoits gaining some confidence

By Rob Backus

Sports Editor

Despite going 1-1 in last week's action, Antioch girls basketball coach Don Zeman knows his team is flying high right now.

"Our confidence is at a season high right now," Zeman said. "We played really well last week."

Antioch opened the week with an NSC crossover match-up against North Chicago. Despite trailing by as much as 12 points early, the Sequoits managed to come all the way back, taking their first lead with 5:30 left in the game on a layup from Ashley Fain, who finished with a game-high 18 points.

That basket began a 10-4 run in the final five minutes as Antioch jumped out to a seven-points lead before holding on for a 49-46 win.

"We didn't panic after a poor first half," Zeman said. "We didn't do anything drastic in the second half, we just played better and started attacking the basket. And we did just enough to hold them off in the end."

Holly Roberts chipped in with 16 points in the win.

Tuesday night's game against NSC Lake division rival Stevenson started off the same way, with the Sequoits trailing throughout, including a 43-35 deficit to open the fourth quarter.

But once again, Antioch would not give up and began chipping away at the lead. Gina Florian (11 points) tied the game at 44 with 15 seconds left after a pair of free throws to send the game into overtime.

After the extra session went scoreless through the first four-and-a-half minutes, Stevenson capitalized on a putback to take a 46-44 lead, which turned out to be the final score.

"It was a knockdown, drag-out overtime," Zeman said. "We talked about it coming down to the little things and it did. We had two key turnovers and two missed free throws in overtime."

Despite the loss, which dropped Antioch's record to 6-15 overall and 0-7 in the Lake division, Zeman was pleased with his team's effort.

"It was a super defensive effort," Zeman said. "The fact that we only gave up 46 points in four-and-a-half quarters supports the notion that we're only going to go as far as the defense takes us."

The Sequoits also had a solid offensive effort for the second straight contest. In addition to Florian's 11 points, Loren Scarbrough added 13 points, including three 3-pointers, and Fain chipped in with 12 points.

After the back-to-back comeback attempts, Zeman joked that they were taking their toll.

"I'd like to play with the lead if I could, it's a lot easier on me," Zeman said. "But I'll take wins any way we can get them."

Antioch will travel its next two games, against McHenry Jan. 27 and Libertyville Jan. 29.

"The last time we played Libertyville it was a one-point game for three-and-a-half quarters," Zeman said. "So now we know we have



Photo by Steve Young

Antioch Community High School's Angle Axton drives past a Stevenson player in a 46-44 overtime loss to the Pats Tuesday night.

the ability to play with them. If we can't do it (win their first Lake game) this Saturday, we may not do it at all."

BOYS BASKETBALL

As has been the case throughout much of the year, Antioch fell behind early Tuesday night against Cary-Grove. The Sequoits trailed 28-6 in the second quarter before staging a huge comeback to draw within 50-44 with 1:30 left in the game.

However, Antioch had nothing left down the stretch, losing to the Trojans 58-44. Chandler Kent was the lone Sequoit in double figures with 19 points.

"We dug ourselves a huge hole," Antioch coach Tom Duffy said. "We were doing everything to trap the ball, stealing it and going to the hole. We just ran out of gas at the end."

Fortunately, Antioch was able to win its first NSC Lake division game with a 53-48 victory over Lake Forest last Friday. The Sequoits hit just two fourth-quarter baskets, but made 15 of 23 from the charity stripe to seal the win.

"We defended really well," said Duffy, whose team held Lake Forest star Ryan Paxson to just 11 points. "We were playing good man-to-man defense."

Sean Hertz led Antioch with 15 points while Kent chipped in with 10.

"It's always nice to get a road win in your own league," Duffy said. "Those don't happen too often."

Up next for Antioch is a game at Lake division leader and state-ranked Warren on Jan. 28 at 7:30 p.m.

"We just have to take care of the ball and not have a million turnovers," Duffy said. "If we do that it will help our chances. Plus we need some one to step up in addition to everyone else doing what they normally do."

CARMEL



Corsairs dominant in meet

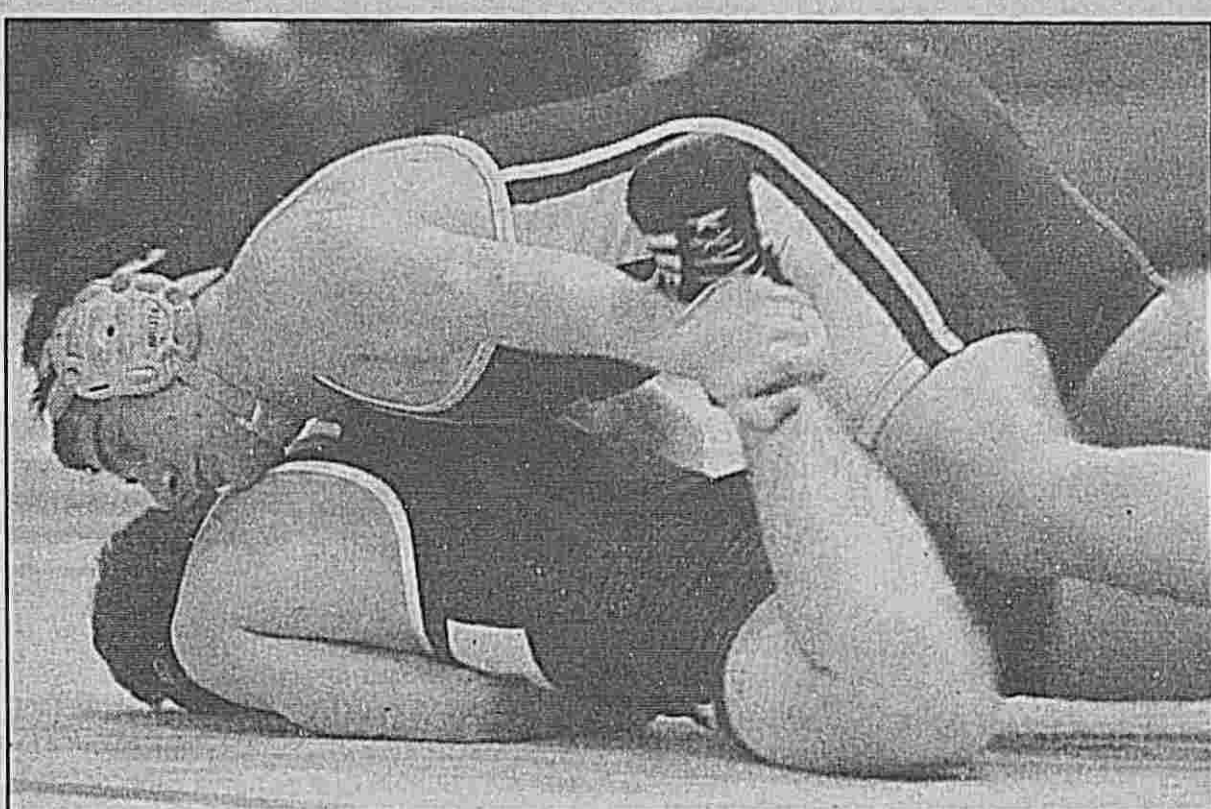


Photo by John Dickson

Peter Maus, a varsity wrestler at Carmel High School, works to pin his opponents shoulders to the mat. Maus succeeded in the pin, and won the match.

By Dan Patrick

Sports Reporter

Dominance is a word that doesn't even sum it all up. The Carmel Corsairs did more than host the dual meet against the Joliet Catholic Academy Hilltoppers and the St. Viator Lions, the Corsairs owned it. When it was all said and done, the Carmel Corsairs overpowered their opponents and won every meet in freshman, junior varsity and varsity action.

The Joliet Catholic Academy Hilltoppers were thoroughly out-wrestled as Carmel defeated JCA 57-14 in varsity action, 54-12 in the junior varsity ranks and 54-24 in freshman matches. St. Viator did not fare much better as the Corsairs dismantled the Lions 64-12 in the varsity meet, 48-12 in J.V. and 54-24 in the freshman meet.

All in all, virtually every member of the Carmel team won their matches within both meets. Corsair Michael Berrones had an impressive outing, winning both of his matches in the 135 weight class. Berrones defeated his JCA opponent by pinfall in a mere one minute, 20 seconds and shutout his St. Viator opponent 10-0 in match scoring. Anthony Powers also had a good match against St. Viator in the 152 pound class, as he managed to pin Lion Joe Pape in 1:24.

GIRLS BASKETBALL

All season long, Carmel had last Wednesday's game against Fenwick circled on the calendar, with dreams of an upset. The team was trying to end the Friars' 10-year stranglehold on the East Suburban Catholic Conference as Fenwick handed the Corsairs their lone ESCC loss last season.

Unfortunately those dreams quickly turned into a nightmare for Carmel, which fell behind 27-5 at halftime before going on to lose

54-32. The Corsairs did have a chance to get back in the game in the third quarter, but were unable to capitalize on a pair of 3-point attempts that would have cut the lead to single digits.

"We came out with a lot of energy in the third quarter," Carmel coach John Ryan said. "We were in a position to get back in the game with a couple of good looks at a three, but they didn't fall."

Jenny Eckhart led Carmel with 11 points in the loss.

With a blizzard pouring down across Chicagoland and forcing cancellations of most of the day's games, Ryan hosted a pizza party at his house on Saturday. Fortunately, his house is located just five minutes from Nazareth Academy, the team's opponent that day.

"There's no way I wanted us to miss that game," Ryan said. "I drove the van to Nazareth and it worked out okay."

It certainly did work out well for the Corsairs, who handily defeated the Roadrunners 46-19.

"We played some great defense," said Ryan, whose team held Nazareth to just six first-half points. "Our intensity was awesome and we did pretty well offensively."

Eckhart led Carmel (17-4, 3-1 ESCC) with 17 points, while Teresa Ogrinc chipped in with 16 points and 9 rebounds. The team also received a boost with the return of top defender Kendall Brown, who had missed the previous five games with a concussion.

"Having her back is a real shot in the arm for us," Ryan said. "She's still not 100 percent, but she's already contributing."

Up next for Carmel is a home game against Joliet Catholic on Jan. 29 at 7 p.m. The Hilltoppers are led by Sam Quigley, the younger sister of DePaul freshman Allie Quigley.

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GRANT



Behm, Bulldogs top Cougars

By Steve Peterson

Sports Reporter

Grant High's boys basketball team turned in its best shooting game of the season and it paid dividends in a win at Vernon Hills.

The Bulldogs, now 9-7 overall and 4-2 in the NSC Prairie Division, are at Round Lake Jan. 28.

"We told the kids in the first half we were executing our sets but we really weren't running our continuity very well and we told the kids to be more patient on offense. The set plays worked great, but we didn't want the defense to start overplaying them," said GCHS coach Phil Ralston.

'We're just the type of team where we are going to be a lot more patient and probably have our average in the 50s. But the fact that we were able to score in the 60s just tells you how well we were competing on offense.'

Phil Ralston
Grant Community High School
boys' basketball coach

Matt Behm scored 26 points on nine field goals and 7 of 8 from the free-throw line. Eric Lostrosio had 18 points.

Grant trailed 29-28 at halftime, but finished with a 37-point second half. The free-throw line was a big advantage to Grant, 18-6.

Ralston said there was a difference in the first half to the second when Grant played at its best. The 65 points were the most Grant has scored all year.

"At halftime we said, 'hey, lets get back to the basics, the fundamentals,' if they start to cheat us in our offense, we'll cheat them right back with a play the other way and I thought it was fairly effective. We wanted to extend their defense a little bit more so we would have better one on ones to the basket and Vernon Hills fouled, too. Once we got the lead they had to," Ralston said. "It was a well-executed half and possibly our best half of the season. It's kind of funny to stay this, we're 9-7 and this is the first time in the season that we've broken 60."

"We're just the type of team where we are going to be a lot more patient and probably have our average in the 50s. But the fact that we were able to score in the 60s just tells you how well we were competing on offense."

Grant battles rival Round Lake and the team believes it is still in the hunt for the Prairie Division.

GIRLS BASKETBALL

After scoring 66 points to defeat Zion-Benton in overtime, two efforts in the 40's were enough to defeat Round Lake and Waukegan last week.

The wins by Grant upped its overall record to 15-6 and the Bulldogs remained unbeaten in NSC Prairie play. A key showdown loomed at North Chicago Jan. 27 with a rematch with Zion Feb. 4 at home. Both of those games took place after this week's sectional seeding meeting.

"We came out with strong defense in the first quarter. We had a lot of players get a lot of minutes and that was nice," said coach Tom Oeffling about a 43-13 win over Round Lake.

The Bulldogs led 16-0 after enough minutes and kept the shutout going to a 30-0 half-time lead.

"Kyle Baird had some good minutes, as did Lindsay Dresser and Chris Totten," Oeffling said. Baird is a junior while Dresser and Totten are seniors.

Danielle Eiler led the way with 10 points and Ashley Arff added 7 as did Cassie Newton. Junior guard Kaela Munster added 8 points.

A 21-5 lead paced Grant in the battle of Bulldogs in Fox Lake. Arff and Becka Gonyo had 10 points each, Eiler had 9 and Shelly Peterson chipped in with four in the 44-22 Grant win.

Grant High may have won the NSC wrestling meet three of the last four years, but that does not mean the Bulldogs are by any means overconfident.

They know that challenges lurk from every corner in the NSC Meet, with two rounds Jan. 29 at Vernon Hills. Libertyville is the champion from the Lake Division, but Warren, Stevenson, and Mundelein all have top wrestlers. Round Lake and Wauconda can't be discounted from the Prairie Division, either.

"We'll be working hard right up to the last day before the conference meet. Our kids know that we will have to wrestle very well to win it," coach Ryan Geist said.

Grant features 119-pounder Jim Kennedy, who is 30-0 after winning the state meet at 103 pounds last year. "Jim has done an excellent job. It is a whole different style against stronger kids," Geist said.

Then there is Joe Barczak, coming off a big win over Buffalo Grove's Rory Compton 5-2 at 160 pounds. Barczak, like Kennedy, is a member of the 30-win club.

Daniel Dennis, a state qualifier last year, is 35-1 at 130 and then there is John Deenen, 30-4 at 125.

Izzy Montemayor is a freshman who is newcomer of the year for Grant, at 112. "Izzy has come on strong. He is picking up some of the techniques," Geist said.

Senior Eric Horvath, who won two matches by pin at Buffalo Grove, has seven straight wins by pin. "He wrestles solid for six minutes."

Other Bulldogs to watch include senior Toby Temple, who outlasted a foe from Elk Grove 5-4 and won by pin at 140 at Buffalo Grove. "He has got a tough weight class, but his goal is to get to state," Geist said.

Grant downed Buffalo Grove 59-12, Elk Grove 52-16 after easily defeating Lake Forest 61-19 and St. Patrick last week.

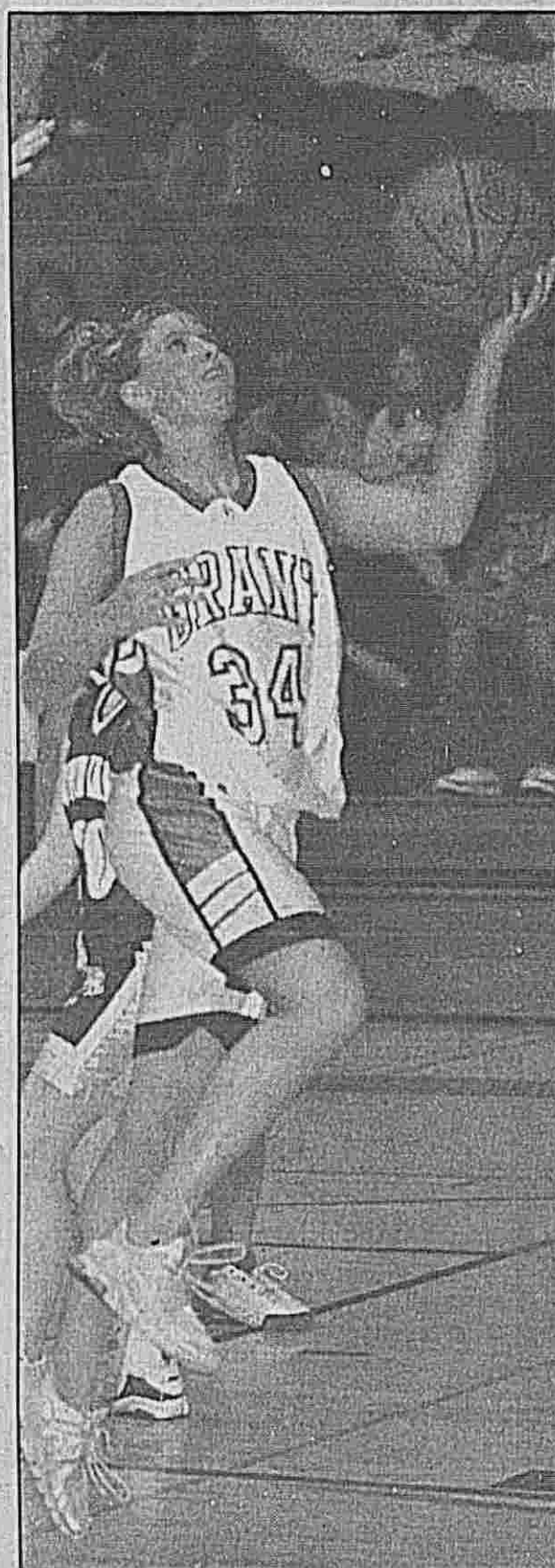


Photo by John Dickson

Grant Community High School's Ashley Arff goes in for a layup in the Bulldogs' 43-13 win over Round Lake last week.

GRAYSLAKE



Rams hope for strong FVC tourney

By Rob Backus

Sports Editor

Grayslake wrestling coach Steve Wood was given a glimpse of what his team was capable of earlier this month when the Rams placed 5th in the always-tough Mahomet-Seymour Invite.

Nearly every wrestler placed above his seed in the 15-team event, something Wood would like to see more of in this weekend's Fox Valley Conference meet. He's hoping for a solid finish for the Rams, even though the FVC is traditionally one of the top wrestling conferences in the state.

"We want to finish in the top half of the FVC, and we're going to have to wrestle well to get there," Wood said. "There's three or four teams that can win the whole thing, and we're hoping for the top-5 or -6."

"The possibility is there for us to do well, we just have to get through practice healthy and we'll see how things work out."

The Rams closed out the season on a down note, losing a pair of dual meets against FVC foes Woodstock and Dundee Crown.

On Thursday Grayslake fell to the Blue Streaks 39-24, with the match coming down to August Trexler at 160 pounds.

"He had a one-point lead heading into the third period but there was a scoreboard mix-

'We want to finish in the top half of the FVC, and we're going to have to wrestle well to get there,' Wood said. "There's three or four teams that can win the whole thing, and we're hoping for the top-5 or -6.'

Steve Wood
Grayslake Community High
School wrestling coach

up," Wood said. "He thought he was down a point so he made a silly mistake to try to take the lead and got pinned."

Winners for Grayslake included Jerry Baumgartner (112 pounds), Dane Lund (119), Curran Allenstein (125), Ryan Lund (130), Drew Spencer (140) and Marvin Mantras (275).

"Placido Mendoza had the night off and Ryan did a real nice job filling in for him," Wood said of Lund, a freshman.

The next day Grayslake faced another tough opponent in Dundee Crown and fell to the Chargers 48-24.

"We knew it would be an awful tough meet to win," Wood said. "We just wanted to wrestle well and for the most part they did. The kids that have been doing well still are."

Winners for the Rams were Baumgartner (112), Dane Lund (119), Allenstein (125), Trexler (160) and Eric Rohde (189).

The Fox Valley Conference meet will be held Jan. 29 at Woodstock High School.

BOYS BASKETBALL

A longtime believer in the old adage "Defense wins championships," Grayslake coach Tim Bowen has certainly not liked what he's seen out of the Rams in their last two games.

"Defensively, we need to do a better job," Bowen said. "This is two games in a row now where the defense isn't where it should be. I'm trying to put a finger on it."

After allowing Lake Zurich's Mike Kolze and Austin Scott to run wild on them last week, Grayslake once again struggled defensively in a 54-50 loss to Crystal Lake South last Friday. The Gators shot 24 of 49 from the field (49 percent), something that certainly bothered Bowen.

"They were just getting too many open looks," Bowen said. "You can't shoot well with a hand in your face and we weren't doing that. There were just too many breakdowns on defense. But I have to give them a lot of credit. They did a nice job getting the ball inside and they were patient on offense."

Despite all of the defensive lapses, Grayslake had a shot to win the game, but allowed an insurance 5-foot basket in the final seconds.

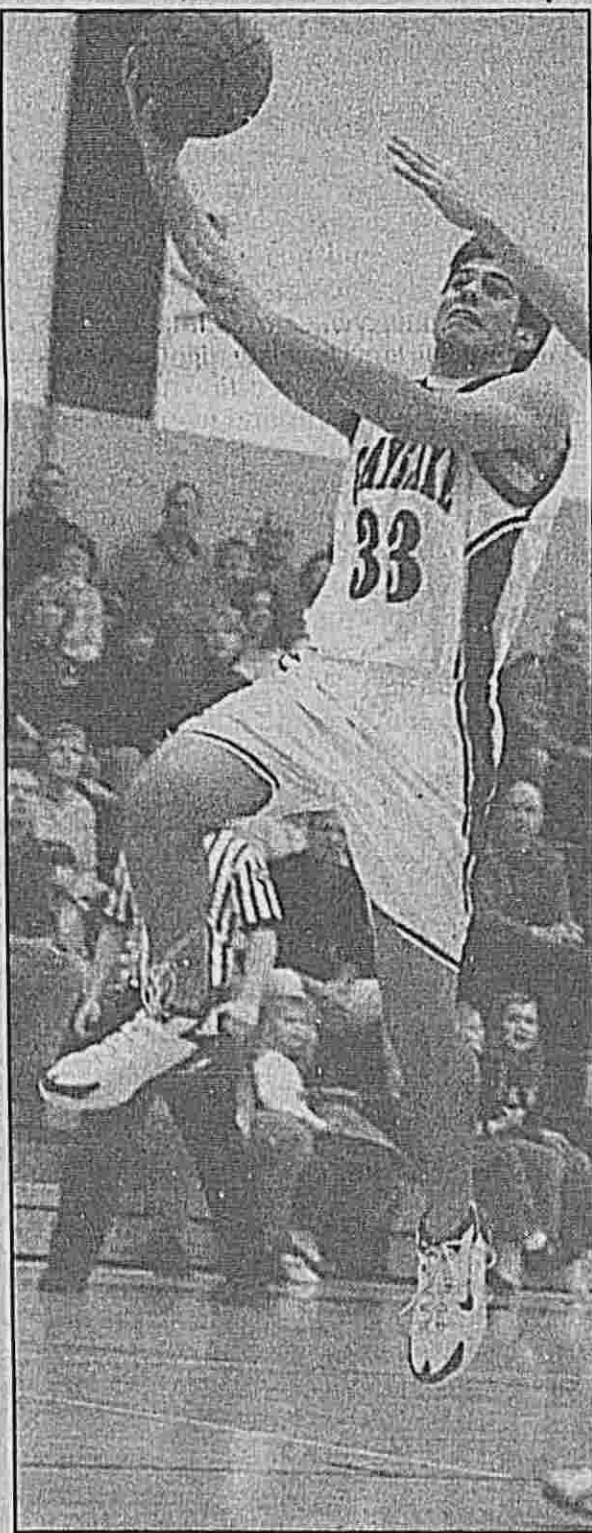
"A few things didn't go our way in the last minute," Bowen said.

Still, Bowen was pleased with the offense, which produced three scorers in double figures. Brian Centella led Grayslake with 14 points, while Elias Washington and Travis Guy each added 13.

"It was a pretty good game offensively," Bowen said. "We moved the ball around and executed pretty well."

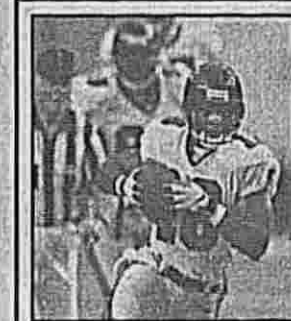
Up next for Grayslake (10-7, 0-2 FVC) is a contest at Huntley Jan. 29 at 7 p.m.

"Huntley has some good guards and they mix up their defenses well," Bowen said. "We just need to do a better job on the perimeter."



File photo by Sandy Bressner

Grayslake's Travis Guy goes up for a layup in a win over Carmel earlier this month. The Rams fell to Crystal Lake South last Friday.



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LIBERTYVILLE



Defense keys Cats' win

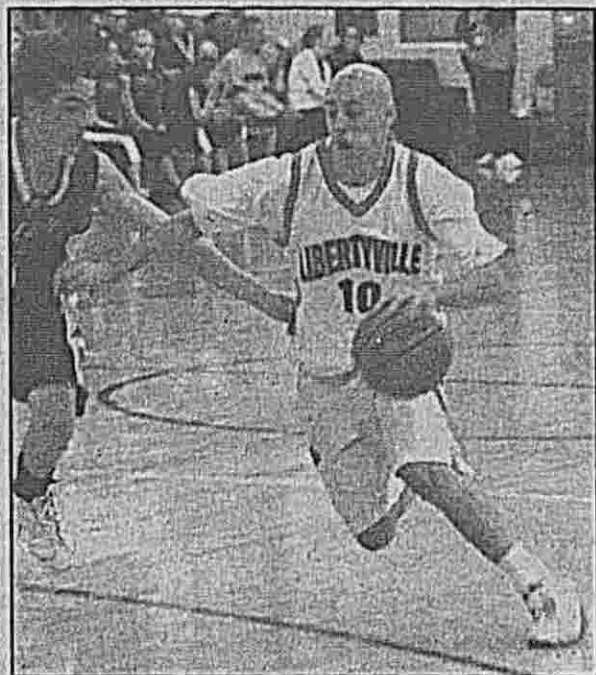


Photo by John Dickson

Libertyville's Anthony Jennings drives to the hoop in a 46-44 win over Stevenson last Friday. Jennings scored a game-high 14 points in the win.

By Matt Pera

Sports Reporter

Libertyville boys head basketball coach Scott Bogumil said he had never witnessed such an anomaly—a scoreless quarter.

But that was exactly what happened last Friday night when the Wildcats hosted Stevenson in North Suburban Conference Lake Division play.

Libertyville stopped Stevenson from putting the ball in the basket even once in the first quarter, and headed into the second with a 15-0 lead.

"That was big, obviously," Bogumil said. "But the biggest thing was that we played pretty good defense. (Stevenson) had some open shots that didn't fall for them. It's kind of an odd thing; I've never seen that."

And, of course, something like that couldn't last for the whole game.

The Patriots got their offense going in the second quarter, but it wasn't enough, as the Wildcats (7-11, 3-3) held on to win the game 46-44.

Senior point guard Anthony Jennings led Libertyville with 14 points and had the key defensive stop of the game.

Stevenson (11-5, 4-2) had a chance to tie or win in the final seconds, but Jennings came through with a steal and dribbled out the clock to give his team its second win in three games against the Pats this season.

Wildcats junior guard Matt Hogan contributed eight points, while senior forward Tom Butrym added seven.

Benny Morrison, who scored 11 points off the bench and was the only Stevenson player in double figures, led the Patriots while battling the flu.

Stevenson knocked down two quick

threes early in the third quarter to tie the game and then fought their way to 38-37 lead heading into the fourth.

But the Wildcats held Stevenson to just six points in the final period to pull off the close win.

"We were really pleased with the win," he said. "It was like a boxing match but no one was going for knockout punch. We just took our shots and they did too. Both teams really got after it defensively."

Bogumil said it was the third time this season a game came down to the final seconds. The Wildcats lost a tight game to Zion-Benton 70-68 on Dec. 11 and also dropped a two-point decision to Lake Forest 54-52 on Jan. 14.

The Wildcats now have a tough three-game road trip, with two of the team NSC Lake rivals.

Libertyville will take on Mundelein Friday night, staging a rematch of a 93-82 shootout that the Wildcats won Dec. 7. The Mustangs have had their share of problems since then, posting a 2-17 overall record and a 1-5 conference showing.

Bogumil said the Wildcats will have to lock down on Mundelein senior guard Jake Gaebler, who is the leading scorer on the team.

"He's really good," Bogumil said. "He could play and start for anybody in our conference."

Libertyville will then travel to take on the state-ranked Warren Blue Devils (14-2, 6-0), who sit atop the conference. Three days later, the Wildcats will finish up the road trip at Downers Grove North.

WRESTLING

The Libertyville wrestling team beat Vernon Hills last Thursday night, winning 44-13 in NSC Lake division action.

The Wildcats (18-1) received key performances from 125-pounder Ted Strychalski, who won by technical fall, and 135-pounder David Paramski, who won his match with a pin.

Paramski and senior 152-pounder Jeff Keske are both 30-1 heading into the conference championship this weekend. Other top wrestlers for the Wildcats are Strychalski (26-7), 103-pounder Trey Ayala (27-5), 112-pounder Peter Mazzetta (24-7) and heavy-weight Jack Danilkowicz (25-5).

GIRLS BASKETBALL

The Libertyville girls basketball team dropped a 49-37 decision to a state-ranked Warren squad Tuesday night. Senior guard Samie Balmes and senior forward/center Carolyn Kozak led the Wildcats with eight points apiece. Balmes added five rebounds, while senior guard Anne Lubicky pulled down eight.

Warren freshman Sarah Boothe led the Blue Devils with 12 points and six rebounds, while senior Alexandra Leach tallied 11 points, two assists and four steals.

The Wildcats next host Antioch Saturday afternoon.

MUNDELEIN



Mustangs fall to Lake Forest

By Matt Pera

Sports Reporter

The Lake Forest and Mundelein girls basketball teams have both prided themselves on their defense all season long.

So it didn't come as much of a shock that Tuesday night's match-up between the North Suburban Conference Lake Division foes wasn't exactly a barn burner.

Both teams struggled to put points on the board throughout much of the game and, with 38 seconds remaining in the fourth quarter, the Mustangs found themselves down 36-35.

Mundelein head coach Brian Evans said he wasn't surprised by the low point total.

"Our defense did well and their defense played well," he said. "That's what both of our teams are known for. It came down to one possession in the fourth quarter."

That key possession took place with 15 seconds to go, when Lake Forest junior guard/forward Jorie Schuetz found junior guard Jenner Johnson in the paint for a layup, putting the Scouts up 38-35 and sealing the win.

The Mustangs (16-8, 4-4) had one final chance to force overtime, pushing the ball to midcourt and calling a timeout with 12 seconds remaining in the game.

After Evans drew up the play, Mundelein took the court for their final possession of the game.

Senior point guard Caroline Laird took the inbound pass at the top of the key and found senior guard Sarah Miller on the wing. She took a quick dribble to get around her defender and put up a three-pointer that rimmed out

and hit the top of the backboard with 0.3 seconds left, allowing Lake Forest (19-3, 7-1) to merely inbound the ball as the buzzer sounded for the win.

"It's a play that we practice to get Miller a three-point look," Evans said. "It was a pretty good look. They covered it pretty well. The ball goes in, it's a great play. The ball doesn't go in we should have called time out (to set up a new play)."

Evans was also quick to point out that the Mustangs missed several scoring opportunities throughout the game, while the Scouts capitalized on some key plays.

"Any basket we missed, that's the game in games like this," he said. "So it doesn't come down to the last shot that Miller misses. That's what we try to tell our kids, nobody wins or loses games on the last shot."

Evans pointed to a stretch in the first quarter when Lake Forest freshman guard Jean Rebarchak hit three straight three-pointers, giving the Scouts an 11-6 lead, as the key run in the game.

Rebarchak and senior guard/forward Kristin Cartwright led Lake Forest with nine points each.

Miller led the Mustangs with nine points as well, while Laird added six.

After an emotional win over state-ranked Warren last Tuesday, the Mustangs have lost two straight.

Evans said part of the reason for the slight slump has been his team's tentativeness on offense.

"We're struggling shooting the ball for some reason," he said. "I think kids are starting to think too much instead of just letting it fly. We shoot 48 percent from the field; obviously we didn't do that tonight."

But he added he was pleased with where his team was defensively.

"It's been a long time since we held a team under forty points," he said. "That's our goal. I think we did that pretty effectively. We just had a couple of times in the game where we lost focus."

BOYS BASKETBALL

The Mundelein boys basketball team lost to NSC Lake foe Warren last Friday night 84-38.

Blue Devil junior forward Marcus Lewis poured in 41 points in the win. Mustang senior guard Jake Gaebler scored 20 points in the first half but did not score in the second half as Mundelein managed only seven points after halftime.

The Mustangs (2-17, 1-5) will next travel to take on Libertyville Friday night.

GIRLS GYMNASTICS

The Mundelein girls gymnastics team lost to NSC Lake foe Antioch in a close meet 136.8-132.65 last Wednesday.

The Mustangs' Jennifer Wallace led the team, tying for second place on the vault (9.3), winning the bars (8.8) and taking second in both the beam and floor exercises (9.05 in both events).

Wallace also took second place with an all-around score of 35.7.



Photo by John Dickson

Mundelein's Warren Arnold takes a jump shot in an 84-38 loss to Warren last Friday.

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ROUND LAKE

Panthers prepare for NSC meet

By Steve Peterson
Sports Reporter

While Grant, Libertyville and Warren may do battle for the top spot in the NSC wrestling wars Jan. 29 at Vernon Hills, Round Lake has some wrestlers who are on a roll heading into the big meet.

Junior Josh Terrell at 152 pounds has won eight matches in a row. He is the defending NSC conference champ and would like nothing better than to be back in the finals around 4 p.m. on the last Saturday in January.

"He wrestled 70 matches over the summer and that is the way you have to do it. He had a hip injury just before sectional last year," Coach John Jobst said of Terrell.

Freshman 103-pounder Dillon Pousson has won 16 straight.

The Panthers are a more than respectable 11-7 in dual meets, having dropped a close 37-33 loss at Mundelein.

"The kids feel pretty good about it. We're all healthy. We hope to surprise some people (at conference)," Jobst said.

Pocasangre won at 145 on Friday, outlasting his opponent 4-2. "He took an elbow in the eye in the first 10 seconds and wrestled despite a black eye," Jobst said.

Dillon Pousson brings a 24-2 record to the conference meet. He and brothers Derrick (24-6 at 119) and Dustin (135 at 20 plus wins) have all been team leaders. Dustin has 16 pins, Dillon 12 and Derrick 10 for the Poussons and Terrell has seven.

"Dillon has gained a lot of experience. He has done a nice job, although he will have a tough road at conference," Jobst said.

Derrick Pousson won at 119 pounds by fall but Dustin Pousson lost to Mike McDermott by a 10-2 decision.

Ryan Bernard had the key match of the night, against Joe Winberg. It came down to a final last-second, buzzer beater of an escape by Winberg for a 4-3 win.

Terrell, at 160, kept his strong season going with a technical fall win. Andrew Krueger was another winner for the Panthers, with a 11-2 major decision at 171.

MHS standout Mike Avalos at 215 won by pin. He is 27-1 and is a favorite in the NSC Meet.

Round Lake gained its seventh dual meet win of the season by easily beating Johnsbury 78-6. Recording pins for the Panthers were: Dustin Pousson at 135, Barnard at 140, Terrell

at 152 and Krueger at 171. A triple dual with Barrington and Rolling Meadows was cancelled due to the Saturday snow.

Round Lake is at the Grant Regional meet on Feb. 5.

GIRLS BASKETBALL

Round Lake High secured its first win of the season and topped the 40-point mark as it held off Lake Forest Academy, thrilling a home crowd.

The Panthers won 43-36 in non-conference play.

"We have been focused on shooting the ball, on lay-ups, free throws, all kinds of shoots," said Round Lake coach Gary Edge.

Sandra Smith led the winners with two key hoops in the fourth quarter and Kimmy Nicoline had "a great game" with 13 points as did Brittany Kucia. A 17-8 run in the fourth quarter helped the Panthers pull away.

"We also played pretty good defense. Lake Forest has a pretty good post player in Dari Brooks (17 points)," Edge said.

Round Lake played better in the second half against Grant. Round Lake was shutout in the 30-0 first half Grant lead.

The Panthers did not score until a 15-footer by junior Lisa Walsh 30 seconds into the second half in a 45-13 loss.

Walsh had four points. Senior Lauren Fischer added 3 points.

"Being shutout in the first half made us mad, because we're not that bad," Smith, who said the win over LFA was fun for the team, said.

Round Lake hosts the Lacey Simpson-led Zee-Bees at 2:30 p.m. Jan. 29. The Panthers are at Highland Park Feb. 1 and Vernon Hills Feb. 4.

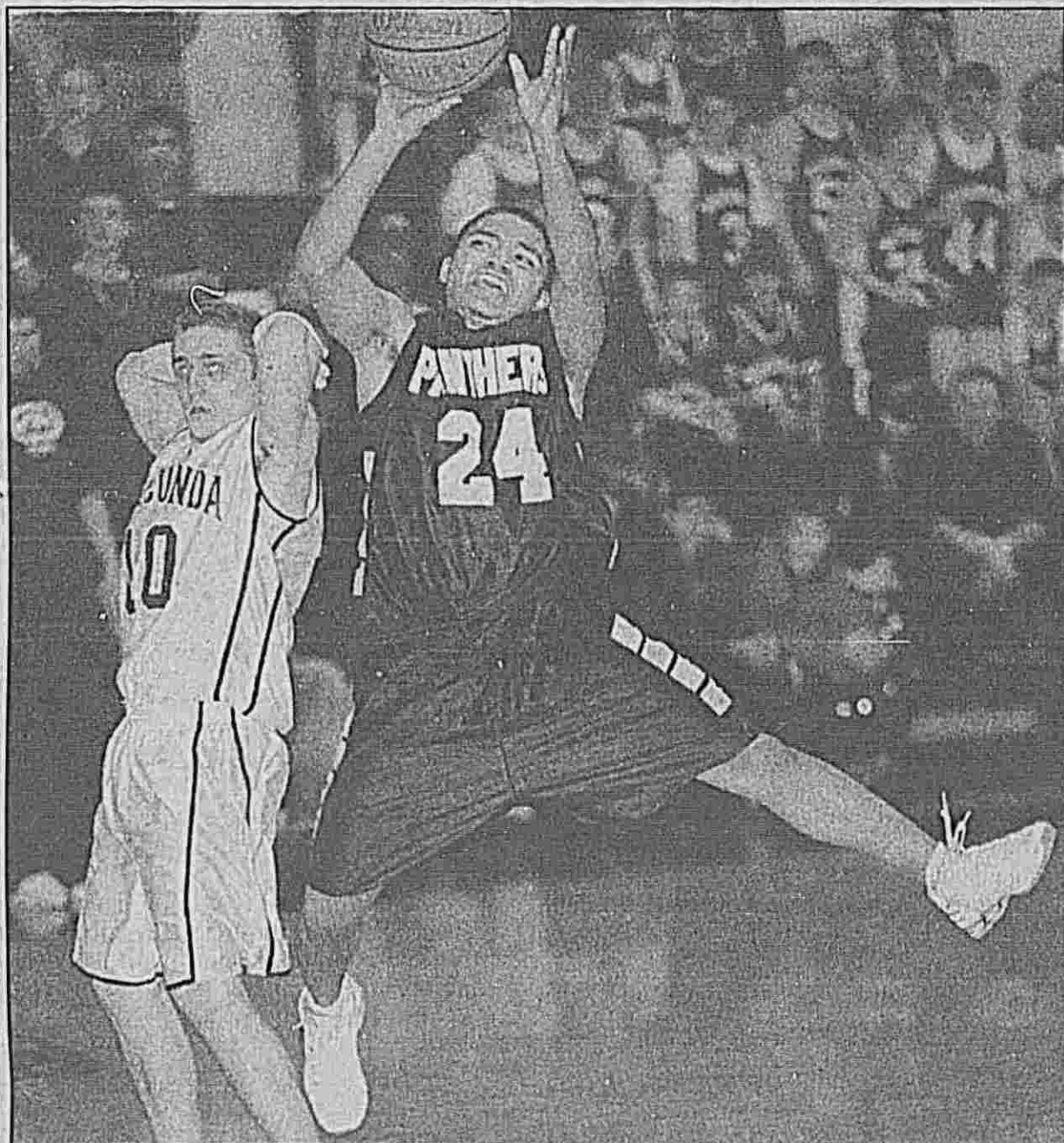
BOYS BASKETBALL

Tim Ryan and Hawk Haiduke combined to score 36 points from their guard positions as Wauconda gained its seventh win of the year, holding off Round Lake in NSC Prairie Division play.

Wauconda was led by junior Ryan's 19 points and Haiduke had 17, with 15 of those coming in the second half.

The two have a good solid respect for each other's talents.

Round Lake, still looking for its first division win, hosts Grant Jan. 28 while Wauconda (2-4 division) is at Prairie Division leader Zion-Benton. Grant beat Round Lake the first round.



Round Lake High School's Toby Arteaga attempts a shot during 60-55 loss to Wauconda.

Photo by Candace H. Johnson

VERNON HILLS

Grant too much for Cougars



File photo by John Dickson

Vernon Hills High School's Casey Fijalkowski drives past a Wauconda defender in a game against the Bulldogs earlier this month. The Cougars fell to Grant last Friday.

By Matt Pera

Sports Reporter

Grant junior guard/forward Matt Behm could not be stopped when the Bulldogs took on Vernon Hills Friday night in North Suburban Conference Prairie Division play.

He proved that during a three and a half minute stretch in the third quarter that started when he hit a short jump shot...then a baseline jumper...followed by a three-pointer from the wing...and then a layup.

When the nine-point individual scoring spree was said and done, Behm had single-handedly turned a four-point Grant deficit into a 40-37 lead for the Bulldogs.

Behm finished the game with 26 points and his hot hand helped Grant defeat Vernon Hills 65-51.

"We tried four different guys on Behm and no one was really doing their job," Vernon Hills head coach Matt McCarty said. "You just give him a pat on the back. He had a heck of a game, a very impressive game."

Before Behm's 12-point third quarter, Vernon Hills had kept the game close, heading into halftime with a 29-28 lead behind nine points and four rebounds from junior center Bob Coy.

But the third quarter, in which the Bulldogs missed only two of their eight shots and went 3 of 4 from the free-throw line, boosted Grant to a 44-39 lead headed into the final quarter.

Early in the fourth it looked as if the game would remain close until the end.

Cougars junior point guard Dan Nagle missed a shot that was rebounded by senior forward Clayton Anderson, who spun in midair and passed the ball to sophomore forward Brad Mahrenholz for a lay up.

The high-energy play brought Vernon Hills to within a point, but that was as close as the Cougars would get.

Foul trouble plagued the Cougars for the rest of the fourth quarter, as Grant got into the bonus early and hit 14 of 18 from the foul line in the final period.

Grant head coach Phil Ralston said he was impressed with what he saw from his squad after halftime.

"It was a well-executed (second) half and possibly our best half of the season," he said.

The Cougars also had trouble stopping Grant's Eric Lostroschio down the stretch. The senior forward tallied 10 of his 20 points in the fourth quarter, including hitting 8 of 11 from

the free-throw line in the final six minutes of the game.

And the three free throws Lostroschio did miss, he rebounded so the Bulldogs could reset their offense.

McCarty said Lostroschio took advantage of a young Cougars front court and exploited their inexperience on the offensive glass.

"They kind of locked him down," McCarty said of his junior center. "When he came out of the game I told him I could just tell he wasn't attacking like he was in the first half."

For Vernon Hills (3-13, 2-4), the loss snapped a three-game winning streak in which the Cougars had defeated Carmel, Wauconda and Round Lake.

Coy said Vernon Hills let Grant's second-half surge affect them too much.

"I think we definitely had a lapse and then instead of putting it behind us I think we kept thinking about that, which is going to kill us," he said.

The Cougars next take on North Chicago Friday night.

BOYS BOWLING

The Vernon Hills boys bowling team took fourth place at the sectional, which they hosted Saturday.

The Cougars finished 124 pins behind Sectional Champion Lake Park. The team's best game of the day was their fourth, in which they tallied a combined score of 896.

Cougars bowler James Spigner took the individual title with an individual series score of 1,329 in six games, good for an average of 221.5. Charles Rosset finished fifth for Vernon Hills with a individual series score of 1,252 and an average of 208.67.

WRESTLING

The Vernon Hills wrestling team dropped a 44-13 decision to Libertyville last Thursday night in NSC action.

The Cougars had to forfeit matches at 112, 119 and 152 pounds.

Vernon Hills senior 171-pounder Gordon Scharf led the Cougars, as he grinded out a tough 2-1 win over Libertyville's Simon Bortz.

The Cougars will next host the NSC Championship meet Saturday.

GIRLS BASKETBALL

The girls basketball team lost to NSC Prairie foe Zion Benton 65-18 Tuesday night.

The Zee-Bees Illinois-bound senior forward Lacey Simpson scored 14 points in the first quarter, and had 27 in the game.

Lauren Rucks notched ten points and five rebounds for the Cougars.

WARREN



Devils win despite poor play

By Rob Backus

Sports Editor

Sometimes the mark of the champion is being able to win without playing your best. Warren girls basketball coach John Stanczykiewicz sure hopes so, because he definitely didn't like what he saw from his team in an NSC Lake division match-up against Libertyville.

Sure the Devils topped the Cats 49-37, but no one in the Warren locker room was happy afterward, especially Stanczykiewicz.

"We just didn't play to our standards," the coach said. "We didn't play like a No. 1 seed. We're capable of so much more."

Warren started the game off well, taking an early 7-1 lead on a 3-point play from T.K. LaFleur. And after LaFleur (7 points, 4 steals) added a breakaway layup less than two minutes later, the Devils held a 13-3 lead with 2:15 left in the opening quarter.

"We started the game very well," Stanczykiewicz said. "After that we were all over the map."

In the second quarter the game started to get ugly. Alex Leach (11 points, 4 steals) hit a 3-pointer to put her team up 18-9, but then Libertyville kept getting to the foul line, keeping the game relatively close. When Jamie Freese hit a trey with 1:27 left in the opening half, the Cats were down just 27-17.

"We were so undisciplined defensively," Stanczykiewicz said. "We kept getting out of position."

The second half had much of the same, with the Cats continuing to get to the line. Libertyville shot just 9 of 40 from the field (23 percent), but made 17 of 25 from the free-throw line.

With the Devils desperately needing a boost, freshman Sarah Boothe provided one, scoring eight of her game-high 12 points in the second half. She also pulled down 6 boards before fouling out with three minutes left in the game.

"She had a size advantage inside and we were able to take advantage of it,"

Stanczykiewicz said. "She's a big, strong player and she's good around the basket. We play so much better offensively with her in the game."

Although Warren pulled out the win in the end, moving to 19-2 overall and 6-1 in the NSC Lake division, the Devils know they have a lot of work to do before taking on Lake Forest Saturday.

"We showed spurts of playing well, just not enough to make me happy," Stanczykiewicz said. "We can't pick and choose when to play hard. Performances like this end seasons early."

"We just played sloppy tonight and we never found our rhythm," Alex Leach said. "We have to do that before we take on Lake Forest."

The match-up between Warren and the Scouts could very well be for the Lake division title as both teams come in with just one division loss.

"We have to take care of the ball and play better defense," Stanczykiewicz said. "Plus we need to stay out of foul trouble and keep (Kristin) Cartwright under control."

The Devils will host Lake Forest Jan. 29 at 7:30 p.m.

BOYS BASKETBALL

Warren coach Chuck Ramsey wasn't sure whether junior forward Marcus Lewis' game last Friday against Mundelein was the best in school history, but he was sure of one thing.

"That was the most points anyone has had since I've been here," said Ramsey, who began coaching in the Warren program in 1973.

'It wasn't just the points (41); I thought he (Marcus Lewis) played a great all-around game. He had four offensive rebounds. He was running down loose balls and playing good defense.'

Chuck Ramsey
Warren High School
boys' basketball coach

Lewis had the game of his life, pouring in 41 points on 17 of 23 shooting as the Blue Devils knocked off NSC Lake division foe Mundelein 84-38. He also grabbed 12 rebounds in the contest.

"It wasn't just the points; I thought he played a great all-around game," Ramsey said. "He had four offensive rebounds. He was running down loose balls and playing good defense."

However, Ramsey was not pleased with his team's defense in the first half as Mundelein's Jake Gaebler matched Lewis with 20 first-half points. The Devils did buckle down in the second half, though, holding Gaebler scoreless as the Mustangs scored just seven points in the final 16 minutes.

"In the second half we played good, fundamental defense," Ramsey said. "We chased Gaebler around in the first half and in the second half we were getting good position."

Although Lewis had an excellent game, Ramsey also pointed out the strong play of Jordan Dalton (11 assists) and Marvin Bembry (13 points, 6 boards).

"Marcus had a phenomenal night, but some other players stepped up, too," Ramsey said.

Up next for Warren (14-2, 6-0 NSC Lake) are back-to-back home contests against Antioch Jan. 28 and Libertyville Feb. 1. Both opponents are coming off emotional wins over Lake Forest and Stevenson, respectively.

"We just have to continue to play well and keep making steady improvement," Ramsey said.

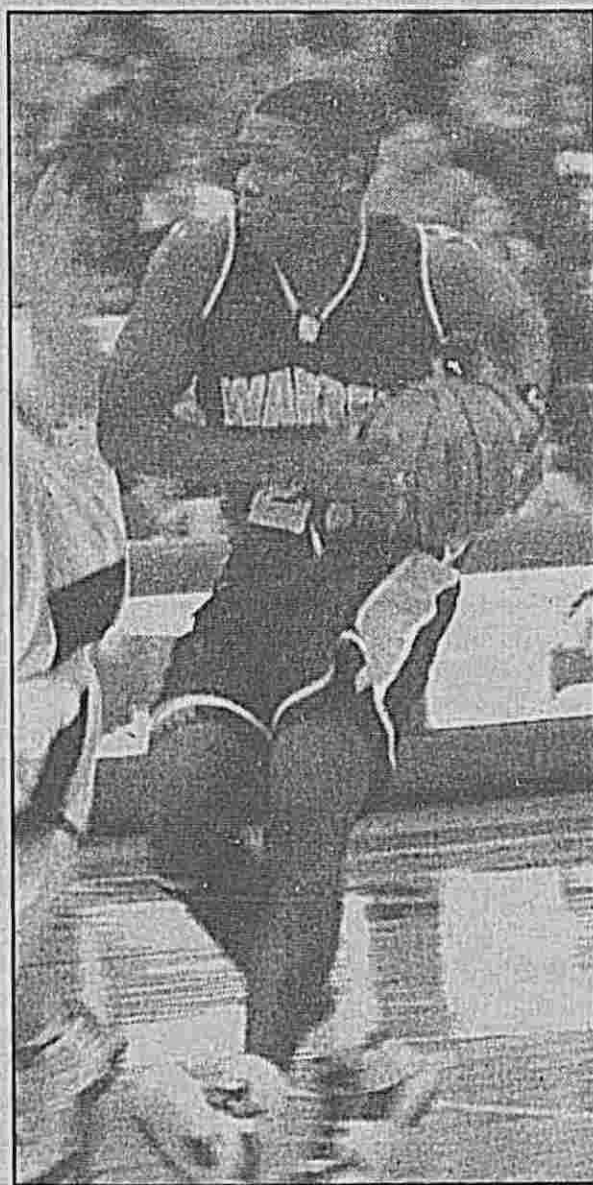


Photo by John Dickson

Warren Township High School's Marcus Lewis streaks to the basket in a game against Mundelein last week. Lewis poured in a career-high 41 points as the Devils defeated the Mustangs 84-38.

WAUCONDA



Ryan, Haiduke key Bulldogs' win

By Steve Peterson

Sports Reporter

Tim Ryan and Hawk Haiduke combined to score 36 points from their guard positions as Wauconda gained its seventh win of the year, holding off Round Lake in NSC Prairie Division play.

Wauconda was led by junior Ryan's 19 points and Haiduke had 17, with 15 of those coming in the second half.

The two have a good solid respect for each other's talents.

"He is very muscular for his size. He is 5-7, 165 and he is so quick. I usually have to guard him in practice," Ryan said of Haiduke.

"He really stepped it up tonight," Haiduke said of Ryan.

Round Lake, still looking for its first division win, hosts Grant Jan. 28 while Wauconda (2-4 division) is at Prairie Division leader Zion-Benton. Grant beat Round Lake the first round.

Play was as intense as the weather on Friday as the Bulldogs had to overcome early foul trouble of key players Haiduke and Jay Grooms. Grooms finished with six points.

"We want to finish very strong on the season. We don't want to lose more than one game, and losing three games hurt us in a row, but we're still hopeful for a good sectional seed," Ryan said.

"Hawk settled down in the second half. His big three-pointer was crucial. I talked to him about being more patient and as a senior and fourth-year varsity player, he understands," said WHS coach Rich Wolf.

Haiduke's future may be more in baseball, while Ryan still has another year of his favorite sport left. He plays AAU hoops after the WHS season is over. "But at the Jacobs tournament, a college scout asked me about Hawk for basketball," Wolf said.

Ryan has shown improvement over the course of the season, too. "He has worked on handling the ball and the cross-over dribble," Wolf said.

Tim Schwarz, a 6-2 junior guard, scored 13 points in a solid game for the Bulldogs.

Wauconda, 7-10, thinks it has a good chance at a 10-win season.

"It was a huge win," Ryan said. Wauconda has defeated Round Lake twice.

GIRLS BASKETBALL

Defense and rebounds ruled the day as Wauconda girls basketball team gained its fourth win of the season.

Wauconda beat Round Lake 28-14 in a North Suburban Conference girls basketball game.

'We pressured them (Round Lake). The first time we played them, they made a nice adjustment to our offense. This time, Jessica Middlesworth, Julia Slaughter and (Ali) Dorsey did a good job of post defense, denying them the inside and making them shoot outside.'

Tim Bartusch
Wauconda High School
girls' basketball coach

Senior Ali Dorsey led the way with nine points as the Bulldogs completed the sweep of Round Lake.

"We pressured them. The first time we played them, they made a nice adjustment to our offense. This time, Jessica Middlesworth, Julia Slaughter and Dorsey did a good job of post defense, denying them the inside and making them shoot outside," said WHS coach Tim Bartusch.

Senior point guard Kristen Kraus did a good job penetrating, then finding other players open for jumpers. Dorsey had one three-pointer.

Wauconda (4-12, 2-5 NSC Prairie) led 14-2 at the close of the first half, before a trey by Round Lake (0-18, 0-4).

"We did a good job for one of the few

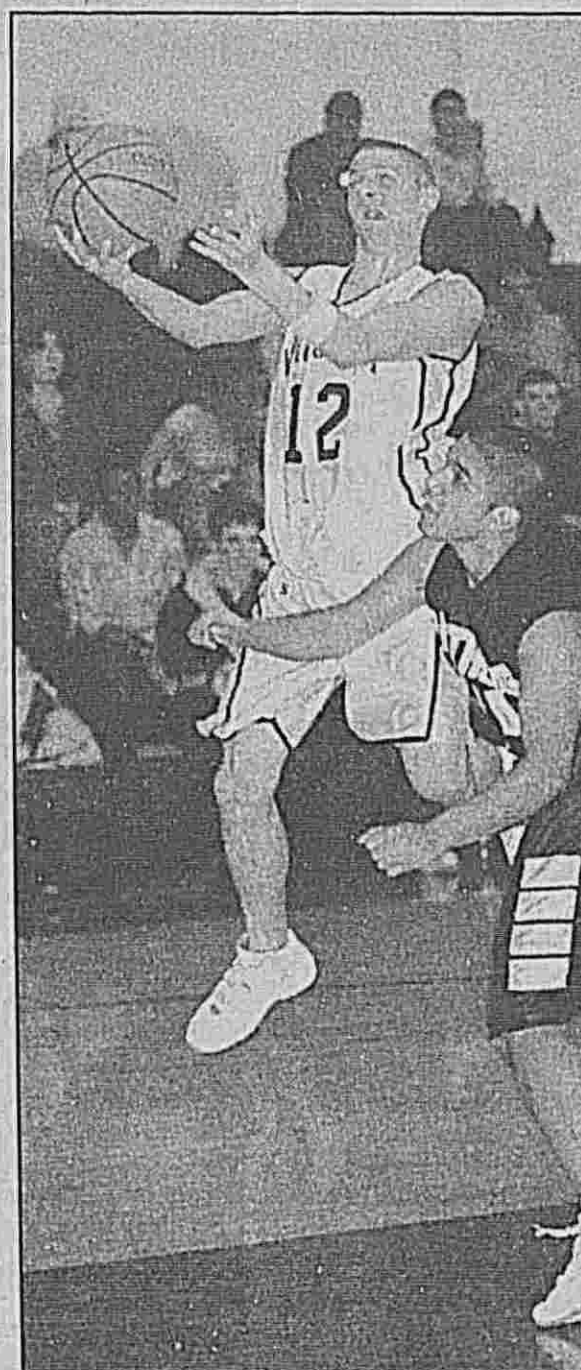


Photo by Candace H. Johnson

Wauconda High School's Tim Ryan catches some air during a 60-55 home game win over Round Lake High School.

games of keeping the other team off the boards," Bartusch said.

"We played pretty good defense. We just could not put the ball in the basket. We missed too many free throws and layups," said Round Lake coach Gary Edge. The Panthers remain winless despite the intensity on defense.

Kraus and Dorsey hit three-pointers for Wauconda.

In a strange statistic, the two teams had only three made free throws.

Wauconda hosts Richmond-Burton in non-conference play Jan. 31. The Bulldogs host North Chicago Feb. 4 and Harvard at 2:30 p.m. Feb. 5.

WRESTLING

Andrew Baker went from one leadership role to another at Wauconda High sports teams.

The quarterback of the Wauconda High football team is also a tri-captain for the wrestling squad. He will vie for one more chance at a conference title at 189 pounds at the NSC Meet at Vernon Hills Jan. 29.

"Andrew is an extremely hard worker. He is able to experiment with things. You can tell that he is a senior. He doesn't believe in wasting time in practice or at a meet," said WHS coach Tom Nance.

Baker missed some of last season due to an injury. He came back using different techniques this year, Nance said.

Baker shares the captain duties with 140-pounder Neal Swanson and 160-pounder John Champion.

"John has a good attitude. He goes 100 percent in meets and practices," Nance said.

"Neal is our most winning wrestler, with more than 120 wins. We're looking forward to a battle between him and Daniel Dennis of Grant," Nance said.

WHS dropped a 51-15 decision to Stevenson. Baker lost a close 9-7 decision at 215. Sophomore Eric Schaal won 7-0 at 125. Nick Swanson won by fall at 5:25 at 135 pounds.

It was Wauconda's scheduled turn to host the Grayslake-Antioch-Vernon Hills and Wauconda tri-meet on Saturday, but 11 inches of snow cancelled the meet.

Grant, Libertyville and Warren are expected to be the team favorites in the NSC Meet.

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WAUKEGAN



5 Bulldogs place in conference

By Nicholas Alajakis

Sports Reporter

Waukegan wrestlers continued one of coach Steve Welter's most injury-plagued seasons this past weekend, as a depleted team of only seven wrestlers competed for the Central Suburban League title.

And while no wrestler won his respective weight class, five did place in a meet Welter said he felt was a success.

"I'm very pleased with those that placed," Welter said. "I'm just looking for a few places higher."

The top Bulldog finisher was Israel Figueroa, who made it to the championship round at the 145-pound weight class, before an arm injury slowed him to a second place finish.

Heavyweight Joe Leccesi lost his first match in more than a month on his way to a third place finish. Leccesi lost 1-0 in the semifinals to Maine East heavyweight John Kappos. Kappos is the same wrestler Leccesi defeated in last year's CSL finals. Despite the loss, Leccesi improved his record to a team-best 35-4.

Curtis Hines also took third place at the 171-pound class. Hines battled back from a first round loss to win four straight matches. Todd Sorenson (135) and Adrian Cervantes (125) took fourth and sixth in their respective classes.

"I can't remember a year like this," Welter said about the constant loss of varsity wrestlers to injury. "It's a really difficult year, mentally for me."

Waukegan's lack of numbers was partially due to the Ott Bay Invitational scheduled on the same day. The Waukegan-sponsored sophomore tournament brings together some of the best sophomore wrestlers in the state.

Welter had saved some of his better sophomores for the tournament, but due to snowy conditions the tournament was cancelled. They were not able to make it to the conference meet however.

Those sophomore wrestlers should be able to help the team by the time the state tournament comes around in early February, Welter said.

BOYS BASKETBALL

A dismal first half proved to be too much to overcome for Waukegan's basketball team

last week, as they were flattened on the road against Evanston.

"I think we just let the game get away from us," Waukegan coach Brian Colbert said following his team's 25-point first half. "We never got into our offensive flow."

'It was embarrassing. It tells you how bad people want to beat you regardless of record...because to other teams playing us is the big game.'

Brian Colbert
Waukegan High School
boys' basketball coach

Unfortunately, the same couldn't be said of the home team. Evanston (9-8) took advantage of the Bulldogs' 6 of 19 free-throw shooting in the first half to go up 48-25 at the half, on their way to a 77-57 win.

Colbert attributed part of their offensive woes to the teams' lack of defensive pressure—a problem the Bulldogs (13-5, 2-2 CS South) have had on a few occasions on the road.

"I think we just need to make a commitment to get tough on the road," Colbert said.

Too often, he added, the team comes out and does not dictate the flow of the game when on the road. But wasn't just Waukegan's play that limited their points. Evanston did a good job adjusting as well, Colbert said.

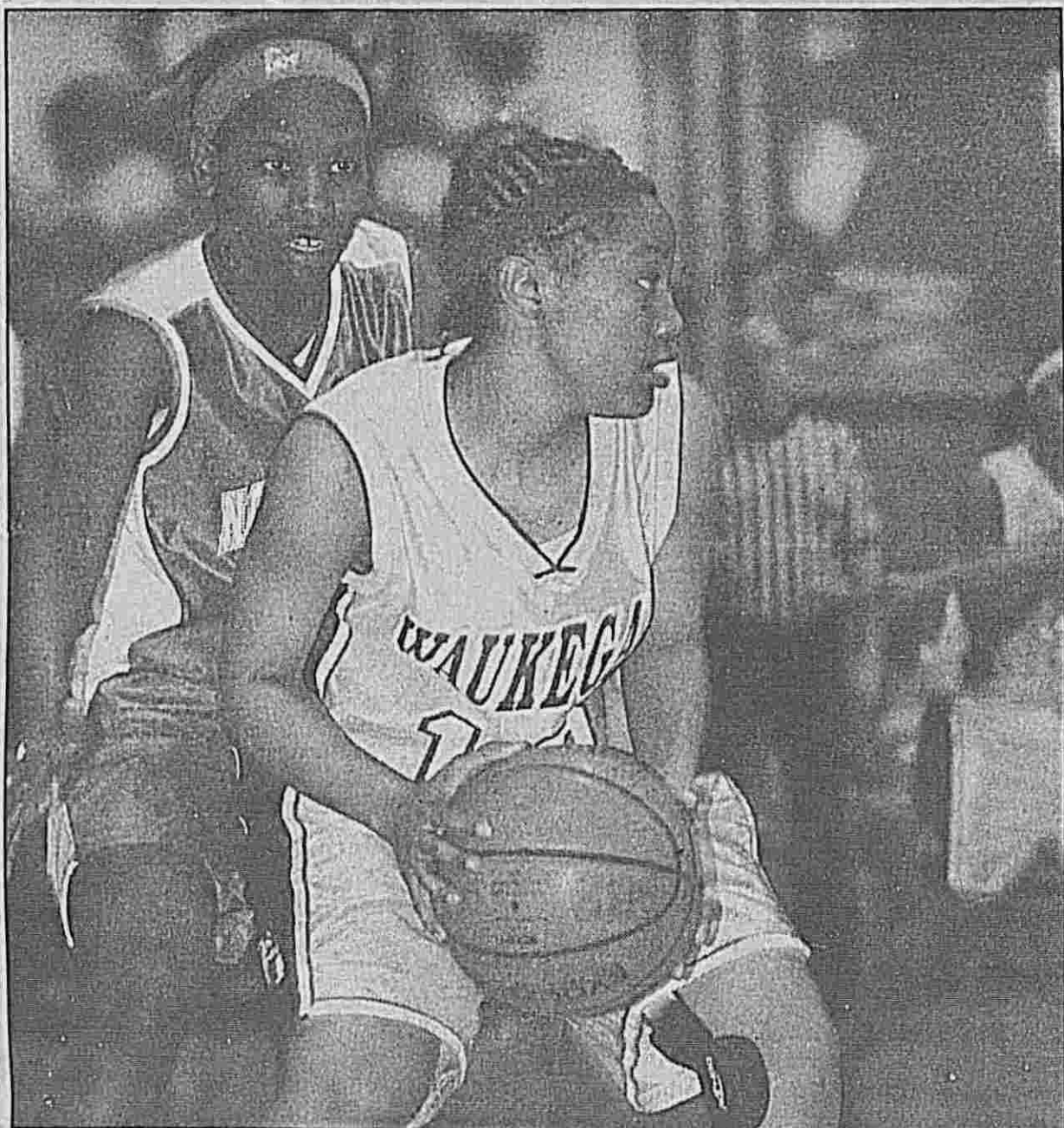
Laron Frazier and Emanuel Gaiter, Waukegan's leading scorers, were double-teamed for much of first half. And Frazier suffered an eye injury early, which limited his scoring. Frazier was held to only five points, 17 below his season average. Gaiter added 18 and Ben Vega had 14, but it wasn't enough.

"It was embarrassing," Colbert said. "It tells you how bad people want to beat you regardless of record. We need to come up for all games, not just the big game. Because to other teams playing us is the big game."

This weekend Waukegan goes on the road again, with game against New Trier and Stevenson on back-to-back nights.

GIRLS BASKETBALL

Waukegan dropped a home game to CSL rival Evanston 49-34, as the Bulldogs fell to 6-14 on the season.



File photo by John Dickson

Chanel Buckingham, a Waukegan High School senior, looks for an opportunity to pass during a game against North Chicago High School earlier this month. The Bulldogs lost to Grant and Evanston last week.

COLLEGE LAKE COUNTY



Lancers handed worst loss of season

By Dan Patrick

Sports Reporter

Sometimes big rankings don't mean a thing. After coming off a nice Jan. 20 win against Prairie State College, the College of Lake County Lancers were sitting pretty with a No. 8 ranking in the National Junior College Athletics Association Div. II Polls.

However, the Lancers were unable to live up to their big billing as they dropped their next game against McHenry County College Jan. 25. After the loss, the Lancers dropped to 17-3 in the season and 3-2 in Skyway Conference action. McHenry County College thoroughly decimated CLC's game, beating the Lancers 88-62 for their worst loss of the season. The 24-point loss was so large that it was actually larger than the combined margin of their only two losses at the hands of Carl Sandburg College and Morton College.

The McHenry Fighting Scots improved to 14-6 after the game. CLC sophomore point guard Marlon Cobb said he was disappointed in the loss against the Fighting Scots and thought the ranking might have gone to the respective head of the Lancers. Of course, a hostile environment probably didn't help CLC's cause by any measure.

'A couple of us got into foul trouble early; that takes a lot out of the team.'

Marlon Cobb
College of Lake County
sophomore point guard

"That's what coach warned us about, he said that all of these teams are going to want to come after us when you're ranked like that," Cobb said. "Coach (Shawn Chism) said they aren't going to just lay down and let us get the win. We could have gone in there on another level, but we can't seem to come out that way on road games all three losses were all away."

Foul trouble also proved to be the Lancers' Achilles' heel as many of the starters got into early foul trouble and were forced to sit the bench for much of the game.

"I feel like sometimes we let the refs take us out of our games," Cobb said. "I got into foul trouble early because I got two fouls in five minutes in the game. A couple of us got into foul trouble early; that takes a lot out of the team."

The loss was an especially tough pill to swallow given the recent success of the CLC program. CLC was actually heavily favored coming into the contest, but the Lancers were simply unable to come away with the victory.

"It's just hard to lose after winning that many games," Cobb said. "They were just hitting all of their shots and our shots weren't falling. That was one of their better games and it was one of our worst games. We beat Elgin by 50 points and they only beat them by two points."

However, there were a few bright spots in the loss as freshman guard Bobby Tisdale led the Lancers in scoring with 14 points while 6-foot, 7-inch sophomores Kenny Saunders and Aaron Jones netted 11 points apiece. Jones also had a career day as he corralled 13 rebounds for double-double in the contest.

Prior to the McHenry College contest, the Lancers got a 13-point victory over Prairie State College.



Photo by John Dickson

College of Lake County sophomore Kenny Saunders lays the ball in as the Lancers went on to defeat Prairie State 88-75.

CLC played as a cohesive unit during the win as five players were able to break into double digit scoring. Erin McMillan was instrumental in the Lancer win as he finished the contest with 12 points, eight rebounds and three blocks. Kenny Saunders and Austin Yarc also turned in well-balanced performances. Saunders finished the game with 11 points, eight rebounds and four blocks while Yarc put up 11 points, 6 assists and 3 steals for CLC.

The Lancers' next game will be at 7:15 p.m. Jan. 27 against Waubesa Community College.

WOMEN'S BASKETBALL

The women's basketball team struggled to get into an offensive rhythm in a Skyway Conference match-up with McHenry Tuesday night.

Lancers head coach Bill Braman said the team turned the ball over too many times to be effective.

"McHenry capitalized on the extra opportunities to score," he said.

The result was a 77-43 loss that dropped CLC to 1-20 overall and 0-4 in conference play.

Freshman guard Nikeisha Smith led the Lancers with 14 points, while freshman forward Jessica Piasecki added 13.

McHenry freshman, and Carmel High School grad, Caitlin Krombach led her team with a game-high 17 points.

The Lancers were coming off an 83-61 loss to Olive Harvey College, in which Braman said the team played a strong second half.

Freshman forward Jamie Schaufel had the best showing in that game, tallying a double-double with 16 points and 13 rebounds.

The Lancers will next travel to take on Waubesa Community College in another conference match-up Thursday night.

SPORTS FANS!

Do you know people who are part of the local sports scene, but don't get much attention?

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ROB BACKUS at

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HEALTHWATCH

LAKE FOREST HOSPITAL

Ganshirt to discuss breast cancer prevention

Dr. Stephen Ganshirt, a Lake Forest Hospital breast surgeon, will discuss what's new in breast cancer prevention, diagnosis and treatment from 7 to 8:30 p.m. Tuesday, Feb. 1, at the Center for Women's Health at Lake Forest Hospital. Phone 847-535-8500 to register for this free presentation.

National Stuttering Association Support Group

Provides emotional support and encouragement to people who stutter. For more information, call Brad Madsen at 847-394-9044.

Bereavement and Grief

These groups address coping with common symptoms of grief. Meets the first and third Wednesday of each month from 10:30 a.m. to noon in the Lower Level Volunteer Conference Room at Westmoreland Nursing Center, 660 N. Westmoreland Road (adjacent to Lake Forest Hospital). For more information and to register, call Hospice Partners, 800-994-9400.

CENTRE CLUB

Dive into SCUBA in Gurnee

Ready to take the plunge and earn your PADI SCUBA certification in one weekend? Centre Club in Gurnee is offering SCUBA certification courses led by a certified instructor from Toucan Dive Shop of Lake Villa.

An orientation class will be held from 7:30 to 9:30 p.m. Tuesday, Feb. 8, at Centre Club in Gurnee, 1405 Hunt Club Rd. Subsequent sessions will take place Saturday, Feb. 19 and Sunday, Feb. 20, from 9 a.m. to 5 p.m. Fees are \$225 for Centre Club members and \$338 for non-members. Bring your swimsuit to each class.

Reservations can be made by visiting the front desk at Centre Club in Gurnee. Payment is due at registration. For more information, call Kim Albertsen at 847-990-4741.

LAKE COUNTY HEALTH DEPARTMENT AND COMMUNITY HEALTH CENTER

Crisis Counseling Available

The Lake County Health Department and Community Health Center offers walk-in and telephone crisis counseling and referrals for Lake County residents experiencing emotional stress. This is a service of the Crisis Care Program, 3002 Grand Ave., Waukegan. Counselors are available 24 hours a day. For assistance, call 847-377-8088. (A TDD, hearing impaired phone line is also available at 847-360-2905.)

HOSPICE OF NORTHEASTERN ILLINOIS

Grief Groups & Workshops Offered

Hospice of Northeastern Illinois is offering a variety of age-appropriate grief support groups in Barrington, Palatine and McHenry. All groups are open to community and hospice families who are grieving the death of a loved one, either through illness or sudden death. Registration fee is \$10 or Hospice of Northeastern Illinois families are free.

A Time of Transition, a group for people who are seeking support and practical ideas after the death of a spouse, will meet on Thursdays, January 6-February 10, from 1-2:30 p.m. at Church of the Holy Apostles, 5211 West Bull Valley Road, McHenry.

Adult Loss of a Parent, a support group for people who are grieving the loss of a parent, will meet on Mondays, January 10-February 28, from 6:30 to 8:30 p.m. at Hospice of Northeastern Illinois, 410 S. Hager Ave., Barrington.

To register for any of the grief support groups offered, called bereavement support services at 847-381-5599.



PARENT'S PLACE

Dr. Sherri Singer

Hi Dr. Singer,

I am calling you out of sheer frustration! We are in a school district that uses a certain behavior program philosophy for handling all of its behavior problems in kids. Now, mind you, we are in a public school. I think that the use of this program seems to have contributed to huge amounts of kids who are completely out of control behaviorally. The program advocates for letting kids misbehave a number of times before actually doing anything about it. So, bad behavior is ignored a lot of the time. When it is finally responded to, the response takes the form of attention from faculty members or talking. There is nothing else done. The joke is that the kids seem to know the exact point that they can misbehave up to and it adds up to a lot of misbehavior. Kids are even having to be physically restrained in this public school and to me that is just a huge sign that something is terribly wrong. My child is one of the kids acting out. Each time I try to actually use some form of real discipline or limit setting, I hear from school personnel about how he just needs more understanding and more attention. When he acts out at school, he gets a personal audience with 2 social workers for a full hour and gets out of any prior responsibilities during that time. To me it's clear why he continues to do the bad behavior, but when I say this, I am looked at like I am from another planet. I feel like these people are making me feel like

using true limit setting and discipline for my son is counter-culture and I am sick of it. Is it just my district or do you see this in other places? By the way, my form of discipline for my child is not violent or inappropriate. I am a loving, caring parent who wants her child to learn limits now, before it's too late. With all these kids shooting up schools, I want to get a good start on making sure that my child knows that it's not o.k. to act out! What do you think about this? Counter Culture Mom and proud to be that!

Dear Counter Culture,

You are also to be commended for caring so much about making sure your child's future is a good one! In answer to your question, I am seeing more and more of exactly what you describe, in many places. I am also very alarmed by this because I believe that if more parents don't wake up to this trend, we are going to inadvertently cripple a whole generation of kids. These over-ingratiated kids will have no understanding of what it takes to live peacefully in an adult society. I believe the "no punishment/attention to feelings only approach" has created the kids who could actually think of killing because their needs were not met or because they were left out. Many people believe that there was something new or terribly wrong with all the kids who have perpetrated violence recently, but I do not believe that kids have changed that much. I believe the only true change that has happened is society's refusal to punish and refusal to hold kids accountable for the little things before they start doing the bigger ones. The point is, any child is capable of doing horrible things if behavior is allowed to be out of control long enough. It grows exponentially over time and if there are no negative associations with that kind of behavior and if it gets the child what he or she wants each time, which it usually does, that child believes that the sun rises and sets for him. Why shouldn't he think that when his every whim is satisfied? When bad behavior does not receive a negative

response.

I hope this column is a wake-up call for all parents. Listen to the frustration in this mom's call. She is right on track. Kids need to learn how to forego their own needs for someone else's. They need to learn that they will not always be first or right or paid attention to. They need to learn that spoiled-brat antics will get nothing else but an immediate negative response the first time. They need to learn to ask for help (by the way, I will say that talking about problems is o.k. as long as there has been some form of holding the child responsible for the behavior 1st. Otherwise, nothing is learned.) They need to be intensely taught right from wrong. These lessons don't get learned through non-action or through talking or through attention. These lessons get learned through the child doing things in life and feeling the responses. Are the responses positive or negative? This will dictate what happens next time. I find it terribly sad that many kids do not feel any negative response for bad behavior until they are well into their teens, even though bad behavior had been occurring since they were 3.

Regarding the program you mentioned, I don't know which one you are referring to, but I will say that the adult world does not allow many chances for misbehavior. A program that teaches kids that they have many chances to misbehave will create the wrong training for those kids for adult life. They will expect people to let them do what they want just like happened throughout. They will not know how to handle it when adult life isn't there to coddle. We all know that adult life is not always easy. Adult life allows one chance. One bad decision, can mess up the rest of anyone's life in adulthood.

Compare that with the kid who gets in trouble and instead of being punished in some appropriate way he is given total attention by 2 social workers. This speaks for itself. Now, the Social Workers probably saw their actions as a good thing. They were being nurturing and helpful to an "at risk child." The problem here is that nurturing a child for having committed a bad behavior is asking for that behavior to happen again and often! To illustrate this, I would like to tell you about a kid I saw a long time ago. This story will illustrate this point perfectly. He was 9 and was getting in trouble constantly in school right before recess time. They tried it all. Every behavior program, but to no avail I sat down with this kid and decided to not focus on asking him about the bad behavior like everyone else had. Rather, I asked him to tell me about recess. I asked him what he liked to do at recess. It turned out that this kid was being bullied on the playground and hadn't told anyone. The interesting thing was that he could actually verbalize to me that if he misbehaved enough in school, he would get to eat his lunch in the Principal's office and talk to the Principal throughout lunch and recess. So, to summarize, this child knew that his ticket away from recess was to act out. The punishment felt safer than recess for him. We arranged for him to spend recess in the library researching topics he liked and the problem was solved. It took exactly 20 minutes to solve this after months of problems. My point is, we can do things to inadvertently continue bad behavior by paying the wrong kind of attention to it, and by allowing it to go on without any real investigation or negatives occurring.

Bad behavior is a snap to change if you know how to approach it right. It's better to teach them when they are kids, in the safety of your home. Contrary to what many of you might think, I believe that there is no such thing as a "stage" that kids pass out of. They either learn to change what they do or they don't learn to change it and it continues in worse forms. The thing that teaches is the response. Every kid has that capacity if parents take the lead. This means active, alert parenting. Not ignoring and not waiting and no warnings! If you are not happy with the way the school is handling things, a part of my program can set that straight with very little work from the school or I would suggest that you might check into private school or home schooling. Just remember, the earlier you start the easier it is to get things on track and it doesn't have to take a long time. Good luck to you!

Dr. Sherri Singer is a Licensed Clinical Psychologist and Childhood Behavior Specialist. She regularly works in person with many readers of this column, helping them to significantly improve their kid's behavior and processing skills. For an appointment, please call (847) 231-5644 or (708) 962-2549.

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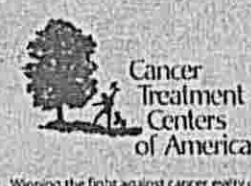
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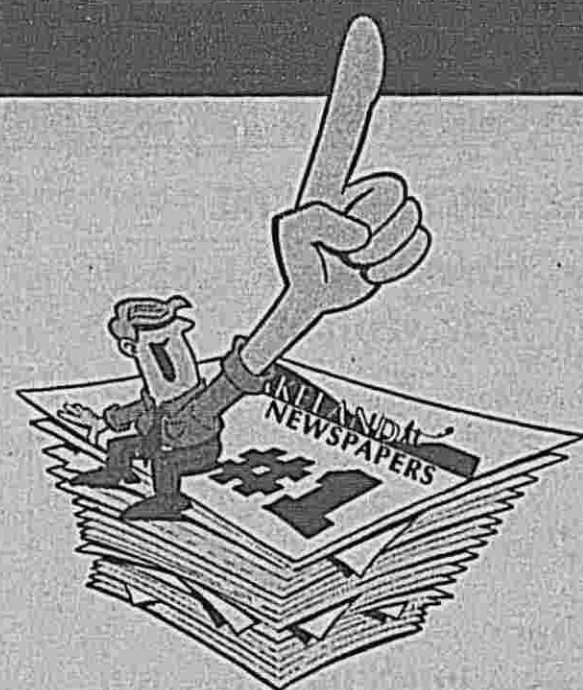
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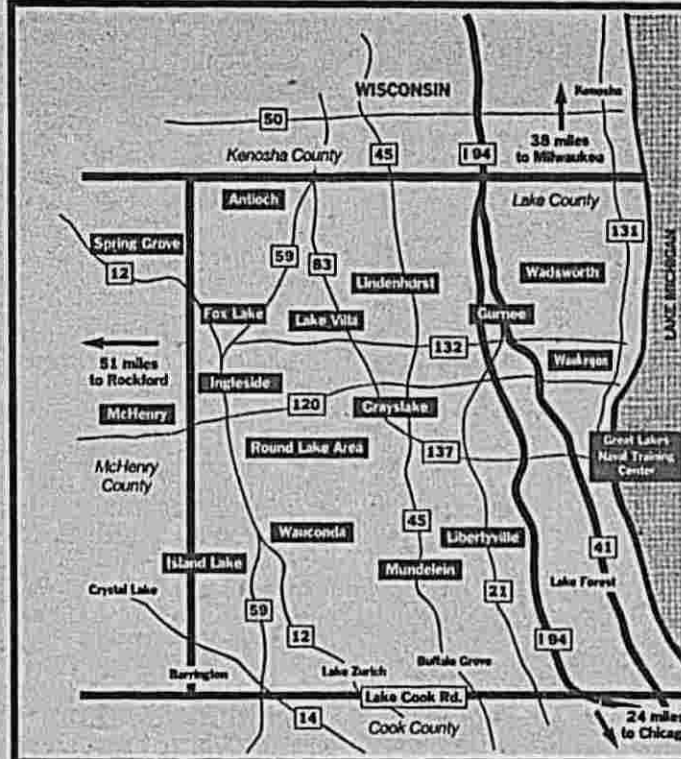
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125 Personals

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Responsibility + Expectations = Authority + Compensation

By Scott T. Fleischmann

People often ask me whether they should accept a specific job offer. One of the tests that I use is the formula: Responsibility + Expectations = Authority + Compensation. Let's explore the components of this equation.

Responsibility is a term that describes the tasks that an employee is expected to accomplish. One who works for a cleaning service may be responsible for dusting, vacuuming, emptying the trash and cleaning the bathrooms on floors three through seven. A chief financial officer could be charged with getting all required financial information to the government and stockholders.

While responsibility is "what needs to be done", expectations describe "how a job should be done". In the first example, employees might be expected to do the job within eight hours. It is rational to expect them to arrive to work at a set time and to work until the job is done. All employees should call if, on a given day, they will not be able to meet that schedule. In that job, some standard of cleanliness would also be reasonable.

A Chief Financial Officer would be expected to produce the required filings within budgetary constraints and a specified time frame. He or she would also be expected to keep the proprietary information confidential and would probably be held accountable for accuracy.

On the other side of the equation, authority relates to the permission given to a person to accomplish the responsibilities and expectations. The janitorial employee may have authority to order cleaning supplies. In addition, access to a janitorial closet where mops, buckets, and a vacuum cleaner are kept would be logical authority for someone in this job.

The CFO would have authority to hire employees and to fire those who are not meeting expectations. He or she would need to be authorized to approve necessary purchases and may have an expense account for those purchases. A corporate credit card may be provided for urgent acquisitions.

Finally, compensation is the salary, wage, bonuses and perquisites that one receives for doing the job. Most of us work because we need to pay for housing, food, clothing, etc. Although we all want to receive as much remuneration as possible, there is usually a direct correlation between the first two factors and the compensation. Someone who has significant responsibilities and of whom much is expected will receive more compensation than one who has fewer responsibilities and fewer requirements.

As with all equations, it needs to be balanced. Every employee deserves to have the authority required to accomplish the responsibilities and expectations. Without enough authority, we are destined to fail. Likewise, more authority than necessary has inspired people of high integrity to stumble. The authority needs to be appropriate.

Compensation should also be in balance with the first two factors. We all expect to be paid fairly for our work. If one is offered significantly more than others in similar jobs receive, there may be hidden responsibilities or expectations. The Internet has many sites to compare the compensation of various jobs.

The formula works. A balanced equation is an important test for success in every job.

Scott T. Fleischmann is a principal with Integrity Business Solutions Inc., a management consulting firm. They can be contacted through the company web site at www.aboutintegrity.net. Information in this column is opinion, and as such, should be used only as the reader deems suitable.

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Pet OF THE WEEK

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Usher wants nothing more than getting attention, loving and petting from people. As far as beings of his own species, he prefers to experience life without them. Quite laid-back, Usher loves his little bed in his kitty cat condo, stretching his whole body and yawning nicely once or twice. Fully relaxed, he can now enjoy his nap while waiting for the next pair of hands, maybe yours, that will carry him around and provide some tender petting.

Save-A-Pet
31664 N. Fairfield Rd., Grayslake, IL 60030
847-740-7788, ext. 100
www.save-a-pet-il.org
Mon., Wed., Fri.: 1pm to 5pm
Thursday: 1pm to 8pm
Sat. & Sun. 11am to 6pm
Tues.: By Appointment

221 Medical Opportunities

Part Time Intake Coordinator Needed for our Lake Zurich Center. Immediate part time position for organized, outgoing individual in an out patient Physical Therapy Clinic. Evenings, Monday-Thursday. Competitive salary. Pre-employment credit check required. Contact: Ellen Hughes **HEALTHSOUTH** 630-789-9823 (ph) 630-789-1602 (fax)

RN or RN Pending Busy pediatric office looking for a nurse 3 or 4 days per week and 1 Saturday AM per month for offices in Libertyville/Lake Forest. General nursing duties include lab, injections, phone triage & patient education. Call Nita at **847-362-5707** or fax resume to **847-362-4615** **Lake Shore Pediatrics**

Nursing/Healthcare

**** RNs*LPNs****

Busy Nursing Agency has FT/PT work available in Nursing Homes throughout Lake County. All Shifts, Incl. doubles! Work as much as you want! Excellent Weekly Pay!!! Call today & start immediately. **HEALTHCARE PERSONNEL, INC.** (847) 918-8300

Healthcare Vista Health the leading healthcare provider in Lake County, Illinois, has an exciting full time position as a **RADIOLOGY TECH** Graduation from an AMA approved school of Radiologic Technology. Current licensure as a Radiologic Technologists (ARRT). Basic Life Support for Health Providers - CPR certification required.

We provide a competitive salary & benefits. Please send resume to: Elliott Hanna, Human Resources, **VISTA HEALTH** 1324 N. Sheridan Rd., Waukegan, IL 60085. Fax: 847-360-4230. E-mail: ehanna@vistahealth.com. **www.vistahealth.com** **VISTA HEALTH** EOE M/F

225 Business Opportunities \$1380 WEEKLY STUFFING ENVELOPES AT HOME. FT/PT No exp. nec. \$50 CASH HIRING BONUS. Guaranteed in writing. (877)874-4771.

A FREE TON of candy w/your own vending business. Deal direct q/mft. high profits. Short hours. Investment req'd. (800)893-1185.

225 Business Opportunities

ABSOLUTE GOLDMINE! \$5,000/MO RESIDUAL INCOME ATTAINABLE BY 2ND MONTH. FIRST YEAR POTENTIAL OF \$20,000-\$50,000 PER MONTH VERY ATTAINABLE. HOTTEST PRODUCT IN 40 YEARS. IT SELLS ITSELF. ONLY BEEN IN STATES 10 MONTHS-TOP PRODUCERS ALREADY EARNING OVER \$70K PER MONTH. 1-800-323-0298.

ALL CASH CANDY ROUTE. Do you earn up to \$800/day? Your own local candy route. 30 machines & candy. All for \$9995. (800)453-5882 AIN#B0213.

AMERICA'S HOTTEST OPPORTUNITY. Own your own. 199jewelry.com; themallbox-stores.com; discountparty-world.com; and dollarstore-services.com; from \$45,900. 1-800-518-3064 USA's Largest Developer.

AN INCREDIBLE OPPORTUNITY. Learn to earn \$300K+/year working from home. P/T. Not MLM. Free info 1-888-599-3267.

ARE YOU MAKING \$1,710 per week? All cash vending routes with prime locations available now! Under \$9,000 investment required. Call toll free: (24-7) 888-276-8520.

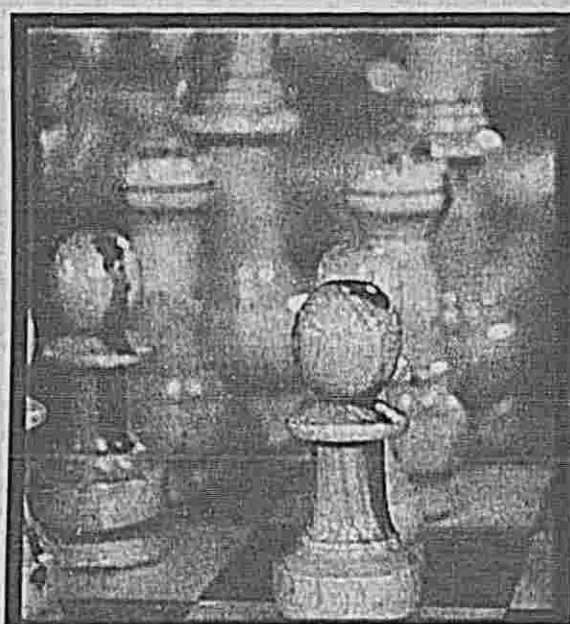
ATTENTION LADIES!! Have fun & make money. **SURPRISE PARTIES** is interested in talking with you to present **Lotions, Lingerie & Fun-Love Stuff.** Average Rep makes \$65 an hour profit. Contact Shanna Zalud (District Manager.) (847)622-9839.

DO YOU LOVE JEWELRY? You can now sell affordable trendy jewelry at discount prices & be your own boss. Looking for all types of consultants, PT/FT or preferred customers to receive 50% off your purchases all year long. Call (847)363-4090 for additional information.

Do You Need Stress Relief? Or Would You Like to Help Others De-stress? Start your own fun & rewarding business. Professional training, skin care & spa products, exclusive image tools, fabulous recognition & rewards. Enjoy more freedom, flexibility & fun in your life. Earn extra money simply by having fun working from home! (847)363-4090 or email **home-spa@comcast.net** for additional information.

HUGE PROFITS! EARN a potential \$3,000-\$5,000 per week part-time at home. Free info & training. Change your life...call now 24/7. 1-800-289-5562.

Make the right move...



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300,000 Readers!

To get that job filled fast, call **847-223-8161**

fax **847-223-2691**

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LAKELAND
NEWSPAPERS

Great Lakes Bulletin MARKET JOURNAL

225 Business Opportunities

EARN \$4375/WK! PRO-ESSING simple e-mails online! \$25/per email sent. Answer simple surveys online! \$25-\$75/per survey. Free government grants \$10,000-\$250,000 never repay! www.fastcashathome.com

225 Business Opportunities

VENDING ROUTE-LOCAL COKE/LAYS/MARS/WATER. Financing available w/\$7500 down. Great locations and equipment. 1-877-843-8726 (02037-SC960).

Tired of the rat race?

Work for yourself, not by yourself. Serious people only. 3K-5K weekly potential. Call 800-366-1375 ext. 2065

240 Child Care

NOW ENROLLING
Children 6 Wks-3 yrs of age \$100 off tuition for one year
Children 3 yrs-5 yrs of age \$50 off tuition for one year (\$100 offered per family, no other discounts will be offered)

- Preschool Program
- Summer Camp
- Before and After School Program

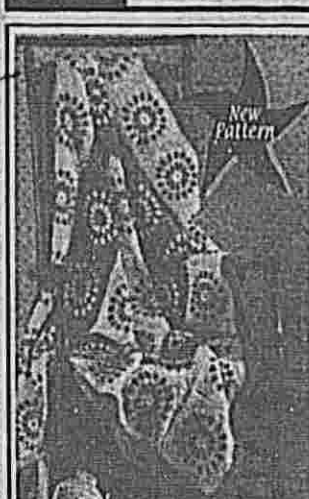
4 Kids Child Care Learning Center
Grayslake • (847) 548-4386
www.4kidscc.com

GRAYSLAKE CHILDCARE
Former teacher has immediate F/T openings for ages 2&up in a licensed home. Meals, snacks & planned activities included. First Aid/CPR Certified. (847)223-3248.

ROUND LAKE DAY CARE
Has openings for 5 FT-ages 1-5 yr old. Meals & healthy snacks & structured days w/planned activities. Ask for Debbie (847)740-1442.

SPRING GROVE (off Rt. 173)
Full-Time childcare avail. Birth to 3yrs. (815)403-3844, Lori, www.lorisdaycare.com

250 School/Instruction
CHEMISTRY TUTOR Ph.D. High School or college. (847)838-0547.

310 Bazaars/Crafts

#402: Instructions for a Granny Square, Pineapple stitch, or Striped afghan to crochet. Crochet 1/2 circle hearth rug or table runner. Also in full color is a see stitch or tumblin ribbon afghan to knit. Clear instructions. 5 afghans, table runner & rug. A great value. This pattern is \$3.15 plus \$1.50 shipping & handling.

PATTERNS TO SEW

MAKE CHECKS PAYABLE TO:
READER MAIL, DEPT. #6101
Box 520, LUDINGTON, MI 49431
PRINT NAME, ADDRESS, ZIP, PATTERN NUMBER AND SIZE.
VISA & MASTERCARD
Include name, number & expiration date.

WANTED ARTISANS & CRAFTERS
For Twin Lakes American Legion Art/Craft Fair. May 21st.
For info, call Marge Mandley (262)877-2675.

314 Building Materials

STEEL ARCH BUILDINGS
Genuine SteelMaster Buildings, factory direct at Huge savings. 20x24, 30x60, 35x50. Perfect garage/workshop/barn. Call 1-800-341-7007, www.SteelMasterUSA.com

320 Electronics Computers

Mentor Quest
fixes your computer fast!
Call today at: 847-740-2622
or visit our website at: WWW.MENTORQUEST.COM

328 Firewood

FIREWOOD FOR QUALITY WOOD & QUICK DELIVERY!!
L & D
Firewood Mixed & Hardwood
WE DELIVER AND STACK IT FOR YOU FREE!!!
CALL FOR QUANTITY DISCOUNT!!
Home (847) 223-3161, cell (847) 845-8027.

330 Garage Rummage Sale

AFTER YOU'VE HAD YOUR BIG SALE, and there is still things that just did not go.... Call us at LAKELAND Newspapers and run it under the "FREE or Giveaways" classified column. FREE ADS are NO CHARGE!! (847) 223-8161, ext. 191.

338 Horses & Tacks

SADDLE SHOP
Western & English. New/Used
Saddles/Equipment, Carts/Harness. We Trade.
The Corral, Inc.
Sullivan, WI.
(262)593-8048.

TRAILERS!! TRAILERS!!
150+ Horse-Stock-Flatbed. New/Used. Aluminum/Steel. 7-Major Brands. Service, Hitches, wiring, trades.
TRAILERS WANTED.
Financing Available
The Corral, Inc.
Sullivan, WI.
(262)593-8048.
www.thecorralinc.com

WAGONS & BUGGIES
Nice Selection Horse-Drawn Vehicles. New Easy Entry Carts, Harness.
The Corral, Inc.
Sullivan, WI.
(262)593-8048.

340 Household Goods Furniture

ALL BRAND NEW WITH FULL FACTORY WARRANTY
Twin Orthopedic Firm Mattress Set \$89
Full Orthopedic Firm Mattress Set \$129
Queen Double Pillowtop Mattress Set \$129
Queen Orthopedic Firm Mattress Set \$179
King 3pc. Ortho. Firm Mattress Set \$199
King Double Pillowtop Mattress Set \$250
Queen NASA Space-Age Memory Foam Set \$299.
Can Deliver
(847)529-4618-Gurnee.

BABY CRIB AND CHANGING TABLE.
Basset, Cherry color. Matching set
ALSO
TODDLER BED FRAME BEST OFFER!
Call 815-344-2490

BRAND NEW COUCH WITH A BEAUTIFUL MAUIE & LIGHT PURPLE FLORAL PATTERN.
\$450 OBO
CALL 847-970-7511

■ Mission Style Queen Size Bed For Sale
Cherry Color Wood. 2 years old
\$400 obo
■ Queen Size Down Mattress pad, 6mo old
\$100
■ Cherry color wine rack cabinet
\$90.
Please call: 847-970-7511

340 Household Goods Furniture

DO YOU NEED TO SELL AN INEXPENSIVE ITEM FOR \$100 OR LESS? GET YOUR AD IN THE 11 "LAKELAND" HOME TOWN PAPERS, THE GREAT LAKES BULLETIN & THE MARKET JOURNAL FOR ONLY \$6 PER WEEK BY CALLING (847) 223-8161 ASK FOR LISA. EXT. 191

THREE PIECE CRIB SET:
crib, dressing table, rocking chair. Light oak. \$350. (847) 354-1652.

WALNUT SEWING TABLE,
w/drawers, \$40. (847)838-0547.

348 Lawn/Garden

FIREWOOD FOR QUALITY WOOD & QUICK DELIVERY!!
L & D
Firewood Mixed & Hardwood
WE DELIVER AND STACK IT FOR YOU FREE!!!
CALL FOR QUANTITY DISCOUNT!!
Home (847) 223-3161, cell (847) 845-8027.

Lawn mowers \$65 up to \$90.
Snowblower \$90.
(847)546-4309

350 Miscellaneous

DO YOU NEED TO SELL THAT INEXPENSIVE ITEM FOR \$100 OR LESS. GET YOUR AD IN THE 11 HOME TOWN PAPERS THE GREAT LAKES BULLETIN & THE MARKET JOURNAL FOR ONLY \$5 PER WEEK BY CALLING (847) 223-8161 EXT 191 ASK FOR LISA.

SHE SHAWLS
*Discreetly nurse in Church, Store, Mall, Restaurant, etc.
*Great Baby Shower Gift
*Fashionable enough to wear for all occasions
*Four unique styles to choose from
*Hand-Made design
*Special orders accepted.
For more info.
Contact Melissa (815) 385-4978
SheShawls@aol.com

SINGLE GARAGE DOOR, 9'
brown/white inside, insulated, \$100. (847) 587-6998.

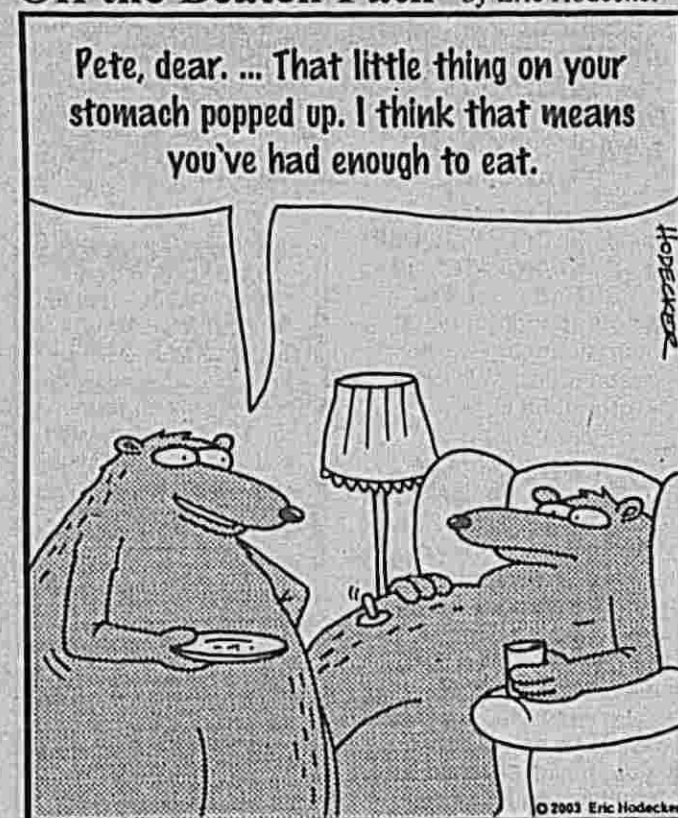
BATTERY OPERATED 2 SEATER JEEP, for child. (2)
Scooters, for child. Like new condition. Best offers. (847) 445-1925.

HBO/CINEMAX. CALL 1-800-694-8644. www.dtv2day.com

*FREE 4-ROOM DIRECTV system includes standard installation. 3 mo. FREE HBO & Cinemax! Access to over 225 channels! Limited time offer! S&H. Restrictions apply (800)963-2904.

TARGET 10 MILLION HOMES w/ your ad. Advertise your product or service to approx. 10 million households in North America's best suburbs by placing your classified ad in over 800 suburban newspapers just like this one. Only \$995(USD) for a 25 word ad. One phone call, one invoice, one payment. Ad copy is subject to publisher approval. Call the Suburban Classified Advertising Network at (888)486-2466.

WILL BUY YOUR dish network and Directv Brand Satellite Receivers (boxes). Please have your equipment with you and call TOLL FREE (866) 642-5181 ext. 1004.

Off the Beaten Path® by Eric Hodecker**354** Medical Equip Supplies

THREE WHEELED ADULT ELECTRIC SCOOTERS.
Bravo Plus, variable speed, power seat, basket, like new, used only 6 months, \$1,000. Amigo, good cond., \$500. (815) 578-1890.

360 Pets & Supplies

29 GALLON FISH TANK,
comes complete with stand, \$125. 55 gallon fish tank stand, \$35. (262) 539-2559 Burlington.

ADORABLE PETS AT BEST PETS, LTD.

Adorable...
Black Schnauzer, Cairn Terrier, Akita, Boston Terrier, Soft-coated Wheaten, Lhasa Apso, Chocolate Lab, Shih Tzu, Italian Greyhound & Rat Terrier. Also Kittens. Birds, saltwater fish. All our puppies Vet checked, health guaranteed.
Specialized boarding. Grooming available. (847)838-BEST.
M-F 9am-7pm.
Sat. 9am-6pm.
Closed Sunday.

AKC PUPS

Basset, Beagle, Border Collie, Cocker Spaniel, Dachshund, Lab, Lhasa Apso, Pom, Shippoke, Schnauzer, Springer Spaniel, Weimaraner.
Terriers: Cairn, Rat, Scottie, Westie, Yorkie.
Fox: Smooth, Wire.
*Highlander Cattle.
Gerald Schulz
(920)526-3512.

GERMAN SHEPHERD DOG PUPS, AKC. Classic pups bred from the finest bloodlines the breed has to offer. Perfect temperament and great intelligence for family or service work. Fully guaranteed. Over 30 years experience. State Licensed. To learn more visit: WWW.SHEWANA.COM or call us at (815)943-2020.

GERMAN SHEPHERD PUPS, AKC, OFA, German bloodlines, hip health guaranteed. Parents on premises. (847)713-2695.

ONE LEFT FROM THE LITTER, female Tabby cat, 4/mos. old. To good home only. (847)682-5945.

368 Tools & Machinery

TABLE SAW WORKS PERFECT. \$200/best. (847) 548-2713.

370 Wanted To Buy

BUYING STAR WARS & G.I. JOE TOYS
From 70's & 80's. One piece to whole collection.
Call Rob (847) 672-9073 leave message.

LOOKING TO BUY gently used office furniture, accessories, file cabinets and office dividers. Call Jill DePasquale (847) 223-3200 ext. 107.

TOP DOLLAR PAID
Antiques & Collectibles. One piece to entire household. (847)394-5579.

500 Homes For Sale

A UNIQUE FAMILY HOME In the best part of Waukegan by golf course. Quad level, 5-bd., 2-full bas., 2-full kitchens. Completely remodeled. New cabinets and appls., lg. bsmt. familyroom. Easy financing avail. This may be the perfect home your family is looking for! Asking \$239,000. (877) 290-0719 ext. 7000.

ANTIOCH RENT - TO - OWN
New Dec. 2004 Home, 2,400sqft. Move In Now, Finance Later. Bad Credit O.K. 4-bd., 3-ba. + office/game room, full bsmt, 2-car gar. Flexible Terms, Rent Credit. Avail. Now ONLY \$1,995/mo. Call Chuck (847) 395-0084.

ANTIOCH BY OWNER Land Contract. Low down payment. 1/2 block from High School. 3-bd., 2-ba., diningroom, full bsmt., att. gar. \$170,000. (847) 395-2348.

ANTIOCH EAGLES NEST
Manicured acre, 4-bd. Colonial, 3-1/2 ba., fin. bsmt., den/bd., many upgrades. \$364,900. (847)395-7705.

BEAUTIFUL 2-BD. HOUSE.
3 mi. W of Paddock Lake. Almost an acre of land. \$85,000. (847) 395-4239.

BUYING HOUSES NOW! SERIOUS INVESTOR LOOKING FOR HOUSES TO BUY! CASH!!
Any situation or condition. Can close quickly. No Equity. No Problem. (847)612-6393 Bob or Jennifer.

◆DISTRESS SALE◆
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Free list of foreclosed properties.
Receive a FREE Computerized printout. Free recorded message. 1-888-525-9448 ID#4211.
ReMax Plaza - Jim H.

WE BUY HOUSES.
Need to sell quickly? Foreclosure? Transferring? Vacant? Needs Repairs? We can help. (847)530-0914. *****

FOX LAKE NO Money Down NO Closing Costs
3bd/1.5ba., 2-car gar. Newly remodeled. MUST SEE! Perfect Family Home! Close to schools & Shopping - \$164,900.
\$962/mo+ T.I. (est.)
WHY RENT?? OWN!!!
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(815)648-4012.

LAKE VILLA OPEN HOUSE
Sat. 10-2; Sun 1-5.
4-bedrooms with loft, 3-full baths, finished basement, hardwood/ceramic floors.
Deerpath Sub; Gurnee Township. \$374,500.
PMD Realty (847) 624-2839
www.reelmovecritic.com/rmc/dp/home.htm

How To Write An Effective Classified Ad.

Be Specific

Include everything your potential customers would like to know about your product or service. Be sure to mention brand name, special features, color and size. Emphasize any feature that distinguishes your product from others. Describe how your product or service will benefit buyers.

Grab Attention

Write a short, compelling headline featuring your product's principal benefit. Set it in big, bold type to catch your reader's attention. If necessary use a sub-head to develop or explain your headline. Always include the price or range of prices for your services. If your prices are higher than your competitors, explain how you are offering a better value. If your prices are substantially lower, explain why. Otherwise your readers might be afraid your prices are too good to be true.

Get Focused

Attract your customers with one large image or headline. Avoid distraction. Eliminate clutter and wordiness. Use your logo as art in classified in-column ads. Make sure images and logos are scanned for top-quality printing. Ask your Lakeland classified sales representative about symbols, type treatments, boxes and special effects that can make your ad stand out.

Stay Simple

Use wide margins, a simple layout and lots of white space to grab attention. Use as few type faces and sizes as possible. Design your ads to let images, words and ideas flow easily. Lead the viewer's eyes from the top of the page to the bottom. Emphasize your business's name and phone number at the end of the ad.

Give Directions

Tell your customers what they should do. Tell them to buy now. Give them a reason to respond immediately. Whenever possible, use coupons or special incentives to encourage prompt replies.

Make shopping convenient



and easy for your customers. Tell them when and where they can reach you. Make the commitment to be available during the hours you specify. Include your street address, driving directions and a map, if possible.

Be Persistent

Run your ad on consecutive days to reach the maximum number of newspaper readers. And run your ad on The Lakeland Media website, www.lakelandmedia.com, to reach hundreds of thousands of Internet readers. Good advertising bears repeating. Your first ad might start the selling process. But you might need another ad to close the deal. Be sure you are ready for your customers when they come looking for you.



Call To Place Your Ad Today!
847-223-8161

500 Homes For Sale

GINSBERG & ASSOC. PRIVATE REAL ESTATE INVESTORS
READ ON TO SEE OUR MANY DIFFERENT PROGRAMS.
 ☆Attention☆

Own your own home with a small down payment FREE credit check. Use our lender for a 100% loan financing w/your good credit. We also offer land contract agreements and lease w/option to buy. No bank qualifying. We will hold the mortgage for you. We always have 3 and 4 bedroom homes, w/1-3-ba., & 2-car gar., in the Chain O'Lakes areas Lake & McHenry Counties. If you currently own your own home and are behind in your payments and know you have equity in your house, don't lose your home in most cases we can buy it. We also purchase multi unit buildings and land. Waterfront properties to the Chain always available. Call us for a free evaluation of your personal situation Ginsberg Enterprises A company you can count on, the name you trust.

Call Today
Scott Ginsberg
President/CEO
Certified Investor.
We Are Here to Help
(847)293-2000.

GRAYSLAKE RENT WITH OPTION TO BUY. 4-bd., 3-1/2 ba., greatroom, 2-story frpl., in-law arrangement, \$329,000 or \$1,890/mo. (708)502-0576.

GREAT STARTER HOME. Newly remodeled. Quiet neighborhood. 3-bd., 1-ba., 2-car gar., Salem, Wisc. \$139,500. (847)982-0746.

GURNEE 3-BD., 1-1/2 ba., 2-1/2 car gar., + office, new roof, Woodland School Dist., \$187,500. (847)356-6884.

HOUSE WANTED \$\$\$ NEED CASH? \$\$\$
 We buy houses and multi-unit buildings. Get cash immediately and close fast! Call now! 24 hour recorded message: 877-290-0719 ext. 2020.

ISLAND LAKE BY OWNER 3-bd., 2-ba., new roof, windows, kit., baths, grt. sunroom & deck, huge yd., 1/2 block from beach, \$172,000. (847)358-4412.

Lake Villa/Round Lake Bch. FOR SALE OR RENT 4bd/2.5ba., 10yrs old. Recently inshd bsmt w/laundry/exercise rm, 2.5 car gar., lrg child playset. Great Schools! \$229K. Call Keary Home (847)223-9491. Work (847) 688-2020 ext. 119.

LAKEFRONT PROPERTIES FOR SALE
 Ginsberg & Associates Private Real Estate Investors Prestigious Lake Marie home

4-bd., w/lower level guestroom, 3-ba., 2.5 car gar., all 3 levels remodeled. 41325 Elime Rd., Antioch. Asking \$589,000.

Beautiful Fox Lake Home 4-bd., 2-ba., 3-car gar., w/bonus room. Completely remodeled. 36910 Stanton Point Rd., Ingleside. Asking \$489,000. Lease option avail. w/low down payment

Fox River Waterfront home. 3-bd., 1-ba., 2.5 car gar., remodeled, in cul-de-sac, lg. fenced yd. 42497 Forest, Antioch. Asking \$209,000. (847)293-2000.

LINDENHURST 70 ROSE Tree 3-4 bd., 2-full bas., hrdwd. flrs., 2-car gar., fenced yd. Asking \$215,000. (815)675-1444.

ROUND LAKE UNIQUE MADRONA VILLAGE SINGLE FAMILY. 2-bd., 2-ba., 2-car gar., bsmt., hrdwd. flrs., 1-1/2yrs. old. \$228,999. (847)740-8255.

500 Homes For Sale

LINDENHURST, MILLBURN SCHOOLS 3-bd. split level, hrdwd. flrs., oak kit., 4 season room w/wood burner & skylights, lg. fenced corner lot. Must see. \$224,900. (847)358-7906.

LOOKING FOR A GREAT FAMILY HOME IN SPRING GROVE?
 Custom 2-story Salt Box, owner bilt., w/many extras not seen in today's market. Tastefully decorated 4-bd., 2-1/2 ba., lg. family & livingroom, sunny eat-in kit. w/vaulted ceiling & skylights. Full fin. bsmt. w/office, game & workout areas. Very energy efficient. 6in. walls, casement windows, hot water heat & C/A/C. Beautiful 1.5 acre yd. surrounded by Spruce trees for privacy. Oversized 2-car gar. w/workshop & loft. Ready to move-in before the Holidays. \$325,000. (815)482-6707, (815) 675-9384.

LOOKING TO BUY OR SELL A HOME IN WI? Give me a call for available homes in the area or for a FREE market analysis of your home. I am a full time Realtor working for Coldwell Banker Real Estate One. Call Sean Giltzaff today for all your Real Estate needs @ cell (262) 818-1405, office (262) 694-4444 ex. 123.

MCHENRY 4-5 BEDROOM HOME 2,556 sq.ft., Contemporary View Listing @ www.owners.com ID: AJM3751 \$250,000 (815)276-3743.

MOTIVATED SELLER IN SPRING GROVE Great family home. Owner built on almost 2 acres. Prof. landscaped with over 200 spruce trees lining property for privacy. 4-bd., 2.5 baths, full finished basement, aboveground pool, huge backyard. Large oversized 2-car garage w/workshop & loft above. Very energy efficient with 2 zone hotwater heat. Central air, water softener, well & septic. Very well maintained home. Richmond schools, reasonable taxes, great neighborhood. \$292,900. Please call (815) 482-6707, (815) 675-3614 for appt.

ROUND LAKE BEACH 3-bd. home w/frpl., 1-1/2 bas., newly remodeled kit. & baths, fin. walk-out bsmt w/wetbar, oversized 2-car gar., kit. appls. included. \$155,000. (847)270-9296.

STOP FORECLOSURE GET THE FACTS KNOW YOUR OPTIONS
 Learn how you can save your home and good credit. Pre-recorded message explains how to get FREE special report. Call toll free 24hr. recorded message, (847)290-0719 ext. #3000.

SUBMIT YOUR LAKELAND CLASSIFIED ADS ON THE INTERNET!

Visit lakelandmedia.com to place your ads conveniently. Ads appear on the Internet, in all Lakeland Papers... The Great Lakes Bulletin and The Market Journal for only \$24.00 for 4 lines (approximately 16 words), then only .60c for each additional line.

Sell or Lease Your House Today!!!

Transferred? Bad Tenants? Need Fast Cash? Behind On Payments? Vacancy? Double Payments? Divorce? Estate Sale? Foreclosure?

Here is Your Quick and Easy Solution:

*Fast Closing-Even Within 48 Hours

*Instant Debt Relief

*Freedom From Maintenance Hassles! *Guaranteed Written Offer Within 48 Hours

Call 24 Hr. Recorder Message: (866) 716-3643

And in 60 Seconds You'll Learn Exactly How I Can Help You!!!
 www.homesolutionsoflakecounty.com

504 Homes For Rent

ANTIOCH RENT-TO-OWN
 New Dec. 2004 Home, 2,400sqft. Move In Now, Finance Later. Bad Credit O.K. 4-bd., 3-ba. + office/game-room, full bsmt, 2-car gar. Flexible Terms, Rent Credit. Avail. Now. ONLY \$1,995/mo. Call Chuck (847) 395-0084.

ANTIOCH 2-BD. DUPLEX, heated gar., bsmt., all appls., W/D, \$950/mo. Cell (815)353-7779.

EXECUTIVE HOME 3-BD. tri-level. Attn. husbands! Pvt. sauna & jacuzzi, big back yd., basketball court, Woodland School District. No pets. \$1,650/mo. (847)623-1598.

◆◆FIRST TIME◆◆ ◆◆BUYERS◆◆
 Why rent - You can own FREE computerized list of homes available with no money down under \$1250/month Free recorded message Talk to no agent. 1-888-525-9448 ID#5111. Re/Max Plaza - Jim H.

FOX LAKE WATERFRONT, next to park. 3-bd., 2-ba., w/full bsmt., \$1,195/mo. 1-bd., 1-ba. \$695/mo. With \$25 credit check. Completely renovated. (847)277-0877.

FOX LAKE NEWER 3bdr house, convenient in-town location, 2.5ba., separate dining rm. \$1,150/mo. + uti's & sec. dep. (847)776-0142.

GRAYSLAKE SMALL BUT COZY 3-BD., 1-BA., hrdwd. floors, new kit., full unfin. bsmt., washer/dryer hook ups, 2-car gar., \$995/mo. (847)612-6393, (847) 722-0269.

GURNEE RENT TO OWN 3-bd., 1-1/2 bas., heated gar., Woodland School Dist. \$1,400/mo. (773)637-7531.

HOUSES FOR RENT BRISTOL, WISC., HWY. 45, 3-4 bd., 3-car gar., full bsmt., \$1,295/mo. **ANTIOCH Hwy. 173,** 2-bd. on the water, full bsmt., \$965/mo. **INGLESIDE 3-bd., \$1,095/mo.** **INGLESIDE 3-bd., \$985/mo.** **LAKE VILLA 4-bd., 2-1/2 car gar., \$1,395/mo.** **3-BD. APT.,** 2nd flr., on the water, \$1,095/mo. Vouchers accepted. (847)338-1260.

KENOSHA, WI. SOUTHSIDE Duplex. 2-bd., 1-ba., laundry-room, fin. bsmt., gar., fenced yd., nice neighborhood, 1yr. lease, \$900/mo. + sec. dep. No pets. Avail. Feb. 1. A MUST SEE. (262)694-1854, (262) 705-1029.

LAKE VILLA - 3BD/1.5BA, fenced yrd. Antioch Schools. Short term rates avail. \$1200/mo. (847)838-6571. NAVY WELCOME.

LAKE VILLA - Quiet home on Cedar Lake Shore. 2bd/1.5ba; completely redecorated. 2 car gar., non-smoking, no pets. Ref's, cred. ck & sec. dep. \$975/mo. (847)395-1989. Call aft. 7pm.

LOVELY 4-BD., LINDENHURST home w/pond view! Two full baths, 2-1/2 car gar., all appls., nice yd. & deck. Freshly painted-new carpet. \$2,150/mo. Low sec. dep. Some pets accepted. Call Brenda NOW!! RE/MAX SHOWCASE (847) 596-6109.

MILLBURN PRISTINE 2-BD., 1-ba, full bsmt., 2-car gar., wood floors, \$1,275/mo. (847)912-4400.

MILLBURN VERY ROOMY well kept older home. 4-bd., 2-ba. Ref., credit check & dep. required. \$1,225/mo. Call Cathy. Mon-Fri. (847)244-5330.

ON THE WATER BRING YOUR BOAT Beautiful 3-bd. house, \$1,400/mo. 2-BD., frpl., huge deck, \$900/mo. (847) 395-4239.

504 Homes For Rent

ROUND LAKE BEACH 3-bd., 1-ba. house, full bsmt., lg. lot, quiet street, \$1,150/mo. + sec. dep. (224)715-3277.

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514 Condos Townhomes

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GORGEOUS CONDO W/POND VIEW-ONLY \$92,500!! Unique one bedroom loft condo w/Bonus room ideal for office or exercise room. Huge closet, deck, F/P, A/C & all appliances. Country Club Amenities: pool, tennis, clubhouse. Freshly painted interior. Mint condition! A MUST SEE!! Located at corner of Rt. 41 & Rt. 137. Call Brenda NOW!! (847) 596-6109 RE/MAX SHOWCASE. ADDITIONAL UNIT AVAILABLE w/garage. \$85,500!!

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GURNEE TOWNHOME 2-bd., 1-1/2 ba., end unit, updated. F.S.B.O. \$172K (847)323-5429.

HARBOR PARK VILLA at Kenosha, WI lakefront. 2-bedrooms, 1-1/2 bathrooms, 3rd. story den/office/guest room. Immaculate, many upgrades. \$214,900. Call Christine Pirocanac (262) 914-1708.

KENOSHA, WISC. 7403 98TH AVE., UNIT L CONDO FOR SALE. Neat & clean upper 2-bd., located within mins. of I-94, convenient for commuter. Unit offers spacious master bd. w/balcony, 1-car att. gar. & 2-full bas., living/diningroom, feature open concept design w/vaulted ceilings. Kit. features hrdwd. flooring, abundance of cabinet space & breakfast bar. \$131,900. Jeanette Hesserfort, Bear Realty of Kenosha (262)945-8163.

MILL CREEK VILLA CONDO in Salem, WI. 2 bedrooms, 2 full baths, first floor. Spotless inside and beautiful country setting. \$146,900. Call Christine Pirocanac (262) 914-1708.

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of Writing a Classified ad that Works

Avoid Abbreviations.

A few accepted and recognizable abbreviations are OK, but an ad full of them just confuses the readers. They will go on to the next ad rather than decipher yours. A good rule of thumb is "Spell it out, or leave it out."

Be Available.

List your telephone number so that potential buyers will know how to contact you. State the best hours to call so they'll know when you can be reached.

Consider Your Readers.

Put yourself in the readers' place. If you were considering buying this item, what would you want to know about it? Give the item's age, condition, size, color, brand name and any other important information needed to describe it completely and accurately. Sell the benefits of owning the item.

Don't Exaggerate.

Misleading information may bring potential buyers to your home but it will not help you make the sale. You'll lose the prospect's trust and faith as well as the sale.

Include the Price.

Price is one of the biggest concerns of classified shoppers. Ads that list prices will get their attention first. Including price also helps you avoid inquiries from callers not in your price range.



Call 847-223-8161

514 Condos Townhomes

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Lot 319: PRICE REDUCED 2-3bdr/1ba., all appl's. Completely remodeled. Asking \$21,900.

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WAUCONDA STUDIO APT. w/gar., in town location, heat furnished, \$650/mo. + util. No pets. (815) 363-1068.

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BY SUZIE Q.
*Residential
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*Bi-weekly
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*Move-In
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*New construction
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FREE Estimates!
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EGW SERVICES
Is Your Deck
Gray & Nasty?
EGW Services can help. Specializing in:
•Powerwashing•Deckwashing
•Staining•Painting
•Deck & Fence Repairs
•Water Proofing •Tile Floor-
ing
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Office (847) 587-4340

S78 Remodeling

EXPERIENCED
PAINTER
For interior and exterior projects. Quality work, reasonable rates. FREE Estimates! Please call Juan at (847) 702-9574.

DC TILE WE We install ceramic, vinyl tile, Parquet, and Pergo floors. For free estimates call (847) 395-0777, pager (708) 988-8504.

S99 Miscellaneous Services

J & D FLOORING
INSTALLATIONS
Laminate flooring,
ceramic tile, & Carpet.
(847) 548-0773.

S57 Painting/Decorating

EGW SERVICES
Is Your Deck
Gray & Nasty?
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•Powerwashing•Deckwashing
•Staining•Painting
•Deck & Fence Repairs
•Water Proofing •Tile Floor-
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Call (224) 622-6450
Office (847) 587-4340

EXPERIENCED
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S78 Remodeling

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S99 Miscellaneous Services

J & D FLOORING
INSTALLATIONS
Laminate flooring,
ceramic tile, & Carpet.
(847) 548-0773.

900 Legals

PUBLIC NOTICE
ASSUMED BUSINESS
NAME application

NAME OF BUSINESS: Carus Cleaners
NATURE/PURPOSE: Small office cleaning and floor maintenance
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 34751 N. Linden Ave., Grayslake, IL. 60030, (847)366-6464.

NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: Sean Carus, 34751 N. Linden Ave., Grayslake, IL. 60030, (847)366-6464.

STATE OF ILLINOIS
COUNTY OF LAKE)
This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

OFFICIAL SEAL
/s/Donna K. White
Notary Public
Received: Jan. 5, 2005
Willard R. Helander
Lake County Clerk
0114B-C978-GL
January 14, 21, 28, 2005

PUBLIC NOTICE
Notice to Mari Ronning and Amy Joe Schmit, last known address: 116 Beachview, Round Lake, IL. 60073. Your automobile has been here since 3/9/04 and in storage since 4/25/04. A 2001 Mitsubishi, Mirage, 4-dr., white, VIN #JA3AY26C31U020181 will be sold for \$2,603.00 and storage fees since 4/25/04 to present at \$30/day. Contact Scott Robinson at Custom Cars & Restorations, 758 Magna Dr., Round Lake, IL. 60073. (847)546-8570.

January 21, 28, 2005
February 4, 2005

PUBLIC NOTICE
ASSUMED BUSINESS
NAME application

NAME OF BUSINESS: "Morning Light" Alarm Clock Radio
NATURE/PURPOSE: Marketing
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 25950 W. Shandon Dr., Ingleside, IL. 60041, (847)587-7914.

January 21, 28, 2005
February 4, 2005

PUBLIC NOTICE
ASSUMED BUSINESS
NAME application

NAME OF BUSINESS: The Park Barber Shop
NATURE/PURPOSE: Barber Shop
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 226 E. Main St., Round Lake Park, IL. 60073, (847)546-2030.

NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: Michele L. Shegonee, 710 St. John's Rd. #9, Woodstock, IL. 60098.

STATE OF ILLINOIS
COUNTY OF LAKE)
This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

OFFICIAL SEAL
/s/Linda M. Paulson
Notary Public
Received: Jan. 5, 2005
Willard R. Helander
Lake County Clerk
0114B-6976-RL
January 14, 21, 28, 20

900

Legals

PUBLIC NOTICE ASSUMED BUSINESS NAME application
NAME OF BUSINESS: Ranger Remodeling
NATURE/PURPOSE: Home Remodeling
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 378 N. Overlook Trail, P.O. Box 1045, Round Lake, IL 60073, (847)740-8016.
NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: James Ranger, 378 N. Overlook Trail, Round Lake, IL 60073, (847)740-8016.
STATE OF ILLINOIS) COUNTY OF LAKE)
 This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.
 /s/ James Ranger
 Jan. 4, 2005
 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 4th day of January 2005.
OFFICIAL SEAL
 /s/ Adriana Lomelli
 Notary Public
 Received: Jan. 4, 2005
 Willard R. Helander
 Lake County Clerk
 0114B-6975-RL
 January 14, 21, 28, 2005

PUBLIC NOTICE ASSUMED BUSINESS NAME application
NAME OF BUSINESS: Curtain Climbers Daycare
NATURE/PURPOSE: Child care/in-home daycare
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 453 Colony Dr., Round Lake Park, IL 60073, (847)740-7279.
NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: Margaret A. Walker, 453 Colony Dr., Round Lake Park, IL 60073, (847)740-7279.
STATE OF ILLINOIS) COUNTY OF LAKE)
 This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.
 /s/ Margaret A. Walker
 Jan. 7, 2005
 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 7th day of January 2005.
OFFICIAL SEAL
 /s/ Joyce L. Scott
 Notary Public
 Received: Jan. 7, 2005
 Willard R. Helander
 Lake County Clerk
 0114B-6977-RL
 January 14, 21, 28, 2005

PUBLIC NOTICE ASSUMED BUSINESS NAME application
NAME OF BUSINESS: Sport Clips
NATURE/PURPOSE: Haircuts For Men
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 701 N. Milwaukee Ave., Suite 120, P.O. Box 5046, Vernon Hills, IL 60061.
NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: Dan Klemack, 6845 Chesapeake Ct., Gurnee, IL 60031, (847)855-1416. Jeff Reimer, 36340 N. Tara Ct., Ingleside, IL 60041, (847) 855-7273.
STATE OF ILLINOIS) COUNTY OF LAKE)
 This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.
 /s/ Dan Klemack

PUBLIC NOTICE ASSUMED BUSINESS NAME application
NAME OF BUSINESS: Sport Clips
NATURE/PURPOSE: Haircuts For Men
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 701 N. Milwaukee Ave., Suite 120, P.O. Box 5046, Vernon Hills, IL 60061.
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STATE OF ILLINOIS) COUNTY OF LAKE)
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 /s/ Dan Klemack

900

Legals

/s/ Jeff Reimer
 Jan. 3, 2005
 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 3rd day of January 2005.
OFFICIAL SEAL
 /s/ Barbara Gorovsky
 Notary Public
 Received: Jan. 7, 2005
 Willard R. Helander
 Lake County Clerk
 0114B-6980-LB
 January 14, 21, 28, 2005

PUBLIC NOTICE ASSUMED BUSINESS NAME application
NAME OF BUSINESS: Mike's Pizza II
NATURE/PURPOSE: Pizza carryout and delivery
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 34491 Old Walnut Circle, Gurnee, IL 60031, (847) 548-9200.
NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: David J. LoBue, 38568 Waveland Ave., Wadsworth, IL 60083, (847)374-9289. Kathleen Rossi, 3260 Burr Oak Rd., Waukegan, IL 60087, (847) 662-7684.
STATE OF ILLINOIS) COUNTY OF LAKE)
 This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.
 /s/ David J. LoBue
 /s/ Kathleen Rossi
 Jan. 10, 2005
 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 10th day of January 2005.
OFFICIAL SEAL
 /s/ Mary E. LoBue
 Notary Public
 Received: Jan. 10, 2005
 Willard R. Helander
 Lake County Clerk
 0114B-6982-GP
 January 14, 21, 28, 2005

PUBLIC NOTICE ASSUMED BUSINESS NAME application
NAME OF BUSINESS: American Beauty Productions
NATURE/PURPOSE: National Pageant & Pageant related services
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 298 Eagle Creek Dr., P.O. Box 751, Round Lake Beach, IL 60073, (847)740-8895.
NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: Bridget R. King-Soderdahl, 298 Eagle Creek Dr., Round Lake Beach, IL 60073, (847)740-8895.
STATE OF ILLINOIS) COUNTY OF LAKE)
 This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.
 /s/ Bridgette R. King-Soderdahl
 Dec. 23, 2004
 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 24th day of December 2004.
OFFICIAL SEAL
 /s/ Peter Diedrich
 Notary Public
 Received: Jan. 3, 2005
 Willard R. Helander
 Lake County Clerk
 0114B-6983-RL
 January 14, 21, 28, 2005

PUBLIC NOTICE ASSUMED BUSINESS NAME application
NAME OF BUSINESS: American Beauty Productions
NATURE/PURPOSE: National Pageant & Pageant related services
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 298 Eagle Creek Dr., P.O. Box 751, Round Lake Beach, IL 60073, (847)740-8895.
NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: Bridget R. King-Soderdahl, 298 Eagle Creek Dr., Round Lake Beach, IL 60073, (847)740-8895.
STATE OF ILLINOIS) COUNTY OF LAKE)
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 /s/ Bridgette R. King-Soderdahl
 Dec. 23, 2004
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OFFICIAL SEAL
 /s/ Peter Diedrich
 Notary Public
 Received: Jan. 3, 2005
 Willard R. Helander
 Lake County Clerk
 0114B-6983-RL
 January 14, 21, 28, 2005

PUBLIC NOTICE ASSUMED BUSINESS NAME application
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STATE OF ILLINOIS) COUNTY OF LAKE)
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 /s/ Bridgette R. King-Soderdahl
 Dec. 23, 2004
 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 24th day of December 2004.
OFFICIAL SEAL
 /s/ Peter Diedrich
 Notary Public
 Received: Jan. 3, 2005
 Willard R. Helander
 Lake County Clerk
 0114B-6983-RL
 January 14, 21, 28, 2005

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Legals

PUBLIC NOTICE ASSUMED BUSINESS NAME application
NAME OF BUSINESS: Quality Insulation
NATURE/PURPOSE: Insulation
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 520 Linden Dr., Round Lake, IL 60073, (847)740-3631.
NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: Martin Hurtado, 520 Linden Dr., Round Lake, IL 60073, (847)740-3631.
STATE OF ILLINOIS) COUNTY OF LAKE)
 This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.
 /s/ Martin Hurtado
 Jan. 20, 2005
 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 20th day of January 2005.
OFFICIAL SEAL
 /s/ Christina Hom
 Notary Public
 Received: Jan. 20, 2005
 Willard R. Helander
 Lake County Clerk
 0128D-6988-RL
 January 28, 2005
 February 4, 11, 2005

PUBLIC NOTICE ASSUMED BUSINESS NAME application
NAME OF BUSINESS: Terrabyte Computer Services
NATURE/PURPOSE: Computer Repair
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 393 Center St., Grayslake, IL 60030, (847)902-5780.
NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: Randolph E. Wright, 40508 N. Lake Shore Dr., Antioch, IL 60002, (847)902-5780.
STATE OF ILLINOIS) COUNTY OF LAKE)
 This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.
 /s/ Randolph E. Wright
 Jan. 19, 2005
 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 19th day of January 2005.
OFFICIAL SEAL
 /s/ Robert A. Strauss
 Notary Public
 Received: Jan. 19, 2005
 Willard R. Helander
 Lake County Clerk
 0121C-6989-GL
 January 28, 2005
 February 4, 11, 2005

PUBLIC NOTICE ASSUMED BUSINESS NAME application
NAME OF BUSINESS: Terrabyte Computer Services
NATURE/PURPOSE: Computer Repair
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 393 Center St., Grayslake, IL 60030, (847)902-5780.
NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: Randolph E. Wright, 40508 N. Lake Shore Dr., Antioch, IL 60002, (847)902-5780.
STATE OF ILLINOIS) COUNTY OF LAKE)
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 /s/ Randolph E. Wright
 Jan. 19, 2005
 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 19th day of January 2005.
OFFICIAL SEAL
 /s/ Robert A. Strauss
 Notary Public
 Received: Jan. 19, 2005
 Willard R. Helander
 Lake County Clerk
 0121C-6989-GL
 January 28, 2005
 February 4, 11, 2005

PUBLIC NOTICE ASSUMED BUSINESS NAME application
NAME OF BUSINESS: Terrabyte Computer Services
NATURE/PURPOSE: Computer Repair
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NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: Randolph E. Wright, 40508 N. Lake Shore Dr., Antioch, IL 60002, (847)902-5780.
STATE OF ILLINOIS) COUNTY OF LAKE)
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 /s/ Randolph E. Wright
 Jan. 19, 2005
 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 19th day of January 2005.
OFFICIAL SEAL
 /s/ Robert A. Strauss
 Notary Public
 Received: Jan. 19, 2005
 Willard R. Helander
 Lake County Clerk
 0121C-6989-GL
 January 28, 2005
 February 4, 11, 2005

900

Legals

PUBLIC NOTICE ASSUMED BUSINESS NAME application
NAME OF BUSINESS: The Racquet Man
NATURE/PURPOSE: Racquet stringing & customization services
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 261 Carters Grove Ct., Grayslake, IL 60030, (847)548-6064.
NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: Marc Campanile, 261 Carters Grove Ct., Grayslake, IL 60030, (847)548-6064.
STATE OF ILLINOIS) COUNTY OF LAKE)
 This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.
 /s/ Marc Campanile
 Jan. 12, 2005
 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 12th day of January 2005.
OFFICIAL SEAL
 /s/ Grace M. Brown
 Notary Public
 Received: Jan. 17, 2005
 Willard R. Helander
 Lake County Clerk
 0121C-6992-GL
 January 28, 2005
 February 4, 11, 2005

PUBLIC NOTICE ASSUMED BUSINESS NAME application
NAME OF BUSINESS: Mimi Nails
NATURE/PURPOSE: Nail Salon
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 2193 N. IL. Rt. 83, Round Lake Beach, IL 60073, (847) 609-3193.
NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: David Truong, 2275 Woodoak Dr., Round Lake Beach, IL 60073, (847)223-1028.
STATE OF ILLINOIS) COUNTY OF LAKE)
 This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.
 /s/ David Truong
 Jan. 24, 2005
 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 24th day of January 2005.
OFFICIAL SEAL
 /s/ Adriana Lomelli
 Notary Public
 Received: Jan. 24, 2005
 Willard R. Helander
 Lake County Clerk
 0121C-6993-RL
 January 28, 2005
 February 4, 11, 2005

PUBLIC NOTICE ASSUMED BUSINESS NAME application
NAME OF BUSINESS: Office Geeks
NATURE/PURPOSE: Computer Consulting and Mail Order
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 1711 Golf Rd., Apt. 220, Waukegan, IL 60087, (847)599-0473.
NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: LaRhonda Johnson, 1711 Golf Rd., Apt. 220, Waukegan, IL 60087, (847)599-0473.
STATE OF ILLINOIS) COUNTY OF LAKE)
 This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.
 /s/ LaRhonda Johnson
 Jan. 11, 2005
 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 11th day of January 2005.
OFFICIAL SEAL
 /s/ Belen A. Hernandez
 Notary Public
 Received: Jan. 18, 2005
 Willard R. Helander
 Lake County Clerk
 0121C-6994-GP
 January 28, 2005
 February 4, 11, 2005

PUBLIC NOTICE ASSUMED BUSINESS NAME application
NAME OF BUSINESS: Office Geeks
NATURE/PURPOSE: Computer Consulting and Mail Order
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 1711 Golf Rd., Apt. 220, Waukegan, IL 60087, (847)599-0473.
NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: LaRhonda Johnson, 1711 Golf Rd., Apt. 220, Waukegan, IL 60087, (847)599-0473.
STATE OF ILLINOIS) COUNTY OF LAKE)
 This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.
 /s/ LaRhonda Johnson
 Jan. 11, 2005
 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 11th day of January 2005.
OFFICIAL SEAL
 /s/ Belen A. Hernandez
 Notary Public
 Received: Jan. 18, 2005
 Willard R. Helander
 Lake County Clerk
 0121C-6994-GP
 January 28, 2005
 February 4, 11, 2005

PUBLIC NOTICE ASSUMED BUSINESS NAME application
NAME OF BUSINESS: Office Geeks
NATURE/PURPOSE: Computer Consulting and Mail Order
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NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: LaRhonda Johnson, 1711 Golf Rd., Apt. 220, Waukegan, IL 60087, (847)599-0473.
STATE OF ILLINOIS) COUNTY OF LAKE)
 This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.
 /s/ LaRhonda Johnson
 Jan. 11, 2005
 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 11th day of January 2005.
OFFICIAL SEAL
 /s/ Belen A. Hernandez
 Notary Public
 Received: Jan. 18, 2005
 Willard R. Helander
 Lake County Clerk
 0121C-6994-GP
 January 28, 2005
 February 4, 11, 2005

900

Legals

PUBLIC NOTICE ASSUMED BUSINESS NAME application
NAME OF BUSINESS: Little Listeners
NATURE/PURPOSE: Auditory Verbal Therapy Center
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 790 Barron Boulevard (Rt. 83), Grayslake, IL 60030, (847) 217-0961.
NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: Leslie Schumaker, 577 Pierce Ct., Grayslake, IL 60030, (847)223-8047.
STATE OF ILLINOIS) COUNTY OF LAKE)
 This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.
 /s/ Leslie Schumaker
 Jan. 21, 2005
 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 21st day of January 2005.
OFFICIAL SEAL
 /s/ Roger W. Vorne
 Notary Public
 Received: Jan. 21, 2005
 Willard R. Helander
 Lake County Clerk
 0121C-6995-GL
 January 28, 2005
 February 4, 11, 2005

PUBLIC NOTICE ASSUMED BUSINESS NAME application
NAME OF BUSINESS: Office Geeks
NATURE/PURPOSE: Computer Consulting and Mail Order
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 1711 Golf Rd., Apt. 220, Waukegan, IL 60087, (847)599-0473.
NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: LaRhonda Johnson, 1711 Golf Rd., Apt. 220, Waukegan, IL 60087, (847)599-0473.
STATE OF ILLINOIS) COUNTY OF LAKE)
 This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.
 /s/ LaRhonda Johnson
 Jan. 11, 2005
 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 11th day of January 2005.
OFFICIAL SEAL
 /s/ Belen A. Hernandez
 Notary Public
 Received: Jan. 18, 2005
 Willard R. Helander
 Lake County Clerk
 0121C-6994-GP
 January 28, 2005
 February 4, 11, 2005

PUBLIC NOTICE ASSUMED BUSINESS NAME application
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NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: LaRhonda Johnson, 1711 Golf Rd., Apt. 220, Waukegan, IL 60087, (847)599-0473.
STATE OF ILLINOIS) COUNTY OF LAKE)
 This is to certify that the undersigned intend(s) to conduct the above named business from the location(s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.
 /s/ LaRhonda Johnson
 Jan. 11, 2005
 The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 11th day of January 2005.
OFFICIAL SEAL
 /s/ Belen A. Hernandez
 Notary Public
 Received: Jan. 18, 2005
 Willard R. Helander
 Lake County Clerk
 0121C-6994-GP
 January 28, 2005
 February 4, 11, 2005

PUBLIC NOTICE ASSUMED BUSINESS NAME application
NAME OF BUSINESS: Office Geeks
NATURE/PURPOSE: Computer Consulting and Mail Order
ADDRESS(ES) WHERE BUSINESS IS TO BE CONDUCTED OR TRANSACTED IN THIS COUNTY: 1711 Golf Rd., Apt. 220, Waukegan, IL 60087, (847)599-0473.
NAME(S) AND POST OFFICE OR RESIDENCE ADDRESS(ES) OF THE PERSON(S) OWNING, CONDUCTING OR TRANSACTING BUSINESS: LaRhonda Johnson, 1711 Golf Rd., Apt. 220, Waukegan, IL 60087, (847)599-0473.
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 February 4, 11, 2005

900

Legals

PUBLIC NOTICE
STATE OF ILLINOIS)
COUNTY OF LAKE)
 In the Circuit Court of the Nineteenth Judicial Circuit, Lake County, Illinois
 In The Matter of the Petition of
Brandon William Gravel
 For
 Change of Name

Notice of publication
 Public notice is hereby given that on February 21, 2005, being one of the return days in the Circuit Court of the County of Lake, I will file my Petition in said Court praying for the change of my name from Brandon W. Gravel to that of Brandon W. Laverdure pursuant to the Statute in such case made and Provided.
 Dated at Grayslake, Illinois, January 14, 2005.
 0114B-6981-FL
 January 14, 21, 28, 2005

LEGAL
ZONING BOARD OF APPEALS
FOX LAKE, ILLINOIS
 Public notice is hereby given pursuant to a Petition on file in the Village Clerk's office of the Village of Fox Lake, that a public hearing will be held on February 24, 2005 at 7:30 p.m. in the Village Hall, Fox Lake, Illinois, to hear the Petition of Dale & Marcia Vnuk, owner of the following described real estate to-wit:

THAT PART OF THE EAST HALF OF THE NORTHWEST QUARTER OF SECTION 15, TOWNSHIP 45 NORTH, RANGE 9 EAST OF THE THIRD PRINCIPAL MERIDIAN, DESCRIBED AS FOLLOWS: COMMENCING AT THE INTERSECTION OF THE CENTERLINE OF UNITED STATES HIGHWAY NO. 12, WITH THE WEST LINE OF SAID EAST HALF OF SAID NORTHWEST QUARTER; THENCE SOUTHEASTERLY ALONG SAID CENTERLINE OF SAID U.S. HIGHWAY NO. 12, A DISTANCE OF 240.00 FEET; THENCE NORTH AND PARALLEL TO THE WEST LINE OF SAID EAST HALF OF SAID NORTHWEST QUARTER OF SECTION 15 TO THE NORTH LINE OF SAID SECTION 15; THENCE WEST ON THE NORTH LINE OF SECTION 15 TO THE NORTHWEST CORNER OF THE EAST HALF OF THE NORTHWEST QUARTER OF SECTION 15; THENCE SOUTH ON THE WEST LINE OF SAID EAST HALF TO THE PLACE OF BEGINNING (EXCEPT THAT PART OF THE EAST HALF OF THE NORTHWEST QUARTER OF SECTION 15, TOWNSHIP 45 NORTH, RANGE 9 EAST OF THE THIRD PRINCIPAL MERIDIAN, DESCRIBED AS FOLLOWS: BEGINNING AT THE INTERSECTION OF THE CENTERLINE OF U.S. HIGHWAY NO. 12 WITH THE WEST LINE OF THE EAST HALF OF THE NORTHWEST QUARTER OF SAID SECTION 15; THENCE NORTHERLY ALONG SAID WEST LINE TO A POINT THAT IS 86.00 FEET DISTANT FROM (MEASURED AT A RIGHT ANGLE) THE CENTERLINE OF SAID U.S. HIGHWAY NO. 12; THENCE SOUTHEASTERLY PARALLEL WITH THE CENTERLINE OF SAID HIGHWAY NO. 12, FOR A DISTANCE OF 70.66 FEET; THENCE SOUTHEASTERLY AT AN ANGLE OF 25 DEGREES, 28 MINUTES, TO THE LEFT OF A PROLONGATION OF THE LAST DESCRIBED COURSE, AT THE LAST DESCRIBED POINT, FOR A DISTANCE OF 120.49 FEET TO A POINT IN THE EASTERLY LINE OF THE TRACT OF LAND AS DESCRIBED IN DOCUMENT 571043; THE LAST MENTIONED POINT BEING 211.58 FEET NORTHERLY OF THE CENTERLINE OF SAID HIGHWAY NO. 12; THENCE SOUTHERLY ALONG THE EASTERLY LINE OF THE TRACT OF LAND DESCRIBED IN SAID DOCUMENT 571043 FOR A DISTANCE OF 211.58 FEET TO A POINT IN THE CENTERLINE OF SAID HIGHWAY NO. 12, THE LAST MENTIONED POINT BEING 240.00 FEET SOUTHEASTERLY OF THE POINT OF BEGINNING; THENCE NORTHWESTERLY ALONG THE CENTERLINE OF SAID HIGHWAY NO. 12 FOR A DISTANCE OF 240.00 FEET TO THE POINT OF BEGINNING AS DESCRIBED IN THE PETITION TO CONDEMN FOR HIGHWAY PURPOSES AND EXCEPTED PREMISES, FILED IN THE CIRCUIT COURT OF LAKE COUNTY, ILLINOIS AS GENERAL NUMBER 70091, ON APRIL 23, 1959 IN LAKE COUNTY, ILLINOIS.

Location of property is: East Side of Route 12 on the Frontage Road, North of Fox Ridge.

The common address is: 601 S. Route 12

Petitioner is requesting the following: Rezone to

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| <input type="checkbox"/> APPLIANCES304 | <input type="checkbox"/> AUTOMOBILE LOAN & FINANCING 804 |
| <input type="checkbox"/> MISC. MERCHANDISE350 | <input type="checkbox"/> VANS & TRUCKS834 |
| <input type="checkbox"/> PETS360 | <input type="checkbox"/> AUTOMOBILES WANTED848 |
| <input type="checkbox"/> WANTED TO BUY370 | <input type="checkbox"/> AUTOMOBILES FOR SALE804 |
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ELECTION 2005: Candidates who have filed

The following people have filed for the April 5 election after our last publication date.

FOX LAKE Trustees (three 4-year terms) Kevin Burt	GURNEE Mayor (4-year term) Kristina Kovarik Trustees (4-year terms) Jeanne Balmes	HAINESVILLE Mayor (4-year term) Michael J. Benko (Hainesville United)	MUNDELEIN Mayor (4-year term) Kenneth Kessler Marilyn Sindles* (Dedicated to Mundelein) Bruce Campbell (Dedicated to Mundelein) Steven Chip Cancelli (Dedicated to Mundelein) Jim Nutschling (Dedicated to Mundelein) Bruce Arndt Clerk Esmie M. Dahlstrom (Dedicated to Mundelein) ROUND LAKE Mayor (4-year term) Steven Skinner ROUND LAKE PARK Trustees (4-year term) Tracie Kralinke*	VOLO Trustees (three 4-year terms) Naomi Wick* Yvonne Crow* Michael Wagner* Bill Evans	TOWNSHIPS ANTIOCH Supervisor (4-year term) Reed An Judy Martini Trustees (four 4-year terms) Wanda Sobczak* Anita Merkel Dyer FREMONT Supervisor (4-year term)	Peter J. Tekampe* (Fremont Twp. Team) Victoria Freese Clerk (4-year term) Barbara A. Tonkery* (Fremont Twp. Team) Ed Sullivan Jr.* (Fremont Twp. Team) Highway Commissioner (one 4-year term) William D. Grinnell* (Fremont Twp. Team) Trustee (4-year terms) Michael C. Gustafson* (Fremont Twp. Team) Michael R. Hayek (Fremont Twp. Team) Chic E. Martin (Fremont Twp. Team) Christina McCann* (Fremont Twp. Team) Jerry Heriel	GRANT Assessor (4-year term) Betty Pinkham Westin WARREN Highway Commissioner (4-year term) Thomas R. Streicher Sr. WAUCONDA Supervisor (4-year term) Charles R. Amrich (Independent) Trustees (4-year terms) James P. Keagle Sr. (Independent) Lyle D. Winkler (Independent) Jill Ryan (Independent) John A. Amrich (Independent) Mary Schorr (Independent) Clerk (4-year term) Patrick W. Stanley Jr. (Independent) Highway Commissioner (4-year term) Jim Hill* (Independent)	WAUKEGAN TOWNSHIP Supervisor (4 year term) Patricia Jones (United for Fairness) Trustees (4-year terms) Hemant R. Patel (United for Fairness) Florentina Tina Ramos (United for Fairness) Katherine Rothwell-Francis (United for Fairness)	Mario Pena (United for Fairness) Percy L. Johnson (United for Fairness) Ivelisse Comas (United for Fairness) Clerk Lourie Shipley (United for Fairness) Assessor Pat Morris (United for Fairness) Highway Commissioner Mark Stricklin (United for Fairness) LIBRARY DISTRICTS ANTIOCH Trustees (4-year terms) Kerry Astor* COOK MEMORIAL LIBRARY DISTRICT (4 year term) Wendy A. Vieth Mary Ann Phillips Ed Abderholden FOX LAKE Trustees (6-year terms) Marie Swiss* GRAYSLAKE AREA Trustees (6-year terms) Kent Rich ROUND LAKE AREA Trustees (4-year terms) Steve Redmond* Diane Klein* Catherine Warner* Christy Bartolain*	WARREN-NEWPORT Trustees (2-year terms) Willem Bakker WAUCONDA AREA Trustees (4-year terms) Joanne E. Miller* Margaret A. Whitman* Dr. Brad Johnson* Ernest Kosty* PARK DISTRICTS GRAYSLAKE Trustees (four 4-year terms) Steven Fabbri Troy Whalen Kurtis Anderson WAUKEGAN Park Board Commissioner (6-year term) Keith Turner SCHOOL DISTRICTS MILLBURN ELEMENTARY DISTRICT 24	School Board (Four 4-year terms) Susan Lahr* Stacy S. Freeman Chris K. Stream EMMONS ELEMENTARY DISTRICT 33 School Board (Four 4-year terms) Lori Bruce* Donna Gunn* ANTIOCH ELEMENTARY DISTRICT 34 School Board (Four 4-year terms) Jerome Michalak Mike Nielsen* Teresa Kovach* Kathy Wercliek GRASS LAKE ELEMENTARY DISTRICT 36 School Board (Four 4-year terms) Vicki Rundle* BIG HOLLOW ELEMENTARY DISTRICT 38 School Board (four 4-year terms) Jan Carsella* Todd Wright* Vicki Gallichio* James DeVito (three 2-year terms) Kenneth Frank Douglas Petersen LAKE VILLA ELEMENTARY DISTRICT 41 School Board (four 4-year terms) Kristen Coe Peek Jill Rohrer Shawn M. Oakley Karen Weinert*	LIBERTYVILLE HIGH SCHOOL DISTRICT 128 School Board (4-year terms) Wayne H. Criswell Janet Foreman* LIBERTYVILLE ELEMENTARY SCHOOL DISTRICT 70 School Board (five 4-year terms) Inna Kerrigan* Joy Schwerman* Kimberly Zizic WOODLAND ELEMENTARY DISTRICT 50 School Board (four 4-year terms) Douglas W. Dietrich*	Carla N. Little* Michael Bond James L. Abernathy Lawrence A. Gregorash Bruce G. Bohren* Michael D. Jacobs Dan Sowinski Richard Dlesk Amy Shumsky GURNEE ELEMENTARY DISTRICT 56 School Board (three 4-year terms) Heidi May (One 2-year term) Brian Weir FREMONT ELEMENTARY DISTRICT 79 School Board (four 4-year terms) Joanne R. Anderson* Denise Stetzer FOX LAKE ELEMENTARY DISTRICT 114 School Board (four 4-year terms) Bonnie Shervin Robert Nordmeyer Jr.* Matt Dabrowski ANTIOCH LAKE VILLA HIGH DISTRICT 117 School Board (four 4-year terms) Philip Delany* Joyce Heneberry* Aileen Biel* Wayne Sobczak*	MUNDELEIN HIGH SCHOOL DISTRICT 120 School Board (four 4-year terms) Thomas M.P. Hannigan* Ray Sawvell Jr. Christine Sawvell Edwin Specht Victoria T. Kennedy* Gerald Munley Steven L. Wirt Tami Forman MUNDELEIN ELEMENTARY SCHOOL DISTRICT 75 School Board (4 year terms) Wells Frice* Tom Klink Doug Egan (2-year term) Richard Ristoff WARREN TWP. HIGH SCHOOL DISTRICT 121 School Board (four 4-year terms) John R. Anderson	GRANT HIGH SCHOOL DISTRICT 124 School Board (four 4-year terms) Paul LaRoche* GRAYSLAKE HIGH SCHOOL DISTRICT 127 School Board (one 2-year term) Tom Meskel ROUND LAKE UNIT DISTRICT 116 School Board (three 4-year terms) Terre Ezyk* Ann Welk* Bonnie Doane WAUCONDA UNIT DISTRICT 118 School Board (four 4-year terms) Julia Yale Heffner* Larry Feigen Thomas A. Weber* WAUKEGAN COMMUNITY UNIT SCHOOL DISTRICT 60 Michael Rodriguez Max J. Murillo Margaret Carrasco Michael Hohf Bill Anderson REGIONAL RACES COLLEGE OF LAKE COUNTY Trustees (two 6-year terms) Ryan C. Finley FOX WATERWAY AGENCY Chairman (4-year term) Howard "Bud" Scott Directors-Lake County (two 4-year terms) Wayne Blake* Charles "Chuck" Haling William Enriquez LAKE COUNTY REGIONAL SCHOOL BOARD Trustees (two 6-year terms) Donald Fontana* Robert Hanrahan Barry Carroll
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* Indicates Incumbent

FROM PAGE C1

HI-TECH

bright and clear," she said as sunlight poured through the three-story structure. "It's reflective of what we hope the future holds for the students who use this program."

Designed to look like the inside of a machine, the \$36.4 million structure will provide a home for technical career programs offered by the college's business and engineering, math and physical science divisions. The Technology Building encompasses more than 88,000 square feet of assignable space, and contains 18 discipline-specific laboratories, 22 computer laboratories and 18 "smart classrooms" wired for Internet and computer-project teaching stations.

The building is equipped with "state of the art equipment," Bulakowski said, and she regards the 3-D printer used by computer-aided design students and the Mustang dynamometer that helps students diagnose car engine problems to be among the college's top technological pieces. She accompanied visitors on a tour that included a view of the Range 2000 Lab, where law enforcement personnel interact with armed subjects on a projected video screen to train for real-life situations.

The rooms were designed so that the college could easily upgrade for technological advances, Bulakowski said. While CLC already offered nearly all of the certifications and courses available in the building, she believes that housing them in one setting will make programs such as computerized-aided design and automotive technology more attractive for students.

Approximately 10 percent of the college's total credit enrollment will be based in the Technology Building. While Bulakowski said she hoped that the 16,000-student college would continue to increase four to five percent in enrollment for the building, machine tool computerized numerical controls instructor/coordinator Don Ruesch said he believes that his Mastercam certification program could recruit students from throughout the region.

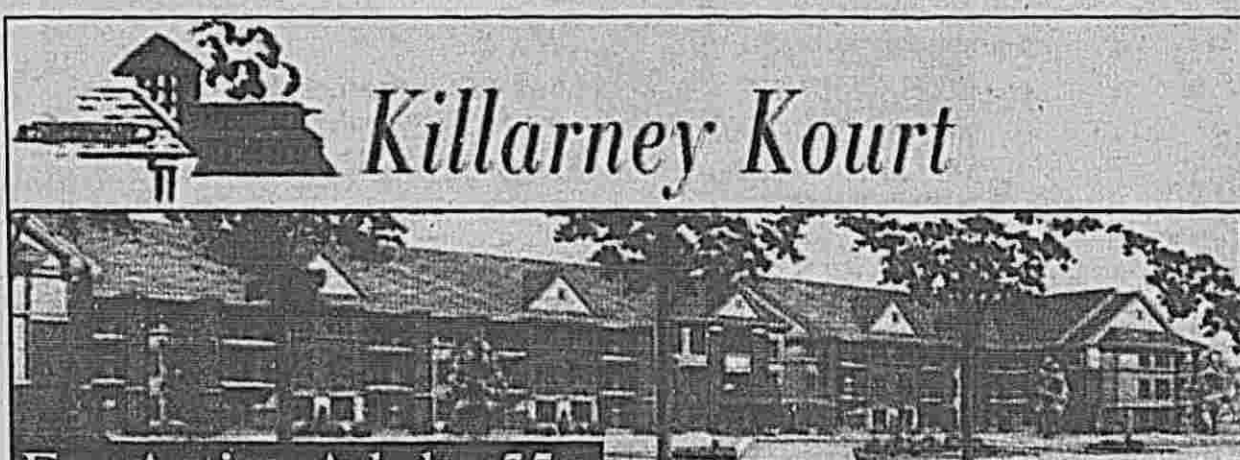
Getting new technology and program space is "like dying and going to Heaven," Ruesch said.

Utilizing the 3-D printer, students could learn the manufacturing skills needed to find a job anywhere in the country. "We really put ourselves on the cutting edge; we were so far behind," Ruesch said.

The building carried far better equipment than many students were used to working with, said Allan Levandowski, program coordinator for the refrigeration and air-conditioning program. His program would often receive equipment from outside companies, but could not use the help due to a lack of power sources. "We'd have to refuse the donations, it was heart-breaking," Levandowski said.

Students would formerly have to go on field trips just to see what their workplace equipment would look like, but the hands-on capabilities in a new commercial air-conditioning laboratory "will help them tremendously."

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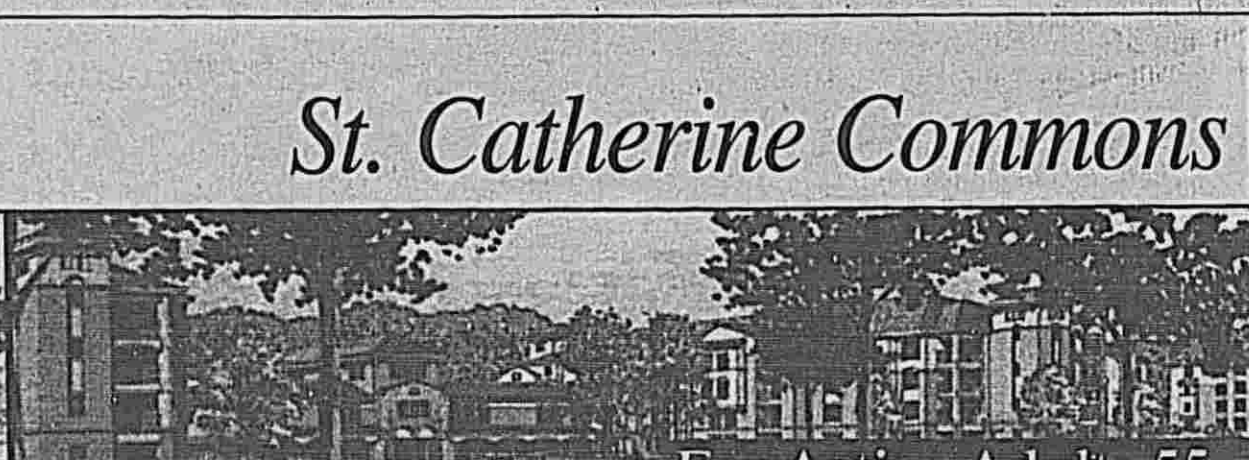
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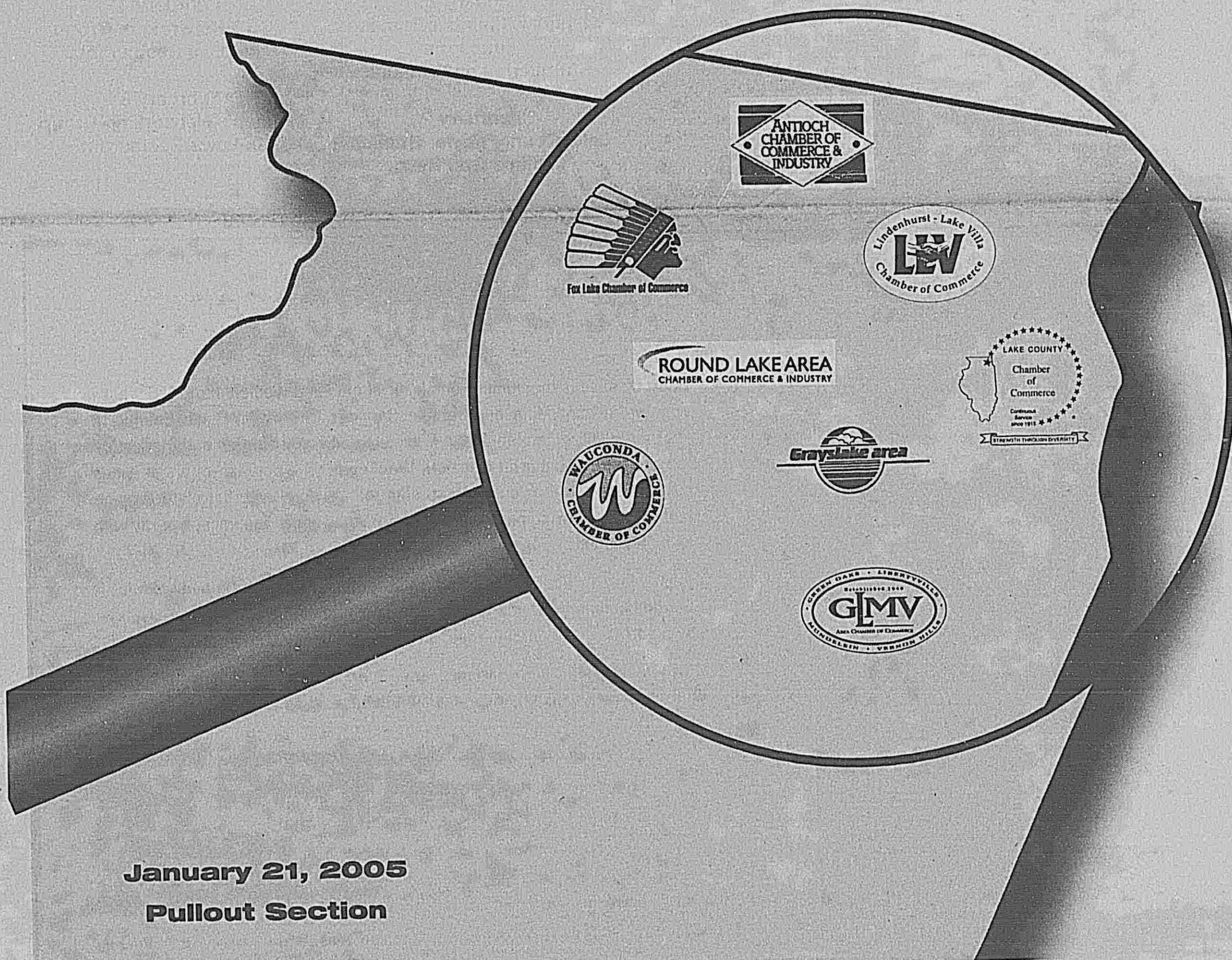
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Lake County Chambers

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January 21, 2005
Pullout Section

Lake County Chamber of Commerce



Lake County Chamber celebrates 90 Years of Service in 2005

The Lake County Chamber of Commerce was established in 1915 as the Waukegan Chamber of Commerce. In the mid-nineties, the name was changed to the Lake County Chamber of Commerce, shortly after the organization moved to its present location on Grand Avenue in Gurnee. Today, the Lake County Chamber represents over 350 businesses from throughout Lake County and is the parent organization to three affiliate Chambers, the Gurnee Chamber of Commerce, the Hispanic Chamber of Commerce and the Waukegan Chamber of Commerce.

The two main goals of the Lake County Chamber are to provide member businesses with opportunities and value for their membership. Monthly networking opportunities at the Chamber include the twice-monthly Networkers Group, Women's Networkers, a Business After Hours hosted by a member business, the Lake County Power Breakfast, and the Business Luncheon series. These networking opportunities are supplemented by educational programs and seminars, community events, an annual business showcase, and the Chamber's annual events, the golf outing, the annual dinner, and the fashion show/luncheon.

Additionally, Chamber members have the opportunity to promote their business through a variety of "member benefits" that include free and discounted advertising, sponsorships, the member to member discount program, newsletter and web site advertising, and referrals from the Chamber and other members. Advertising through the Relocation and Tourism Packets is available as well.

Throughout the year, the Chamber provides member companies with a variety of other opportunities to promote their business and make the social and business contacts necessary to succeed in business today. These projects include County maps and membership directories, community guides, chamber events and fundraisers, and volunteer boards and committees to name just a few.

For membership and/or program information please call the Chamber at 847-249-3800.

Lake County Chamber of Commerce



Calendar of Events

January 26
Hispanic Chamber Business Luncheon
Taqueria Los Comales

February 2
Lake County Power Breakfast
Midlane Golf Resort

February 4
LCCC Networkers Group
In-Laws Restaurant

February 8
Women's Networking Group
In-Laws Restaurant

Great People Taking Your Health to Heart...



Heart disease is the number one killer of men and women in the U.S. That's why we're expanding our Cardiac Services in northern Lake County. In February, 2005, Vista Health opens its new **dedicated cardiac catheterization lab at Victory Memorial Hospital, Waukegan**. The new lab offers services such as elective angioplasty and electrophysiology with flat plate imaging technology, allowing physicians to view images under fluoroscopic x-ray with high definition.

Adjacent to the dedicated cardiac catheterization lab is an **expanded Phase II Cardiopulmonary Rehabilitation area**. The entire Cardiac Services area has its own entrance and parking area, an added convenience for our patients.

At Vista Health, our patients and their health are our number one priority. And we take that commitment to heart.

You're invited to our Cardiac Services Open House!

Friday, February 11 • 9 a.m.-3 p.m.

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Antioch Chamber of Commerce

Seasons of fun.

4 Seasons of Fun, Friends and Laughs...join us in the reveries and merriment each new season brings. Fantastic fun for all ages...shop, dine, explore, but most of all... join in the fun! Take home a pocket full of memories and plan to come back for more. Antioch is a family community with many different events and activities planned throughout the year. Our Antioch Chamber of Commerce focuses much of its attention on providing or participating in many of these family events. Spring, summer, fall and winter are all wonderful times to visit Antioch. Each season offers its own unique events for your family.

Spring and summer in Antioch is breath of fresh air after the long winter. Antioch brings out bunnies for the kids to enjoy during visits with the Easter Bunny in spring. Summer begins in June with an Arts and Crafts Faire, featuring artisans from around the country. This enjoyable show brings many different types of hand-crafted wares to downtown Antioch. June begins the start of Antioch's weekly "FridayFests" which bring a delightful array of evening concerts.

July is the busiest month of summer. Antioch celebrates Independence Day with a full day festival, beginning with a parade and finishing with a bang of our fantastic fireworks display. But July is just

the beginning... a few weeks later you'll want to visit Antioch's Taste of Summer, held in conjunction with the Maxwell Street Sidewalk Sale. The Taste offers a tempting variety of dishes from the area's finest restaurants, along with many other vendors and activities from the Midwest. Afternoon and evening entertainment creates a pleasant way to spend your entire day. If you aren't under the tents, you'll wander throughout Antioch's downtown and browse through the racks and tables piled high with bargains of the season.

Our Fall Season begins in September with a Fall Arts and Crafts Faire, complete with crafters and artisans. The Farmers Market features the Fall harvest. October welcomes shoppers to downtown for refreshments and a refreshing new look at the season's fashion. October boasts Antioch's Halloween Howl, a two day town-wide event that provides a "Howling" good time for all ages. You can roam through spooky alleyways, take a hayride, visit our Happy Haunted Gravesite (for the little ones), be in a cos-

**ANTIOCH
CHAMBER OF
COMMERCE &
INDUSTRY**

Thanksgiving with an evening Holiday parade. Santa arrives in Antioch that

tune contest, enjoy spooky fireside stories, plus you'll find other haunts to visit.

Winter in Antioch is a magical time. Antioch ushers in the Christmas season the weekend of

evening and children begin visiting at Santa's Enchanted Castle. Browse through the festive window display featuring Frosty in Antioch's downtown. Enjoy strolling or driving through the Village of Antioch, admiring the "Holiday Lights of Antioch", a residential outdoor holiday decorating contest.

The Antioch Chamber of Commerce and Industry is dedicated to promoting Antioch's entire thriving business district. For additional event information, please visit us at our website, www.AntiochChamber.org or call the Office Staff at 847-395-2233.

SUBSCRIBE TODAY!
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**LAKELAND
NEWSPAPERS**

WINTERFEST Schedule Of Events In Downtown Grayslake February 12, 2005

Chili Cookoff - All day in the tent
Siberian Huskies/Dog Demonstrations - Throughout the day
Boy Scout Encampment - 9am-3pm
Craft Show - Sponsored by The Grayslake Park District
9am-3pm, Legion Building, Seymour Avenue
Wacky Winter Olympics - 10am-1pm,
Grayslake Park District parking lot, 151 Hawley Street
Haywagon Rides - 10am-2pm
Quilt Walk - At various businesses throughout the day
Children's Quilt Making and Quilt Display -
At the Grayslake Historical Society, 164 Hawley Street
Medleys in Motion DJ - 10am-3:00pm
Silent Auction - Bidding Closes at 3pm
Interactive Ice Sculptures
Grayslake Fire Department Demonstrations
Grayslake Youth Baseball Pancake Breakfast -
7am-1pm Grayslake Fire Station

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Business/Family Expo 2005!
Fox Lake
March 5, 2005
9am-3pm

Sign up online @ www.discoverfoxlake.com or call the Chamber at 847-587-7474
10'x10' Booths • Food Court & Entertainment • Expectance of 2,000 residents
Sign up soon as spots are going quickly! Crafters & home base businesses welcome!



Antioch Chamber of Commerce & Industry



Antioch's 2005 Chamber Board of Directors:
(left to right) Director Reed Ano, Collete Plumbing;
1st VP Brian DeKind, DeKind Computer Consultants;
Treasurer Dee Dee Palmer, State Bank of the Lakes;
2nd VP Kevin Schoudel, Raymond Chevrolet;
President Mary Ann Kuh, Advertiser Network;
and Director Larry Mondie, Baskin-Robbins.

Antioch Chamber of Commerce & Industry
882 Main Street • Antioch, IL • 847-395-2233

Fox Lake Area Chamber of Commerce & Industry

Office Hours: Monday-Friday 9:00-3:00

Fox Lake Area Chamber of Commerce & Industry - PO Box 203, 71 N Nippersink, Fox Lake IL 60020,

847-587-7474

FAX: 847-587-1725

Email: foxlakechamber@yahoo.com

website: www.discoverfoxlake.com



About the Chamber

The Fox Lake Area Chamber of Commerce and Industry is a voluntary organization working to promote and protect the economic well-being of the Greater Fox Lake Community. Our members are dedicated to building a better community for businesses and residents alike.

Benefits of Membership

As a member of the Fox Lake Area Chamber of Commerce and Industry you will:

- Be associated with hundreds of community-minded men and women
- Belong to an organized voice that truly

cares about your business

- Be part of an organization that has helped its members gain valuable contacts get to know business leaders, suppress harmful anti-business legislation, and much, much more!

Chamber Services and Events

- Listing on the DiscoverFoxLake.com Web page
- Monthly membership networking luncheons.
- Committees and task forces that get the job done
- Advertisement in Fox Tales, our monthly newsletter
- Annual Trade Fair, Golf Outing, Boat show, Santa's Breakfast, and other events
- Reputable referral service
- Open forums for communication
- A tax-deductible business expense

OFFICERS

Bridget Montano - President
Help You Sell Golden Properties
(847) 548-8080

Lee Rohrer - Vice President
Les/Lee Printing
(847) 587-5301

Jamie Williams - Treasurer
US Bank
(847) 587-3660

Sherry Doyle - Secretary
Lakeland Media
(847) 223-8161

Debbie Mikesch - Executive Secretary
Chamber Office
(847) 587-7474

Bill Linning - Chamber Accountant
(815) 344-6591

CHAMBER DIRECTORS

Valerie Knopp
Second Federal Savings
(847) 587-6311

Mark McDonough
American Fitness
(847) 587-8494

Melayna Martinez
The Advertiser
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Mark Schaubel
Northwestern Mutual
(847) 459-7493

Vicki Carlino-Carlson
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(847) 546-8600

Dr Dan Vander Weit
Chiropractic Wellness
(847) 546-4220

Jim Musial
Chain O Lakes Tees
(847) 606-1680

Mary Frey
Fox Lake Theatre
(847) 740-0418



Fox Lake Area Chamber of Commerce & Industry

Calendar of Events



March 10th
Fox Lake Area Chamber of Commerce Business/Family Expo at Grant Community High School. 9-3.

June 8th
Fox Lake Chamber Golf Outing.
Details TBA

July 2nd - Celebrate Fox Lake Chamber Parade

August - Fox Lake Boat Show

November - Santa's Breakfast

December
Decorate Your Business!



Local Businesses Support YOUR Community

For information on the LLV Chamber visit their website at www.llvchamber.com

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Fox Lake Chamber of Commerce: Left to right: Mark Schaubel, Lee Rohrer, Melayna Martinez, Dr. Dan Vander Weit, Val Knopp, Sherry Doyle, Vicki Carlino Carlson, Jim Musial, Mary Frey. Sitting at table: President Bridget Montano, Treasurer Jamie Williams

GLMV Chamber of Commerce

GLMV 15th ANNUAL SPRING HOME IMPROVEMENT SHOW AHEAD!

Showcasing the latest in home improvement products

The 15th Annual Green Oaks, Libertyville, Mundelein, Vernon Hills (GLMV) Home Improvement Show, which takes place Saturday-Sunday, March 5-6, 2005 at the Libertyville Sports Complex at Routes 45 and Peterson Road in Libertyville, seeks exhibitors and sponsors looking to promote their products and services. The show will be open 10 am to 4 pm daily.

The 2005 GLMV Home Improvement Show promises to be the biggest and best yet! This popular two-day community-oriented event offers an ideal time for local businesses to connect with thousands of area residents seeking home improvement ideas.

More than 100 booths will display a diverse assortment of home products and services all under one roof to help consumers with their home improvement projects. "Home owners will be able to gather new ideas and see their dreams become reality," says GLMV President Dwight Houchins. "The show has always been a remarkable platform for business growth,

exposing companies to buyers from the community." The event attracts visitors from throughout the area who seek home products such as interior and exterior products, roofing, carpets, spas, decks, landscaping, finance, telecommunications, and others. As always, the show will include plenty of product demonstrations, raffles, entertainment and more.

Show sponsors include, The Advertiser, Daily Herald, Lakeland Newspapers, News-Sun, Pioneer Press and WKRS/WXLC Radio. To encourage huge attendance, the show is widely publicized, including an expanded local advertising and marketing campaign.

Admission and parking are free. Exhibit booths are 8 ft. x 10 ft. and include signage, drapery, high back wall and side rails, table and chairs. Cost is \$545 (members); \$745 (non members).

Reserve your booth space now as this show fills up quickly! For more information, contact the GLMV Chamber at 847-680-0750 or visit www.glmvchamber.org

GLMV Chamber of Commerce



Calendar of Events

- | | |
|--------------|--|
| January 28: | Annual Installation Dinner, Harrison Conference Center |
| February 15: | "Tax Talk" Luncheon, Lovells of Lake Forest |
| March 5-6: | Home Improvement Show, Libertyville Sports Complex |
| April: | Staff Appreciation Day Luncheon, Zanies Comedy Club |
| May: | Ask The Mayors Luncheon |
| June: | GLMV Relay For Life |
| July: | Summer Season After-Hours |
| August: | GLMV Golf Outing, White Deer Run Golf Club |
| September: | Business-to-Business EXPO |
| October: | Bosses Day Luncheon |
| November: | Fall Harvest Mixer |
| December: | Holiday Party |
- Ongoing:**
 2nd/4th Tuesdays: GLMV Connect Group, Quigs Orchard
 1st/3rd Tuesdays: GLMV Network Group, Century 21, Mundelein
 1st/3rd Fridays: GLMV 3x2 Networking Group, TDS Metrocom,
 Weekly Thursdays, GLMV Weekly Business Interchange, BDs Mongolian BBQ
 Monthly: Two after hours mixers and membership luncheon

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LLV Chamber of Commerce Is On The Move



LLV Chamber of Commerce 
Presents:

SpringFest EXPO

April 2nd & 3rd, 2005

- Games & Prizes for Kids and Adults
- Expo Also Includes Boats, Cars, RV's & Outdoor Exhibits
- Lions Club Pancake Breakfast on Sunday



This Is The Event You Don't Want To Miss!

For more information about the Chamber or SpringFest, visit our website at www.llvchamber.com or call:

LLV Chamber of Commerce
500 E. Grand Ave.
Lake Villa, IL 60046
847-356-8446 • Fax: 847-356-8561



INFORMATION AND STATISTICS

- 448 square miles
- Population 678,508 (Claritas, 2003)
- 52 incorporated villages and cities
- Three state parks
- Over 50 business and industrial parks
- 24 miles of Lake Michigan shoreline
- County seat: Waukegan
- Diverse and generally high-quality housing stock
- 30 public elementary school districts (K-8)
- 10 public high school districts (9-12)
- Six public unit school districts (K-12)
- 1 Charter school
- 2 Special education districts
- 1 high school technology campus
- Median household income:
 - \$74,836 Lake County
 - \$58,826 Chicago Metro
 - \$52,104 Illinois
 - \$46,868 United States
- Land area in Lake County:
 - 59 percent incorporated, 41 percent unincorporated
- 3,349 single family building permits in Lake County (value:\$699 million)
- Median-Average house value \$216,433
- Home of:
 - Great Lakes Naval Training Station, one of the world's largest naval training facilities
 - Chicago Bulls' Berto Center (practice facility)
 - Chicago Bears' Halas Hall (practice facility)
 - Six Flags Great America
 - Abbott Laboratories
 - Baxter Health Care, Cardinal Health
 - Gurnee Mills (super-regional shopping mall)
 - Chain O'Lakes State Park
 - Illinois Beach State Park

Courtesy of Lake County Chamber

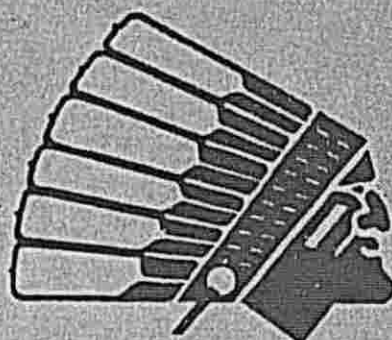
LAKE LAND NEWSPAPERS

*is a proud supporter of our area
Chambers of Commerce*

To Contact Your Local Chamber:



847-395-2233

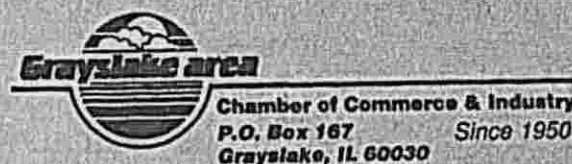


Fox Lake Area Chamber of Commerce

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Lakeland Newspapers is proud to be a supporter of each community's local Chamber of Commerce.

Many residents do not realize the vast amount of work that their local business leaders do in order to make their towns a better place to live. Between all the festivals, expos and seminars that the chambers sponsor, Lake County business does a great deal for its residents.

Grayslake Chamber of Commerce

From providing assistance to individual local businesses in the form of joint advertising programs and newsletters to large events that draw people from throughout the region, the Grayslake Area Chamber functions almost as the heart of Grayslake, keeping it strong and fueling development while retaining a friendly atmosphere.

To help keep the commercial community thriving, the Chamber offers informational membership meetings as well as a business referral service, a New Resident Welcome Program, seminars targeted to the specific needs of small business owners, and many opportunities for businesses to network with each other. The Chamber also organizes promotional events in the community's four distinct business areas, and arranges opportunities for promoting businesses through the Chamber Community Guide, the Chamber's newsletter and new resident packet.

The Chamber is active year round promoting the village of Grayslake and its businesses, frequently sponsoring special events designed to draw people of all ages.

Among the upcoming events in 2005 are Winterfest 2005, scheduled for February 12, a golf outing in June, the 10th Annual Arts Festival on June 18, featuring juried art from around the country, entertainment and food. The Taste of Grayslake, July 2, sponsored annually by the Grayslake Chamber and the Grayslake Park District, will highlight the area's eateries and other businesses, with fireworks set to begin at dusk. The 5K Run and Grayslake Country Fair on July 16, brings many residents and non residents alike to our community. A business trick or treating event, held October 29, provides a safe, fun atmosphere for children at Halloween time. The Grayslake Chamber of Commerce is also responsible for lighting the trees in the downtown business area for the holiday shopping season.

Among the highlights of warmer months in Lake County is the three day Grayslake Summer Festival and 2nd Annual Lake County Music Fest scheduled for August 19, 20 and 21 which draws almost 30,000 attendees to the municipal parking lot at Seymour Avenue and Center Street. Entertainment, parades, food and family fun are on the agenda for this annual extravaganza.

For more information, call 847-223-6888 or visit the Chamber's website at www.grayslakechamber.com.



Grayslake Area
Chamber of Commerce

Calendar of Events

Mark your calendar for these upcoming community events:

- Winterfest & 1st Annual Chill Cookoff
February 12
9 a.m.-3 p.m.
Downtown Grayslake
- 10th Annual Arts Festival
June 18
10 a.m.- 5 p.m.
Downtown Grayslake
- Taste of Grayslake and Fireworks
July 2 Noon - Dusk
Co-sponsored with the
Grayslake Park District
Central Park
- 5K Race & Walk/
Grayslake Country Fair
July 16
Downtown Grayslake
- Summer Days and 2nd Annual Lake
County Music Festival
August 19, 20, 21
Center St. & Seymour Ave.
- Summer Days Parade
August 21
Downtown Grayslake
- Business Trick-or-Treating
October 29
Businesses Throughout Grayslake
- Downtown Tree Lighting Festivities
November 25

• These events are organized by the Chamber of Commerce under its contract with the Grayslake Economic Development Commission. For more information, contact the Chamber office at 847-223-6888.

ROUND LAKE AREA CHAMBER of COMMERCE

Annual

Free Admission!

Home &
Trade Fair '05

at the Round Lake Area Park
District Community Center

Visits from
Popular
Children's
Characters!

Saturday, March 12 9:00 am-4:00 pm
Sunday, March 13 10:00 am-3:00 pm

Check out the local businesses & organizations
with plenty of family fun & entertainment!

For more information call 847-546-2002